



# THE TROJAN PRIDE

MARCH 1, 2022

A Newsletter From Your Public School

360.291.3244



## FROM THE PRINCIPAL



The statewide indoor mask requirement for Washington state, including in our K–12 schools, is now scheduled to end on March 12, 2022. Once the statewide requirement is lifted, masks will become optional for students/staff. They will have the choice to wear a mask at school, with the expectation that others' choices will be respected. One should not make assumptions regarding someone's beliefs or health status, nor should they comment on them.

**Until March 12, masks will continue to be required for all students, staff, and visitors in school.** Masks will continue to be provided for those who do not have them, and students who will not wear masks will be sent home. Pe Ell School District and our Board of Directors do not have local control over this matter. We are legally required to follow the Governor's directive, which currently requires masks in school buildings.

Starting Monday, February 28 until March 10, HS/MS students may have the option to Zoom to the classroom remotely to participate in each class/discussion. They must participate in each class 70% or 40 minutes to meet attendance requirements. Please give advance notice to teachers for remote intentions. Zoom information will be available on Google Classroom.

In the coming days, we will have available support staff to discuss the concerns or anxiety students may have. We thank you for your continued flexibility as we navigate this pandemic. We are anticipating receiving additional information from public health officials in the coming weeks. We will continue communicating with you as we learn about changes to the guidance for our district.

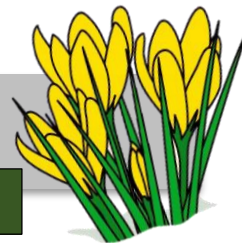
MARCH PE ELL SCHOOL MENU 2022				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
03/07/22	03/08/22	03/09/22	03/10/22	03/11/22
BREAKFAST				
Breakfast Burrito Fruit & Juice Milk	Yogurt & Granola Fruit & Juice Milk	Bagel & Cream Cheese Fruit & Juice Milk	Oatmeal Protein Bar Fruit & Juice Milk	NO SCHOOL!!!
LUNCH				
Pizza Salad Corn Pineapple & Milk	Fish Sticks Broccoli Bites Garlic Cheese Toast Strawberries & Milk	Nachos Salad Refried Beans Peach Cup & Milk	Popcorn Chicken Tater Tots Fresh Fruit Dessert & Milk	NO SCHOOL!!!
BREAKFAST				
03/14/22	03/15/22	03/16/22	03/17/22	03/18/22
Ultimate Granola Round Fruit & Juice Milk	Cereal & Cheese Stick Fruit & Juice Milk	Ham & Egg Bar W/Toast Fruit & Juice Milk	Maple Bar Fruit & Juice Milk	NO SCHOOL!!!
LUNCH				
Orange or General Tso Chicken W/Rice Stir Fry Veggies Peaches & Milk	Taco Burrito Salad Corn Pears & Milk	Hot Dog Veggie Sticks Baked Beans Mixed Fruit & Milk	Cheeseburger Lettuce & Tomato Fries Grapes, Dessert & Milk <i>Happy St. Patrick's Day</i>	NO SCHOOL!!!
BREAKFAST				
03/21/22	03/22/22	03/23/22	03/24/22	03/25/22
Breakfast Sandwich Fruit & Juice Milk	Yogurt & Granola Fruit & Juice Milk	Pancake Sausage Stick Fruit & Juice Milk	NO SCHOOL!!!	NO SCHOOL!!!
LUNCH				
Chicken Drumsticks Mashed Potatoes Green Beans Applesauce & Milk	Pizza Salad Corn Pineapple & Milk	Teriyaki Dippers Fries Breadstick Fresh Fruit & Milk	CONFERENCES!!!	CONFERENCES!!!
BREAKFAST				
03/28/22	03/29/22	03/30/22	03/31/22	04/01/22
Breakfast Burrito Fruit & Juice Milk	Cereal & Cheese Stick Fruit & Juice Milk	English Muffin & Jam Fruit & Juice Milk	Fruit Churro Fruit & Juice Milk	NO SCHOOL!!!
LUNCH				
Chicken Broccoli Bake Salad Breadstick Mixed Fruit & Milk	Taco Soup Tortilla Chips & Salsa Pears Jello & Milk	Corn Dog Fries Baked Beans Strawberries & Milk	Tuna Salad Sandwich Chips Veggie Sticks Fresh Fruit & Milk	NO SCHOOL!!!
DAILY PRICES:				
LUNCH GRADES P-5	FREE	WE WILL BE UTILIZING THE USDA SSO (SEAMLESS SUMMER OPTION)! IN-PERSON STUDENT MEALS WILL BE FREE FOR THE 21-22 SCHOOL YEAR!	"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."	
LUNCH GRADES 6-12	FREE			
REDUCED LUNCH 4-12	FREE			
ADULT BREAK/LUNCH	\$3.00/\$4.75		MENU SUBJECT TO CHANGE	
BREAKFAST K-12	FREE			
REDUCED BREAKFAST	FREE			
MILK OR JUICE	\$0.40			





