This list has resources for food, shelter, financial assistance, legal assistance, addiction issues, parenting classes/topics, counseling, crisis response, transportation, outside testing, childcare services, and various hotline numbers. The list covers areas that serve Northeast Oklahoma and Northwest Arkansas.

Last Updated: 10/31/25

Food		
Name:	Contact:	Useful Information:
NWA Food Bank (Mobile Pantry)	Email: Hunter.Engel@nwafoodbank.org Web Address: https://www.nwafoodbank.org/what-we-do Address:1998 U.S. 412, Siloam Springs, AR 72761 Phone: 479-872-8774	Operates every 4th Tuesday of the month. Available to anyone, free emergency food boxes can be picked up at the address listed on days they operate. No registration, open to everyone.
Grace Food Pantry	Email: foodpantry@gracesiloam.org Web Address: https://www.gracesiloam.org/grace- food-pantry Address: 617 North Mount Olive Street Siloam Springs, AR 72761 Phone: 479-524-8782	Distribution of food happens every Saturday at Grace Church from 11:00 a.m 1:00 p.m. Individuals are allowed to enter the building, one at a time (masks required), to select the items that best suit their immediate needs. No registration, no ID, no questions asked. Free!
Manna Center Food Pantry	Email: Unavailable – Use Website Web Address: https://themannacenter.org/home/services/ Address: 670 Heritage Court, Siloam Springs, AR 72761 Phone: 479-524-9825	Open Monday through Friday 9:00 AM - 11:30 AM CDT. The Manna Center assists clients within a 15-mile radius of the center. They strive to assist any qualified client at least once, but photo ID and proof of residency within the service area is required for subsequent visits. All food services are free.
Watts First Baptist Church	Email: N/A Web Address: N/A Address: 421 4th St, Watts, OK 74964 Phone: N/A	Free boxes of food every Tuesday starting around 9 and goes until they run out which is usually around 10 or 10:30. Everyone qualifies; no one is denied.
Feeding the Needy	Email: why@whyhunger.org Web Address: https://networks.whyhunger.org/organisation/44282 Address: 57570 South 690 Road, Colcord, OK 74338 Phone: 539-333 -0784	Food pantry in Colcord open every Wednesday and Saturday to anyone in need. The hours of operation are Wed 5pm-8pm and Sat 3pm-6pm. All food services are free.
Food Bank of Eastern Oklahoma	Email: N/A Web Address: https://okfoodbank.org/rural-deliveries/ Address: Hope Center, 1385 W. Elm, Westville, OK 74965 Phone: N/A	The Food Bank of Eastern Oklahoma has mobile food banks that go to various drop sites throughout the week. On Wednesday they are in Westville at the address listed starting at 10 a.m. with their rural delivery service. For

		more drop site options go to the website and type in your zip code.
Shelter		
Name:	Contact:	Useful Information:
Community Crisis Center of Northeast Oklahoma	Email: Unavailable Web Address: https://getmeout.org/get-help/contact-us.html Address: 270 S 5th St Jay, OK 74346 Phone: (Office number) 918-253-3939 (Hotline number) 1-800-400-0883	The CCCNO provides a variety of intervention services for those in need of them within their community. This program provides: a 24-hour crisis line, domestic violence shelter, crisis response, counseling, referrals for legal assistance, court accompaniment, and housing advice. Help is available 24/7 using the hotline and Monday through Friday 8 – 5 using the office number. All victim services are free and available for adult women and men.
Fayetteville Housing- Focused Shelter	Email: Unavailable Web Address: https://southernusa.salvationarmy.org/northwest-arkansas/our-shelters/ Address: 219 West 15th Street, Fayetteville, AR 72701 Phone: 479-521-0857	This program covers residents of the following counties: Benton and Washington Counties. Must pass a breathalyzer test before entry and have a photo ID. Their shelters are meant to be a temporary option and they work with you to find permanent housing. Check-in for the shelter is 4:30-9:00 PM. Dinner is available for anyone in the community at 5:00 PM (4:30 PM on Sunday). All services are free. Located 34 miles from Siloam Springs, AR.
Genesis House	Email: genesis.3438@gmail.com Web Address: https://www.genesishousesiloam.com/ Address: 1402 North Inglewood Street, Siloam Springs, AR 72761 Phone: 479-549-3438	This program serves homeless individuals in the Siloam Springs area. This program provides: day shelter, showers, laundry service, food pantry meals, and referrals. Open Monday - Friday 9:00 - 11:30 a.m. (except holidays).
Northwest Arkansas Women's Shelter	Email: info@nwaws.org Web Address: https://nwaws.org/ Address: The shelter is in an undisclosed location in Rogers, however, you can send mail to P.O. Box 1059 Rogers, AR 72757. Phone:(Hotline: 479-246-9999) (Office Number: 479-246-0353)	The NWAWS offers emergency intervention, safe housing, legal support, and counseling to women and children who have experienced domestic violence or sexual assault. They help survivors secure housing in Benton, Washington, Madison, and Carroll County. Help is available 24/7 using the hotline and Monday through Friday 8 – 5 using the office number. No documentation is required, all services are free. Located approximately 33 miles from Siloam Springs.

