

Mr. Castro

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Upcoming Events

Fall Break (No School) 10.9 – 10.13

Veterans' Day (No School) 11.10 (Obs.)

Thanksgiving Break (No School)
11.22 – 11.24

LHHS News

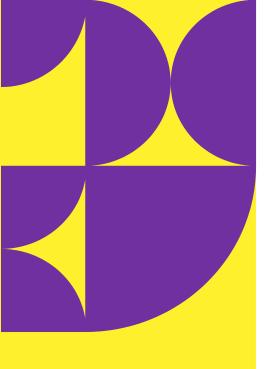
October/November '23

Seniors of the Month (Aug. & Sep.)



Seniors of the month of August are Olivia Badaracco and Jacob Zemojtel. And for the month of September Jade Weiss and Tyler Thompson.





Fall Holidays

Fall is full of all sorts of wonderful holidays to enjoy spending time with family or getting away from them! This fall we have Fall Break from school starting October 9th extending to the 13th.



Veterans' Day will be observed by the high school on November 10th in addition to the 11th which falls on a Saturday this year. Veterans' Day is a national holiday in honor of all the Veterans who served in the United States Armed Forces.



COUNSELORS' CORNER

School Counseling Update - October / November 2023



LHHS Counselors look forward to continuing our communication with all to assist our students with having an awarding school year.

REASONS FOR A STUDENT OR PARENT TO VISIT A SCHOOL COUNSELOR

*Emotional Support *Career or College Planning *Individual or Group Counseling *Problem Solving *Personal (relationships/anger/grief) *Health & Mental Health *To Have a Voice *Academics

HOW TO COMMUNICATE WITH AN LHHS COUNSELOR

Please do not hesitate to contact your child's counselor with any questions or concerns. You can email or schedule an appointment through the counselor's calendar. See below for information

Counselor Name	Assignment based on first initial of last name	Email	Schedule an appointment through Calendly. Link is below.
Mrs. Robertson	A – Di	krobertson@lhusd.org	www.calendly.com/katierobertson
Mrs. Levine	Do-K	klevine@lhusd.org	www.calendly.com/katelevine
Ms. Ainsworth	L - Ril	dainsworth@lhusd.org	www.calendly.com/deannaainsworth
Ms. Chandler	Rim– Z	schandler@lhusd.org	www.calendly.com/sarachandler
Ms. Kelly	CTE	kkelly@lhusd.org	www.calendly.com/kaymeekelly

RECENT ACTIVITIES

<u>9th Grade Meet Your Counselor/High School 101 Lessons:</u> Freshman students met with their School Counselors in a computer lab (September 5 - 6) during their PE class period to look over valuable resources to help them have a successful Freshman school year. 9th graders learned about how to read their transcripts, what credits are required to graduate, and what classes and credits should be planned for depending on their postsecondary goals. Our 9th graders were further introduced to MajorClarity.com, a resource for Career Exploration and postsecondary planning utilized by LHHS for Education Career and Action Planning lessons. Handouts provided included:

*ACADEMIC REQUIREMENTS *9TH GRADE TO DO LIST *LHHS CLUBS

<u>11th Grade Career Center Visits:</u> Junior students visited the Career Center (September 11-15) to look over valuable resources that will assist them in reaching graduation and beyond. Information reviewed with Juniors included:

*PSAT/ACT/SAT/ASVAB *NCAA/NAIA *COLLEGE APPLICATIONS *SCHOLARSHIPS

<u>12 th Grade Career Center Visits:</u> Senior students visited the Career Center (September 18-20) to look over valuable resources that will assist them during this last year of high school, to achieve all graduation requirements, and reach their postsecondary goals. Information reviewed with the Seniors included:

Please be on the lookout for unofficial transcripts and additional documents with information coming home with your students following these lessons.

PAYING FOR POST SECONDARY INSTITUTION:

Seniors (and their parents) will want to complete the <u>FAFSA: Free Application for Federal Student Aid</u>. Our goal is to assist those students/parents in the completion of the application and will offer time in the seniors' school day to address this.

<u>FAFSA lesson (seniors):</u> January (specific date TBD), the LHHS School Counselors will meet with Seniors in their classrooms throughout the school day to assist with introducing students to the FAFSA website and create their FSA ID number. We will additionally offer a Parent Workshop in January in the evening at LHHS to assist in the completion of FAFSA. More details about the lesson will be in a letter from Mr. Becker.

Parents are always welcomed to visit the Career Center.

BE INVOLVED

Parents are encouraged to have a conversation with their children about high school, future plans, ECAP lessons, and Major Clarity. Future planning is critical to ensure that students meet graduation requirements, have knowledge about programs of study and are able to pursue their post-secondary goals. Your involvement is extremely important!

HOW IS MY CHILD DOING ACADEMICALLY?

SYNERGY: Students and parents should log into StudentVue/ParentVue on a regular basis. If you need assistance, contact or visit the Main Office.

