MENU-LOCAL

SHONTO PREPARATORY SCHOO

	September 20		SON "Ripening of Late		PARATORY S	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturda
*			Chef's choice	2 Chef's choice	3 Chef's choice	
			Chef's Choice	Chef's choice	Chef's choice	This institution is an equa opportunity provider."
Grandparent 5 DAY	6 • NO SCHOOL	7 Chef's choice	8 Chef's choice	9 Hot rice & raisin cereal, muffin, pear, milk	10 Slice ham, hash brown, toast, fruit, milk	1
	HAPPY LABOR DAY	Pepperoni pizza, hot wings, oven fries, celery sticks, dressing, fruit, milk	Baked chicken, mash potatoes, gravy, green peas, wheat roll, pears, milk	Beef stew, corn on cob, wheat ranch roll, fruit, milk	Hot dog on bun, oven fries, celery stick, ketchup, chill fruit cup, fresh apple, milk	PATRIOT DAY
	13 Hot cereal, breakfast pizza, peaches, milk	14 Scramble egg w/ham English muffin, pear, milk	Late start 15 Hot cereal, muffin, chill peaches, milk	16 Biscuit & gravy, sausage link, mix fruit, milk	17 Ham & egg on Croissant fruit, milk	<u>6 006 0</u>
	Fish sandwich, tartar sauce, lettuce, baked chips, carrot & celery, dressing, fruit, milk	Turkey Taco, taco salad, salsa, Spanish rice, sweet corn, cookie, pears, milk	Spaghetti w/meat sauce, breadstick, green bean, chill apricot, milk	Roasted chicken, M. potato, w/gravy, bread slice, green bean, chill peaches, milk	Grill ham & cheese, tomato soup, assorted chip, carrot & celery, dressing, chill pear, milk	
	20 NO SCHOOL	21 Scramble egg, bacon, biscuit, chill pear, milk	22 Waffle, syrup, sausage link, chill peaches, milk	23 Breakfast burrito, potato round, fruit, milk	24 Rice & raisin, slice ham, muffin, fruit, milk	2
	PROFESSIONAL DEVELOPMENT DAY FOR STAFF, NO STUDENTS	Navajo taco, taco salad, corn cob , fruited jello, fresh orange, milk	Salisbury steak, mash potato, brown gravy, mix vegetable, fruit, milk AUTUMN BEGINS	Chicken ranch wrap, assorted chip, carrot & celery, fresh pear, choc. pudding, milk	Pepperoni pizza, hot wings, French fries, ketchup, fruit, milk	
· ?	27 Hot farina cereal, muffin, pear, milk	28 Biscuit & gravy, sausage link, fruit, milk	Late Start 29 Oatmeal, cinnamon, toast, jelly, fruit, milk	30 Hot grits, sausage patty, toast, jelly, fruit, milk	MENU SUBJECT CHANGE	то
Y	Macaroni & cheese w/ dice ham, bread stick, green beans, chill pears milk	Sweet & sour pork, oriental noodle, egg roll, carrot coin, jello, fruit, milk	Frito pie, lettuce, cheese, salsa, celery stick, chocolate pudding, fruit, milk	Alaskan Cod sandwich, lettuce, oven fries, chill pears, milk	United States Department of Agriculture	