7hills Homeless Center	Email: info@7hillscenter.org Web Address: https://7hillscenter.org/ Address: 1832 S. School Ave, Fayetteville, AR 72701 Phone: 479-966-4378	Open Monday through Friday from 8:30 am to 3:00 pm. The day center provides free meals, food, clothing, showers, and more. They offer on-site case managers that will help connect you to resources. Services are free and open to everyone, no documentation required. Located 33 miles from Siloam Springs.
	Financial Resour	ces
Name:	Contact:	Useful Information:
Green Path Financial Wellness	Email: N/A Web Address: https://www.greenpath.com Address: N/A Phone: 844-244-7001	Green Path Financial Wellness is a trusted national nonprofit with more than 60-years of helping people build financial health and resiliency. Our HUD and NFCC-certified counselors will review your financial situation and share options to help you achieve your goals. We can assist people looking to: manage debt, reduce credit card interest rates or payments (Debt Management), make housing decisions, address concerns with mortgage or rent payments (Housing Concerns), receive a pre-purchase certificate to become ready for homeownership, receive reverse mortgage counseling and certificate, improve your financial picture to become loan ready (review credit report and get recommendations). They do not loan money. They do not provide medical wellness services, but rather focus on improving people's financial capabilities. Services are free!
Community Health Center of Northeast Oklahoma	Email: N/A Web Address: https://cheneo.com/ Address: 2485 N. Main St. Jay, OK 74346 Phone: 918-253-2550	Anyone can access this program. The Healthcare Discount Program offers quality healthcare to patients with financial restraints and helps to coordinate patient care all in one place. Family Medicine practitioners are experienced in the comprehensive treatment of infants, toddlers, children, teenagers and adults. Services provided are offered at a reduced cost for those eligible. In order to qualify, all patients must provide the required documentation. The documentation needed is a photo ID, a copy of any benefit award letters (Food stamps, SNAP, Social Security, Social Security

		Disability, etc), a copy of two previous pay stubs (form 1099 for self-employed individuals or a copy of your latest tax return), the names and income of anyone living in the house, social security card, proof of any other income, and insurance information including Medicare and Sooner Care. This information must be available at your first appointment. Must meet annual income guidelines for services.
Samaritan Community Center	Email: care@samcc.org Web Address: https://www.samcc.org/ Address: 1300 North Thompson Street Springdale, AR 72764 Phone: (Hotline: 479-340-0109) (Office Number: 479-872-1115)	This free program provides: referrals, help through resource connection & access eligibility, connection to other SCC programs, rental assistance for qualified individuals, case management, and Samaritan Shop clothing vouchers for children every 9 months & for qualifying adults. Walk-ins welcome on Tuesday, Wednesday & Thursday 10:00 am-12:00 pm. Located 25 miles from Siloam Springs.
Arkansas Single Parent Scholarship Fund	Email: info@aspsf.org Web Address: https://www.aspsf.org/applynow Office Address: 2102 Riverfront Drive, Suite 102 Little Rock, AR 72202 Phone: 479-927-1402	ASPSF supports both part-time and full-time single parent students pursuing a postsecondary education, including associate degrees, bachelor's degrees, and certificate programs. Scholarships not only help with school costs but can be used for household expenses, daycare costs, commuting expenses, and more while you are in school. Apply online, cost is free. Support is available in all 75 counties of Arkansas, as well as Bowie County, TX. Must meet eligibility requirement listed online. Can be reached Monday through Friday 8:00 AM - 5:00 PM CDT.
Stand Up Wireless	Email: support@standupwireless.com Web Address: https://standupwireless.com/ Office Address: 390 NE 191st Street STE 8334 Miami, FL 33179 Phone: 1-800-544-4441	Stand Up Wireless is a provider of Lifeline, a government benefit program for low-income households. When you qualify, they offer a free monthly service. You must qualify through programs such as Medicaid, SNAP, Federal Public Housing and Veterans Pension, or based on your household income (special exceptions for domestic abuse survivors). Can be reached Monday through Saturday 10:00 AM. – 12:00 AM. CT. Apply online only.

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Needy Meds	Email: info@needymeds.org Web Address: https://www.needymeds.org/ Mailing Address: NeedyMeds, Inc. 50 Whittemore St. Gloucester, MA 01930 Phone: 800-503-6897	Needy Meds provides a free drug discount card that offers a discount at pharmacies nationwide. Anyone can use it regardless of income level, insurance status, age or residency. Can be reached Monday through Friday
		7:00 AM - 4:00 PM CDT. Apply online only.
Helping Hands, Inc.	Email: bill@HelpingHandsNWA.org Web Address: http://www.helpinghandsnwa.org Address: 2602 SW D St, Bentonville, AR, 72712 Phone: 479-273-2511	Helping Hands, Inc. provides a program for community members who need assistance meeting their basic needs. This program provides: rent, utility, food, clothing, and medical assistance. Must be a resident in Benton County and provide photo ID, social security card, and bill or lease that assistance is requested for. Can be contact Monday through Friday 10:00 AM. – 5:00 PM. and Saturday 10:00 AM – 4:00 PM.
		Located 30 miles from Siloam Springs.
	Legal Resource	es
Name:	Contact:	Useful Information:
Atticus	Email: N/A Web Address: https://www.atticus.com/disability-benefits/home Address: N/A Phone: 866-5254802	Atticus provides free referral services that helps individuals in determining if they're eligible for disability benefits, apply, or find legal representation if they need it. All legal advice from Atticus is directly provided through certified lawyers on their staff. This program provides: legal advice for disability benefits and 1-to-1 matching with legal representation. Atticus does not charge for referrals or consultations with their in-house staff lawyers. Any further legal services may require additional fees.
Legal Aid Services of Oklahoma	Email: N/A Web Address: https://legalaidok.org/ Address: 224 South Muskogee Avenue Tahlequah, OK 74464 Phone: (Application Hotline)1-888-534-5243 (Office number) 918-708-1150	Legal Aid Services of Oklahoma, Inc. provides civil legal assistance to lowincome persons throughout Oklahoma. LASO attorneys and advocates handle civil cases involving a variety of areas. All applications for assistance are accepted by telephone at LASO's Application Hotline by calling 1-888-534-5243. Phones are answered Monday through Thursday, 9:00 a.m. to 5 p.m. Many of LASO's programs and services are offered only to those that meet the financial eligibility guidelines. Clients are financially

