# Por Vida Academy ISD 2024-2025

# BENEFITS GUIDE





·IFFG!

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# **Employee Benefits Center**

## A guide to your benefits!

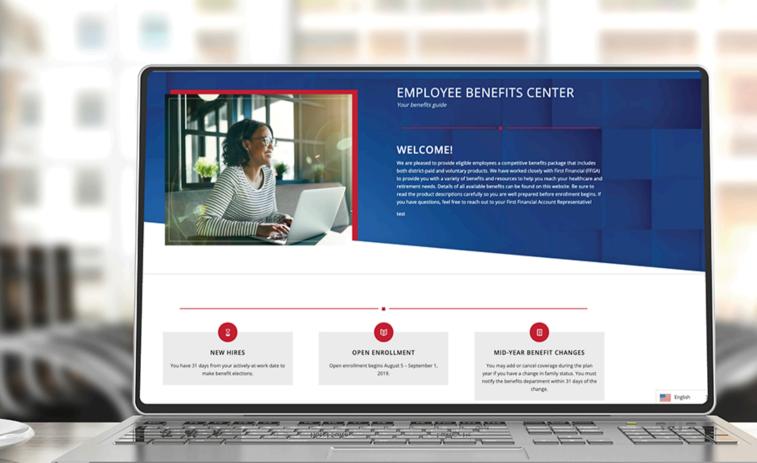
Por Vida Academy and FFGA are excited to provide you with a custom website filled with information about your benefits. Visit the Employee Benefits Center to see current benefit options for your employer as well as find claim forms, important phone numbers and enrollment information.

There's no need to register for site access. Simply type the URL below into your browser and you will be directed to your Employee Benefits Center.



Scan the QR code to learn more about the plans that are available this year!

ffbenefits.ffga.com/porvidaacademy/2024-25-plan-year



## **How to Enroll**

## **Benefits Enrollment**

#### **On-Site Enrollment**

When it's time to enroll in your benefits, your FFGA Account Representative will be on-site to assist you with making your elections. Visit your EBC for more information.

#### **Online Enrollment**

To begin online enrollment, visit https://ffga.benselect.com/Enroll/login.aspx.

## **Enroll Now**

## Login

- Login: Your Employee ID or Social Security Number (no dashes)
- PIN (first login only): The last four digits of your Social Security Number and the last two digits of the year you were born (six digits total)
- New PIN: The first time you log in you will be required to change to a new PIN. Please note your new PIN because you will use the new PIN from that point forward.

#### **View Current Benefits**

After logging in, you will arrive at the welcome screen. Your current benefits and premium deductions will be listed on this screen.

## View/Add Dependents

Click next to view your dependents. It is very important to make sure the social security numbers and birth dates listed are correct. If you plan to add dependents, you will need to enter their legal name, social security numbers and birth dates.

## **Begin Elections**

Click next again to begin making your benefit elections. Remember, no changes to your elections can be made during the plan year unless you have either a qualified mid-year change under Section 125 or a special enrollment event.

# **Benefit Eligibility & Coverage**

## **Employee Coverage**

## Eligibility

Eligible employees must be actively at work on the plan effective date for new benefits to be effective.

## **New Employees**

You have 31 days from your actively-at-work date to make benefit elections. Insurance coverage becomes effective on the first day of the month that follows a waiting period of 30 calendar days.

## **Existing Employees**

When it's time to enroll in your benefits, your FFGA Account Representative will be available to assist you with making your elections. Your elections can be made anytime during annual enrollment online from your work or home computer. Before enrollment, take time to educate yourself on the available benefits and what options would work best for you and your family by visiting the Employee Benefits Center.

## **Mid-year Benefit Changes**

You may add or cancel coverage during the plan year if you have a change in family status. You must notify the benefits department within 31 days of the change.