CUTTING EDGE INFORMATION ABOUT YOUR FUTURE



Career Center News

SEPT/OCT



Jump Start The School Year!

Seniors—Apply! Apply! Scholarship season is about to begin and college application priority deadlines come quick. Don't get stressed out. Get organized and be ready to apply! Searching for Scholarships—Stop by the Career Center and like the LHHS Counseling and Career Center Facebook.

College, Career & Beyond Fair for Juniors & Seniors
Nov. 9th-In the Gym

Juniors—It's time to think about taking the PSAT and/or the ASVAB and explore college options. Also, look for contests and scholarships for underclass...you could score some college \$\$.

PSAT- Oct. 14th Fee \$25, There will be QR codes around the school where you can register for the test, and you can pay for the test in the bookstore. You must do both steps or you will not be able to take the test. Seats are very limited.

Sophomores—Check out contests with cash prizes posted in the career center. It's a great time to start earning money for college money. Explore careers!

Freshman—Stop by the Career Center and become familiar with the college and career resources available. It's never too early to explore what you might like to do

PEER TO PEER TUTORING

Do you need help with your homework? Stop by the career center to pick up an application for our Peer to Peer Tutoring Program. Tutoring is FREE, sponsored by K12 Foundation.

After-school tutors needed! Do you like helping students? Do you need extra money? Is your GPA 3.0 or higher? If you can answer YES to all these questions stop by the career center and pick up an application. Pay is \$12.00 per hour.

ASVAB

(Armed Services Vocational Aptitude Battery)

*Juniors and Seniors only No fee
*Sign up in the Career Center

The ASVAB is a free assessment designed by the military to assess students strengths and abilities. It is a great opportunity for students to learn more about what types of jobs they may be good at. Students do not have to be committed to the military to benefit from the test results. However, for students planning a career in the military, it is required. Only seniors and juniors may sign up for the ASVAB. Sign up in the Career Center.

Recruiting now for FREE MCC evening classes: Business, Culinary, Education, Medical, Phlebotomy, HVAC, EMT, Nursing Asst, Visual Communication, Computer Info Systems, Fire Science & Welding Stop by the Career Center for info.



SCHOLARSHIPS -LOCAL/STATE

This means your competing with seniors from our city, state or county

<u>Community Scholarship</u> - Any LHHS senior planning to attend a college, university or tech school can apply for this scholarship. The deadline is Dec. 21st.

WHO: Senior planning to attend ASU, UofA or NAU WHAT: Arizona Milk Producers Scholarship "Reel Milk

Moments"

DEADLINE: Oct 30th

More scholarship info and entry info: https://

arizonamilk.org/reel-milk-moments-scholarship-contest/

WHO: Senior planning to attend ASU, U of A or NAU who has a minimum 3.5 GPA, leadership/community service

activities, ranked in top 5% of class WHAT: The Flinn Scholars Program Apply on line: www.flinnscholars.org

WHO: Senior planning to earn a bachelor's at a university but may start at a community college, has a minimum 2.0 GPA, participates in community service and has financial need

WHAT: Horatio Alger Scholarship

DEALDINE: Check website

Apply on line:

https://scholars.horatioalger.org/scholarships/

WHO: Senior with evidence of leadership, good grades

and taken the SAT or ACT

WHAT: Elks' Most Valuable Student Scholarship

DEADLINE: Nov. 13* Must apply online www.elks.org/enf/scholars/mvs.cfm

\$\$\$\$ Many more scholarships available \$\$\$\$ Check in the career center!!

SCHOLARSHIPS—NATIONAL

This means you are competing with seniors across the nation

WHO: Seniors who are involved in

community service

WHAT: Coca-Cola Scholarship

DEADLINE: Oct. 2

www.coca-colascholarsfoundation.org/applicants/



CONTESTS:

Stop in the career center to pick up applications!

***VFW Voice of Democracy Essay Contest:**

Open to 9th thru 12th grades

Deadline: Oct. 31

*BBB Ethical Torch essay contest

Open to 9th-12th grades

Deadline: Oct. 8



Planning to Play Sports in College?

Presentation- Oct 2nd 7:00pm in the library

Students athletes who are considering continuing their sport in college can now register with the eligibility centers for the NCAA https://

www.ncaa.org/index.aspx

NAIA www.PlayNAIA.org

SAT/ACT

Registration

SAT Collegereadiness.collegeboa rd.org/sat	Fee -\$60.00 Late Fee add \$30
TEST DATE:	REGISTRATION DEADLINE:
Oct. 7	Sept. 7
Nov. 4	Oct. 5
Dec. 2	Nov. 2
Mar. 9	Feb. 23 digital
May 4	Apr. 19 digital
June 1	May 17 digital

<u>ACT</u>	Fee- \$68
www.act.org	(with writing \$85)
www.accorg	Late Fee add \$36.00
TEST DATE:	REGISTRATION
	DEADLINE:
Oct. 28	Sept. 22
Dec. 9	Nov. 3
Feb. 10	Jan. 5
April 13	March 8
June 8	May 3

