

Menu Name : Cornerstone Elementary PreK-8 Breakfast Menu	Meal Pattern : NSLP	Meal : Breakfast
Grade Level / Age Group : K-8 Grades	NOVEMBER - 2024	

Breakfast	Building Lunch Menus Students Love	Friday, November 1, 2024
	<p>According to the USDA, schools are responsible for about 530,000 tons of discarded food (excluding milk) annually. We can only nourish students if they eat the meals we provide.</p> <p>We create menus to hold students' interest throughout the year. We include a mix of long-time favorite meals as well as trendier foods that expose students to new flavors and cultures. Each week, we offer healthy whole grains, different proteins and a variety of fruits and vegetables to prevent boredom. We continually monitor the popularity of meals and replace those that are less popular with new ones to inspire joyful eaters. We also let students choose from multiple daily options rather than forcing everyone to take something they may not like.</p> <p>These measures help ensure our meals feed more students and fewer trash cans.</p>	<p>Granola Bites w/ Yogurt (2 Items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p> <p>Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in</p>

Breakfast	Monday, November 4, 2024	Tuesday, November 5, 2024	Wednesday, November 6, 2024	Thursday, November 7, 2024	Friday, November 8, 2024
	<p>Rice Chex Cereal Bowl (1 Item)</p> <p>Cheese Stick (1 Item)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Granola Bites w/ Yogurt (2 Items)</p> <p>Applesauce (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Multigrain Cheerios Cereal Bowl (1 Item)</p> <p>Hard Boiled Egg (1 Item)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Sliced Bagel w/Cream Cheese (2 Items)</p> <p>Banana (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Granola Bites w/ Yogurt (2 Items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>
Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.					

Breakfast	Monday, November 11, 2024	Tuesday, November 12, 2024	Wednesday, November 13, 2024	Thursday, November 14, 2024	Friday, November 15, 2024
	<p>Rice Chex Cereal Bowl (1 Item)</p> <p>Cheese Stick (1 Item)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Granola Bites w/ Yogurt (2 Items)</p> <p>Applesauce (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Cheerios Cereal Bowl (1 Item)</p> <p>Hard Boiled Egg (1 Item)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Sliced Bagel w/Cream Cheese (2 Items)</p> <p>Banana (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Granola Bites w/ Yogurt (2 Items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>
Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.					

Breakfast	Monday, November 18, 2024	Tuesday, November 19, 2024	Wednesday, November 20, 2024	Thursday, November 21, 2024	Friday, November 22, 2024
	<p>Rice Chex Cereal Bowl (1 Item)</p> <p>Cheese Stick (1 Item)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Granola Bites w/ Yogurt (2 Items)</p> <p>Applesauce (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Multigrain Cheerios Cereal Bowl (1 Item)</p> <p>Hard Boiled Egg (1 Item)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Sliced Bagel w/Cream Cheese (2 Items)</p> <p>Banana (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Granola Bites w/ Yogurt (2 Items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>
Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.					

Breakfast	Monday, November 25, 2024	Tuesday, November 26, 2024	Wednesday, November 27, 2024	Thursday, November 28, 2024	Friday, November 29, 2024
	<p>Rice Chex Cereal Bowl (1 Item)</p> <p>Cheese Stick (1 Item)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Granola Bites w/ Yogurt (2 Items)</p> <p>Applesauce (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Cheerios Cereal Bowl (1 Item)</p> <p>Hard Boiled Egg (1 Item)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Sliced Bagel w/Cream Cheese (2 Items)</p> <p>Banana (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>	<p>Granola Bites w/ Yogurt (2 Items)</p> <p>100% 4.23 oz Fruit Juice (1 item)</p> <p>Choice Milk & Second Fruit (1 item each)</p>
Entrée of the Day is 2 Whole Grain Items Equivalent. Chef's Choice, equivalent to 2 Items, may be offered in place of the Entrée of the Day.					

*** Three Items meet USDA requirements (One Item must be fruit).

Skim & 1% milk served daily. All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.	This menu is 100% pork-free. All rice dishes /rice products are made of whole grain brown rice.
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