



FISD SCHOOL HEALTH ADVISORY

November 2, 2023

FISD Board Room

Meeting called to order at 0906 and audio recording started.

Quorum established with all members present except: Mark Ryals, Misty Ferguson, Jade McBride, Jennifer Miller, Calvin Dorsey, Kim McGuffey, Kristin Clifton, Tiffany Allen, and Jessie Gentry.

Members present: Rebekah Walker, Carmen Ryals, Michelle Prater, Duane NeSmith, Lacey Sewalt, Tina Owen, Lila Hord, Tiffany Allen, Jennifer London, Cindy Owens and Lisa King.

Welcome and opening remarks.

Agenda Item #1:

Announcements, approval of meeting minutes. Approval of Meeting minutes. Motion to approve meeting minutes by Michelle Prater. Carmen Ryals seconded the motion. All in favor. Minutes were approved.

Agenda Item #2:

Drug Trends: Presented by Amanda Watson (DSHS)

- Educated on Vapes and how easy it is for children to hide.
- Nicotine Trends
- Synthetic
- Operation Prevention: <https://www.operationprevention.com/counterfeit-drugs>
- One Pill Can Kill Campaign: <https://www.dea.gov/onepill>
- Emoji Codes: DEA: <https://www.dea.gov/sites/default/files/2021-12/Emoji%20Decoded.pdf>
- Narcan: Know the signs and symptoms.
 - BLUE:
 - Breathing
 - Lips
 - Unresponsive
 - Eyes
- Free Narcan: <https://www.morenarcanplease.com>

Agenda Item #3:

Wellness Plan Review Presented by Physical Education (Cindi Carr and Callie Cargill) and Nutrition Services (Tina Owen)

- We received a “Turn up the Beet” Award due to serving local sourced food. This was a national award.

**Meeting adjourned at 1034 by motion made by Rebekah Walker. Seconded by Dwane DeSmith
Meeting adjourned by a unanimous vote.**

Next Meeting will be held on February 1, 2024, 9:00am in the FISD Board Room.