## Qualifying Life Events Include:

- Changes in household, including marriage, divorce, legal separation, annulment, death of a spouse, birth, adoption, placement for adoption or death of a dependent child
- Loss of health coverage, attributable to your spouse's employment, losing existing health coverage including job-based, individual and student plans, losing eligibility for Medicare, Medicaid, or CHIP, turning 26 and losing coverage through a parent's plan

## **Declining Coverage**

If you are eligible for benefits, but wish to DECLINE coverage, please complete the online enrollment either on your work or home computer. Under each option, you will need to select "waive." **You must still complete the beneficiary information.** 

## **Section 125 Plans**

## Section 125 Plan Information & Rules

A Section 125 Plan provides a tax-saving way to pay for eligible medical or dependent care expenses. The funds are automatically deducted from your paycheck on a pre-tax basis.

#### Here's How It Works

A Section 125 Plan reduces your taxes and increases your spendable income by allowing you to deduct the cost of eligible benefits from your earnings before tax. Plus, the plan is available to you at no cost, and you're already eligible – all you must do is enroll.

## Is It Right For Me?

The savings you may experience with a Section 125 Plan are outlined in the example below. For instance, you could potentially take home about \$70 more each month if you participated in your employer's Section 125 Plan – that's a savings of \$840 a year!

You cannot change your benefit elections for the plan year unless the benefits office receives notification in writing within 31 days of the status change. If the benefits office is not notified within 31 days of the status change, no benefit change can be made until the next annual open enrollment.

IRS specified changes in family status include:

- Change in legal married status
- Change in number of dependents
- Termination or commencement of employment
- Dependent satisfies or ceases to satisfy dependent eligibility requirements
- Change in residence or worksite that affects eligibility for coverage

Section 125 Plan Sample Paycheck					
	Without S125	With S125			
Monthly Salary	\$2,000	\$2,000			
Less Medical Deductions	-N/A	-\$250			
Tax Gross Income	\$2,000	\$1,750			
Less Taxes (Fed/State at 20%)	-\$400	-\$350			
Less Estimated FICA (7.65%)	-\$153	-\$133			
Less Medical Deductions	-\$250	-N/A			
Take Home Pay	\$1,197	\$1,267			

You could save \$70 per month in taxes by paying for your benefits on a pre-tax basis!

<sup>\*</sup>The figures in the sample paycheck above are for illustrative purposes only.

# **Medical Coverage**

## TRS-ActiveCare



Your medical plans are offered through TRS. From in- and out-of-network options to comprehensive prescription drug coverage and special health and wellness programs, TRS-ActiveCare has been designed to flexibly meet the needs of nearly half a million public education employees.

Blue Cross Blue Shield of Texas | https://www.bcbstx.com/trsactivecare/ | 1.866.355.5999

## **TRS-ActiveCare Primary**

- Copays for doctor visits and generic prescriptions before you meet deductible
- Statewide Network
- Participants must select a primary care provider who will make referrals to specialists
- No out-of-network coverage
- Employee will receive two (2) ID cards (BCBS & Express Scripts)

## **TRS-ActiveCare HD**

- Must meet deductible before plan pays for non-preventive care
- In-network and out-of-network benefits separate out-of-network deductible/out-of-pocket maximum Nationwide network
- Deductible applies to medical and pharmacy
- No requirement for PCP or referrals
- Compatible with health savings account (HSA)
- Employee will receive two (2) ID cards (BCBS & Express Scripts)

## TRS-ActiveCare Primary +

- Copays for many services and drugs
- Statewide Network
- Participants must select a primary care provider who will make referrals to specialists
- No out-of-network coverage
- Employee will receive 2 ID cards (BCBS & Express Scripts)

#### TRS-ActiveCare 2 - Closed to New Enrollees

- Copays for many drugs and services
- Nationwide network with out-of-network coverage
- Employee will receive two (2) ID cards (BCBS & Express Scripts)

## **TRS-ActiveCare Plan Prescription Benefits**

Express Scripts | https://info.express-scripts.com/trsactivecare | 1.844.367.6108

