

Highlights

We Are Rappahannock!

COVID Bulletin Update- February 2022

Important Reminder for Families

Please help us reduce the chances of quarantines by keeping your child at home if you think they may have been exposed to the virus or if they have any symptoms, including mild symptoms:

- *Temperature of 100.4 degrees or higher
- *Sore throat
- *Cough (for students with chronic cough due to allergies or asthma, a change in their cough from baseline)
- *Difficulty breathing (for students with asthma, a change from baseline breathing)
- *Diarrhea or vomiting
- *New onset of severe headache, especially with a fever

If your student test positive for COVID-19, or has a suspected case, please notify Robyn Murray, School Nurse ASAP at 540-671-1077 or by reporting to our new google form so that we may begin contact tracing in order to reduce the possible spread.

GOOGLE FORM

<https://forms.gle/nHpv1kHkVzThYYqb6>

For a **Spanish** version of this form, visit <https://forms.gle/REsxveQ1JvqsoXts7>

To learn more about COVID in schools, please visit our COVID dashboard, which reflects complete, current, and accurate numbers of active cases and quarantines that impact school operations. To view the dashboard, visit www.rappahannockschools.us. There is a link on our homepage which will route you to our School Reopening Information page.

COVID MITIGATION UPDATE

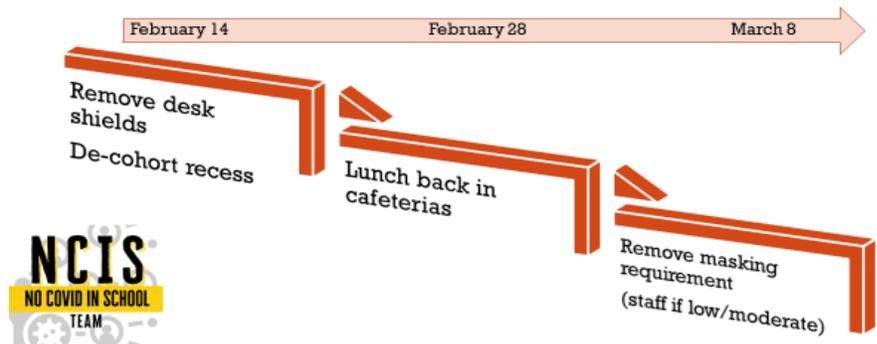
With COVID case numbers on a sharp and steady decline in the state and region and our school cases remaining low, we will begin a de-escalation plan of mitigation starting on Monday, February 14th. At this time, teachers have the discretion to remove desk shields. Additionally, at the elementary school, recess can go back to grade-level rather than homeroom.

After this initial phase, if we experience less than a 1% threshold of cases in either building, we will move lunches back into the cafeteria on February 28th. The No COVID in School Team (NCIS) wanted to start on this date in order to allow several days of spring break after employment of the strategy to monitor for cases and readjust if necessary.

Should trends remain steady, the last step will be to remove universal masking on March 8th. Staff will only be allowed to convert to mask optional status if the community transmission rates in Rappahannock County are at a low to moderate level. The current trends in our district and state seem to indicate that this will be the case sometime in March. Through all this, we will maintain tracing of cases and communication with VDH through our online platform.

DE-ESCALATION PLAN

- NCIS and administration plans to begin de-escalation of mitigation:



KN95 Masks & Testing Kits

RCPS is offering **free KN95 masks** for any staff member or student who wishes to obtain one. They may be picked up at the school nurses' offices. Also, **free testing kits** are available. Please see the school nurse for more details as certain criteria apply.



If you or your student is feeling anxious or depressed, we are here to help!

Call or text our

EMOTIONAL SUPPORT HOTLINE:

540-683-0437