East Ridge Middle

March 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 **BREAKFAST** FRUDEL, POPTARTS, CEREAL **LUNCH** 1-BREAKFAST CHICKEN 2-SAUSAGE 3-PBJ 4-PIZZA WAFFLES, BAKED APPLES	4 **BREAKFAST** CHICKEN BISCUIT, POPTARTS, CEREAL **LUNCH** 1-BEEF TERIYAKI 2-ORANGE CHICKEN 3-PB&J 4- PIZZA RAMEN NOODLES SWEET CARROTS, STEAMED BROCCOLI	5 **BREAKFAST** FRENCH TOAST STICKS, POPTARTS, CEREAL **LUNCH** 1-FISH STICKS 2-CORN DOG 3-PB&J 4-PIZZA SMILEY FRIES MAC & CHEESE COOKIE	6 **BREAKFAST** SAUSAGE BISCUIT, POPTARTS, CEREAL, PB&J **LUNCH** MANAGER CHOICE	7 **PROFESSIONAL DEVELOPMENT DAY**
10 **BREAKFAST** PANCAKES, POPTARTS, CEREAL, **LUNCH** 1-CHICKEN NACHOS 2-BEEF NACHOS 3-PB&J 4-PIZZA TORTILLA CHIPS, CORN, FIESTA BLACK BEANS, CHURROS	11 **BREAKFAST** CHICKEN BISCUIT, POPTARTS, CEREAL **LUNCH** 1-BAKED SLICED HAM 2-BAKED TURKEY BREAST 3-PB&J 4-PIZZA GREEN BEANS SEASONED DICED POTATOES SISTER SCHUBERT ROLL	12 **BREAKFAST** FRUDEL, POPTARTS, CEREAL **LUNCH** 1-CHICKEN ALFREDO 2-MOZZARELLA BREADSTICKS W/MARINA 3- PB&J 4-PIZZA STEAMED BROCCOLI FLORETS SWEET CARROTS	13 **BREAKFAST** BREAKFAST PIZZA, POPTARTS, CEREAL **LUNCH** MANAGER CHOICE	14 **BREAKFAST** SAUSAGE BISCUIT, POPTART, CEREAL, PB&J **LUNCH** 1-HAMBURGER 2-ROASTED HOT DOG W/CHILI 3- PB&J 4-PIZZA FRESH VEGGIES FRIES SANDWICH TOPPINGS COOKIE
17 **BREAKFAST** FRENCH TOAST STICKS, POPTARTS, CEREAL **LUNCH** 1- BEEF DIPPERS W/BROWN GRAVY 2-CHICKEN BREAST FILLET 3-PB&J 4-PIZZA MASHED POTATOES PEAS SISTER SCHUBERT ROLL	18 **BREAKFAST** CHICKEN BISCUIT, POPTARTS, CEREAL **LUNCH** 1-BBQ PORK SANDWICH 2-FISH STICKS 3- PB&J 4-PIZZA COLE SLAW PINTO BEANS FRIES	19 **BREAKFAST** DUTCH WAFFLE, POPTARTS, CEREAL **LUNCH** 1-POPCORN CHICKEN 2-BAKED SPAGHETTI 3- PB&J 4-PIZZA GARLIC TOAST GREEN BEANS CALIFORNIA BLEND VEGGIES	20 **BREAKFAST** WARM MUFFIN, POPTART, CEREAL **LUNCH** MANAGER CHOICE	21 **BREAKFAST** SAUSAGE BISCUIT, POPTART, CEREAL, PB&J **LUNCH** 1-PIZZA 2-CRISPY CHICKEN SANDWICH 3- PB & J GREEN BEANS CORN Cookie
24 Cookie	25	26 **NO SCHOOL SPRING BREAK**	27	28
31				

NEWS

CHOOSE ONE ENTRÉE FOR LUNCH. EACH TRAY MUST HAVE A FRUIT OR VEG AND AT LEAST TWO OTHER ITEMS TO BE CONSIDERED A MEAL. MEALS ARE SUBJECT TO CHANGE WITHOUT NOTICE.