

ROY MUNICIPAL SCHOOLS AUGUST 2026 MENU

WEEK 1	MONDAY	TUESDAY	8/12/2026	8/13/2026
BREAKFAST			Breakfast Tacos: 2 Corn Tortillas (1 oz eq G), Scrambled Eggs & Turkey Chorizo (1 oz eq M/MA), Lettuce & Green Chile, Fresh Apples, Choice of Milk	Overnight Oats Parfait: Rolled Oats w/ Cocoa & Honey (1 oz eq G), Low-Fat Vanilla Yogurt (1 oz eq M/MA), Diced Peaches, Choice of Milk
LUNCH			Crispy WG Chicken Tenders (2 oz eq M/MA, 1 oz eq WGR) w/ Steamed Broccoli, Chilled Peaches, Choice of Milk	WG Cheese or Pepperoni Pizza (2 oz eq M/MA, 2 oz eq WGR) w/ Sweet Potato Wedges, Oranges, Choice of Milk
WEEK 2	8/17/2026	8/18/2026	8/18/2026	8/19/2026
BREAKFAST	Scratch-Baked Banana Nut Muffin (2 oz eq G), Fresh Grapes, Choice of Milk	Santa Fe Breakfast Burrito: WW Tortilla (1 oz eq G), Eggs & Potatoes (1 oz eq M/MA), Red Chile, Oranges, Choice of Milk	Egg & Cheese English Muffin Sandwich (1 oz eq G, 1 oz eq M/MA), Fresh Oranges, Choice of Milk	Scratch-Baked WG Coffee Cake (2 oz eq G) w/ String Cheese (1 oz eq M/MA), Apples & Pears, Choice of Milk
LUNCH	BBQ Pulled Pork Sandwich (2 oz eq M/MA, 2 oz eq WGR) w/ Baked Beans, Pears, Choice of Milk	Beef & Cheese Enchilada Bake (2 oz eq M/MA, 1.5 oz eq WGR) w/ Sweet Corn, Salsa, Choice of Milk	Turkey Meatball Marinara Sub (2 oz eq M/MA, 2 oz eq WGR) w/ Green Beans, Strawberries, Choice of Milk	Chicken Fajita Bowl (2 oz eq M/MA, 1 oz eq WGR) w/ Peppers & Onions, Apples, Choice of Milk
WEEK 3	8/24/2026	8/25/2026	8/26/2026	8/27/2026
BREAKFAST	Scratch-Baked Apple Crumb Squares (2 oz eq G), Fresh Pears, Choice of Milk	Green Chile Sunrise Flatbread: WG Flatbread (1 oz eq G), Eggs & Cheese (1 oz eq M/MA), Oranges, Choice of Milk	Southwest Breakfast Hash: Potatoes (1 oz eq G), Scrambled Eggs (1 oz eq M/MA), Peas & Carrots, Melon, Choice of Milk	Vanilla-Almond Oatmeal (2 oz eq G) w/ Hard-Boiled Egg (1 oz eq M/MA), Peaches & Apples, Choice of Milk
LUNCH	Southwest Chicken Bowl over Brown Rice (2 oz eq M/MA, 1 oz eq WGR) w/ Black Beans & Sweet Corn, Mixed Berries, Choice of Milk	Cheesy Beef Nachos (2 oz eq M/MA, 1.5 oz eq WGR) w/ Refried Beans, Salsa, Choice of Milk	Baked Pasta Bake (2 oz eq M/MA, 2.5 oz eq WGR) w/ Roll, Cauliflower, Pears, Choice of Milk	Crispy Chicken Patty Sandwich (2 oz eq M/MA, 2 oz eq WGR) w/ Garden Salad, Grapes, Choice of Milk