

# 7th Grade Newsletter

## Week of October 8th, 2025

### Mathematics

**Mrs. Jarrett**

[mjarrett@rappahannockschools.us](mailto:mjarrett@rappahannockschools.us)

Blocks 1 & 3 - We are still working on our unit on Simplifying and Evaluating Expressions. The students are using order of operations and applying properties of real numbers to simplify expressions.

Block 2 - We have started our unit on writing and solving 2-step inequalities with one variable.

Please do not hesitate to email me with any questions, comments or concerns.

### Science

**Mrs. Cubbage**

[bcubbage@rappahannockschools.us](mailto:bcubbage@rappahannockschools.us)

We're diving deeper into our study of **Cell Transport**! Students will be conducting hands-on experiments to explore how materials move into and out of cells, helping them better understand processes like **diffusion, osmosis, and active transport**.

This will be a fun and engaging way for students to apply what they've learned and see these important concepts in action.

Please reach out to me via email if you have any questions or concerns!

### Language Arts

**Ms. McCabe**

[emccabe@rappahannockschools.us](mailto:emccabe@rappahannockschools.us)

We have wrapped up our first novel, non-fiction reading and narrative writing for this quarter. We will review this week and start our new novel when we return from the break..

Please let me know if you need assistance choosing a book for your child.

Please email me with questions or concerns.

### Reminder

**No school 10/9- Parent Teacher Conferences- please set up an appointment to secure a spot**

**No School 10/10- Professional Development for Teachers**

**No School 10/13- Holiday**

**10/14 End of first Quarter**

**Students need a book for independent reading each day.**

