

# NOVEMBER 2022

## Isleta Elementary School

### BREAKFAST



#### School Information:

Isleta Elementary School  
1000 Moonlight Dr.  
505-869-2321



**November 25 is National Parfait Day!** Enjoy a low-fat yogurt parfait for breakfast, snack or lunch. Top with fruit and nuts to get in two more food groups. Look for seasonal flavors of yogurt or a fruit that's in season to add variety throughout the year.



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

Biscuits & Gravy  
Orange Wedges  
Choice of Milk

1

Pancake Sausage  
Fruit Cocktail  
Choice of Milk

2

Scrambled Eggs  
Sausage Link  
Toast  
Apple Slices  
Choice of Milk

3

Breakfast Sandwich  
Egg & Cheese  
Sausage Patty  
Pears  
Choice of Milk

4

Breakfast Scramble  
English Muffin  
Peaches  
Choice of Milk

7

Breakfast Pizza  
Mandarin Orange Cup  
Choice of Milk

8

Cream of Wheat  
Banana  
Graham Crackers  
Choice of Milk

9

English Muffin Sandwich  
Applesauce  
Juice  
Choice of Milk

10

**\*\*No School\*\***

11

**Happy Veterans Day**

Bagels  
w/Cream Cheese  
Grapes  
Choice of Milk

14

Cinnamon Toast Crunch Bar  
Apple Slices  
Juice  
Choice of Milk

15

Mini Waffles  
Mixed Fruit Cup  
Syrup  
Choice of Milk

16

Cold Cereal  
Banana  
Graham Cracker  
Choice of Milk

17

Blueberry Muffin  
String Cheese  
Fruit Cup  
Choice of Milk

18

Oatmeal  
Blueberry Mix  
Toast  
Choice of Milk

21

French Toast Sticks  
Sausage  
Syrup  
Peaches  
Choice of Milk

22

**\*\*No School\*\***

23

**Thanksgiving Break**

**\*\*No School\*\***

24

**Happy Thanksgiving!!**

**\*\*No School\*\***

25

**Thanksgiving Break**

CiniMinis  
Craisins  
Fruit Cocktail Cup  
Choice Of Milk

28

Breakfast Burrito  
Salsa  
Orange Wedges  
Choice of Milk

29

Chorizo and Eggs  
Tortilla  
Strawberries  
Choice of Milk

30



**\*\*Menu Subject to Change Due to Availability of Food\*\*This is an equal opportunity institution\*\***