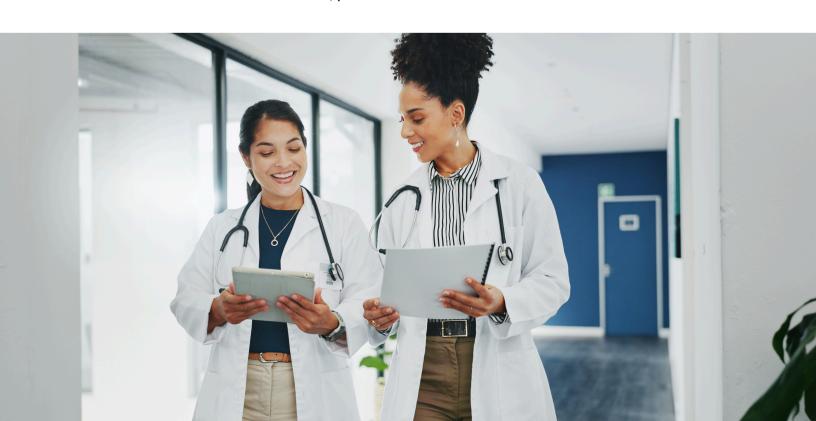
When you enroll in a BCBSTX Plan, you automatically receive prescription drug coverage through Express Scripts which gives you access to a large, national network of retail pharmacies.

## **TRS ActiveCare Medical Premiums**

Medical Monthly Premiums						
	Primary	Primary+	HD	AC2		
Employee Only	\$182	\$255	\$193	\$769		
Employee + Spouse	\$907	\$1,054	\$936	\$2,158		
Employee + Children	\$481	\$605	\$499	\$1,263		
Employee + Family	\$1,205	\$1,403	\$1,242	\$2,597		

Monthly Premiums shown above include the Employer contribution of \$244

For more information, please refer to the TRS-ActiveCare website.



# 2024-25 TRS-ActiveCare Plan Highlights Sept. 1, 2024 - Aug. 31, 2025



# **How to Calculate Your Monthly Premium**

**Total Monthly Premium** 

Your Employer Contribution

Your Premium

Ask your Benefits Administrator for your district's specific premiums.

# Wellness Benefits at No Extra Cost\*

## **Being healthy is easy with:**

- \$0 preventive care
- 24/7 customer service
- One-on-one health coaches
- Weight loss programs
- Nutrition programs
- Ovia<sup>™</sup> pregnancy support
- TRS Virtual Health
- Mental health benefits
- And much more!

\*Available for all plans. See the benefits guide for more details.

# Primary Plans & Mental Health

 Both Primary and Primary+ offer \$0 virtual mental health visits with any in-network provider. All TRS-ActiveCare participants have three plan options. Each includes a wide range of wellness benefits.

	TRS-ActiveCare Primary	TRS-ActiveCare Primary+	TRS-ActiveCare HD
Plan Summary	Lowest premium of all three plans     Copays for doctor visits before you meet your deductible     Statewide network     Primary Care Provider referrals required to see specialists     Not compatible with a Health Savings Account     No out-of-network coverage	Copays for many services and drugs     Higher premium	Compatible with a Health Savings Account     Nationwide network with out-of-network coverage     No requirement for Primary Care Providers or referrals     Must meet your deductible before plan pays for non-preventive care

Monthly Premiums	Total Premium	Employer Contribution	Your Premium	Total Premium	Employer Contribution	Your Premium	Total Premium	Employer Contribution	Your Premium
Employee Only	\$426	\$244	\$182	\$499	\$244	\$255	\$437	\$244	\$193
Employee and Spouse	\$1,151	\$244	\$907	\$1,298	\$244	\$1,054	\$1,180	\$244	\$936
Employee and Children	\$725	\$244	\$481	\$849	\$244	\$605	\$743	\$244	\$499
Employee and Family	\$1,449	\$244	\$1,205	\$1,647	\$244	\$1,403	\$1,486	\$244	\$1,242

Plan Features				
Type of Coverage	In-Network Coverage Only	In-Network Coverage Only	In-Network	Out-of-Network
Individual/Family Deductible	\$2,500/\$5,000	\$1,200/\$2,400	\$3,200/\$6,400	\$6,400/\$12,800
Coinsurance	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible
Individual/Family Maximum Out of Pocket	\$8,050/\$16,100	\$6,900/\$13,800	\$8,050/\$16,100	\$20,250/\$40,500
Network	Statewide Network	Statewide Network	Nationwid	e Network
PCP Required	Yes	Yes	No	

Doctor Visits				
Primary Care	\$30 copay	\$15 copay	You pay 30% after deductible	You pay 50% after deductible
Specialist	\$70 copay	\$70 copay	You pay 30% after deductible	You pay 50% after deductible

