

Monday

Tuesday

Wednesday

Thursday

Friday

Offered Daily:

- *Peanut Butter & Jelly Powerpacks
- *Pizza Powerpacks
- *Wraps/Sandwiches
- *Salads

Chicken Patty 4

Chicken Patty
 on WG Bun
 Tater Tots
 Peas
 Cherry Tomatoes

Taco Tuesday 5

Seasoned Ground Beef
 on a WG Tortilla
 Lettuce, Tomato, Shredded Cheese
 Cheesy Refried Beans
 Red Pepper Strips

Soup N' Sandwich 6

Grilled Cheese
 Tomato Soup
 Goldfish Crackers
 Green Beans
 Sliced Cucumbers

Brunch for Lunch 7

French Toast Sticks
 Sausage Links
 Hash Browns
 Honey Carrots
 NYS Grape Juice

Pizza Day 1

Cheese, Pepperoni,
 Assorted Pizza
 Mixed Vegetables
 Side Salad

NO SCHOOL 11

Eagles Bowl 12

Popcorn Chicken
 Mashed Potatoes
 w/Gravy
 Steamed Corn
 WW Dinner Roll

Cheeseburgers 13

Cheeseburgers on a WW Roll
 Lettuce, Tomatoes
 Curly Fries
 Baked Beans
 Baby Carrots

Totchos 14

Tater Tots w/ Meat Sauce
 Or Buffalo Chicken
 Cheese Sauce
 Zesty Green Beans
 Red Pepper Strips

Pizza Day 15

Cheese, Pepperoni,
 Assorted Pizza
 Roasted Broccoli
 Side Salad

Nugs 18

Chicken Nuggets
 Sweet Potato Fries
 Melba Sauce
 Dinner Roll
 Sliced Cucumbers

Thanksgiving Feast 19

Turkey, Stuffing
 Mashed Potatoes w/ Gravy
 Seasoned Green Beans
 WW Dinner Rolls
 Cranberry Sauce, Dessert

Quesadillas 20

Cheese or Chicken Quesadilla
 Spanish Rice
 Black Beans
 Corn
 Red Pepper Strips

Chicken Sandwich 21

Breaded Chicken w/
 Boom Boom Sauce
 on a WW Roll
 Fries
 Baby Carrots

Sampler Platter 22

Pizza Crunchers
 Popcorn Chicken
 Onion Rings
 Peas
 Cherry Tomatoes

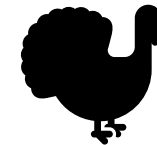
Chicken Tenders 25

Chicken Tenders
 Fries
 Seasoned Rice
 Sliced Cucumbers

Mozzarella Sticks 26

Mozzarella Sticks
 Marinara Sauce
 Garlic Bread
 Green Beans
 Cherry Tomatoes

NO SCHOOL 27



NO SCHOOL 29

Due to Food Supply Issues, menu may change at any time.

We have a variety of fruit and vegetables available daily. Milk is included with their meal, but is not mandatory. Students must take 3 components with one being a serving of a fruit or vegetable to receive a free meal. If you have any questions, please call (518) 696-2112 ext. 3117, or email scheffco@hlcs.org