Legal Aid of Arkansas	Email: N/A Web Address: https://arlegalaid.org/ Address: 1200 Henryetta St. Springdale, AR 72762 Phone: 870-972-9224	qualified for services during their confidential intake interviews, however, legal services that are not income sensitive are for persons with AIDS, seniors over 60 years of age, and victims of housing discrimination. The Tahlequah office serves Adair, Cherokee, Craig, Delaware, Ottawa, and Sequoyah counties. Legal Aid of Arkansas provides free legal services to low-income (at or below 125% of federal poverty guidelines) Arkansans in civil (non-criminal) cases. They provide legal services for the following areas of the law: domestic violence, consumer law, safe and affordable housing, and economic justice. You will not be charged for their legal services. You may need to pay other costs associated with your case, but still apply because these can sometimes be waived. Proof of income is required. Apply 24/7 online. Office is located 22 miles from
Children's Safety Center	Email: Unavailable Web Address: www.childrenssafetycenter.org Adress: 3242 Gene George Boulevard Springdale, AR, 72764 Phone: 479-872-6183	Siloam Springs. Provides an on-site interagency collaboration and multi-disciplinary team approach to prevention, investigation, assessment and referral for prosecution and treatment of child sexual abuse. Also offers child abuse support groups. No fee for service. Located 28 miles outside of Siloam Springs.
Peace at Home Family Shelter	Email: help@peaceathomeshelter.com Web Address: https://peaceathomeshelter.org/ Mailing Address: PO Box 10946 Fayetteville, AR 72703 Phone: (479) 442-9811	Legal advocates assist clients in obtaining and completing the paperwork needed for legal issues related to domestic violence, such as police reports, protective orders, immigration issues, child custody, and divorce. They also offer emergency shelters, crisis chat lines, housing assistance, community education, and counseling services. No fee for service. Can be reached 24/7 at the number provided. Located approximately 28 miles from Siloam Springs.
A Better Balance	Email: info@abetterbalance.org Web Address: https://www.abetterbalance.org/know-your-rights/	ABB is a national, nonprofit legal advocacy organization. The free and confidential legal helpline can help you understand your workplace rights

	Address: 250 West 55th Street, 17th Floor, New York, NY 10019 Phone: (Helpline: 1-833-633-3222) (Office Number: 212-430-5982)	around caring for yourself and your family members. They assist workers nationwide facing various issues at work and students facing issues at school. ABB's consultations are for information only. They can discuss possible options with those seeking legal advice and/or representation but will not provide legal advice outside of an attorney-client relationship. Available to anyone who calls the helpline.
	Addiction Resour	rces
Name:	Contact:	Useful Information:
House of Hope	Email: info@houseofhopegrove.com Web Address: https://houseofhopegrove.com/ Address: 32300 S 625rd, Grove, OK 74344. Phone: 918-786-2930	At the House of Hope, they provide treatment that is both effective, life changing and cost efficient for people of all walks of life. No one will be denied access to services due to their inability to pay. They offer a discount/sliding fee based on family size and income. They have both in and outpatient services available.
EagleCrest Recovery	Email: info@eaglecrestrecovery.com Web Address: https://eaglecrestrecovery.com/ Address: 1101 SW Coventry Blvd, Bentonville, AR 72712 Phone: 479-326-7222	They are in network with multiple insurance providers and have coverage with hundreds of others. They work with every client to get them the treatment they need. They will help you navigate costs and find out what is the best route to take for affordable, excellent treatment at the facilities. They offer drug/alcohol detox, residential treatment, and iPHP. The admissions team is available from 8AM to 5PM, Monday – Friday. Located 27 miles from Siloam Springs.
True Self Recovery	Email: info@trueselfrecovery.com Web Address: https://trueselfrecovery.com/our- program/ Address: 1104 N 2nd Street Rogers, AR 72756 Phone: 888-378-6068	The program at True Self Recovery offers medical detox, residential detox, outpatient detox, sober living, and veteran's track to treat a variety of additions. They have multiple therapy options for individualized care. They accept most health insurances, offer free insurance verification, and provide financial assistance options. They explain all of your options in detail. Open 24 hours Monday – Sunday. Located 39 miles from Siloam Springs.
Ozark	Email: Unavailable Web Address: https://www.oriseboolth.org/	Ozark Guidance Recovery offers
Guidance	Web Address: https://www.arisahealth.org/	transitional services, recovery support

