

## **Telemental Health Services**

Students in Lewistown School District will now have access to telemental health services. Telemental health is the **use of telecommunications or videoconferencing technology to provide mental health services**. Services offered through this program are the following:

### **Diagnostic services with a Child Psychologist**

- Parent/Guardian can request their child meet with the child psychologist through telehealth to conduct diagnostic assessment

### **Individual teletherapy sessions with a credentialed therapist**

- Students can receive individual weekly therapy sessions through telehealth

### **Group therapy services**

- Students can participate in group therapy services on topics based on needs

### **Daily check-in and check-out**

- Students will meet daily with a chosen staff member to establish/monitor academic goals and student's progress

### **Mental health coordination services**

- Families can receive services with our mental health coordinator who will offer support and coordination with all above mental health services and pediatricians for medication management

### **Universal mental health screener**

- All students in our district will be assessed using a universal mental health screener to help identify students who are in need of telemental health services

If you would like more information on these services or would like to enroll your child in above services please contact me, Serenity Wallick, at [swallick@lewistown97.net](mailto:swallick@lewistown97.net)