Meeting Minutes

Meeting Date: September 28, 2026
Meeting Type: School Wellness Committee Meeting
Location: Media Center
Time: 3:45 PM

1. Call to Order

The meeting was convened to discuss initiatives focused on improving faculty and staff wellness, increasing student participation in school meals, and strengthening marketing and promotion efforts throughout the school year.

2. Attendance

Present:

- Rasheena Henry
- Jamal White
- Evangeline Chakram

3. Topics Discussed

A. Faculty and Staff Wellness and Mental Break Space

The committee discussed the creation of a dedicated wellness and mental break space for faculty and staff. The proposed space would provide employees with a comfortable environment to relax, recharge, and take a short mental break during the workday.

The goal is to support employee well-being, encourage stress management, and promote a positive workplace environment.

Proposed follow-up actions:

- Identify a suitable location for the wellness space.
- Explore furniture, calming materials, and other resources needed.
- Discuss potential guidelines for use and maintenance.
- Identify available resources and possible funding.

B. Increasing Student Participation in School Meals

The committee discussed strategies to encourage more students to participate in school breakfast and lunch programs. Emphasis was placed on making school meals appealing, accessible, and engaging for students across grade levels.

Proposed follow-up actions:

- Gather student feedback on menu preferences and meal choices.
- Explore ways to improve meal presentation and variety.
- Promote the benefits and convenience of school meals.
- Identify strategies to increase participation across all grade levels.
- Monitor participation data to evaluate the effectiveness of new initiatives.

C. Marketing and Promotion for the School Year

The committee discussed marketing and promotional strategies to increase awareness, engagement, and participation in school programs and wellness initiatives throughout the school year.

The discussion focused on the importance of consistent communication and creative promotional efforts to reach students, faculty, staff, and the broader school community.

Proposed follow-up actions:

- Develop a marketing and promotion plan for the school year.
- Identify opportunities to promote school meals and wellness activities.
- Use school communication channels, announcements, flyers, and bulletin boards as appropriate.
- Coordinate promotional efforts with relevant school departments.
- Evaluate the effectiveness of marketing strategies throughout the year.