

# MAY 2022 Breakfast Calendar

## City Day

Breakfast Meal Pattern - K-8th  
Select a minimum of 3 components

- 1 fruit/ vegetable = 1 cup
- fruit/juice and/or vegetable
- 1 whole grain rich selection(s) = 1oz
- biscuit, roll, muffin, bread, cereal
- 1 milk = 1 Cup
- fluid milk

Menu is subject to change  
without notice

take time for  
**school**  
BREAKFAST



**This institution is an  
equal opportunity  
provider.**

	Mon	Tue	Wed	Thu	Fri
	2 Pop Tart Fresh Fruit 100% Fruit Juice Milk	3 Cinnamon Toast Crunch Pastry Banana 100% Fruit Juice Milk	4 Mini Muffins 100% Fruit Juice Apple Milk	5 Cold Cereal Apple Slices 100% Fruit Juice Milk	6 States & Capitals Cheese Sticks 100% Fruit Juice Applesauce Cup Milk
	9 Mini Muffin 100%Fruit Juice Fresh Fruit Milk	10 Teddy Grahams Yogurt Banana 100% Fruit Juice Milk	11 Blueberry Elfin Rainbow Goldfish 100% Fruit Juice Fruit Cup Milk	12 Zee Zee Bar Applesauce Cup Cherry Craisins Milk	13 Cinnamon Bun Cheese Sticks 100% Fruit Juice Apples Milk
	16 Cold Cereal Graham Crackers 100% Fruit Juice Cherry Craisins Milk	17 Mini Cinnamon Pull Apart 100% Fruit Juice Banana Milk	18 Pop Tart 100% Fruit Juice Orange Slices Milk	19 Bug Bites Yogurt 100% Fruit Juice Applesauce Cup Milk	20 <b>NO SCHOOL</b>
	23 Animal Crackers Fruit Cup 100% Fruit Juice Milk	24 Chat Snax Yogurt 100% Fruit Juice Apple Milk	25 Cold Cereal Chewy Granola Apple Slices Cranberries Milk	26 Mini Donut 100% Fruit Juice Apple Milk	27 <b>NO SCHOOL</b>
	30 NO SCHOOL 	31 NO SCHOOL			