

# November Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Patty & Biscuit Applesauce Low Fat Milk Assorted Jellies	2 Manager's Choice	3 Sausage Patty Crispy Toast Hot Grits Assorted Fruit Juices Low Fat Milk
6 Frosted Flakes Bacon Strips Fresh Fruit Cup Low Fat Milk	7 Manager's Choice	8 Sausage & Pancake on a Stick Fresh Oranges Low Fat Milk	9 Manager's Choice	10 Bagel with Cream Cheese Fruit Flavor Cereal Bar Chilled Mandarin Oranges Low Fat Milk
13 Chicken Tenders and Waffles Assorted Fruit Juices Pancake Syrup Low Fat Milk	14 Manager's Choice	15 Rice Treat Bar Sausage Patty Fresh Bananas Low Fat Milk	16 Manager's Choice	17 French Toast Sticks Sausage Patty Assorted Fruit Juices Low Fat Milk
20	21	22	23	24
<h2>Thanksgiving Break</h2>				
27 Ham Slice Choice of Strawberry & Raspberry Yogurts Fresh Bananas Low Fat Milk	28 Manager's Choice	29 Cinnamon Crunch Filled Pastry Scrambled Egg Patty Fresh Fruit Cup Low Fat Milk	30 Sausage and Biscuit Hot Grits Fresh Oranges Low Fat Milk	<i>This institution is an equal opportunity provider.</i>

# November Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Spaghetti & Meat Sauce Whole Kernel Corn Fresh Strawberries Whole Wheat Garlic Toast Chicken Salad Salad Low Fat Milk	2 Manager's Choice	3 Bacon Cheeseburger Baked Ranch Fries Baby Carrots w/ Dressing Mandarin Fruit Cup Chicken Salad Salad Low Fat Milk
6 Manager's Choice	7 Manager's Choice	8 Breaded Pork Chop Mashed Potatoes with Cheese Steamed Broccoli Florets Yeast Roll Fresh Grapes Chef Salad Low Fat Milk	9 Chicken Spaghetti Corn on the Cob Green Peas Yeast Roll Fresh Strawberries Garden Salad W/Dressing Low Fat Milk	10
13 American Sub Baked Beans Raw Veggies with Dip Fresh Oranges Grilled Chicken Salad Low Fat Milk	14 Manager's Choice	15 Turkey and Dressing Baked Ham Sweet Potato Casserole Southern Green Beans Yeast Roll Banana Pudding Low Fat Milk	16 Manager's Choice	17 Meat Lovers Pizza Crinkle Cut Fries Broccoli Salad Fresh Apples Low Fat Milk
20	21	22	23	24
<h2>Thanksgiving Break</h2>				
27 Grilled Chicken Sandwich Seasoned Potato Wedges Broccoli Salad Fresh Apples Low Fat Milk	28 Steak Fingers Mashed Potatoes with Cheese Green Peas Chicken Salad Salad Yeast Roll Low Fat Milk	29 Manager's Choice	30 Pepperoni Pizza Wedge Corn on the Cob Chilled Peaches Low Fat Milk	<i>This institution is an equal opportunity provider.</i>