Center, Inc	Address: 710 S Holly St, Siloam Springs, AR	services, treats alcohol use disorder,
by Arisa	72761	treats opioid use disorder, and provides
Health	Phone: (Siloam: 479-524-8618)	mental health treatment for men,
	(24/7 Company: 479-750-2020)	women, and children. The facility
		accepts plans from major private
		insurance providers and is a low-cost
		facility: affordable or free with
		insurance. Office hours are Monday –
		Friday 8am-5pm.
Olive	Email: Unavailable - Use Website	The first visit is required in-person but
Branch	Web Address:	they have a mobile clinic that can come
Recovery	https://www.olivebranchrecovery.com/	to you (locations vary)! The first visit
_	Address: 6028 W Stoney Brook Rd, Suite 4,	will be in the mobile clinic and after
	Rogers, AR 72758	this, your visits will be carried on
	Phone: 940-220-8899	through telemedicine. Once per month
		you will receive a link, and you simply
		click on the link to see your provider all
		from the comfort of your own home.
		They accept several private and public
		health insurances and offer payment
		assistance to qualifying individuals.
		Located 29 miles from Siloam Springs.
	Parenting Classes /	Topics
Name:	Contact:	Useful Information:
Mending	Email: office@mendinghearts.love	Mending Hearts Family Counseling
	Zinani omio (s)monani production (Tribunda Trout to T thirting to the tribunda
Hearts		Center, Inc. is a 501c3 non-profit
_	Web Address: https://www.mendinghearts.love/ Address: N/A	
Hearts	Web Address: https://www.mendinghearts.love/	Center, Inc. is a 501c3 non-profit
Hearts Family	Web Address: https://www.mendinghearts.love/ Address: N/A	Center, Inc. is a 501c3 non-profit organization dedicated to creating a
Hearts Family Counseling	Web Address: https://www.mendinghearts.love/ Address: N/A	Center, Inc. is a 501c3 non-profit organization dedicated to creating a parenting enriched community for those
Hearts Family Counseling	Web Address: https://www.mendinghearts.love/ Address: N/A	Center, Inc. is a 501c3 non-profit organization dedicated to creating a parenting enriched community for those raising children with special emotional
Hearts Family Counseling	Web Address: https://www.mendinghearts.love/ Address: N/A	Center, Inc. is a 501c3 non-profit organization dedicated to creating a parenting enriched community for those raising children with special emotional and behavioral needs, whether these
Hearts Family Counseling	Web Address: https://www.mendinghearts.love/ Address: N/A	Center, Inc. is a 501c3 non-profit organization dedicated to creating a parenting enriched community for those raising children with special emotional and behavioral needs, whether these challenges arise for autism, anxiety, ADHD, trauma, or just the natural temperament of a strong will. We offer
Hearts Family Counseling	Web Address: https://www.mendinghearts.love/ Address: N/A	Center, Inc. is a 501c3 non-profit organization dedicated to creating a parenting enriched community for those raising children with special emotional and behavioral needs, whether these challenges arise for autism, anxiety, ADHD, trauma, or just the natural temperament of a strong will. We offer free Parent Support Workshops, free
Hearts Family Counseling	Web Address: https://www.mendinghearts.love/ Address: N/A	Center, Inc. is a 501c3 non-profit organization dedicated to creating a parenting enriched community for those raising children with special emotional and behavioral needs, whether these challenges arise for autism, anxiety, ADHD, trauma, or just the natural temperament of a strong will. We offer free Parent Support Workshops, free virtual family coaching support, and
Hearts Family Counseling	Web Address: https://www.mendinghearts.love/ Address: N/A	Center, Inc. is a 501c3 non-profit organization dedicated to creating a parenting enriched community for those raising children with special emotional and behavioral needs, whether these challenges arise for autism, anxiety, ADHD, trauma, or just the natural temperament of a strong will. We offer free Parent Support Workshops, free virtual family coaching support, and free resource finding and referral lists -
Hearts Family Counseling	Web Address: https://www.mendinghearts.love/ Address: N/A	Center, Inc. is a 501c3 non-profit organization dedicated to creating a parenting enriched community for those raising children with special emotional and behavioral needs, whether these challenges arise for autism, anxiety, ADHD, trauma, or just the natural temperament of a strong will. We offer free Parent Support Workshops, free virtual family coaching support, and free resource finding and referral lists - all in English and Spanish. We have an
Hearts Family Counseling	Web Address: https://www.mendinghearts.love/ Address: N/A	Center, Inc. is a 501c3 non-profit organization dedicated to creating a parenting enriched community for those raising children with special emotional and behavioral needs, whether these challenges arise for autism, anxiety, ADHD, trauma, or just the natural temperament of a strong will. We offer free Parent Support Workshops, free virtual family coaching support, and free resource finding and referral lists - all in English and Spanish. We have an online parenting course in development
Hearts Family Counseling	Web Address: https://www.mendinghearts.love/ Address: N/A	Center, Inc. is a 501c3 non-profit organization dedicated to creating a parenting enriched community for those raising children with special emotional and behavioral needs, whether these challenges arise for autism, anxiety, ADHD, trauma, or just the natural temperament of a strong will. We offer free Parent Support Workshops, free virtual family coaching support, and free resource finding and referral lists - all in English and Spanish. We have an online parenting course in development that will also be free for families in both
Hearts Family Counseling	Web Address: https://www.mendinghearts.love/ Address: N/A	Center, Inc. is a 501c3 non-profit organization dedicated to creating a parenting enriched community for those raising children with special emotional and behavioral needs, whether these challenges arise for autism, anxiety, ADHD, trauma, or just the natural temperament of a strong will. We offer free Parent Support Workshops, free virtual family coaching support, and free resource finding and referral lists all in English and Spanish. We have an online parenting course in development that will also be free for families in both English and Spanish. This program
Hearts Family Counseling	Web Address: https://www.mendinghearts.love/ Address: N/A	Center, Inc. is a 501c3 non-profit organization dedicated to creating a parenting enriched community for those raising children with special emotional and behavioral needs, whether these challenges arise for autism, anxiety, ADHD, trauma, or just the natural temperament of a strong will. We offer free Parent Support Workshops, free virtual family coaching support, and free resource finding and referral lists - all in English and Spanish. We have an online parenting course in development that will also be free for families in both English and Spanish. This program covers residents of All US states and
Hearts Family Counseling	Web Address: https://www.mendinghearts.love/ Address: N/A	Center, Inc. is a 501c3 non-profit organization dedicated to creating a parenting enriched community for those raising children with special emotional and behavioral needs, whether these challenges arise for autism, anxiety, ADHD, trauma, or just the natural temperament of a strong will. We offer free Parent Support Workshops, free virtual family coaching support, and free resource finding and referral lists all in English and Spanish. We have an online parenting course in development that will also be free for families in both English and Spanish. This program

