**Make it Happen-2016**



**Healthful Lifestyle Contract**

We are committed to healthy eating, exercising, getting

enough rest, and many other healthy life style choices.

{Please have each family member sign below and return to school}

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Name of oldest student participating:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Homeroom Teacher/Grade:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_