

FROM THE HEALTH OFFICE

Important Community Resources

For those in the community who may be affected by the current federal government shutdown, here are some local resources (please see attachments below and links) that might be helpful.

- Thanksgiving dinner delivery throughout Hunterdon County. Email or call per the attached flyer (the one with the long number as the name).
- Lasagna Love –they’ve been overwhelmed with requests for lasagna – for those who can – please sign up to make and deliver lasagna to neighbors Spread Kindness With Food | Lasagna Love (<https://lasagnalove.org/>)
- Veterans Day is tomorrow – Tuesday 11/11. If you or a family or friend has served – Thank You! – and don’t forget to check local restaurants and stores for discounts. For example: Target – if you have their ‘circle’ club you can get a 10% discount (you need to click a few links and sign up for it, it’s only automatic when they have you in their system as a veteran).
- A list of food pantries and “Little Food Pantries” in Hunterdon County (and a couple on the border) – see attached
- Pancakes with Maple! – free family friendly pancake breakfast with activities and resources; December 7 @ Route 12 County Complex; see flyer for registration.
- Gingerbread Competition - <https://hclibrary.us/specialevents/gingerbread>; Looking for something different to do with the kids? (Or without) – Hunterdon County Library System; Safe in Hunterdon; and the Hunterdon County Chamber of Commerce are having their Gingerbread Competition again! There are many categories to enter (child, adult, group,...) – but EVERYONE can look at all the entries! Register to enter by 11/29 – but look at and smell the creative deliciousness from 12/8 through 12/27.

- [Navigating the Holidays ~~ Cómo afrontar estos días feriados como padre primerizo](#)

[THIS Thursday, November 13; Time: 10 - 11 am; Flemington Headquarters Library, Route 12 County Complex, Flemington](#)

[Babies and children are WELCOME!](#)

[We'll talk about dealing with the holidays as a new parent – the exciting parts and the not-so-exciting parts; we'll share strategies to reduce stress, handle extended family, and start your own traditions. All parents – new and experienced, grandparents, and resource parents are welcome! No cost. Please register:](#)

<http://bit.ly/4nG1o9j>

[Some additional links...](#)

- [NJ211 Hotline Provides Local Resources to Help Residents with Food, Housing, Crisis, and Health](#)
- [NJ211 Supplemental Food Resource Locations – Search a list of various supplemental food resources in your area](#)
- [Office of the Food Security Advocate: SNAP Benefits and Food Assistance](#)
- [Community Food Banks of New Jersey](#)