## NOVEMBER | 2021



|    | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |  |
|----|--|---|--|--|--|--|
| 1  | BREAKFAST: Cereal &<br>Cookies LUNCH:<br>Hamburger - Sidewinders -<br>Lettuce - Tomato - Pickle -<br>Fruit   | 2 BREAKFAST: Strawberry<br>Bagel LUNCH: Chicken<br>Alfredo - Salad - Green Beans<br>- Cheese Bread - Fruit          | 3 BREAKFAST: Combo Bar<br>LUNCH: Pepperoni Pizza<br>- Corn - Salad - Fruit               | 4 BREAKFAST: Chocolate<br>Crescent LUNCH: BBQ<br>Pork w/Bun - Bake Beans -<br>Cole Slaw - Fruit                    | 5 BREAKFAST: Sausage &<br>Roll LUNCH: Chicken<br>Leg - Mashed Potatoes -<br>Sweet Peas - Roll - Fruit  | Choice of Milk Served  Daily  FF Chocolate  1% Low Fat White  FF Skim        |
| 8  | BREAKFAST: Cereal &<br>Cookies LUNCH:<br>Chicken Patty w/Bun -<br>Broccoli w/Cheese - White<br>Beans - Fruit | 9 BREAKFAST: Poptarts<br>LUNCH: Corn Dogs -<br>Hashbrown - Bake Beans -<br>Fruit                                    | 10 BREAKFAST: French<br>Toast w/Syrup LUNCH:<br>Quesadilla - Corn - Salsa<br>Cup - Fruit | 11 BREAKFAST: Blueberry<br>Muffins LUNCH: Spaghetti<br>w/Meat Sauce - Salad - Lima<br>Beans - Cheese Bread - Fruit | 12 BREAKFAST: Breakfast<br>Pizza LUNCH: BBQ<br>Nachos w/Tortilla Chips -<br>Bake Beans - Potato Salad<br>- Fruit   | Water offered Daily  Offered Daily  BREAKFAST: Fruit &  Juice  LUNCH: Salad  |
| 15 | BREAKFAST:Cereal &<br>Cookies LUNCH:<br>Chicken Strips - French<br>Fries - Cole Slaw - Roll -<br>Fruit       | 16 BREAKFAST: Banana<br>Bread LUNCH: Frito<br>Chili Pie (Chili-Fritos-<br>Cheese) - Salad - Cheese<br>Bread - Fruit | BREAKFAST: Mini Pancake Wrap LUNCH Pizza Crunchers - Corn - Marinara Sauce - Fruit       | 18 BREAKFAST: Cinnamon<br>Toast Pastry LUNCH:<br>Lunchables - Chips -<br>Carrots w/dip - Cheese<br>Stick - Fruit   | BREAKFAST: Chicken & Roll LUNCH: Turkey Dressing w/Gravy - Green Beans - Mashed Potatoes - Sweet Potatoes Casserole - Roll - Fruit Salad - Cranberry Sauce - Dessert | Condiments Served upon request Ketchup, Mustard, Mayo, Honey Mustard & Ranch |
| 22 | BREAKFAST: Cereal &<br>Cookies LUNCH: Hot<br>Dog w/bun - Tator Tots -<br>Bake Beans - Fruit                  | 23 BREAKFAST: Oatmeal<br>Bar LUNCH: Chicken<br>Fajita w/Tortilla - Refried<br>Beans - Salad - Fruit                 | 24   | Happy THANKSGIVING Day   | 26   |  |
| 29 | BREAKFAST: Cereal &<br>Cookies LUNCH:<br>Calzones - Corn - Salad -<br>Fruit                                  | 30 BREAKFAST: Cinnamon<br>Roll LUNCH: Chicken<br>Cheese & Rice - Refried<br>Beans - Salsa - Cheese Stick<br>- Fruit | 1  | 2  | 3  | This institution is an equal opportunity provider.                           |