# ***HIGH SCHOOL NEWS***

***SPRING INTO A NEW SEASON!***



## **STUDENT LIFE**

### **Getting into the Holiday Spirit**

In the week leading up to Christmas break, middle and high school students participated in the annual “Deck the Halls” contest. This is where each grade got a section of the hallway to deck out in their own Christmas decorations. To some people’s surprise, the underdog 9<sup>th</sup> graders took first place! “Decking the halls with my class was a little stressful but was super fun”, admitted Freshman Riley McCarty. The High School teachers, the judges, praised the creativity and organization of the freshmen class display.

### **The overall ranking for Deck the Halls**

- 1<sup>st</sup> Freshmen
- 2<sup>nd</sup> Sophomores
- 3<sup>rd</sup> Seniors
- 4<sup>th</sup> Juniors

Along with the contest, students also participated in dress up days. These included pajama day, ugly sweater day, Christmas on vacation day, and Christmas spirit day.

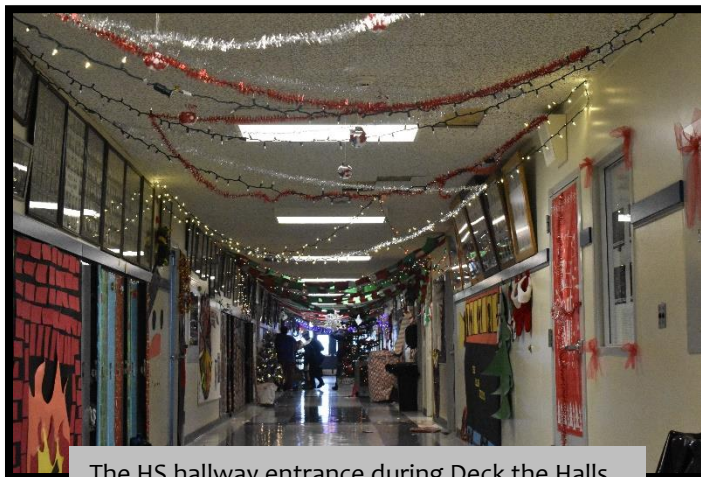
On the last Thursday before students were let out for break, the ASB put on a fun Christmas assembly. Students played games, cheered for the spirit stick, and had fun in a little singing competition between the students and the teachers. Each singing group performed the “Twelve Days of Christmas” chorus. “It was a lot of fun, I liked seeing the teachers perform because they got so into it,” senior Charlie Belanger explained. In the end, teachers WON!



As part of a class competition, Carter Phelps and Isaiah Workman wrap Kylee Lyons up like a present.



Mrs. Schimmy belts out her solo of “five golden rings” as part of the singing competition.