Web Address: https://www.nwachildcare.org/
Address: 1401 S. 8th Street

Rogers, AR 72756

Phone: 479-899-6374

Arkansas (NWA) is a non-profit organization that provides childcare referrals in 17 counties in Northwest Arkansas, offers parenting classes, childcare provider education, training and professional development opportunities. Classes are currently

Aware of

Northwest

Arkansas

		being held via Zoom & In-Person at the
		Rogers location. All services are free.
		Located 33 miles from Siloam Springs.
Parent	Email: Unavailable	The Parent Stress Line offers a safe
Stress Line	Web Address:	place for parents and caregivers to talk
	https://parentshelpingparents.org/stressline	about the challenges of raising children
	Address: N/A	and receive kindness, understanding,
	Phone: 1-800-632-8188	and the non-judgmental support needed
		to help prevent a situation from
		escalating into a crisis. Available 24
		hours a day, 7 days a week. Trained
		volunteer counselors answer the
		Parental Stress Line and offer support,
		empathy, encouragement, information,
		referrals, and crisis intervention. The
		Parental Stress Line is fully confidential
		and you will never be asked to divulge
		personal information such as name and
		phone number unless there is an
Teen	Empile Harristale	immediate threat of harm.
Action and	Email: Unavailable Web Address: https://tecenyo.org/first.stens/	TASC helps teen parents with life skills
	Web Address: https://tascnwa.org/first-steps/ Address: 610 E Emma Ave, Springdale, AR 72764	training and offers peer-to-peer support, parenting education, child development
Support Center	Phone: 479-636-8272	education, and physical resources! The
(TASC)	1 none. 4/9-030-82/2	services are free. Located 25 miles from
(TASC)		Siloam Springs.
Northwest	Email: amartin@nwacs.org	The Northwest Arkansas Children's
Arkansas	Web Address:	Shelter serves foster parents by
Children's	https://nwacs.org/fosterparenttraining/	providing parenting education that
Shelter, Inc	Address: 14100 Vaughn Road, Bentonville	emphasizes trauma-informed training as
,	Phone: 479-795-2417	well as offering additional support post-
		training. The services are free and
		offered at a variety of locations.
		Located 20 miles from Siloam Springs.
SimpliFed	Email: team@simplifed.us	They provide access to free baby
	Web Address: https://www.simplifed.com/classes	feeding classes surrounding preparing
	Address: Unavailable (Online Site)	for feeding your baby during
	Phone: 888-458-1364	pregnancy, postpartum baby feeding
		classes, pumping classes, and partner-
		focused classes. SimpliFed also offers
		pregnant and new parents breastfeeding
		and baby feeding services (lactation,
		breast pumping, and formula feeding
		support) which is covered by most
		insurance plans at no cost to
		beneficiaries (SimpliFed can check
		your coverage). Classes are available online and through the app.
Counseling Resources		
Name		
Name:	Contact:	Useful Information:

