

# OCTOBER 2026

## INGRAM ELEMENTARY SCHOOL

\*MENUS ARE SUBJECT TO CHANGE



**Monday**



**5**  
WG CEREAL  
WG MUFFIN  
FRUIT  
ORANGE JUICE  
MILK

**Tuesday**



**6**  
BREAKFAST KIT  
FRUIT  
MILK

**Wednesday**



**7**  
PIG IN A BLANKET  
FRUIT  
APPLE JUICE  
MILK

**Thursday**

**1**  
OATMEAL  
CINNAMON TOAST  
FRUIT  
ORANGE JUICE  
MILK

**Friday**

**2**  
WG CEREAL  
TOAST & JELLY  
FRUIT  
APPLE JUICE  
MILK

**Holiday**

**12**  
BREAKFAST KIT  
FRUIT  
MILK

**13**  
PANCAKE BITES  
FRUIT  
APPLE JUICE  
MILK

**14**  
OATMEAL  
CINNAMON TOAST  
FRUIT  
ORANGE JUICE  
MILK

**15**  
WG CEREAL  
TOAST & JELLY  
FRUIT  
APPLE JUICE  
MILK

**16**  
WG CEREAL  
WG MUFFIN  
FRUIT  
ORANGE JUICE  
MILK

**17**  
BREAKFAST KIT  
FRUIT  
MILK

**18**  
APPLE FRUDEL  
SAUSAGE  
FRUIT  
APPLE JUICE  
MILK

**19**  
BISCUIT & SAUSAGE  
FRUIT  
ORANGE JUICE  
MILK

**20**  
SCRAMBLED EGGS  
HASHBROWNS  
FRUIT  
APPLE JUICE  
MILK

**21**  
WG CEREAL  
WG MUFFIN  
FRUIT  
ORANGE JUICE  
MILK

**22**  
BREAKFAST KIT  
FRUIT  
MILK

**23**  
WAFFLES  
SAUSAGE  
FRUIT  
APPLE JUICE  
MILK

**24**  
OATMEAL  
CINNAMON TOAST  
FRUIT  
ORANGE JUICE  
MILK

**25**  
**NO SCHOOL**

AVAILABLE DAILY: 1% WHITE MILK AND FAT FREE CHOCOLATE  
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER