



Sumter County High School

	Monday	Tuesday	Wednesday	Thursday	Friday
			February 1st	February 2nd	February 3rd
Hot Breakfast	 <div>Superbowl Sunday Feb 12th</div>		Scrambled Eggs w/ cheese Grits WG Biscuit Juice	Chicken Biscuit Juice	Scrambled Eggs w/ cheese Grits WG Sausage Link Biscuit Juice
Cold Breakfast			<div> <u>Grain Choices Available:</u> Uncrustable Sandwich (2) Strawberry Chex (1) Powdered Donuts (2) Muffin Large(2) Cheese-ITs (1) </div> <div> <u>Fruit & Milk Choices Available:</u> White and Chocolate Milk (1) Variety of Fresh Fruit and Juice Smoothies (1/2c fruit + 1 M/MA) Choose AT LEAST 3- 1/2 c fruit or vegetable and 2 other items </div>		
Traditional	<div>Milk and Fruit choices available at every meal!</div> 		Oven Fried Chicken Mashed Potatoes Green Beans Cornbread	Vegetable Soup w/ Uncrustable Sandwich Carrots & Celery Sticks w/ ranch	Chicken Alfredo with a Twist Cooked Carrots & Broccoli
Pizza			Smart Mouth Pizza Carrots & Celery w/ Ranch	Smart Mouth Pizza Crinkle Cut Fries	Smart Mouth Pizza Side Salad Dried Chickpeas
Salad Bar			Salad Bar Grilled Chicken Bread Stick	Salad Bar Nachos & Cheese	Salad Bar Vegetable Soup or Diced Turkey Cornbread
Special			Corn Dog Potato Wedges Celery & Carrots w/ranch	Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Broccoli w/ranch	Chicken Tenders Crinkle Cut Fries Baked Beans

Sumter County High School

	Monday February 6th	Tuesday February 7th	Wednesday February 8th	Thursday February 9th	Friday February 10th
Hot Breakfast	Sausage Biscuit Or French Toast Sticks w/ Yogurt	Scrambled Eggs Grits Hashbrown Sausage Patty	Chicken Biscuit Or Mini Pancakes	Scrambled Eggs Grits Hashbrown Sausage Patty	Breakfast Pizza Grits Hashbrowns
Cold Breakfast	<div> <u>Grain Choices Available:</u> Uncrustable Sandwich (2) Cereal Cup (2) Powdered Donuts (2) Biscuit (1 + 1) -chicken patty or sausage </div> <div> <u>Fruit & Milk Choices Available:</u> White and Chocolate Milk (1) Variety of Fresh Fruit and Juice Smoothies (1/2c fruit + 1 M/MA) </div> <div> Choose AT LEAST 3- 1/2 c fruit or vegetable and 2 other items </div>				
Traditional	Chicken Alfredo w/ Penne Pasta Cooked Carrots & Broccoli	Nacho & Cheese Bar w/ Ground Beef Lettuce, Tomato, Jalepeno, Sour Cream & Salsa	Chicken Pot Pie Mashed Potatoes Green Beans Dinner Roll	Spaghetti w/ Meatsauce Cheesy Garlic Bread Mixed Vegetables	Chili Cheese Dog Tater Tots Carrot Sticks w/Ranch Coleslaw
Pizza	Smart Mouth Pizza Carrots & Celery w/ Ranch	Smart Mouth Pizza Side Salad	Smart Mouth Pizza Side Salad	Smart Mouth Pizza Side Salad Tater Tots	Smart Mouth Pizza Corn Dried Chick Peas
Salad Bar	Salad Bar Baked Potato Bar	Salad Bar Baked Potato Bar	Salad Bar Chicken Salad Bread Stick	Taco Salad Bar Nachos & Cheese Chicken Salad	Taco Salad Bar Nachos & Cheese
Special	Chicken Sandwich Crinkle Cut Fries Carrots & Celery w/ Ranch	Chili w/ Peanut Butter & Jelly Sandwiches Carrot & Celery Sticks w/ Ranch	Chicken Tenders w/ New Sauces Sweet Potato Fries Blackeyed Peas	Chili w/ Peanut Butter & Jelly Sandwiches Carrot & Celery Sticks w/ Ranch	Hot Dog Tater Tots w/chili & Cheese Side Salad





