## EAST HIGH SCHOOL

## **March 2025**

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
3 BREAKFAST FRUDEL,MEAT BISCUIT, POPTARTS, CEREAL LUNCH 1-BREAKFAST CHICKEN 2- BACON 3-SALAD BAR 4-PIZZA 5-SANDWICH BAR FRIES WAFFLES EGGS	4 BREAKFAST MEAT BISCUIT, POPTARTS, CEREAL 1-BEEF TERIYAKI OR 2-ORANGE CHICKEN 3- SALAD BAR 4- PIZZA 5- POTATO BAR RAMEN NOODLES SWEET GLAZED CARROTS STEAMED BROCCOLI FLORETS	<ul> <li>BREAKFAST</li> <li>FRENCH TOAST</li> <li>STICKS, MEAT</li> <li>BISCUIT, POPTARTS,</li> <li>CEREAL</li> <li>LUNCH</li> <li>1-FISH STICKS OR</li> <li>2-CORN DOG</li> <li>3-SALAD BAR</li> <li>4- PIZZA</li> <li>5-NACHO BAR</li> <li>SMILEY FRIES</li> <li>MAC &amp; CHEESE</li> <li>COOKIE</li> </ul>	<sup>6</sup> BREAKFAST MEAT BISCUIT, POPTARTS, CEREAL, PB&J LUNCH MANAGER CHOICE STEAMED BROCCOLI FLORETS CORN	7 PROFESSIONAL DEVELOPMENT DAY
10 BREAKFAST PANCAKES, MEAT BISCUIT, POPTARTS, CEREAL, PB&J LUNCH 1-CHICKEN NACHOS OR 2-BEEF (PORK) NACHOS 3-SALAD BAR 4- PIZZA 5- POTATO BAR TORTILLA CHIPS QUESO CHEESE CORN BLACK BEAN FIESTA TOPPINGS CHURROS	11 BREAKFAST MEAT BISCUIT, POPTARTS, CEREAL LUNCH 1-SLICED BAKED HAM OR 2-BAKED TURKEY BREAST STEAK 3-SALAD BAR 4-PIZZA 5- NACHO BAR GREEN BEANS SEASONED DICED POTATOES SISTER SCHUBERT ROLL	12 BREAKFAST FRUDEL, MEAT BISCUIT, POPTARTS, CEREAL LUNCH 1-CHICKEN ALFREDO OR 2-MOZZARELLA BREADSTICKS W/MARINARA 3- SALAD BAR 4-PIZZA 5- SANDWICH BAR STEAMED BROCCOLI FLORETS SWEET CARROTS	13 BREAKFAST BREAKFAST PIZZA, MEAT BISCUIT,POPTARTS, CEREAL LUNCH MANAGER CHOICE	14 BREAKFAST MEAT BISCUIT, POPTART, CEREAL, PB&J LUNCH BAG LUNCH 1-HAMBURGER OR 2-ROASTED HOT DOG 3- SALAD BAR 4-PIZZA 5- POTATO BAR FRENCH FRIES FRESH VEGGIES COOKIE SANDWICH TOPPINGS
17 BREAKFAST FRENCH TOAST STICKS, MEAT BISCUIT,POPTARTS, CEREAL LUNCH 1- BEEF DIPPERS W/BROWN GRAVY 2-CHICKEN BREAST FILLET 3-SALAD BAR 4-PIZZA 5- NACHO BAR MASHED POTATOES PEAS SISTER SCHUBERT ROLL COOKIE	18 BREAKFAST MEAT BISCUIT, POPTARTS, CEREAL LUNCH 1-BBQ PORK SANDWICH OR 2-FISH STICKS 3- SALAD BAR 4-PIZZA 5- POTATO BAR COLE SLAW PINTO BEANS FRIES	19 BREAKFAST DUTCH WAFFLE, MEAT BISCUIT, POPTARTS, CEREAL LUNCH 1- POPCORN CHICKEN OR 2-BAKED SPAGHETTI 3- SALAD BAR 4-PIZZA 5- SANDWICH BAR GARLIC TOAST GREEN BEANS CALIFORNIA BLEND VEGGIES	20 BREAKFAST WARM MUFFIN, MEAT BISCUIT, POPTART, CEREAL NATIONAL MUFFIN DAY LUNCH MANAGER CHOICE	21 BREAKFAST MEAT BISCUIT, POPTART, CEREAL, PB&J LUNCH 1-PIZZA OR 2-CRISPY CHICKEN SANDWICH 3- SALAD BAR 4-PIZZA 5- POTATO BAR GREEN BEANS CORN COOKIE
24	25	26 NO SCHOOL	27	28
31 BREAKFAST PASTRY, MEAT BISCUIT, POPTARTS, CEREAL LUNCH MANAGER CHOICE				

NEWS

CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEG AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL. MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE.