

## LHUSD COVID INFORMATION FOR STAFF AND STUDENTS 2022-2023 SCHOOL YEAR

Status	Action
<b>Exposed</b>	<p><u>Up to date on COVID-19 Vaccinations</u> – No quarantine is needed unless you develop symptoms. Consider getting tested at least 5 days after exposure. Watch for symptom development.</p> <p><u>Symptomatic and not up to date on COVID-19 Vaccinations</u> – Apply best wellness practices. Isolate and consider getting tested. Stay home away from others under isolation precautions for 5 days from the day after symptom onset AND 24 hours fever free and other symptoms improving without the use of medication. The CDC recommends taking precautions around others including wearing a well-fitting mask, avoiding travel, and being around those that are high risk until day 10.</p> <p><u>Asymptomatic and not up to date on COVID-19 vaccinations</u> – Consider isolation for 5 days from the last date of exposure to COVID-19, monitor daily for symptoms and maintain social distancing as much as possible.</p>
<b>Awaiting Test Results</b>	<p>Stay home away from others or under isolation and use precautions until results are available. Follow the guidance in this table “Tested Positive for COVID-19”. Once results are available, follow the recommendations based on results.</p>
<b>Tested Positive for COVID-19</b>	<p>Stay home away from others and under isolation precautions until at least 5 days have passed since symptoms first appeared AND at least 24 hours have passed fever free and other symptoms improving without the use of medication.</p> <p>If no symptoms of COVID-19 were experienced, end isolation after 5 full days after your positive test</p> <p>Note: Persons who test positive for COVID-19 should follow isolation guidance, regardless of vaccination status and consult with a medical professional. The CDC recommends taking precautions around others including wearing a well-fitting mask, avoiding travel, and being around those that are high risk until day 10.</p>
<b>Tested Negative for COVID-19 OR Not Tested</b>	<p>Symptomatic - Please apply best wellness practices. Individuals may return after 24 hours symptom free without the use of medication. The CDC recommends wearing a mask.</p> <p>Asymptomatic - No isolation is required. Take everyday precautions to prevent the spread of COVID-19.</p> <p>Exception- If there has been direct exposure to COVID-19 in the last 5 days follow the guidance under “Exposed”</p>

The information shared within this table is based on CDC guidelines and information from the health department. All are encouraged to monitor compliance independently and seek guidance from a medical professional as needed.