









# MENU-LOCAL AUGUST

2021 SHONTO PREPARATORY SCHOOL



Bini'ant a'a'tso'zi' "Ripening of early crops"

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	2	3	4	5	6	7
						 This institution is an equal opportunity institution.
7	<b>"A" Schedule</b> 9 Hot farina cereal, muffin, pear, milk	<b>"B" Schedule</b> 10 Waffles, syrup, sausage patty, mix fruit, milk	<b>"B" Schedule</b> Grab n go Breakfast, yogurt, fruit cup, milk	<b>"A" Schedule</b> 12 Scramble egg, Hash brown, toast, fruit, milk	<b>NO SCHOOL</b> 13	
GRAB N GO MEALS AVAILABLE AT BUS STOPS	Hot Ham & Cheese on bun, French fries, cookie ketchup, fresh apple milk <b>SCHOOL START!!</b>	Salisbury steak, mash potato, brown gravy, mix vegetable, fruit, milk	<b>Chef's Choice</b>	Chicken teriyaki, steam rice, fortune cookie, green bean, chill apricot, milk	<b>NAVAJO CODE TALKER DAY</b>	
15	16	17	18	19	20	21
Face mask required! 	Cold cereal, pop tart, peaches, milk	Biscuit & gravy, sausage link, mix fruit, milk	Cheerios cereal, nutribar yogurt, fresh orange, milk	Egg omelet, toast, jam mix fruit, milk	Ham & egg on Croissant fruit cup, milk	 <b>United States Department of Agriculture</b>
	Hamburger on bun, French fries, ketchup, fresh apple milk	Cheese enchilada, Spanish rice, black beans, sweet corn, chocolate pudding, chill pears, milk	<b>Chef's Choice</b>	Spaghetti w/meat sauce, garlic toast, green bean, chill apricot, milk	Corn dog, mustard, bake beans, celery & carrot bag, cookie, red apple, milk	
22	23	24	25	26	27	
We Have Nine Planets Again! (Welcome back Pluto!) 	Hot cereal muffin, peaches, milk	Scramble egg, bacon, biscuit, chill pear, milk	Mini wheat cereal, yogurt, granola bar, banana, milk	Ham & egg on muffin, tater tot, fruit, milk	Breakfast grab n go, yogurt, fresh orange, milk	
	BBQ pork on bun, French fries, ketchup, chocolate chip cookie, fresh apple milk	Chicken Fajita, Spanish rice, refried beans, salad, dressing, fresh orange, milk	<b>Chef's Choice</b>	Thursday Taco, Spanish rice, black beans, sweet corn, fruit, milk	Pepperoni pizza, hot wings, French fries, rice krispie, ketchup, grapes bags, milk	
	30		<b>WELCOME BACK</b>			
	Breakfast Pizza, mix fruit, milk	Hot Ham & cheese on Croissant fruit cup, grapes, milk	<b>MENU SUBJECT TO CHANGE</b>			
	Fish sandwich, tatar sauce, lettuce, assorted chip, carrot & celery, dressing, milk	Baked chicken, M. potato, chicken gravy, sweet peas, wheat roll, peaches, milk	