Immediate Care				
Urgent Care	\$50 copay	\$50 copay	You pay 30% after deductible	You pay 50% after deductible
Emergency Care	You pay 30% after deductible	You pay 20% after deductible	You pay 30% a	ifter deductible
TRS Virtual Health-RediMD™	\$0 per medical consultation	\$0 per medical consultation	\$30 per medical consultation	
TRS Virtual Health-Teladoc®	\$12 per medical consultation	\$12 per medical consultation	\$42 per medical consultation	

•	Prescription Drugs			
•	Drug Deductible	Integrated with medical	\$200 deductible per participant (brand drugs only)	Integrated with medical
•	Generics (31-Day Supply/90-Day Supply)	\$15/\$45 copay; \$0 copay for certain generics	\$15/\$45 copay	You pay 20% after deductible; \$0 coinsurance for certain generics
•	Preferred (Max does not apply if brand is selected and generic is available)		You pay 25% after deductible (\$100 max)/ You pay 25% after deductible (\$265 max)	You pay 25% after deductible
•	Non-preferred	You pay 50% after deductible	You pay 50% after deductible	You pay 50% after deductible
•	Specialty (31-Day Max)	\$0 if SaveOnSP eligible; You pay 30% after deductible	\$0 if SaveOnSP eligible; You pay 30% after deductible	You pay 20% after deductible
•	Insulin Out-of-Pocket Costs	\$25 copay for 31-day supply; \$75 for 61-90 day supply	\$25 copay for 31-day supply; \$75 for 61-90 day supply	You pay 25% after deductible

This plan is closed and not accepting new enrollees. If you're currently enrolled in TRS-ActiveCare 2, you can remain in this plan.

#### **TRS-ActiveCare 2**

- · Closed to new enrollees
- Current enrollees can choose to stay in plan
- · Lower deductible
- Copays for many services and drugs
- Nationwide network with out-of-network coverage

No requirement for Primary Care Providers or referral	rs or referrals
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Total Premium	Employer Contribution	Your Premium
\$1,013	\$244	\$769
\$2,402	\$244	\$2,158
\$1,507	\$244	\$1,263
\$2,841	\$244	\$2,597

In-Network	Out-of-Network			
\$1,000/\$3,000 \$2,000/\$6,000				
You pay 20% after deductible	You pay 40% after deductible			
\$7,900/\$15,800 \$23,700/\$47,400				
Nationwide Network				
No				

\$30 copay	You pay 40% after deductible
\$70 copay	You pay 40% after deductible

\$50 copay You pay 40% after deductible		
You pay a \$250 copay plus 20% after deductible		
\$0 per medical consultation		
\$12 per medical consultation		

\$200 brand deductible
\$20/\$45 copay
You pay 25% after deductible (\$40 min/\$80 max)/ You pay 25% after deductible (\$105 min/\$210 max)
You pay 50% after deductible (\$100 min/\$200 max)/ You pay 50% after deductible (\$215 min/\$430 max)
\$0 if SaveOnSP eligible; You pay 30% after deductible (\$200 min/\$900 max)/

No 90-day supply of specialty medications \$25 copay for 31-day supply; \$75 for 61-90 day supply

## **Compare Prices for Common Medical Services**

## **REMEMBER:**

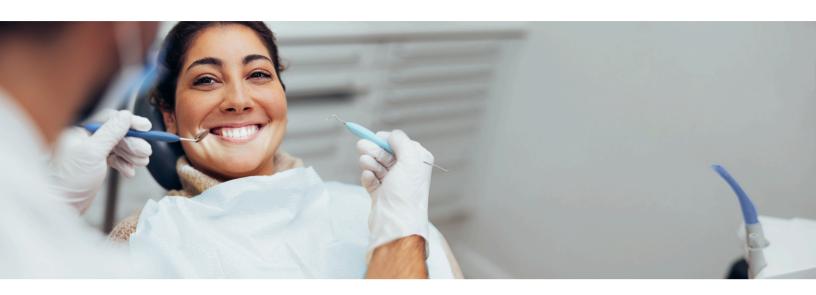
Call a Personal Health Guide 24/7 to help you find the best price for a medical service. Reach them at **1-866-355-5999**.