Grand Mental Health	Email: Web Address: https://www.grandmh.com/services-programs/ Address: 1015 West Washbourne Street Jay, OK 74346 (Delaware Clinic) Phone: (Office number) 844-458-2100 (Crisis number) 800-722-3611	Grand Mental Health provides counseling, rehabilitation and mental health assessments for children and adults, including care for members of the armed forces and veterans. This program provides: individual therapy, group and family therapy, crisis intervention, medication management, medication training and support, case management, recovery support specialist services, wraparound and transition services, and telemedicine. Grand Lake Mental Health Center, Inc. offers a sliding scale based on family size and income to those who qualify based on income. Office hours are Monday-Friday 8:00 am- 5:00 pm.
Echota Behavioral Health	Email: N/A Web Address: https://echotabehavioralhealth.com/about/ Address: 282 OK-10, Kansas, OK 74347 Phone: 918-868-8120	Echota Behavioral Health is a behavioral health clinic and counseling service covering many areas throughout Northeastern Oklahoma. Office hours are Monday-Friday 9:00 am -5:00 pm.
Community Counseling Clinic	Email: ssccc@jbu.edu Web Address: https://www.jbu.edu/community- counseling-clinic/ Address: 2125 W. University Street Siloam Springs, Arkansas 72761 Phone: 479-524-7300	All services are provided by JBU graduate counseling students under the supervision of licensed faculty and staff. Students are trained in play therapy, individual, marriage and family therapy, and group therapy. As a training clinic under JBU, we follow the academic calendar, which means that we are closed during school breaks. They charge \$35 per session for all therapy services but if you cannot afford \$35 per session, let them know, no one is turned away due to finances. To request an appointment, visit the official Community Counseling Clinic website.
Open Path Psycho- therapy Collective	Email: info@openpathcollective.org Web Address: https://openpathcollective.org/ Address: Unavailable (Online Only) Phone: 800-268-2833	Open Path Psychotherapy Collective serves clients who cannot afford psychotherapy because they are uninsured, underinsured, or cannot afford to pay the full rate out of pocket for therapy. The first step to receiving services is to register and pay a one-time, lifetime membership fee of \$65. Once a membership has been created the member will have access to a list of therapists that charge \$40 to \$70 per session (or \$30 per session if working

		with a student intern). Depending on the client's location, therapy may be available in-person or online.
Ozark Guidance by Arisa Health	Email: Unavailable Web Address: https://www.ozarkguidance.org/ Address: 710 Holly Street Siloam Springs, AR 72761 Phone: 479-524-8618	Ozark Guidance offers counseling services using a discounted/sliding scale fee for individuals who qualify. They also accept most insurances including Medicaid, Medicare, and AR Kids. Ozark Guidance has a team of specialists to diagnose and treat people of all ages. Normal administrative business hours are Monday - Friday
Water's Edge Counseling	Email: info@watersedgear.com Web Address: www.watersedgecounselingnwa.com Address: 1185 HWY 412 West Siloam Springs, AR 72761 Phone: (479) 373-1113	8am-5pm. Water's Edge Counseling accepts most insurance and offers a wide variety of therapy services. The Siloam Springs location is open Monday – Friday 9 AM. To 5 PM (except on Friday they close at 4 PM.).
The Joshua Center	Email: Unavailable – Use Website Web Address: https://www.thejoshuacenter.com/ Address: 920 S. Carl St Building 2 Units 3-4 Siloam Springs, AR 72761 Phone: 479-373-2377	The Joshua Center provides affordable counseling services for people struggling with depression, anxiety, marital difficulties, sexual issues (as defined by the client), parent-child issues and other individual and family concerns. They are a nonprofit agency with payment options that include sliding scale, Medicare, and Medicaid acceptance. Counseling services are available for all ages.
	Crisis Respons	
Name:	Contact:	Useful Information:
CREOKS Spring Creek Recovery Center	Email: N/A Web Address: https://creoks.org/springcreek/ Address: 711 S. Muskogee Ave. Ste. 2, Tahlequah OK 74464 Phone: (Crisis Line) 918-216-4999	The Spring Creek Recovery Center is our crisis stabilization facility. Spring Creek provides a broad array of services designed to assist individuals 18 years and older with their mental health stability and recovery.
Grand Mental Health	Email: N/A Web Address: https://www.grandmh.com/services- programs/#CrisisServices Address: 1015 W Washbourne St. Jay OK 74346 (other locations also available, refer to website) Phone: (Office line) 844-458-2100	Crises can't wait. That's why we offer multiple crisis treatment access points including 24/7 Mobile Crisis teams, 24/7 Crisis Stabilization Centers/Urgent Recovery Centers, and a 24/7 Crisis Line. If you or someone you know is experiencing a mental health crisis, please call now.
American Red Cross of Arkansas	Email: Unavailable Web Address: https://www.redcross.org/local/arkansas/about- us/locations/northwest-arkansas.html	The Red Cross provides shelter, food, and comfort to people affected by disasters. They offer mental health counseling, cleaning supplies, financial

