



# Jamestown Area School District

## High School Lunch Menu



Lunch includes: Entrée (Grain & Meat/Meat Alt), Veg, Fruit & Milk. Students must take three 'items', one must be fruit/juice/veg.

| Monday                                                                                                                                                                                                                | Tuesday                                                                                                                                                                                                                         | Wednesday                                                                                                                                                                                                                    | Thursday                                                                                                                                                     | Friday                                                                                                                                                                                        |
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| 29-Sep<br>Breaded Chicken Patty<br>on WG Bun<br>Lettuce Leaf, Tomato, Pickle<br>Baked French Fries<br>Diced Pears                                                                                                     | 30-Sep<br>Max Sticks<br>(Cheesy Bread Sticks)<br>BBQ Sidewinders<br>Garden Salad with Ranch<br>Sliced Peaches<br>                              | 1-Oct<br>Boneless Chicken Wings<br>Dipping Sauce<br>Rice Pilaf<br>Steamed Vegetables<br>Applesauce<br>Rice Crispy Treat                                                                                                      | 2-Oct<br>Sweet & Slow Roasted<br>Pulled Pork Sandwich<br>on WG Bun<br>Baked Potato<br>Cole Slaw<br>Mandarin Oranges                                          | 3-Oct<br>Nacho Supreme<br>Rice Pilaf<br>Refried Beans<br>Lettuce, Tomato, Salsa,<br>Sour Cream, Olives, Peppers<br>Fruit Variety                                                              |
| 6-Oct<br>Cheese Filled Ravioli<br>Savory Marinara Sauce<br>Garlic Bread Stick<br>Green Beans<br>Diced Pears<br>Ice Cream Sandwich                                                                                     | 7-Oct<br>Chicken Nuggets<br>WG School-made Roll<br>Mashed Potatoes<br>Gravy<br>Mixed Vegetables<br>Sliced Peaches                                                                                                               | 8-Oct<br>Rodeo Burger<br>(BBQ Burger, Onion Ring<br>& Cheese) on WG Bun<br>Tater Tots<br>Baked Beans<br>Applesauce                                                                                                           | 9-Oct<br>Turkey & Bacon<br>Chipotle Ranch Wedge<br>Lettuce, Tomato, Pickle<br>Potato Chips<br>Mandarin Oranges                                               | 10-Oct<br><b>No School</b><br>Teacher In-Service<br>                                                       |
| 13-Oct<br><br><b>No School</b><br><b>National School Lunch Week</b><br><b>Celebrated with the theme:</b><br><b>"Taste the World"</b> | 14-Oct<br>Mexican Nachos<br>Tri-colored Nacho Chips<br>Lettuce, Tomatoes, Olives<br>Refried Beans<br>Salsa, Sour Cream<br>Sliced Peaches<br> | 15-Oct<br>Macaroni & Cheese<br>Yakisoba Noodles<br>Diced Chicken<br>Oriental Vegetable Selection<br>Diced Pineapple<br>Fortune Cookie<br> | 16-Oct<br>Breaded Chicken Cutlets<br>"Chicken Tenders"<br>Soft Pretzels<br>German Potato Salad<br>Dipping Sauce<br>German Chocolate Cake<br>Mandarin Oranges | 17-Oct<br>Pasta Bar<br>Sauce: Meat, Marinara,<br>Cheese, Alfredo<br>Garlic Bread Stick<br>Garden Salad<br>Fruit Variety<br>Gelato                                                             |
| 20-Oct<br>General Tso Chicken<br>Egg Roll<br>Rice Pilaf<br>Oriental Vegetables<br>Chilled Pineapple                                                                                                                   | 21-Oct<br>Cheeseburger<br>on WG Bun<br>Lettuce Leaf, Tomato<br>Sliced Onion, Pickle Spear<br>Tater Tots<br>Sweet Baked Beans<br>Sliced Peaches                                                                                  | 22-Oct<br>Meatball Hoagie<br>on WG Bun<br>Mozzarella Cheese<br>Baked French Fries<br>Applesauce<br>School-Made Apple crisp                                                                                                   | 23-Oct<br>Popcorn Chicken Bowl<br>WG School-Made Roll<br>Mashed Potatoes & Gravy<br>Steamed Corn<br>Topped with<br>Shredded Cheese<br>Mandarin Oranges       | 24-Oct<br>Stuffed Crust Cheese Pizza<br>Garden Salad with Ranch<br>Frozen Side Kick<br>Fruit Variety<br> |
| 27-Oct<br>Chicken Tender Wrap<br>Topped with Cheddar Cheese<br>and Chopped Lettuce<br>Seasoned Wedge Fries<br>Fruit Variety                                                                                           | 28-Oct<br>Nacho Supreme<br>Turkey Taco Meat<br>Rice Pilaf<br>Refried Beans<br>Lettuce, Tomato, Olives<br>Banana Peppers, Salsa<br>Sliced Peaches                                                                                | 29-Oct<br>Pasta Bar<br>Select your sauce: Meat,<br>Marinara, Cheese or Alfredo<br>Garlic Bread Stick<br>Garden Salad<br>Applesauce                                                                                           | 30-Oct<br>Large Soft Pretzel<br>with Cheese and Hummus<br>Veggie Sticks<br>Garden Salad<br>Mandarin Oranges                                                  | 31-Oct<br>Frightful Feast Sandwich<br>"Chick-Fil-A"<br>Lettuce, Tomato, Pickle<br>Wacky Web Fries<br>Chickin Dippin Sauce<br>Fruit Variety<br>Halloween Treat                                 |

This institution is an equal opportunity provider.

Choice of Milk:

1% White Milk  
Fat-Free Flavored  
(Choc., Van., Straw.)

Daily Fruit:

Apples, Bananas  
Oranges, Canned Fruit,  
Fresh Melon & Berries

Daily Vegetables:

Salad Bar  
Carrots, Peppers,  
Cucumbers

Daily Alternatives:

Chef Salad, Chicken Patty, Spicy Chicken Patty,  
Chicken Poppers, Burgers, PBJ, Deli Sandwich,  
Deli Sandwich, Pizza

Create a free account on [www.SchoolCafe.com](http://www.SchoolCafe.com) to add money to your students account.

Menu is subject to change.

Students: FREE (1 per day)  
Student Second: \$2.50