Benefit	TRS-ActiveCare Primary	TRS-ActiveCare Primary+	TRS-Activ	veCare HD	TRS-ActiveCare 2		
	In-Network Only	In-Network Only	In-Network	Out-of-Network	In-Network	Out-of-Network	
Diagnostic Labs**	Office/Indpendent Lab: You pay \$0	Office/Indpendent Lab: You pay \$0	You pay 30%	You pay 50%	Office/Indpendent Lab: You pay \$0	You pay 40%	
Diagnoodo Labo	Outpatient: You pay 30% after deductible	Outpatient: You pay 20% after deductible	after deductible	after deductible	Outpatient: You pay 20% after deductible	after deductible	
High-Tech Radiology	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible	You pay 20% after deductible + \$100 copay per procedure	You pay 40% after deductible + \$100 copay per procedure	
Outpatient Costs	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible	You pay 20% after deductible (\$150 facility copay per incident)	You pay 40% after deductible (\$150 facility copay per incident)	
Inpatient Hospital Costs	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible (\$500 facility per day maximum)	You pay 20% after deductible (\$150 facility copay per day)	You pay 40% after deductible (\$500 facility copay per incident)	
Freestanding Emergency Room	You pay \$500 copay + 30% after deductible	You pay \$500 copay + 20% after deductible	You pay \$500 copay + 30% after deductible	You pay \$500 copay + 50% after deductible	You pay \$500 copay + 20% after deductible	You pay \$500 copay + 40% after deductible	
	Facility: You pay 30% after deductible	Facility: You pay 20% after deductible	Not Covered		Facility: You pay 20% after deductible (\$150 facility copay per day)		
Bariatric Surgery	Professional Services: You pay \$5,000 copay + 30% after deductible	Professional Services: You pay \$5,000 copay + 20% after deductible		Not Covered	Not Covered	Professional Services: You pay \$5,000 copay + 20% after deductible	Not Covered
	Only covered if rendered at a BDC+ facility	Only covered if rendered at a BDC+ facility			Only covered if rendered at a BDC+ facility		
Annual Vision Exam (one per plan year; performed by an ophthalmologist or optometrist)	You pay \$70 copay	You pay \$70 copay	You pay 30% after deductible	You pay 50% after deductible	You pay \$70 copay	You pay 40% after deductible	
Annual Hearing Exam (one per plan year)	\$30 PCP copay \$70 specialist copay	\$15 PCP copay \$70 specialist copay	You pay 30% after deductible	You pay 50% after deductible	\$30 PCP copay \$70 specialist copay	You pay 40% after deductible	

<sup>\*\*</sup>Pre-certification for genetic and specialty testing may apply. Contact a PHG at 1-866-355-5999 with questions.

## **Dental Insurance**

## **Plan Choices**



SunLife www.sunlife.com/us | 800-247-6875

Taking care of your oral health is not a luxury, it is a necessity to long-term optimal health. Dental insurance can greatly reduce your costs when it comes to preventative, restorative, and emergency procedures. Review the plan benefits to see which option is best for you and your family's dental needs. A range of procedures may be covered, such as:

- Comprehensive Exams
- Cleanings
- X-Rays

- Fillings
- Tooth Extractions
- General Anesthesia
- Crown
- Root Canals

## **Dental Monthly Premiums**

	Basic	Enhanced
Employee Only	\$20.55	\$32.53
Employee + Spouse	\$39.66	\$62.63
Employee + Children	\$48.35	\$73.69
Employee + Family	\$68.39	\$102.74

# **Vision Insurance**

SunLife www.sunlife.com/us | 800-247-6875

Proper vision care is essential to your overall well-being. Regular eye exams at any age will help prevent eye disease and keep your vision strong for years to come.

