



FISD SHAC MEETINGS 2023-2024

**All SHAC meetings will be held on the first Thursday in the planned month at 0900 in the Administrative Building Board Room. This agenda is subject to change or addition.*

School year 2023-2024 top focus- **wellness plan review*

September 7, 2023	<p><u>Agenda Item #1:</u> Announcements and approval of meeting minutes from 03/02/2023 meeting.</p> <p><u>Agenda Item #2:</u> SHAC Orientation and officer voting</p> <p><u>Agenda Item #3:</u> East Texas Council on Alcohol and Drug Abuse (ETCADA) presentation- Stephanie Fleury</p> <p><u>Agenda Item #4:</u> Wellness Plan Review – Heath Education (H. Felts) and Health Services (A. Porter, M. Prater, H. Felts)</p>
November 2, 2023	<p><u>Agenda Item #1:</u> Announcements, approval of meeting minutes</p> <p><u>Agenda Item #2:</u> Drug Trends - Amanda Watson (DSHS)</p> <p><u>Agenda Item #3:</u> Wellness Plan Review- Physical Education (Cindi Carr and Callie Cargill) and Nutrition Services (Tina Owen)</p>
February 1, 2024	<p><u>Agenda Item #1:</u> Announcements, approval of meeting minutes</p> <p><u>Agenda Item #2:</u> Kathy Weeks (Mercy Manor)- Esteem implementation review and updates</p> <p><u>Agenda Item #3:</u> Wellness Plan Review -Counseling, Psychological and Social Services (Kim McGuffey and Lisa King) Family/Community Involvement; Marketing (Randi Westbrook)</p>
March 7, 2024	<p><u>Agenda Item #1:</u> Announcements and approval of meeting minutes</p> <p><u>Agenda Item #2:</u> Guest Speaker- Employee wellness Marissa Ryals, M.Ed. BCBS Senior Wellness Consultant, TRS</p> <p><u>Agenda Item #3:</u> Wellness Plan Review – Health Promotion for Staff (H. Felts or M. Prater). Healthy School Environment; Physical Environment (Mark Ryals)</p>

- Special meetings may be called. Members will be notified, and date/time posted at least 72 hours before the meeting.
- SHAC provides annual report to the Board of Trustees in May