

February 2023

Burns High School Lunch Menu

Lunch – \$3.00-paid & 0¢-reduced ☐ Extra milk- .45 or juice – 45¢ , water \$1.00

Lunch includes: Entrée with fruits, vegetables, breads, grains and assorted Oregon Milk

Food allergies need to be documented by a licensed doctor and a copy sent to the kitchen

Menu is subject to change. Some items may contain nuts.

All meals served to students are Grab n' Go

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY |
|---|---|---|---|
|  | February 14th is Oregon's 164th Birthday | 1 Lunch <i>Sandwiches & Salads daily</i> Meat Spaghetti w/ Tx Toast Salad w/ Carrots, Green Beans Pears, Milk | 2 Lunch <i>Sandwiches & Salads daily</i> Hot Dogs w/ Baked Beans Pasta Salad, Celery w/ PB Apple and Milk |
| 6 Lunch <i>Sandwiches & Salads daily</i> Homemade Ham & Potato Soup w/ Toasted Cheese Sand Lettuce w/ Tomato Apple and Milk | 7 Lunch <i>Sandwiches & Salads daily</i> Chicken & Cheese Quesadilla Seasoned Rice Green Salad w/ Tomato Peaches & Blueberries Milk | 8 Lunch <i>Sandwiches & Salads daily</i> Orange Chicken w/ Veggie Fried Rice Egg Roll, Salad Fruit and Milk | 9 Lunch <i>Sandwiches & Salads daily</i> Pizza Stix w/ Marinara Spinach Salad w/Hard Boiled Egg Apple , Milk |
| 13 Lunch <i>Sandwiches & Salads daily</i> Beef Chili w/ Cornbread Green Salad w/ Broccoli Pears & Milk | 14 Lunch <i>Sandwiches & Salads daily</i> Nacho w/ Beef & Cheese Seasoned Rice Lettuce w/ Tomato & Olive Oranges and Milk Cookie | 15 Lunch <i>Sandwiches & Salads daily</i> Homemade Meat Lasagna w/ Tx Toast Green Beans Salad w/ Cucumber Mixed Fruit, Milk | 16 Lunch BBQ Pork Rib Sand Cole Slaw Baked Beans Banana, Milk |
| 20 Lunch <i>Sandwiches & Salads daily</i> Homemade Chicken Noodle Soup w/ Toasted Cheese Sand Salad w/ Cauliflower Grapes, Milk | 21 Lunch <i>Sandwiches & Salads daily</i> Crunchy Beef Taco Corn chips w/ RF Beans Corn, Salad w/ Tomato Oranges & Milk | 22 Lunch <i>Sandwiches & Salads daily</i> Turkey & Cheese Sub Lettuce, tomato ,Pickle Chips, Juice and Fruit Cup Milk | 23 Lunch <i>Sandwiches & Salads daily</i> Chicken Burger Lettuce, Tomato, Pickle Pasta Salad Apple & Milk |
| 27 Lunch <i>Sandwiches & Salads daily</i> Cheesy chicken Pizza Sub French Fries Salad w/ carrots Fruit & Milk | 28 Lunch <i>Sandwiches & Salads daily</i> Yogurt Parfait Cups w/ Fruit, Granola Celery w/ Cracker & PB Cup Milk | | |

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

