



Middle School Menu January 2025

www.carrollcountyschools.com

Fresh Fruit Bowl and water are available daily for Breakfast and Lunch.

LoFat or Fat Free Milk Choice offered daily

ALA CARTE SALES (Will vary from one location to another. Check with your SN Manager to what is being offered at your school.):

- Extra Milk — \$0.60
- Extra Lunch Entrée — \$2.00
- Rice Krispie Treat — \$1.00
- Soft Pretzel — \$1.00
- Flavored Water — \$1.75

- Extra Breakfast Entrée — \$1.75
- All Extra Side Dishes — \$0.50
- Cookie (1) — \$0.50
- Cheese Sauce Cup — \$0.50

Schools will be offering free breakfast and lunch to all students regardless of income.
Adult Breakfast—\$2.00
Adult Lunch \$4.00

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---------------------------|---|--|---|--|
| Day | 6 | 7 | 8 | 9 | 10 |
| Breakfast | PROFESSIONAL LEARNING DAY | BISCUIT CHOICE OR MINI PANCAKES / JUICE / FRUIT | BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT | BISCUIT CHOICE OR CEREAL w/MUFFIN / JUICE / FRUIT | BISCUIT CHOICE OR CHEESE TOAST & CEREAL / JUICE / FRUIT |
| Choose 1 Lunch Entrée or Salad Choice | | COUNTRY FRIED STEAK OR CHICKEN TENDERS | SLOPPY JO OR BURRITO | CHICKEN BISCUIT OR PANCAKES w/SAUSAGE LINKS (2) | HAMBURGER OR HOTDOG |
| You must select at least one fruit or vegetable, but you can choose as many options as you like | | ROLL/CREAM POTATOES/ PEAS& CARROTS/ GREEN BEANS/ FRUIT COCKTAIL / ORANGE WEDGES | BAKED POTATO/ BROCCOLI w/ CHEESE SAUCE/ ROMAINE SALAD/ CINNAMON APPLES FRUIT ICE CUP | SWEET POTATO BITES/ CHEESE GRITS/ YOGURT PARFAIT/ JUICE/ GRAPEFRUIT HALVE | FRENCH FRIES/ BAKED BEANS/ VEGGIE MEDLEY/ JUICE/ FRESH FRUIT BOWL/ |
| Salad Plates or Salad bar | | CHEF SALAD | GRILLED CHICKEN | CHEF SALAD | GRILLED CHICKEN SALAD |

| | 13 | 14 | 15 | 16 | 17 |
|---|--|--|---|---|--------------------------------|
| Day | 13 | 14 | 15 | 16 | 17 |
| Breakfast | BISCUIT CHOICE OR MINI PANCAKES / JUICE / FRUIT | BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT | BISCUIT CHOICE OR CEREAL w/MUFFIN / JUICE / FRUIT | BISCUIT CHOICE OR CHEESE TOAST & CEREAL / JUICE / FRUIT | MANAGER'S CHOICE JUICE / FRUIT |
| Choose 1 Lunch Entrée or Salad Choice | CHICKEN STIR FRY OR CHEESE STIX w MARIINARA SAUCE | CHILI w/CRACKERS HOT HAM AND CHEESE | MEATLOAF OR COUNTRY FRIED STEAK w/ GRAVY | BEEF TACOS OR CHEESE PIZZA | MANAGERS CHOICE |
| You must select at least one fruit or vegetable, but you can choose as many options as you like | CORN/GREEN BEANS/ROMAINE SALAD / ORANGE WEDGES/ FRUIT COCKTAIL | PASTA SALAD/ VEGGIE DIP-PERS/ DELI ROASTERS/ YOGURT PARFAIT/ YELLOW CAKE w/ TOPPING/ ROSEY PEAR HALVES FRESH FRUIT | MASHED POTATOES/ BLACK EYE PEAS/ BRUSSEL SPROUTS / SLICED PEACHES/APPLE WEDGES/ | CORN/ VEGGIE MEDLEY/ LET-TUCE TOMATO/ CHEESE CUP/ APRICOT CUP / FROZEN CRY BABY JUICE CUP | |
| Salad Plates or Salad bar | YOGURT PLATE | SOUTHWESTERN SALAD | YOGURT PLATE | SOUTH WESTERN SALAD | |

Menu is subject to change

This institution is an equal opportunity provider.



