

# AUGUST 2022 MOENCOPI DAY SCHOOL

## LUNCH



**Adult Lunch \$3.75 Sides \$1.00 Milk \$0.50**  
**This Institution is an equal opportunity.**  
**\*\*MAY SUBJECT TO CHANGE\*\***



**August is National Panini Month!** A panini is a sandwich made on delicious Italian bread, loaded with meat, cheese and veggies and grilled to perfection. Experiment with different toppings to find your perfect panini!



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY



1

2



3

4



5

Hot Dog  
 Ketchup/ Mustard  
 Ranch Style Beans  
 Baby Carrots w/ Ranch  
 Fruited Jello  
 Milk

8

Pork Pozole  
 WG Flatbread  
 Romaine Salad  
 Ranch Dressing  
 Mandarin Oranges  
 Milk

9



10

Braised Beef  
 Seasoned Brown Rice  
 Steamed Corn  
 Zucchini Squash  
 Fruit Mix  
 Milk

11

Choice of Pizza  
 Romaine Salad  
 Ranch Dressing  
 Cantaloupe  
 Milk

12

Hot Ham & Cheese Sandwich  
 Baked Beans  
 Sweet Potato Fries  
 Mixed Berries  
 Milk

15

BBQ Chicken  
 WG Cornbread  
 Seasoned Brown Rice  
 Steamed Carrots  
 Diced Pears  
 Milk

16

Chicken Bowl  
 Zucchini Squash  
 Fruit Mix  
 Milk

17

Lamb Stew  
 Dinner Roll  
 Steamed Broccoli  
 Blueberries  
 Milk

18

Meatball Sub  
 Romaine Salad  
 Ranch Dressing  
 Diced Peaches  
 Milk

19

Turkey Soft Taco  
 Tortilla Chips  
 Mild Salsa  
 Spanish Rice  
 Diced Peaches  
 Milk

22

PB & J Sandwich  
 Mozzarella String Cheese  
 Cali Vegetables  
 Applesauce  
 Milk

23

**National Waffle Day**  
 Beef Burrito  
 Romaine Salad  
 Ranch Dressing  
 Fresh Grapes  
 Milk

24

Mandarin Orange Chicken  
 Seasoned Brown Rice  
 Green Beans  
 Blueberries  
 Milk

25

Sloppy Joe  
 French Fries  
 Baked Beans  
 Fruit Cocktail  
 Milk

26

Choice of Pizza  
 Romaine Salad  
 Ranch Dressing  
 Mixed Berries  
 Milk

29

Green Chili Pozole  
 WG Flatbread  
 Steamed Broccoli  
 Apricot Halves  
 Milk

30

Chicken Drumstick  
 WG Bread w/ Butter  
 Mashed Potatoes w/ Gray  
 Mixed Vegetables  
 Blush Applesauce  
 Milk

31

