

K-12 Comprehensive School Counseling Program

Minerva Central School District is a PK-12 school located in Olmstedville, NY. Minerva School district is the home to students from PK-12 in one campus. Our school prides itself on it's small class sizes which promotes individualized learning opportunities for the students who attend our school.

K-12 School Counselor - Sherry Galkiewicz

Foundation

School Mission Statement

To prepare students to succeed as responsible citizens in an ever changing world. Minerva Central School, in partnership with the community, will provide an individualized, well-rounded education in order to build a strong foundation for personal growth and lifelong learning.

Counseling Department Vision

All students deserve equal access and opportunity to succeed in public school and beyond. The Minerva Central School Counselor will provide equity through academic support, social emotional instruction/guidance, and college & career education and preparedness. Every student at MCS will receive individualized service and support as needed from the school counselor.

Counseling Department Statement of Beliefs:

The School Counselor will:

 Create their comprehensive school counseling plan based on ASCA's Professional Standards & Competencies for Mindsets and Behaviors for all students.

- Support Student Development by working with teachers, parents, and stakeholders to meet student needs.
- Use data informed programs to address specific needs or gaps in achievement for all students.
- Promote Academic, Social Emotional, and College & Career Readiness programs for students' overall success and wellbeing.
- Be an advocate for students, parents/guardians, teachers, and the overall school community to ensure equity and equality for all students.
- Conduct themselves according to the ASCA Ethical Standards for confidentiality, diversity & Equity, bullying & harassment, ethical decision making, etc.
- Seek opportunities for professional development to remain current on school counselor practice and pedagogy.
- Use assessments to reflect and improve counseling effectiveness.

State Mandates

New York State Education Department part 100 Regulations of the Commissioner of Education. Part 100.2: School Counseling program

- 1. Comprehensive developmental school counseling/guidance programs. Beginning with the 2019-2020 school year, each school district shall have a comprehensive developmental school counseling/guidance program, for all students in kindergarten through grade 12. Each school district shall also ensure that all students in grades kindergarten through 12 have access to a certified school counselor(s).
 - i. For all grades kindergarten through 12, district and building level comprehensive developmental school counseling/guidance programs shall prepare students to participate effectively in their current and future educational programs as age appropriate, and be designed to address multiple student competencies including career/college readiness standards, and academic and social/emotional development standards. The comprehensive developmental school counseling/guidance program (program) shall include the following activities or services:

- a. in grades kindergarten through 5, the program shall be designed by a certified school counselor in coordination with the teaching staff, and any appropriate pupil personnel service providers, for the purpose of preparing students to participate effectively in their current and future educational programs, to provide information related to college and careers, and to assist students who may exhibit challenges to academic success, including but not limited to attendance or behavioral concerns, and where appropriate make a referral to a properly licensed professional and/or certified pupil personnel service provider, as appropriate, for more targeted supports;
- b. for students in grades 6 through 12, certified school counselors shall provide an annual individual progress review plan, which shall reflect each student's educational progress and career plans. For a student with disability, the plan shall be consistent with the student's individualized education program;
- school counseling/guidance core curriculum instruction for the purpose of addressing student competencies related to career/college readiness, academic skills and social/emotional development by a certified school counselor(s);
- d. other direct student services which may include, but need not be limited to, responsive services, crisis response, group counseling, individual counseling, appraisal, assessment and advisement, for the purpose of enabling students to benefit from the curriculum, assisting students to develop and implement postsecondary education and career plans, assisting students who exhibit attendance, academic, behavioral or adjustment concerns and encouraging parental involvement. Provided that nothing herein shall prohibit certified or licensed school psychologists or certified or licensed school social workers pursuant to Part 80 of the commissioner's regulations from providing other direct student services within their applicable scope of practice;
- e. indirect student services which may include but need not be limited to, referrals to appropriately licensed or certified individuals, consultation, collaboration, leadership, advocacy, and teaming.
- ii. Each school district shall develop district-wide and building-level comprehensive developmental school counseling/guidance plans which set forth the manner in which the district shall comply with the requirements of this subdivision. Such district and building level plans shall be developed by or under the direction of certified school counselor(s) and be updated annually, available for review at the district

offices and each school building, and made available on the district's website.

