

# October 2024 | Slidell ISD Breakfast Table



## Announcements:

PK-12: FREE  
Staff/Guest-\$2.75

\*Menu subject  
to change

Go  
Greyhounds!



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**1** Cinnamon Roll  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**2** Pancake on a stick  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**3** Bagel w/cream cheese  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**4** Yogurt Parfait  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**8** Pancakes  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**9** Sausage Biscuit  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low fat Milk

**10** Muffin  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**11** Breakfast Taquito  
Breakfast Bar-Elem  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**15** Fall Break

**16** Fall Break

**17** Fall Break

**18** Fall Break

**22** Pancakes  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**23** Sausage Biscuit  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low fat Milk

**24** Muffin  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**25** Breakfast Taquito  
Breakfast Bar-Elem  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**29** Cinnamon Roll  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**30** Pancake on a stick  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**31** Bagel w/cream cheese  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**31** Breakfast Taquito  
Breakfast Bar-Elem  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**28** French ToastSticks  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**29** Cinnamon Roll  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

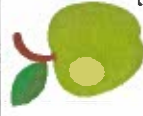
**30** Pancake on a stick  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**31** Bagel w/cream cheese  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

**31** Breakfast Taquito  
Breakfast Bar-Elem  
Cereal  
Fresh Fruit  
100% Fruit Juice  
Low Fat Milk

## Apples

Season in Texas: July-November  
Did you know?  
There are about 2,500 different kinds of  
apples grown in the United States



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

Food and Nutrition Division  
www.SquareMeals.org



Updated 6/6/2024  
National School Lunch Program



# October 2024 | Slidell ISD Lunch Table



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

**1** Bean & Cheese Burrito  
Lettuce/tomato cup  
Spanish Rice  
Chips & Guacamole  
Churro/Fruit Cup

**8** Chicken Fajitas  
Fajita Veggies  
Refried Beans  
Chips & Guacamole  
Fruit Cup

**15** Fall Break

**22** Soft Tacos  
Lettuce/tomato cup  
Refried Beans  
Chips & Salsa  
Fruit Cup

**29** Crisпитos w/ cheese sauce  
Refried Beans  
Spanish Rice  
Chips w/ salsa Cup  
Fruit Cup

**2** Crispy Chicken Sandwich  
Potato Smiles  
Crunchy carrots  
Cucumbers/Tomatoes  
Fruit Cup

**9** Cheeseburger  
Lettuce/tomato cup  
Tator Tots  
Ranch Style Beans  
Fruit Cup

**16** Fall Break

**23** Crispy Chicken Sandwich  
Potato Smiles  
Crunchy carrots  
Cucumbers/Tomatoes  
Fruit Cup

**30** Cheeseburger  
Lettuce/tomato cup  
Tator Tots  
Ranch Style Beans  
Fruit Cup

**3** Chicken Nuggets  
Mashed Potatoes  
WG Roll/gravy  
Green Beans  
Fruit Cup

**10** Steak Fingers  
Mashed Potatoes  
WG Roll  
Steamed Corn  
Fruit Cup

**17** Fall Break

**24** Loaded Baked Potato  
Mac & Cheese  
Cheesy Breadstick  
Fresh Broccoli w/ ranch  
Fruit Cup

**31** Chicken Fried Steak  
Mashed Potatoes  
WG Roll  
Romaine Salad/ranch  
Peas  
Fruit Cup

**4** Frito Chili Pie  
Garlic Bread  
Steamed Carrots  
Broccoli w/ ranch  
Fruit Cup

**11** Beef Hot Dog  
Baked Beans  
Potato Chips  
Crunchy Carrots  
Fruit Cup

**18** Fall Break

**25** Turkey/Cheese Sub  
Tator Tots  
Ranch Style Beans  
Crunchy Carrots  
Fruit Cup

**Apples**  
Season in Texas: July-November  
Did you know?  
There are about 2,500 different kinds of  
apples grown in the United States

### Announcements:

**PK-12: FREE Staff/Guest-\$3.75**

**\*Menu subject to change**

**\*\*Milk offered daily\*\*  
100% Fruit juice offered daily 6-12<sup>th</sup>**



**Go**

**Greyhounds!**



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This product was funded by USDA. This institution is an equal opportunity provider.



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