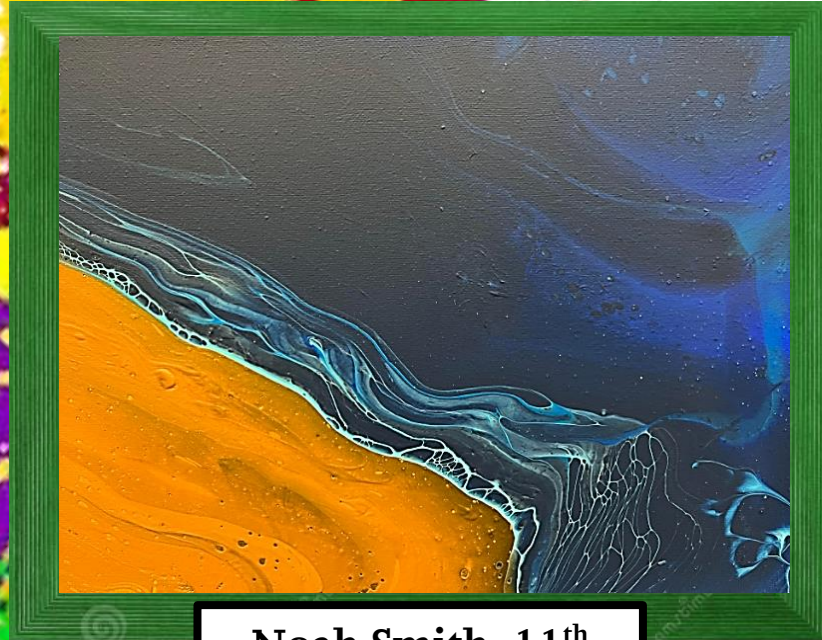
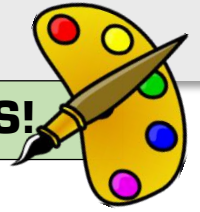


The HS hallway entrance during Deck the Halls.

