

COMMUNITY RESOURCES



Community Resources

Psychiatrist and Psychiatric Evaluations:

UMSL Community Psych Services

- (314) 516-5824. 8001
- Natural Bridge Road. St. Louis, MO 63121

Jewish Family & Children's Services

- (314-993-1000)
- 10950 Schuetz Rd. St. Louis, MO 63146

Counseling/Mental Health Services:

Youth In Need

- Youth in Need Therapist on site, in the building. **See a counselor or social worker for a form to start services.**
- Or call: 314-628-2929 or 1-877-928-2929 (Helpline)

Annie's Hope: The Bereavement Center for Kids

- Phone Number: 314-965-5015
- Address: 1333 W. Lockwood, Suite 104, St. Louis, MO 63122
- <http://annieshope.org/>

Safe Connections

- 314-531-2003
- 2165 Hampton Avenue, St. Louis, MO 63139

BHR (Behavioral Health Response): Crisis services

- 314-469-6644
- 800-811-4760
- 314-469-3638

Presbyterian- Therapeutic Mentors

- See counselor or social worker for a referral packet
- 314-785-0180

BJC Behavioral Health-See counselor or social worker for a referral packet

- 314-729-4004 or 314-469-6644

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Utilities:

-For water assistance, there is the H2O Help program. Family must call (314)863-0015 ext. 654 or Missouri American Water at 1-866-430-0820

-211 United way Get help paying bills, finding food, and locating other resources near you. Call 211 now for confidential support from a caring expert.

Father Bob's Outreach

-First 30 in line on Mondays, Wednesdays, and Fridays at 6:00am.

-Must bring \$25 cash or money order to receive up to \$75 in assistance.

-St. Augustine Catholic Church

-Address: 1371 Hamilton Ave, St. Louis, MO 63112

- (314)385-1934

Heat Up/Cool Down St. Louis

-Parent must fill out contact form on website

<https://heatupstlouis.org/>

NEW LIFE EVANGELISTIC CENTER (Downtown location closed)

2428 Woodson Road

Overland, MO 63114

www.newlifeevangelisticcenter.org 314-421-3020 or 800-334-3276

Utility assistance for up to \$75. An appointment must be made. Appointments are typically made for Fridays.

SAFHR

Housing and Utility Assistance

The application needs to be completed online <https://safhr.smapply.org/>

Clothing/Baby Items/Furniture:

*Family can get diapers from Medicaid by calling the member services number on the back of the insurance card.

Local Food Pantries:

Project Downtown Saint Louis

-Every Saturday from 10am-1pm. Full meals and pantry. Meals served at 11:30am.
-Address: 6809 W Florissant Ave, 63136.

Grace New Covenant Food Pantry

-Food and non-food items. 3rd and 4th Saturdays from 9am-11:30am, Wednesdays from 10:30am-12:30pm.
-Address: 711 Chambers Rd, Bellefontaine, MO 63137

Better Family Life, INC. Neighborhood Resource Center

-Call for Intake at (314)395-5963
-Open Monday through Friday from 10:30am-4:00pm
-Address: 9195 West Florissant Ave.

Urban League

-Open Tuesdays and Thursdays from 9am-12pm and 2pm to 4pm
-Address: 8960 Jennings Station Road
-(314)388-9840
-Must Bring photo ID, proof of residence, proof of income, and SSN cards for all members of the family.

Northside Seventh Day Adventist Church

-Open on Sundays and Wednesdays from 9am-12pm
-Address: 9001 Lucas and Hunt Rd
-Call to confirm times
-(314)868-0707

Housing/Shelters:

Housing Helpline:

- Call either 2-1-1 or (314)802-5444

Legal Services:

Legal Services of Eastern Missouri

-provides free civil legal assistance to low-income families

-(314)534-4200 or (800)444-0514

For additional information and resources, please contact your school counselor or social worker.