Your employer provides you with a vision plan to take care of you and your family's needs. You must enroll in the vision plan each plan year and premiums are typically paid through payroll deduction. Here are just a few of the areas where you will save money with your plan:

• Eye Exams

Contact lenses

• Vision correction

• Eyeglasses

• Eye surgeries

Vision Monthly Premium					
Employee Only	\$6.59				
Employee + Spouse	\$13.19				
Employee + Children	\$14.51				
Employee + Family	\$21.11				



# Flexible Spending Accounts

First Financial Administrators, Inc. | www.ffga.com 1.866.853.3539 P.O. Box 161968 | Altamonte Springs, FL 32716

#### **Medical FSA**

A Medical Flexible Spending Account (Medical FSA) is an IRS-approved program to help you save taxes and reimburse yourself for out-of-pocket medical expenses not covered under your medical plan. Your employer has chosen the \$640 carryover option for your Medical FSA plan. This option allows you the opportunity to carry over up to \$640 of unclaimed Medical FSA funds into the following plan year. Keep in mind that balances more than \$640 will be forfeited under the use-it-or-lose-it rule.

Your maximum contribution amount for 2024 is \$3,200.

## Medical FSA Highlights

- Contributions are automatically deducted from your paycheck on a pre-tax basis, which helps reduce your taxable income and increase your spendable income.
- Your full election will be available to you at the beginning of the plan year.
- Be conservative any money left in your account at the end of the plan year will be forfeited.
- Use your benefits card to pay for qualified expenses upfront without spending money out of pocket.
- Keep all receipts in case you need to substantiate a claim for tax purposes.

NOTE: The IRS requires proof that all expenses are eligible. Keep all receipts in case you need to substantiate a claim for tax purposes. Your receipt must include the date of purchase or service, amount you were required to pay after insurance, description of the product or service, merchant or provider name, and the patient's name.

## **Dependent Care FSA**

With a Dependent Care Flexible Spending Account, you can set aside part of your pay on a pre-tax basis to pay for eligible dependent care expenses like childcare, babysitters, and adult day care.

You may allocate up to \$5,000 per tax year for reimbursement of dependent care services. If you are married and file a separate tax return, the limit is \$2,500.

# Dependent Care FSA Highlights

- Eligible dependents must be claimed as an exemption on your tax return.
- Eligible dependents must be children under age 13 or an adult dependent incapable of self-care.
- Funds become available as contributions are made to your account.
- Keep all receipts in case you need to substantiate a claim for tax purposes.
- Balances will be forfeited at the end of the runoff or grace period.

# **Health Savings Account**

First Financial Administrators, Inc. | www.ffga.com | 1.866.853.3539 P.O. Box 161968 | Altamonte Springs, FL 32716

A Health Savings Account (HSA) is a great way to help you control your healthcare costs. It works in conjunction with a qualified High Deductible Health Plan (HDHP) to combine tax-free savings earmarked for qualified medical expenses. An HSA allows you to set aside money to pay for higher deductibles associated with a lower monthly premium HDHP. The money you save in monthly insurance premiums is reserved for eligible medical expenses you incur in the future. Eligible expenses include things like co-pays and deductibles, prescriptions, vision expenses, dental care, therapy and medical supplies.

# Health Savings Account Highlights

- Balances roll over from year to year and earn interest along the way.
- Portable you keep it even after you leave employment.
- Tax advantages invest money in mutual funds to grow your tax savings for either future healthcare costs or retirement.
- Pay for expenses with a benefits debit card that gives you immediate access to your money at the time of purchase.
- Expenses also can be reimbursed through our online portal, online bill pay directly to your provider or submitting a distribution request form.
- Receipts are not required for reimbursement but be sure to save them for tax purposes.

## Who Can Participate in an HSA?

- You must be enrolled in a qualified High Deductible Health Plan (HDHP).
- You cannot be enrolled in Tricare or Medicare or covered under your spouse's traditional (non-HDHP) health care plan.
- You cannot participate in a general purpose Flexible Spending Account (FSA) or Health Reimbursement Arrangement.
- Limited Purpose Flexible Spending Accounts are permitted (dental and vision expenses only).
- You cannot participate if your spouse has a general purpose FSA or HRA at their place of employment.
- You cannot participate if you are being claimed as a dependent on another person's tax return.