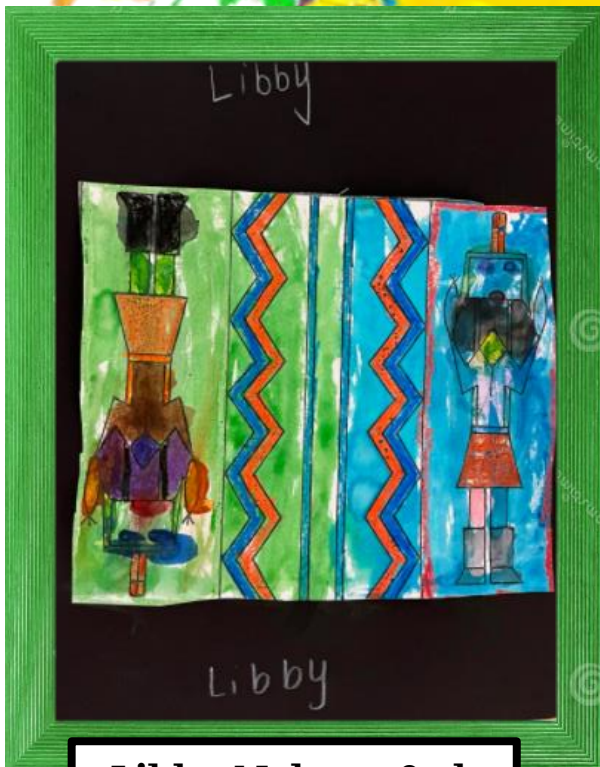


# PE ELL GRAPHIC ARTS

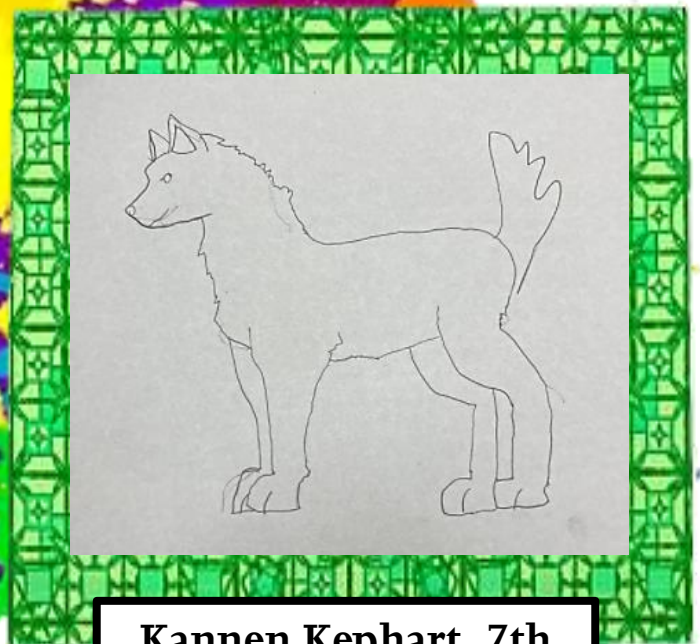
TAKE A MOMENT TO ADMIRE PE ELL'S ARTISTS!



Noah Smith, 11<sup>th</sup>  
"Ocean" – Pour Paint



Libby Nelson, 3rd



Kannen Kephart, 7th

# CLUB UPDATES

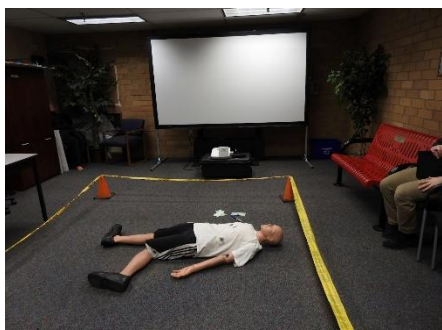


**Yearbook** - Just a reminder! Grab your yearbook before they sell out! They are \$35 a piece or 2 for \$60 (sibling deal). Purchase in the office or at <https://jostensyearbooks.com/?REF=A09058100>

**SkillsUSA** - The SkillsUSA Club is continuing their projects for the year. They are currently working to improve the entrance of Pe Ell by upgrading the sign and by making a sitting area with a picnic table and flowers. They also spent time putting in another picnic table at the recess area. Lastly, don't forget to buy your boxes of kindling from SkillsUSA for \$10.00 a box and \$5.00 for refills! All proceeds from the sales will go toward their community projects.



The SkillsUSA team did very well in their Drone, CSI, and Community Service competitions. Cowyn McGrath and Logan Oechsner placed 1st in the drone competition while Cowyn McGrath, Calan McCarty, and Kaden Knowlton placed 2nd in the CSI competition. Finally, Brookelynn King, Ricki Coleman, and Konnor Pilz placed 2nd in the Community Service competition. They will be attending state on March 31 in Tacoma.



**Knowledge Bowl** - On February 4, the Pe Ell Knowledge Bowl team placed 3rd in the Knowledge Bowl competition at the ESD in Tumwater. They earned a spot to compete in the state championship on March 19 at Richland Middle School. The four members were captain Carter Phelps, Blake Howard, Kaden Knowlton, and Odin Hasby. "You have to believe to achieve. We will not back down and we will not rest. We will fight to bring back some hardware to the town of Pe Ell," says Knowledge Bowl Coach Clayburn Lusk enthusiastically.

**FBLA** - On January 28, the Pe Ell chapter of FBLA competed in the annual Winter Conference for business events. Unfortunately, the majority came down with Covid and could not attend the conference in Woodland, Washington. However, they still qualified for state in their events. Attending in April are Navarra Chappell-1<sup>st</sup> place in computer applications; Nyx Darkwood-3<sup>rd</sup> place in Word; Halee Anderson-Digital Video Production; Kian Eddy-Publication Design; and Wyatt Kissner-Web Design.





## TEACHER TALK

**BY: PAYTON PETERSON**

Hey parents! Ever ask your kids what they are learning or doing in school and get “nothing” or “I don’t know” as an answer? Well, with some help from the High School teachers, I’m here to inform you that they are in fact doing some learning! Here are what some of the teachers said their students are working on.