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Milk Choice
offered daily

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Rice Krispie Treat — \$1.00
Soft Pretzel — \$1.00
Flavored Water — \$1.75

Extra Breakfast Entrée — \$1.75
All Extra Side Dishes — \$0.50
Cookie (1) — \$0.50
Cheese Sauce Cup — \$0.50

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free breakfast and lunch to
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income.**

**Adult Breakfast—\$2.00
Adult Lunch \$4.00**

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|---|
| Day | 20 | 21 | 22 | 23 | 24 |
| Breakfast | BISCUIT CHOICE OR MINI PANCAKES / JUICE / FRUIT | Biscuit Choice or Breakfast Pizza / Juice / Fruit | Biscuit Choice or Cereal w/Muffin / Juice / Fruit | Biscuit Choice or Cheese Toast & Cereal / Juice / Fruit | Manager's Choice Juice / Fruit |
| Choose 1 Lunch Entrée or Salad Choice | HOT DOG W/ CHILI OR HAMBURGER W/CHEESE | PIZZA OR TURKEY CLUB | BBQ SANDWICH OR FISH BASKET | CRISPIITOS OR CHICKEN FAJITAS W/ PEPPERS AND ONIONS | MANAGER'S CHOICE |
| You must select at least one fruit or vegetable, but you can choose as many options as you like | BAKED BEANS COLE SLAW, DELI ROASTERS FRESH CUT FRUIT BOWL PEACH SLICES FRESH FRUIT BOWL | LETTUCE, TOMATO, CHEESE BABY CARROTS W/DIP/ BROCCOLI SALAD/ CAFETERIA CAVIAR/W CHIPS FRESH FRUIT CUP FRESH PEAR FRESH FRUIT BOWL | AU GRATIN POTATOES/ STEAMED BROCCOLI/ BAKED BEANS / LIME SHERBET/ ORANGE WEDGES | PINTO BEANS / SPANISH RICE/ LETTUCE TOMATO CHEESE CUP / APPLESAUCE / PEAR HALVES/ | MANAGER'S CHOICE PLEASE CHECK WITH INDIVIDUAL SCHOOLS FOR THE MENU CHOICES FOR TODAY |
| Salad Plates or Salad bar | Grilled Chicken | Chef Salad | Grilled Chicken Salad Plate | Chef Salad | Pimento Cheese Sandwich or PBJ Sandwich |

| | 27 | 28 | 29 | 30 | 31 |
|---|---|--|---|---|-----------------|
| Day | 27 | 28 | 29 | 30 | 31 |
| Breakfast | BISCUIT CHOICE OR MINI PANCAKES / JUICE / FRUIT | BISCUIT CHOICE OR BREAKFAST PIZZA / JUICE / FRUIT | BISCUIT CHOICE OR CEREAL W/MUFFIN / JUICE/FRUIT | BISCUIT CHOICE OR CHEESE TOAST & CEREAL / JUICE / FRUIT | Managers choice |
| Choose 1 Lunch Entrée or Salad Choice | BAKED SPAGHETTI W/ ROLL OR BURRITO | CHICKEN ALFREDO W/ TEXAS TOAST OR PIZZA | BREAKFAST FOR LUNCH PANCAKES W/ SAUSAGE LINKS (2) OR CHICKEN BISCUIT | CHICKEN NOODLE SOUP W/ CRACKERS GRILLED CHEESE SANDWICH OR PBJ SANDWICH | Managers choice |
| You must select at least one fruit or vegetable, but you can choose as many options as you like | ROMAINE SALAD/SALSA W/ BLACK BEANS/ TORTILLA CHIPS/ PEACH SLICES/ JUICE CUP | PEAS/ GARDEN SALAD/ WHOLE KERNEL CORN/ ORANGE WEDGES/ PEAR SALAD | SWEET POTATO BITES/ GRITS W/ CHEESE/ YOGURT PARFAIT/ WNAGO MANGO JUICE/ GRAPE- FRUIT HALF/ | CARROT STICKS/ ROMAINE SALAD/ APPLESAUCE/ RIPS SLUSHIE ASSORTED FRESH FRUIT | Managers choice |
| Salad Plates or Salad bar | Grilled chicken salad | Chef salad | Grilled Chicken salad | Pimento Cheese Sandwich or PBJ Sandwich | |

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