## Dear Parents/Guardians:

As many of you are aware there are many viruses that begin to spread throughout the school year. Flu, COVID-19, and the Stomach Flu (Norovirus) to name a few. One of the top priorities of Odem-Edroy ISD is the safety, health, and well-being of our students and staff. We appreciate your efforts in working with us to provide a healthy environment for your child/children. There are many things you can do as a parent to help protect the health of your child at school, such as:

- Teaching your child to frequently wash hands with soap and water for at least 20 seconds or
  use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Cover their mouth and nose with an elbow or a tissue when coughing or sneezing
- Daily self-screen (monitor for signs and symptoms of illness)
- Self-Report (continue to report positive test results and follow district COVID-19 protocols)

Another critical component of a healthy school environment is keeping children home from school if they are sick, especially when they have a fever. Children who are ill should stay home until they are without symptoms for 24 hours for non-COVID symptoms. For students exhibiting COVID symptoms please follow the District Protocols and call your campus nurse. For staff and students exhibiting fever It is procedure at Odem-Edroy ISD that students and staff may not return to school until they have been fever free, without the use of fever reducing medications (Tylenol or Motrin etc.), for 24 hours. Students who have vomited at home the night before or that morning should not be sent to school until 24 hours have passed without any vomiting. Again, we appreciate your help in maintaining the healthiest learning environment for your child while they are at school.

Thank you,

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