- a. Each plan shall be developed annually and shall include program objectives, activities, program development and maintenance planning, school counseling curriculum, professional learning planning, evaluation methods based on data analysis of program results and closing the gap analysis reports to inform program improvement, and assessment of the resources necessary to support positive student outcomes.
- b. Each plan shall also include the preparation of a program outcomes report that includes an analysis of all systematic components of a comprehensive developmental school counseling/guidance program as defined by this subdivision. Such reports shall be annually presented to the board of education.
- c. Each school district shall establish a comprehensive developmental school counseling/guidance program advisory council to be comprised of representative stakeholders (such as parents, members of the board of education, school building and/or district leaders, community-based service providers, teachers, certified school counselors and other pupil personnel service providers in the district including school social workers and/or school psychologists). The advisory council shall meet no less than twice a year for the purpose of reviewing the comprehensive developmental school counseling/guidance program plan and advising on the implementation of the school counseling/guidance program. The advisory council shall create and submit an annual report to the board of education.
- d. Nothing in this section shall be construed to authorize any individual to provide professional services where certification is required under Part 80 of the commissioner's regulations or where licensure is required under title VIII of the Education Law.

Advisory Council

An advisory council will be made up of the schools' superintendent, school counselor, psychologist, social worker, parent, and community member. This council will meet twice a year, to set goals for the counseling program and assess current practices.

Annual Review of Guidance Plan

The guidance plan will be reviewed by the school administrators, the school counselor, and advisory council members. This review will take place in June of each school year.

Minerva School District Comprehensive School Counseling Plan

Direct Services: The counseling curriculum supports developmentally appropriate instruction and services to address academic, college and career readiness (CCR), and personal/social emotional (SEL)wellness for all students. Such services include but are not limited to:

- Classroom Instruction Lessons provided to students k-12 to meet their academic, CCR, and SEL needs.
- Group Counseling the school counselor will conduct group activities and lessons to meet the common needs of students within the group.
- Individualized Counseling 1:1 counseling sessions with the school counselor and a student to address a specific academic, CCR, SEL, or behavioral need. These sessions will be short term (4-8 weeks). Students requiring more intensive counseling will be encouraged to seek long term counseling support.
- Students Planning meetings Students in 6-12 grades are mandated to have individualized meetings with the counselor to review students' educational progress and career plan.

Indirect Services: Services the school counseling plan provides on behalf of the student. Such services include but are not limited to:

- Referrals School counselors refer families to a variety of resources, both inside and outside of school based on students and/or familial needs.
- Consultation School counselors work with families, teachers, and community agencies to develop interventions for students.
- Collaboration School counselors work with staff, community agencies, local businesses, and organizations to meet the educational needs of students.

Responsive Services: The school counselor provides service to individuals or groups in need of immediate support. Crisis support and interventions are given to students, staff, and families as needed.

Core Curriculum K-8

Students will receive monthly lessons by the School Counselor on the following topics:

- Character Development
- Social Emotional Wellbeing
- Test Taking Skills
- Organization
- Mindfulness
- College & Career
- Personal Safety
- Adolescent Development?
- Individualized planning meetings 6th, 7th, & 8th grade

Transition meetings and 8th grade planning meetings will also take place as part of the Minerva comprehensive counseling plan.

Core Curriculum 9-12

Students will receive counseling support through classroom instruction and individualized support throughout the year. Such lessons and programs include but are not limited to the following:

- Individualized planning meetings
- Resume Building
- CTE Informational Session
- PSAT, SAT, ACT Testing
- Service opportunities: ROTC, Navy, Airforce, Military
- Academic Support
- College Admission Process/Guidance

Accountability System

To better serve the students of Minerva School District the counselor will regularly evaluate the effectiveness of the Comprehensive School Counseling Plan. Student

achievements and behaviors both individually and with one another will determine the effectiveness of SEL and Character development lessons at an elementary/middle level. Student academic achievement and future goals post secondary school will be the markers of evaluation at a secondary level.

Data Analysis

The school counselor will seek data from the New York State Report Card and other corresponding information to drive programming and changes. Teacher reports via surveys and overall school positivity rates will be indicators for change. Student Post secondary data will guide the direction of post secondary planning and curriculum. The use of counselor time will also be used to gauge the most immediate need for the school population.

Program Results

The school counselor will utilize pre and post test assessments to gauge the effectiveness of specific lessons or services. The advisory council will review program results and to assess areas for improvement and areas in which programs were successful.

Evaluation and Improvement

The school counseling plan assessments will be the foundation for future programs. They will also be used to modify existing programs and/or create new programs.