

# THE *Counseling* CONNECTION

## Moorhead Central School

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### Meet the Counselor

Hello! My name is Mrs. Downs & I am your child's School Counselor. This begins my 4th year at MCS but I have a total of 34 years experience in psychometry, counseling & behavior interventions. As a School Counselor, I perform the following roles in order to promote positive development in academic, career & personal/social domains.

- Small group counseling
- Classroom guidance
- Attend & participate in academic & behavior intervention meetings
- Observe students in various school environments
- Consult & collaborate with parents, teachers, administrators, social workers & students
- Respond to school crises or emergency situations
- Provide information & resources to parents on a variety of issues.

Please contact me anytime if I can be of service to your family.

### Quote

"The magic in new beginnings is truly the most powerful of them all."  
Josiyah Martin

### August's Focus:

- Meet The Counselor
- Rules and Expectations

