

# Menus for December 2025

This institution is an equal opportunity provider.  
Menus are subject to change.

## Available Daily

Monday/Wednesday - **Grits and Eggs**

Tuesday/Thursday - **Biscuits and Gravy**

Friday - **Breakfast Sandwich**

**Fruit and Milk Choice Available Daily**

## Lunch Daily

**Big Salad**

**Turkey Wrap or Uncrustable(pf)**

**Fruit and Milk Choice**

### Featured Specials of the Day

#### Monday, December 1

Cheeseburger

French Fries

Beans, Let & Tom

#### Tuesday, December 2

Beef Tacos or Walking Tacos

Beans, Shredded Let and Tom

#### Wednesday, December 3

Country Fried Steak

Mashed Potatoes, Corn

Roll

#### Thursday, December 4

Chicken Tenders

Tater Tots, Cherry Tomatoes

Roll

#### Friday, December 5

Corn Dog

French Fries

Carrots w/ Ranch

## OUT COLD.

Not only do we

eat more in

the winter,

we also tend

to exercise

less. Even if

it's cold where you live, you still need to be

moving for a total of at least an hour a day! Some

of that can happen indoors, but there's plenty of

outside activities that can keep you warm, too!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.

**WELLNESS IS A WAY OF LIFE!**

### Featured Specials of the Day

#### Monday, December 8

Chick-Fillet Sandwich

French Fries

Let & Tom

#### Tuesday, December 9

Mexican Pizza, Beans,

Baby Carrots, Salsa

#### Wednesday, December 10

Vegetable Soup,

Grilled Cheese, Tomato slices,

Cucumber slices

#### Thursday, December 11

Fried Chicken

Mac & Cheese,

Green Beans

#### Friday, December 12

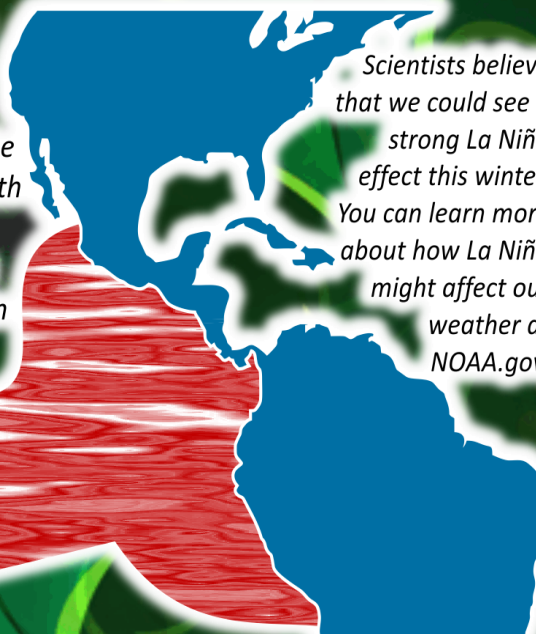
Pizza

Corn, Carrots w/ Ranch



The climate phenomenon known as “La Niña” occurs in years when Pacific Ocean waters off the coast of Central and South America become cooler than usual. La Niña tends to make the southwestern states drier, the southern U.S. warmer and drier, the northwest and north central states colder and snowier, and the mid-Atlantic and northeast warmer, resulting in more mixed precipitation for those folks.

# La Niña



Scientists believe that we could see a strong La Niña effect this winter. You can learn more about how La Niña might affect our weather at NOAA.gov.

Where do all of our crazy names for food come from?



## WORDS OF MOUTH

This month:  
“Caesar Salad”

Caesar Salad was invented by (and named for) Caesar Cardini, an Italian immigrant to the U.S. who owned restaurants in San Diego, California and nearby Tijuana, Mexico in the 1920's. Legend has it that, on one especially busy day, his kitchen ran out of most food and so improvised an elaborate tableside salad-tossing preparation to fool customers into thinking they were getting something special! Cardini's



recipe included raw egg and anchovies, but today's standard Caesar Salad features romaine lettuce, Parmesan cheese, croutons, creamy Caesar dressing (without the raw egg!) or vinaigrette, and sometimes grilled chicken. Thanks, Mr. Cardini!

Please See the Other Page for Items Available Daily



Top 10 Artists

As determined in  
November  
2025

- 1/Taylor Swift
- 2/Morgan Wallen
- 3/Tyler, The Creator
- 4/Florence + the Machine
- 5/Sabrina Carpenter
- 6/HUNTR/X: ELAE, Audrey Nuna & REI AMI
- 7/Olivia Dean
- 8/Kendrick Lamar
- 9/Tate McRae
- 10/Luke Combs

Source-Billboard

Wishing you and your family a bright and happy Holiday Season!

Brian Rathgeb, Director of Food Services  
& the Child Nutrition Staff at your school

### Featured Specials of the Day

#### Monday, December 15

Pork Chop Sandwich  
French Fries  
Cucumber Slices

#### Tuesday, December 16

South of the Border Nachos  
Beans, Shredded Let and Tom

#### Wednesday, December 17

Turkey Roast  
Mashed Potatoes, Mix Vegetables,  
Roll

#### Thursday, December 18

Turkey and Cheese Wrap  
Potato Chips, Let/Tom

#### Friday, December 19

Grilled Cheese Sandwich  
Sun Chips, Celery Sticks

See You  
Next Year!

Last day of school:  
Friday, December 19

Classes Resume  
Tuesday, January 6