	Address: 1200 W. Walnut St. Suite 2301	assistance, and teach people how to
	Rogers, AR 72756	prepare for emergencies and what to do
	Phone:1-479-633-8330	in an emergency. Offices are open
		Monday-Friday, 8:00 a.m 4:30 p.m.
		Emergency calls are answered every
		day and night around the clock. Located
		36 miles from Siloam Springs.
Northwest	Email: Unavailable	The Northwest Arkansas Crisis
Arkansas	Web Address:	Stabilization Unit is a voluntary
Crisis	https://www.washingtoncountyar.gov/	behavioral health program for persons
Stabilizatio	Address: 105 N Mill Ave	in need of an alternative to inpatient
n Unit	Fayetteville, AR 72701	psychiatric hospitalization, emergency
	Phone: 479-332-0800	departments or diversion from criminal
		justice involvement. Services are
		provided 24/7 over the course of
		approximately 72-96 hours to those 18 years and older. Services may include:
		triage and assessment, medication
		management, detox, therapeutic
		intervention, and care coordination. The
		Northwest Arkansas Crisis Stabilization
		Unit serves all regardless of ability to
		pay. Located 31 miles from Siloam
		Springs.
Vantage	Email: Unavailable – Use Form on Website	Vantage Point is an inpatient treatment
Point	Web Address: https://www.vantagepointnwa.com/	facility for children, adolescents, teens,
Behavioral	Address: 4253 N Crossover Rd, Fayetteville, AR	and adults who are in crisis. The
Health	72703	hospital is open 24/7 and a free
Hospital	Phone: 855-804-3795	assessment can be done without an
_		appointment. Located 30 miles from
		Siloam Springs.
Arisa	Email: Unavailable	If you are experiencing a mental health
Health /	Web Address: https://www.arisahealth.org/	crisis, you can present to an Arisa
Ozark	Address: 710 Holly St, Siloam Springs, AR 72761	Health clinic during business hours and
Guidance	Phone: (Office: 479-524-8618)	they will help you. They will help you
	(After Hour Emergencies: 800-356-3035)	find resources and get the support you
		need. Business hours are Monday
G : 1		through Friday 8:00 am – 5:00 pm.
Springwood	Email: Unavailable – Use Form on Website	Inpatient psychiatric care at
S Debeyiend	Web Address:	Springwoods Behavioral Health is a
Behavioral Health	https://www.springwoodsbehavioral.com/ Address: 1955 W. Truckers Drive	covered service of Medicare, Medicaid
11541111	Fayetteville, AR 72704	and other major health insurance programs. They offer 24/7 free
	Phone: 479-973-6000	assessment scheduling and walk-ins are
	1 none. 477-773-0000	welcome. Located 25 miles from
		Siloam Springs.
Transportation		
Name:	Contact:	Useful Information:
Our	Email: info@ohcnwa.org	Our Healthy Communities, Inc.
Healthy	Eman. Info@onenwa.org	provides transportation for seniors 60
Ticality		provides transportation for semons 00

Communiti	Web Address:	and older to limited locations
es, Inc.	https://www.ohcnwa.org/siloamsprings	throughout Northwest Arkansas for
(Senior	Address: 750 Heritage Court, Siloam Springs, AR	appointments. They also offer a variety
Center)	72761	of fun trips throughout the year. All
,	Phone: 479-524-5735	services are free.
Siloam	Email: Unavailable	The Elderly and Disabled
Springs	Web Address: https://www.siloamsprings.com/455/	Transportation Service offers rides to
Taxi	ElderlyDisabled-Transportation-Service	residents who need to go to
Program	Address: Unavailable (They come to you)	appointments, run errands, etc.
	Phone: (Information: 479-238-0927)	Passengers must call at least 24 hours
	(Scheduling: 479-373-6466 ext. 1)	ahead of time to schedule their rides.
		To schedule a ride, applicants must first
		complete an application and have their
		information on file with us. Available
		Monday – Friday 8:00 am to 12:00 pm
		and 1:00 pm to 4:30 pm. The
		transportation service does not run
		when City Hall is closed. Applicants
		must be either 65 years old or older or
		be disabled (must provide proof of
		disability) to qualify. The price per ride
		depends on the number of stops each
		rider needs. The price per stop is \$1 for all approved riders.
Норе	Email: support@hopecancerresources.org	Hope Cancer Resources drivers
Cancer	Web Address:	transport patients within a 60-mile
Resources	https://hopecancerresources.org/patient support.aspx	radius of Highlands Oncology Group in
resources	Mailing Address: 5835 W. Sunset Avenue	Rogers or Fayetteville, and Landmark
	Springdale, Arkansas 7276	Cancer Center in Rogers. To qualify
	Phone: 479-361-5847	patients must have a confirmed cancer
		diagnosis, appointments must be
		cancer-related, and patients must live in
		or be treated in Benton, Madison,
		Carroll, or Washington County.
		Vehicles are not wheelchair accessible.
		Patients must be able to get in and out
		of the vehicle on their own.
		Transportation service is free.
Magic	Email: N/A (Online application – use website)	By submitting a request online, your
Mobility	Web Address:	name will be put in process, so that if,
Vans	https://magicmobilityvans.org/request-a-van/	and when, a donation of a van is made
	Address: N/A (Locations vary and if a van becomes	in your area, we will contact you.
	available you will be responsible for picking it up at	Families must demonstrate the physical
	an area near you)	need for adapted mobility and that they
	Phone: N/A	do not have the resources to afford an
		adapted van on their own. They will
		also be required to carry car insurance,
		register the vehicle and pick it up from
		the donor. Application is available
		online, there are no guarantees or time