→ → → → → →

### SPOTLIGHTING OUR COMMUNITY



Several students at Pe Ell school participate in 4-H, devoting much of their time to raising livestock and showing them at the local fair. Here are a few students who won awards this summer at the Southwest WA Fair!

### Dawna Robinson, High School History teacher.

As part of the CWP curriculum, the **Senior** class is working on getting ready for the future by planning their poster and research for their **Senior** project. In US History, the **Junior** class is starting a detailed unit on WWII while the freshmen class is studying the development of our Constitution, branches of the government, and the Bill of Rights.

### Kelsey Lennox, High School English teacher.

In **Senior** English, students just finished informative speeches on a biography/autobiography of their choice and are currently getting started on research writing. The **Juniors** are starting a final project for the novel *Night* by Elie Wiesel as well as beginning research writing. As a culminating assignment, **Sophomore** students are finishing up their argumentative essays on whether technology is more beneficial or dangerous to society. Finally, in Art, students are currently learning about the element of shape and form and how to use shading and shadows to make objects more 3-dimensional. Students will soon begin a Bob Ross canvas painting.

### Leza Schimelpfenig, High School Computer teacher.

With the recent addition of new chrome books, the IT class is redoing many of the computer carts for each classroom. They are also publishing the web pages for all of the teachers on the school’s website.

As I conclude my article, I hope you feel that you are more informed about what your child is learning in school. Be sure to check in next month as I come out with a new edition of Teacher Talk!



Alli Engel  
Reserve  
Grand  
Champion,  
Senior  
Showman



Ruby Magruder, Reserve Grand  
Champion Intermediate



Brody Magruder, Two 1st Place Ribbons, One 2nd  
Place Ribbon



## Senior Basketball Night

With the end of the basketball season, we want to honor our 2022 SENIOR players! Kayla Miller, the only senior girl this year, played her senior night game on January 21 while the boys played theirs on February 2. Congratulations to all of the seniors! Your time and dedication as a Pe Ell athlete is appreciated, and we wish you all the best in your future seasons!



### Joseph Krafczyk

Years Played: 4  
Position: Guard  
Most Memorable Moment: "When we beat Chief Leschi in their home gym."



### Kayla Miller

Years Played: 4  
Position: Guard  
Most Memorable Moment: "When Kammi Hill and Charlie Carper taught me how to shoot a basketball my freshman year."



### Aaiden Lee

Years Played: 4  
Position: Guard  
Most Memorable Moment: "Scoring 23 points in my first senior game."



### Michael Morales

Years Played: 3  
Position: Guard  
Most Memorable Moment: "Mine and Wyatt's alley oop halftime buzzer beater at Ocosta."



### Wyatt Marrs

Years Played: 4  
Position: Power Forward  
Most Memorable Moment: "Winning against Chief Leschi."



### Jesse Zard

Years Played: 4  
Position: Forward  
Most Memorable Moment: "Swatting a kid's shot and seeing his home team crowd all go silent."



## CONGRATULATIONS WRESTLING TEAM!



Congratulations to our four Trojan wrestlers who attended the Washington State Wrestling Association state championship tournament at the Tacoma Dome on Sunday, February 20. Featured clockwise right are: Brody Magruder, Blake Burnett, Kaiden Coates and Ella Greenwood (placing 6th in state). We are looking forward to seeing how our new wrestling team does next year!!





# ELEMENTARY NEWS

"Isn't it nice to think that tomorrow is a new day with no mistakes in it yet?"



January Students of the Month from left to right are O. Brooks-K; B. Elliott-1st; A. Brooks-2nd ; K. Senn-3<sup>rd</sup>; T. Zock-4<sup>th</sup>; and F. Mendez-5<sup>th</sup>.

