

September 2021
Breakfast and Lunch Menu
Kelliher Public School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	7	8	9	10
	French Toast Sticks Fresh Fruit Juice/Milk Chicken Strips French Fries Bread Slice Applesauce Milk	Granola Bar Yogurt / Berries Juice Milk Vegetable Beef Soup/ Crackers Egg Salad Sand or PB&J Carrot & Celery Sticks Peaches/ Milk	Oatmeal or Cereal Hard Cooked Egg Craisins Juice/ Milk Tater Tot Hot dish Mixed Veggies Dinner Roll Pineapple Milk	Scrambled Eggs WG Toast Fresh Fruit Juice/ Milk Pulled Pork on Bun Baked beans/ Creamy Coleslaw Fruit Cocktail Milk
13	14	15	16	17
Mini Bagel Applesauce Juice/Milk Chicken Fajita Tortilla Shell Peppers & Onions/Black Bean Salsa Mandarin Oranges Milk	Egg, Meat & Cheese Bagel Fresh Fruit Juice/ Milk Hamburger on Bun Potato Wedges Pears Milk	Cinnamon Roll Hard Cooked Egg Fresh Fruit Juice/ Milk Pizza Carrots Applesauce Milk	Pancakes Berries Juice/ Milk Hamburger Gravy Mashed Potatoes Dinner Roll Peaches Milk	Cereal Bar Cheese stick Pears Juice/ Milk Beef Stew Bread Slice Broccoli Fruit Cocktail Milk
20	21	22	23	24
Muffin Yogurt Mandarin Oranges Juice/ Milk Sloppy Joe on Bun Baked Chips Corn Pears Milk	Breakfast Pizza Fresh Fruit Milk Tacos Refried Beans Lettuce/Tomatoes Pineapple Milk	French Toast Sticks Fresh Fruit Juice/Milk Chicken Nuggets Broccoli Peaches Cookie Milk	Cereal Toast w/PB Fresh Fruit Milk Pizza Burgers Glazed Carrots Applesauce Milk	Breakfast Pizza Apple Juice/ Milk Pancakes Sausage Patty Hash browns Yogurt Parfait/Salad Bar Milk
27	28	29	30	
Mini Bagel Cheese Stick Fresh Fruit Juice/ Milk Beef Pasta Hotdish Pease Bread Slice Pears Milk	Waffle Sticks Applesauce Juice/ Milk Chicken Patty on a Bun French Fries Peaches Milk	WG Bagel Hard Cooked Egg Pears Juice/Milk Cheesy Breadstick Marinara Sauce Green Beans Fruit Cocktail Milk	Egg Patty Toast Fresh Fruit Juice/Milk Wild Rice Casserole Carrots/ Dinner Roll Fresh Fruit Milk	

Welcome Back!

This institution is an equal opportunity provider.