# COVID-19





## **Health Information**

#### **SYMPTOMS**



**FEVER** 



COUGH



SHORTNESS OF BREATH

#### **HOW IT SPREADS**



CLOSE CONTACT WITH PEOPLE WHO ARE SICK



SYMPTOMS MAY SHOW UP 2-14 DAYS LATER



THERE IS NO VACCINE YET



For the latest guidance for returning travelers visit www.cdc.gov

#### **PREVENTION**



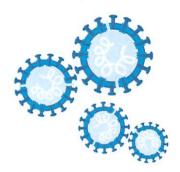
WASH HANDS WITH WATER AND SOAP/SANITIZER, AT LEAST 20 SECONDS



AVOID CONTACT WITH SICK PEOPLE



DON'T TOUCH EYES, NOSE OR MOUTH WITH UNWASHED HANDS



#### IF YOU ARE SICK



STAY AT HOME



AVOID CONTACT WITH OTHERS



COVER YOUR NOSE AND MOUTH WHEN SNEEZING



KEEP OBJECTS AND SURFACES CLEAN



WEAR A MASK

If you have recently visited \*affected geographic areas\* and are exhibiting symptoms, phone your healthcare provider for instructions.

\*Check the CDC travel webpage for current affected geographic areas: https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html

### ${}^{m{b}}$ People should not be excluded from activities based on their race or country of origin.

#### TRAVEL ADVICE



AVOID TRAVELLING TO AFFECTED AREAS



MAKE SURE YOU HAVE ALL NECESSARY VACCINATIONS AND TRAVEL MEDICATION



SEEK ADVICE FROM YOUR HEALTHCARE



DON'T TRAVEL
IF YOU HAVE FEVER
AND COUGH



IF YOU BECOME SICK WHILE TRAVELLING SEEK MEDICAL CARE