Sumter County High School

	Monday February 13th	Tuesday February 14th	Wednesday February 15th	Thursday February 16th	Friday February 17th
Hot Breakfast	Hashbrown Patty Sausage Link WG Grits	Scrambled Eggs Grits Hashbrown Sausage Patty	Chicken Biscuit Or Mini Pancakes	Scrambled Eggs Grits Hashbrown Sausage Patty	French Toast Sticks OR Pancakes
Cold Breakfast	<div> <u>Grain Choices Available:</u> Uncrustable Sandwich (2) Strawberry Chex (1) Powdered Donuts (2) Muffin Large(2) Cheese-ITs (1) </div> <div> <u>Fruit & Milk Choices Available:</u> White and Chocolate Milk (1) Variety of Fresh Fruit and Juice Smoothies (1/2c fruit + 1 M/MA) </div> <div> Choose AT LEAST 3- 1/2 c fruit or vegetable and 2 other items </div>				
Traditional	Sweet Chili Thai Chicken Veg Fried Rice Cooked Broccoli Egg Roll	Tacos (2) w/ lettuce & Tomato Refried Beans Salsa Sour Cream Teddy Grahams	Spaghetti w/ Meatsauce Side Salad w/ Dressing Garlic Cheese Toast	Oven Fried Chicken Collard Greens Cooked Carrots Mac & Cheese Cornbread	Chili Cheese Dog Tater Tots Carrot Sticks w/Ranch Coleslaw
Pizza	Garlic Cheesy Bread Pizza Side of Marinara Side Salad	Smart Mouth Pizza Carrots & Celery w/ Ranch	Smart Mouth Pizza Crinkle Cut Fries Carrot Sticks w/ Ranch	Garlic Cheesy Bread Pizza Side of Marinara Minestrone Soup	Smart Mouth Pizza Corn Dried Chick Peas
Salad Bar	Salad Bar Nachos & Cheese	Salad Bar Grilled Chicken Bread Stick	Salad Bar Baked Potato Bar w/ Chili- Cheese- Broccoli- Scallions- Bacon Bits	Salad Bar Ham & Turkey Bread Stick	Salad Bar Grilled Chicken Minestrone Soup Bread Stick
Special	Cheeseburger w/ Lettuce & Tomato Sweet Potato Fries Cucumber Slices w/ranch	Corn Dog Potato Wedges Celery & Carrots w/ranch	Cheeseburger w/ Lettuce & Tomato Munchies Mix Broccoli & Carrots w/ranch	Chicken Tenders w/ Variety of Sauces Crinkle Cut Fries Side Salad	Cheeseburger w/ Lettuce & Tomato Potato Wedges Celery & Carrots w/ranch

Sumter County High School

	Monday February 20th	Tuesday February 21st	Wednesday February 22nd	Thursday February 23rd	Friday February 24th
Hot Breakfast	Sausage Biscuit Or French Toast Sticks w/ Yogurt	Scrambled Eggs Grits Hashbrown Sausage Patty	Chicken Biscuit Or Mini Pancakes	Scrambled Eggs Grits Hashbrown Sausage Patty	Breakfast Pizza Grits Hashbrowns
Cold Breakfast	<div> <u>Grain Choices Available:</u> Uncrustable Sandwich (2) Strawberry Chex (1) Powdered Donuts (2) Muffin Large(2) Cheese-ITs (1) </div> <div> <u>Fruit & Milk Choices Available:</u> White and Chocolate Milk (1) Variety of Fresh Fruit and Juice Smoothies (1/2c fruit + 1 M/MA) <div>Choose AT LEAST 3- 1/2 c fruit or vegetable and 2 other items</div> </div> <div> Cereal Bar (1) Cheddar Chex (1) Cereal Cup (2) Cereal Bowl (1) Biscuit (1 + 1) -chicken patty or sausage </div>				
Traditional	Taco Soup w/ Tortilla Chips Avadaco Slice Salsa Cheese its	Oven Fried Chicken Mac & Cheese Green Beans Corn	Philly Cheese Steak Sandwich w. Mozzerealla Cheese Potato Wedges Blackeyed Peas	Meatloaf w/ Mashed Potatoes Green Beans Dinner Roll	Chicken Alfredo with a Twist Cooked Carrots & Broccoli
Pizza	Smart Mouth Pizza Side Salad	Smart Mouth Pizza Carrots & Celery w/ Ranch	Smart Mouth Pizza Side Salad	Smart Mouth Pizza Side Salad Tater Tots	Smart Mouth Pizza Corn Dried Chick Peas
Salad Bar	Salad Bar Garlic Cheesey Bread	Salad Bar Grilled Chicken Bread Stick Dried Chick Peas	Salad Bar Nachos & Cheese	Salad Bar Beef Vegetable Soup Cornbread	Salad Bar Beef Vegetable Soup Cornbread
Special	Chicken Tenders Sweet Potato Fries Celery Sticks w/ Ranch Dinner Roll	Hot Dog Tater Tots w/chili & Cheese Side Salad	Chicken Sandwiches (Spicy & Regular) Cucumber Slices & Carrots w/ Ranch Sun Chips	BBQ Sandwich Baked Beans Coleslaw	Corn Dog Potato Wedges Celery & Carrots w/ranch

Sumter County High School

	Monday	Tuesday	Wednesday	Thursday	Friday		
	February 27th	February 28th					
Hot Breakfast	Hashbrown Patty Sausage Link WG Grits	Scrambled Eggs Grits Hashbrown	 				
Cold Breakfast	<u>Grain Choices Available:</u> Powdered Donuts (2) Muffin Large(2) Uncrustable Sandwich (2)					<u>Fruit & Milk Choices Available:</u> White and Chocolate Milk (1) Variety of Fresh Fruit and Juice Smoothies (1/2c fruit + 1 M/MA)	
						<div>Choose AT LEAST 3- 1/2 c fruit or vegetable and 2 other items</div> <div>Milk and Fruit choices available at every meal!</div>	
Traditional	Chicken Burrito Refried Beans Salsa & Sour Cream Nacho Doritos	Spaghetti w/ Meatsauce Side Salad w/ Dressing Garlic Cheese Toast				 	
Pizza	Smart Mouth Pizza Corn Dried Chick Peas	Smart Mouth Pizza Side Salad					
Salad Bar	Salad Bar Ham & Turkey Bread Stick	Salad Bar Nachos & Cheese					
Special	Cheeseburger w/ Lettuce & Tomato Potato Wedges Celery & Carrots w/ranch	Spicy Chicken Sandwich Crinkle Cut Fries Celery Sticks w/ Ranch					

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