

Good morning!

Please pause for a moment of silence.

Please stand for the pledge.

- <u>Lunch Menu:</u> Orange chicken, Fried Rice, Garbanzo beans, Oriental Veggies, Egg roll
- <u>Get your cookies!</u> FBLA is selling Otis Spunkmeyer chocolate chip cookies until Friday, November 22nd. They are 2 for \$1. Please see Mrs. Wallace before 4th period each day to support your FBLA chapter and enjoy a delicious treat.
- Remember to bring in your donations to help children in East Tennessee who were impacted by the flooding caused by Hurricane Helene. Please bring in NEW UNWRAPPED TOYS AND NEW WARM COATS, GLOVES, and TOBOGGANS FOR CHRISTMAS. The deadline to turn in donations is Wednesday, December 4.
- FBLA's new service project is the Alzheimer's Association. To promote this, the club is collecting items to take to a local nursing home. Please help us in the effort by donating items such as shampoo, conditioner, hard candy, crossword puzzles, word searches, cozy socks, blankets, etc. Items can be brought to Mrs. Wallace's room #325 anytime before Friday, November 22. Thank you for helping us bring awareness to alzheimers and hopefully make an impact in our community.
- Mrs. Seavey's English students need their textbooks today.
- Reminder for teachers We have a <u>Faculty Meeting</u> today after school.

Happy Birthday to Adalyn Clark!

Thought of the day:

"Self-compassion is simply giving the same kindness to ourselves that we would give to others."

Have a Wordy Wednesday and remember, we are proud to be a Raider!