## UPCOMING ELEMENTARY FUN!

High 5	Student of the Month
March 10	March 23
April 14 & Dress Up – Crazy Hair Day	April 28
May 12	May 26
June 9	June 22 & Dress Up – Color Day



The new playground is close to being complete. Children can play on two of the finished structures, and we are awaiting wood chips for the last, due to come soon. We look forward to this getting finished for our kids!

## ELEMENTARY PULL TAB FUNDRAISER

**MARCH 7 - 17**

It's that time of year again for the Elementary pull-tab fund-raiser. Students may bring their pull tabs to the classroom or the front office.

**TO OUR LOCAL COMMUNITIES:**



**THANK YOU FOR THE  
PASSING OF THE  
PE ELL SCHOOL DISTRICT'S  
REPLACEMENT LEVY!!**

**We appreciate your support  
more than you will ever know!**





## Tips for Self-Care During COVID-19

During times of change and uncertainty it is ever more important to incorporate self-care and structure into your schedule. And while your typical self-care routine may no longer be available, there are ways to stay healthy and remain connected. Every day take a moment (or more) to take care of yourself.

Exercising increases energy levels, improves happiness and doesn't have to take place in a gym. Take a virtual workout class at home or spend some time outdoors walking or biking.



### Exercise

The foods we choose to nourish our bodies and the way we enjoy them can have a tremendous impact on our mental and physical health. Be purposeful when restocking on groceries and pick up foods that boost your mood such as oatmeal, nuts, and even dark chocolate.



### Eat Healthy

Sleep plays a major role in our overall health, improving emotional regulation and management of anxiety. It's important to get 7 to 9 hours of sleep, especially during times of stress. Try to limit your exposure to the news and social media a couple of hours before bed.



### Sleep

Research shows people engaged in learning feel more confidence, hope and purpose. Keep your mind active by taking virtual tours of museums, reading, trying new recipes, or solving puzzles.



### Learn and Explore

Having regular times for eating, going to bed and rising in the morning, exercising, and working or studying can help maintain a sense of normalcy.



### Structure and Routines

Take breaks throughout the day, first thing in the morning or before bed to slow down and be present. The practice of pausing, breathing, and just "being" is essential to our well-being and mental health because it helps us reduce stress, worry less and it enhances feelings of resiliency.



### Practice Mindfulness

Our connections with others help us cope with the ups and downs in life. Keep in contact with friends, family and co-workers through phone and video calls.



### Talk with a Friend

For mental health resources visit [EachMindMatters.org](http://EachMindMatters.org)

National Suicide Prevention Lifeline: 1.800.273.8255

The Peer-Run Warm Line: 1.855.845.7415  
for peer-run non-emergency emotional support.



## MIDDLE SCHOOL FUNDRAISER



Papa Murphy's is partnering with Pe Ell school district in selling Peel-A-Deal coupons! 6th-8th grades will be selling them for \$5 through March, so make sure to get a hold of a middle schooler if you'd like one. These coupons are good at all Papa Murphy's nationwide, are worth \$50+ savings and have no expiration date! Be sure to show your support for the middle school and purchase a card today!



## SPRING



M P N E S T A I H W F D  
B U K Q A P N D R A I N  
I Z D L H E W R E R C B  
R G T X E F R O G M J U  
D N F R B A S P R I N G  
S A G D W Y F J H B O S  
T E L K O B U D S M P C  
N V E S R H G I X A B W  
Y G T D M O L P F Y E I  
S R V A S J K I T E C N  
A O M E L T H B R S W D  
C W U P I D F T M Q A R



BUDS	GREEN	MELT	SPRING
BUGS	GROW	MUD	TREE
BIRDS	KITE	NEST	WARM
DROP	LEAF	RAIN	WIND
FROG	MAY	SEEDS	WORM

Tree Valley Academy

**BOARD OF DIRECTORS**

Cecile Baggenstos, Chair  
 Mara McGrath, Vice Chair  
 Chad Burnett, Legislative Representative  
 Byran King  
 Jason Phelps

