



Ezzell Independent School District

🏠 20500 FM 531, Hallettsville, TX 77964

☎ 361-798-4448 | 📠 361-798-9331 | 🌐 www.ezzellisd.org

Introduction

The following is a comparison of Ezzell ISD's Triennial Wellness Scorecard to model school wellness policies along with a summary of the completed Triennial Assessment Report: Ezzell ISD Triennial Assessment 2025. The Triennial Assessment Report can be found on the district website along with supporting documents and policies.

Summary

Ezzell ISD completed the WellSat3.0 assessment tool in September 2025. Both the wellness policies and practice were evaluated for this review. The findings will be kept for at least three full school years and be used as a review during the next administrative review of the school nutrition program and wellness policy implementation.


At a minimum, local wellness policies are required to include:




- Specific goals for:
 - Nutrition promotion and education
 - Physical activity
 - Other school-I based activities that promote student wellness.
- Standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for school meal nutrition standards, and the Smart Snacks in School nutrition standards.
- Standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives).
- Policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards.
- Description of public involvement, public updates, policy leadership, and evaluation plan.

Ezzell ISD identified areas in policy and practice that were strong and aligned with model school wellness policies. Policies and practices needing updating and implementation plans were noted along with opportunities for growth. Ezzell ISD Wellness policy is very concise and centered on the required components listed within the WellSAT 3.0 model policy language.



Ezzell Independent School District

 20500 FM 531, Hallettsville, TX 77964

 361-798-4448 |  361-798-9331 |  www.ezzellisd.org

Comparison to Model School Wellness Policies

Goals for improvement should include an increase in nutrition and physical education curriculum along with heightened focus on community involvement and employee wellness.

The assessment showed strong policies and aligned practices in the following areas: meeting NSLP requirements, meeting or exceeding USDA nutrition standards by selling and serving only Smart Snacks, providing families information about eligibility for free or reduced-price meals and protecting the privacy of those participating in the lunch program as well as students with unpaid meal balances. Elementary students meet the required recess time and all students are provided ample amount of time to eat breakfast and lunch.

Practice implementation plans need to be created for physical education curriculum and middle school and high school student PE minute requirements. Plans for achievement of the assessment, revision and implementation of the triennial assessment are needed.

The following policies are implemented in practice regularly but need official policy updates: free drinking water availability, food and beverage marketing, wellness policy implementation and group involvement, strategies to maximize participation in the NSLP, employee wellness support, joint-use and shared-use agreements, physical education program promotion of an active lifestyle, and minimum minutes of PE required for students.

The district has opportunities of growth in multiple areas including nutrition education and physical education curriculum, employee wellness, collaboration with teachers and staff regarding reinforcement of healthy eating and activity choices, periodic physical activity breaks in the classroom, engagement in physical activity for families and community members.

Conclusion

Ezzell ISD will work towards increasing the health and wellbeing of its students, staff, and community. The wellness committee will meet regularly to revise existing policies and create policies and implementation plans in the areas reported.