	2024	2025
HSA Contribution Limits	<ul><li>Self: \$4,150</li><li>Family: \$8,300</li></ul>	<ul><li>Self Only: \$4,300</li><li>Family: \$8,550</li></ul>
Health Insurance Deductible Limits	<ul><li>Self Only: \$1,600</li><li>Family: \$3,200</li></ul>	<ul><li>Self Only: \$1,650</li><li>Family: \$3,300</li></ul>

\$1,000 catch-up contributions (age 55 or older)

## **FSA & HSA Resources**

#### **Benefits Card**

The FFGA Benefits Card is available to all employees that participate in a Flexible Spending Account or Health Savings Account. The Benefits Card gives you immediate access to your money at the point of purchase. Cards are available for participating employees, their spouse and any eligible dependents who are at least 18 years old.

## **View Your Account Details Online**

Sign up to view your account balance, find tax forms and check claims status on our secure website. Log in at www.ffga.com. After you log in, you may sign up to have reimbursements directly deposited to your bank account.



# Good morning Chris! Your account balance is... \$5,800 HSA HSA Breakdown: Contributions: \$3,112.54 IRS Limit: \$7,000.00 Investments: \$1000.00 Details You have 10 opportunities! Max out your prior year's contributions to prepare for the future View All NEW ALL PROCESSES ACCOUNTS ACCOUN

## **FF Mobile Account App**

With the FF Mobile Account App, you can submit claims, view account balance and history, check claims status, view alerts, upload receipts and documentation and more! The FF Mobile Account App is available for Apple® and Android™ devices on either the App Store or Google Play Store.

#### **FSA/HSA Store**

FFGA has partnered with the FSA Store and HSA Store to bring you easy-to-use online stores to better understand and manage your account. You can shop for eligible medical items like bandages and contact solution, browse for products and services using the Eligibility List and visit the Learning Center to find answers to commonly asked questions. Visit the stores at

http://www.ffga.com/individuals/#stores for more details and special deals.





## **Texas Life**

## **Permanent Life**



Texas Life www.texaslife.com | 800-283-9233

## **Texas Life Insurance - Permanent, Portable Life Insurance**

The peace of mind voluntary, permanent life insurance provides is unmatched. It is a solid companion to your group life insurance plan. Texas Life provides life insurance that you can keep for a lifetime. The plan is easy to purchase, pay for, and keep through the convenience of payroll deduction. Coverage is affordable and dependable. Plus, Texas Life has over a century of experience protecting families and giving the peace of mind only permanent life insurance can provide.

Texas Life -Permanent Life Highlights

- You own the policy, even if you change jobs or retire.
- The policy remains in force until you die or up to age 121 if you pay the necessary premium on time.
- It is a permanent, universal life policy which means you can rest easy knowing your loved ones will be well taken care of when you're gone.

