

Monday	Tuesday	Wednesday	Thursday	Friday
NO SCHOOL 1	NO SCHOOL 2	NO SCHOOL 3	NO SCHOOL 4	NO SCHOOL 5
NO SCHOOL 8	Dipper Day 9 Cheese filled Breadsticks Marinara Sauce Green Beans Red Pepper Strips	Goulash 10 Pasta with Meat Sauce Garlic Bread Cheesy Broccoli Baby Carrots	Popcorn Chicken 11 Popcorn Chicken Waffle Fries WW Dinner Roll Baked Beans Sliced Cucumbers	Pizza Day 12 Cheese, Pepperoni, Assorted Pizza Roasted Cauliflower Cherry Tomatoes
Chicken Patty 15 Chicken Patty on WW Roll Smile Fries Mixed Vegetables Sliced Cucumbers	Taco Tuesday 16 Seasoned Ground Beef On a WG Tortilla Lettuce, Tomato, Cheese Corn Black Beans	Brunch for Lunch 17 Mini French Toast Sausage Links Hash Browns Roasted Carrots NYS Grape Juice	Nugs 18 Chicken Nuggets Sweet Potato Fries WW Dinner Roll Cherry Tomatoes	Pizza Day 19 Cheese, Pepperoni, Assorted Pizza Roasted Broccoli Red Pepper Strips
Pizza Crunchers 22 Cheese & Sauce filled Bread Stick WW Dinner Roll Green Beans Red Pepper Strips	Take Out Tuesday 23 Orange Chicken Lo Mein Roasted Broccoli Baby Carrots	Mozzarella Sticks 24 Mozzarella Sticks Marinara Sauce Breadsticks Mixed Vegetables Cherry Tomatoes	Corn Dogs 25 Corn Dog Smile Fries Baked Beans Peas	Pizza Day 26 Cheese, Pepperoni, Assorted Pizza Roasted Cauliflower Sliced Cucumbers
Chicken Tenders 29 Chicken Tenders Tater Tots Breadstick Mixed Vegetables Red Pepper Strips	Loaded Nachos 30 Seasoned Ground Beef Tortilla Chips w/ Nacho Cheese Salsa, Sour Cream, Tomatoes Steamed Corn Baby Carrots			

Offered Daily:
 *Variety of Powerpacks
 *Sandwiches

Due to Food Supply Issues, menu may change at any time.

We have a variety of fruit and vegetables available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit or vegetable to receive a free meal. If you have any questions, please call (518) 696-2378 ext. 1117, or email scheffco@hlcs.org