		frame as this program varies based on the donations and requests at the time.		
Outside Assessment				
Name:	Contact:	Useful Information:		
Northwest Arkansas Center for Psychology	Email: nwacfprogersar@gmail.com Web Address: https://nwacenterforpsychology.com/ Address: Center for Psychology 1601 Rainbow Road Rogers, AR 72758 Phone: 479-254-1144	The Center for Psychology offers psychological tests that can help determine mental health disorders, personality, aptitude, intelligence, neuropsychological deficits and career interests. All tests at the center are administered and interpreted by a Licensed Psychological Examiner and/or a Licensed Psychologist. Open 8:00 a.m. – 5:00 p.m. Monday through Friday. Located 29 miles from Siloam Springs.		
The Schmieding Developme nt Center	Email: SDC@uams.edu Web Address: http://sdcpediatrics.uams.edu Address: Children's Center for Health and Wellness First Floor, 2575 S Gene George Blvd Ste 100, Springdale, AR 72762 Phone: 479-750-0125	The Schmieding Developmental Center provides comprehensive developmental assessments of children from birth to 21 years of age. Our team of psychiatrists, neuropsychologist/psychologist/psychological examiners, social workers, and speech & language pathologists work together to provide comprehensive evaluations. Open Monday through Friday 8:00 a.m. – 5:00 p.m. Located 21 miles from Siloam Springs.		
Integrate Brain Health	Email: reception@integratebrainhealth.net Web Address: https://www.integratebrainhealth.net/neurops ychological-testing/ Address: 322 West Meadow St. Fayetteville, AR 72701 Phone: 479-435-6360	Integrate Brain Health offers neuropsychological testing for any number of reasons from identifying memory impairments, dementia, learning disabilities, autism spectrum disorders, or psychological trauma to confirming traumatic brain injury, stroke, or conditions such as Multiple Sclerosis to seeking to improve workplace or academic performance. Located 32 miles from Siloam Springs.		
Childcare Resources				
Name: Child Care Aware of Northwest Arkansas	Contact: Email: info@nwachildcare.org Web Address: https://www.nwachildcare.org/about-us.html Address: 1401 S. 8th Street Rogers, AR 72756 Phone: 479-899-6374	Useful Information: Child Care Aware NWA administers a Child Care Resources and Referral Program that provides assistance in applying for child care vouchers through the Arkansas Dept. of Health and Human Services. The purpose of the program is to increase the availability, affordability, and quality of		

Colcord Head Start Daycare	Email: N/A (Use website to request information) Web Address: https://www.daycare.com/profile/oklahoma/colcord/ colcord-head-start-daycare Address: 400 South Spencer Street Colcord, OK Phone: 918-326-4117 Email: carrie@abilitytree.org	childcare services for families in the state of Arkansas. This program provides help finding child care in your area, help understanding government programs, and help filling out forms. Services are free. Located 33 miles from Siloam Springs. Our infant and toddler daycare programs are both affordable and carefully designed to support the individual development and unique needs of every child whether they are infants, toddlers, or preschoolers. Call for more information about whether our day care and child care programs accept CCAP vouchers, and/or offer lowincome daycare assistance programs. Open Monday – Friday 7:00 am - 5:00 pm. Ability Tree is a faith-based, non-profit
Ability Tree	Web Address: https://www.abilitytree.org/arkansas Address: 2350 E Tahlequah St, Siloam Springs, AR 72761 Phone: 855-288-6735	organization devoted to equipping local churches and local communities to welcome, include, and support families with disabilities. They offer care for both children and adults with disabilities at low costs to their families. Open Monday through Friday 9 am – 5pm.
Boys and Girls Club of Siloam Springs	Email: club@bgcwbc.org Web Address: https://www.bgcwbc.org/ Address: 655 Heritage Ct, Siloam Springs, AR 72761 Phone: 479-524-4174	The Boys and Girls Club offers a variety of services focusing on academic success, character, leadership, and healthy lifestyles for kids ages 6-18. They have a summer program (registration begins in April) and an afterschool program that is available every school day from 3:00 pm to 7:00 pm. Daily snacks are served. The cost is affordable and there are financial assistance and scholarship options available to those who qualify.
Siloam Springs Adair Early Head Start	Email: ss@nwaheadstart.org Web Address: https://www.nwaheadstart.org/ Address: 1017 E. Tulsa St. Siloam Springs, AR. 72761 Phone: 479-373-3606	Children from 6 weeks to age five are categorically eligible for Early Head Start/Head Start if they are experiencing homelessness, in foster care, recipient of public assistance (SNAP, TANF or SSI). Northwest Arkansas Head Start and Early Head Start is a not-for-profit program promoting school readiness to families of low income. Head Start and Early Head Start programs support the

mental, social, and emotional
development of children from birth to
5. Available Tuesday – Friday 7:15 am
- 4:15 pm for Head Start and 7:15 am -
4:45 pm for Early Head Start. Fill out
an application online or call for
assistance.

Additional Hotlines:

Suicide Prevention Lifeline: 800-273-8255

Arkansas Crisis Center's helpline: (888) 274-7472

Oklahoma Mental Health Lifeline: 988

National Domestic Violence Hotline: 800-799-7233

National Sexual Assault Hotline (RAINN): 800-656-HOPE (4673)

If there is an emergency, please call 911. Help is available, you are not alone!