

Daily Learning Planner

*Ideas families can use to help children
do well in school*

Riverview Gardens School District



THE
PARENT
INSTITUTE®

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Daily Learning Planner: Ideas Families Can Use to Help Children Do Well in School—Try a New Idea Every Day!

- 1. Challenge your child to invent a business and write persuasive advertising for it.
- 2. Today is Read Across America Day. To celebrate, spend some extra time reading with your child.
- 3. Help your child use boxes and containers to create a 3-D map of your town.
- 4. March is National Nutrition Month. Include your child in planning and preparing a healthy meal.
- 5. Play lively music while your family does chores today.
- 6. Experiment with paper airplanes. With your child, fold paper to make different types. See which ones fly the best.
- 7. Learn where your town gets its water. Is conservation important in your area? Discuss with your child some ways you can help.
- 8. Get a deck of cards and try to build a house of cards with your child. Ask questions about school and life as you work.
- 9. Discuss a book your child likes. What does he like about it?
- 10. Encourage your child to write down the lyrics to favorite songs in a special notebook.
- 11. Do a jigsaw puzzle with your child.
- 12. For five minutes, you and your child each start writing a story. Then swap papers and finish each other's story.
- 13. Try a new type of exercise or sport with your child.
- 14. Monitor the sites your child visits online. Talk about online safety.
- 15. Is your child fighting with a sibling or friend? Have them switch roles.
- 16. Ask your child questions about school that require more than a *yes* or *no* answer: "How did you solve that math problem?"
- 17. Share family history with your child. Look through pictures from before and after her birth.
- 18. Play screen-free games as a family tonight.
- 19. Have a "guess the number" contest. For example, "How many grapes are in the bunch?"
- 20. Create a word search for your child. Hide words in a grid and surround them with random letters.
- 21. Challenge family members on math facts. Who can say the multiplication tables fastest?
- 22. Have your child look through the newspaper and report on an interesting story at dinner tonight.
- 23. Ask your child what he thinks the world will be like in 10 years. How might school be different?
- 24. Write a note to your child to tell her you love her. Put it in a place where only she will find it.
- 25. Point to a country on a map or globe. With your child, figure out what time it is there.
- 26. Take an early morning walk with your child. Look for signs of spring.
- 27. Have your child make a portrait using pictures of eyes, noses, mouths, etc. cut out of magazines.
- 28. Trace your child's hand on paper. Think of ways to be a helping hand. Have him write his ideas on the drawing.
- 29. Together, invent a special holiday just for your family.
- 30. Let your child clean some dirty pennies with ketchup. Explain that they get shiny due to a chemical reaction.
- 31. Make a *rebus* together. Replace some words in a story with pictures.