

DECEMBER 2023

CLARK SCHOOL DISTRICT

BREAKFAST



All breakfasts are served with fruit, juice and milk.
All menus are subject to change.



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods.
Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

MONDAY



TUESDAY

WEDNESDAY



THURSDAY

FRIDAY

Mini French Toast
Syrup

4

Breakfast Burrito/Salsa

5

Cereal
Muffin

6

Mini Bagels

7

Parfaits

1

Ritz Bits

Cinnamon Toast Crunch
Bar

8

Chex Mix

Pop Tarts

Lemon Bread

Rice Krispie Bar

Caramel Rice Crisps

Mini Donuts
Cheese Stick

11

Cereal
Muffin

12

Pancake on a stick

13

Mini French Toast

14

Breakfast Burrito/Salsa

15

Ritz Bits

Banana Bread

Pop Tart

Chex Mix

Lemon Bread

Cereal
Muffin

18

Mini Cinni

19

Long John

20

HAVE A WONDERFUL
CHRISTMAS BREAK!

21

No School

22

Rice Krispie Bar

Caramel Rice Crisps

Ritz Bits

No School

28

No School

29

**MERRY
CHRISTMAS**

25

No School

26

No School

27