PE ELL SCHOOLS



Pe Ell School District No. 301

PO Box 368

Pe Ell, WA 98572

NONPROFIT  
 ORGANIZATION  
 U.S. POSTAGE PAID  
 PE ELL, WA 98572  
 PERMIT #2

**DISTRICT ADMINISTRATION**

Kyle MacDonald, Superintendent  
 Bobby McCalden, Business Manager  
 Brandon Pontius, Principal  
 Julie Castro, Secretary  
 Lisa Miller, District Secretary

## POSTAL CUSTOMER RURAL ROUTE 4

**MARCH CALENDAR**

Mar 12	<b>Pe Ell Trojan Booster Club Dinner/Auction – VFW Hall</b>	5:00
	HS FP Montesano Jamboree	TBD
Mar 15	HS BB @ Forks (DH)	3:00
	HS FP vs Forks (DH)	3:00
Mar 17	HS Track @ Rainier	4:00
Mar 19	HS BB @ Naselle	12:00
	HS Track @ Rainier – Rainier Icebreaker	9:00 am
Mar 22	HS BB vs Chief Leschi (DH)	3:00
	HS FP @ Chief Leschi (DH)	3:00
Mar 23	MS Track @ South Bend	3:30
Mar 24	HS Track @ MWP	4:00
Mar 24 & 25	<b>PARENT / TEACHER CONFERENCES – No School</b>	
Mar 26	HS BB @ Mossyrock	12:00
	HS FP vs Yelm @ Auburn	1:30
	HS FP vs Bellevue @ Auburn	5:30
Mar 29	HS BB vs NWC (Lacey) (DH)	12:00
	HS FP @ Raymond (DH)	3:00
Mar 29 – Apr 1	<b>5<sup>th</sup> &amp; 6<sup>th</sup> Grade CISPUS</b>	
Mar 30	MS Track @ Raymond	3:30
Mar 31	<b>SKILLSUSA – State Conference</b>	
	Pre-school Screening	
	HS Track @ Napavine	4:00
April 2	HS BB vs Raymond / SB	12:00
April 4 – 8	<b>SPRING BREAK – No School</b>	

\* Events are subject to change – please check Website for updates

**Booster Boards**

**\$10 - Renew**  
**\$20 - Brand new**



**Please make all checks to Pe Ell Booster Club**

Contact Suzanne Nelson if intrested or to make payments  
 Or look for her at some of the basketball games

**TROJAN PRIDE NEWSLETTER TEAM**

**Editor:** Mrs. Leza Schimelpfenig

**News Team:** Michael Bontempo, Navarra  
 Chappell, Kian Eddy, Aaiden Lee, Jesse Zard

**Editor:** Mrs. Kelsey Lennox

**Writing Team:** Charlie Belanger, Taylor Briggs, Abby Cox, Dani  
 Shannon, Kennedy Kephart, Payton Peterson, Layla Smith,  
 Charlie Carper, Kylee Lyons, Kessa Smith



**Pe Ell Booster Club**  
 Scholarship Foundation Presents



## UNDER THE SEA

**SATURDAY, MARCH 12, 2022**

**\$15 admission and dinner will be provided**

**VFW Hall**

**5:00 p.m. - Preview & Silent Auction**

**6:00 p.m. - Dinner**

**7:00 p.m. - Live Auction**

**Dinner Includes: BBQ Pork/Chicken and all the fixens!**

**Proceeds benefit Pe Ell Booster Club Scholarship**

**Foundation. We accept:**



CHILDCARE will be provided by FBLA (Future Business Leaders of America) at the school. **Cost is \$10 per child, but donations of any amount will be accepted.** Dinner will be provided. All proceeds go to the FBLA Scholarship fund. Drop ins will be accepted, **but please help FBLA know how many kids to plan for by emailing Ms. Schimmy at lsch**



**DAYLIGHT  
SAVING TIME  
SPRING FORWARD**

**SUNDAY, MARCH 13**