## TEXASLIFE INSURANCE

Standard Risk Table Premiums — Non-Tobacco — PureLife-plus **Express Issue** GUARANTEED Monthly Premiums for Life Insurance Face Amounts Shown PERIOD Includes Added Cost for Age to Which Accidental Death Benefit (Ages 17-59) Coverage is Issue and Accelerated Death Benefit for Chronic Illness (All Ages) Guaranteed at Age \$10,000 \$25,000 \$50,000 \$75,000 \$100,000 \$150,000 \$200,000 \$250,000 \$300,000 Table Premium (ALB) 17-20 13.05 23.85 34.65 45.45 67.05 88.65 110.25 131.85 21-22 13.33 24.40 35.48 46.5568.70 90.85 113.00 135.15 74 24.95 47.65 70.35 93.05 115.75 75 23 13.60 36.30 138.45 95.25 24-25 25.50 37.13 48.75 72.00118.50 141.75 74 13.88 50.95 75.30 99.65 124.00 75 26 14.43 26.60 38.78 148.35 27 - 2814.70 27.1539.60 52.0576.95101.85126.75151.6574 29 14.98 27.7040.43 53.1578.60 104.05129.50 154.9574 30-31 15.2528.25 41.25 54.25 80.25 106.25 132.25 158.25 73 32 16.08 29.90 43.73 57.5585.20 112.85140.50 168.1574 33 16.63 31.00 45.38 59.7588.50 117.25 146.00 174.7574 34 17.4532.65 47.85 63.05 93.45123.85 154.25 184.65 75 100.05 132.65 76 35 18.55 34.85 51.15 67.45165.25 197.85 103.35 137.05 76 36 19.10 35.95 52.80 69.65 170.75 204.4537.6072.95214.35 37 19.93 55.28 108.30 143.65 179.00 77 113.2538 20.7539.2557.75 76.25150.25 187.25 224.2577 39 22.13 42.00 61.88 81.75 121.50161.25 201.00 240.7578 10.75 87.25 129.75 172.25 214.75 257.25 79 40 23.5044.75 66.00 41 11.52 25.43 48.60 71.78 94.95 41.30187.65 234.00 280.35 80 42 12.40 27.63 53.00 78.38 103.75 154.50 205.25 256.00 306.75 81 43 13.17 29.55 84.15 220.65 275.25 82 56.85 111.45166.05329.8583 44 13.94 31.48 60.70 89.93 119.15 177.60 236.05 294.50 352.95 14.71 33.40126.85 189.15251.45313.75 376.05 83 45 64.5595.70 102.30 46 15.59 35.6068.95135.65202.35269.05335.75402.4584 108.08 47 16.36 37.53 72.80 143.35 213.90 284.45 355.00 425.55 84 48 17.1339.4576.65113.85151.05 225.45299.85 374.25448.65 85 49 41.93 160.95240.30 319.65 399.00 478.35 85 18.12 81.60 121.28 50 19.2244.68 87.10 129.53 171.95 86 51 20.54 47.98 93.70139.43 185.15 87 150.15 52 21.97 51.55 100.85 199.45 88 158.40 53 23.07 54.30 106.35 210.4588 57.05 166.65 221.4554 24.17111.8588 55 25.38 60.08 117.90 175.73 233.5589 56 26.48 62.83 123.40 183.98 244.5589 CHILDREN AND 57 27.80 66.13130.00 193.88 257.75 89 136.05 202.95 GRANDCHILDREN 58 29.01 69.15 269.85 89 59 30.33 72.45 142.65212.85283.05 89 (NON-TOBACCO) 60 31.18 74.58 146.90 219.23 291.55 90 with Accidental Death Rider 61 154.05229.95 90 32.61 78.15305.85 162.8590 62 34.37 82.55243.15323.4563 171.65256.35341.0590 36.1386.95 64 38.00 91.63 181.00 270.38 359.75 90 Premium Issue Guaranteed 65 40.09 96.85191.45 286.05 380.65 90 Age Period 42.40 \$25,000 \$50,000 90 66 67 44.93 91 15D-1 9.25 16.25 81 68 47.68 91 2-4 9.50 16.75 80 69 50.43 91 17.25 70 53.29 5-8 9.75 79 91

PureLife-plus is permanent life insurance to Attained Age 121 that can never be cancelled as long as you pay the necessary premiums. After the Guaranteed Period, the premiums can be lower, the same, or higher than the Table Premium. See the brochure under "Permanent Coverage".

Form ICC18-PRFNG-NI-18, Form Series PRFNG-NI-18 or PRFNG-NI-20-OHIO

Accelerated Death Benefit for Chronic Illness Rider Form ICC15-ULABR-CI-15, ULABR-CI-15 or CA-ULABR-CI-18

Accidental Death Benefit Form ICC 07-ULCL-ADB-07 or Form Series ULCL-ADB-07

9-10 17.75 10.00 79 11-16 10.25 18.25 77 17-20 12.25 22.25 75 21-22 12.50 22.75 74 23 12.75 23.25 75 24-25 13.00 23.75 74 26 13.50 24.75 75

Indicates
Spouse
Coverage
Available



PureLife-plus — Standard Risk Table Premiums — Tobacco — **Express Issue** GUARANTEED Monthly Premiums for Life Insurance Face Amounts Shown PERIOD Includes Added Cost for Age to Which Accidental Death Benefit (Ages 17-59) Coverage is Issue and Accelerated Death Benefit for Chronic Illness (All Ages) Guaranteed at Age \$10,000 \$25,000 \$50,000 \$75,000 \$100,000 \$150,000 \$200,000 \$250,000 \$300,000 Table Premium (ALB) 17-20 18.55 34.85 51.15 67.45 100.05 132.65 165.25 197.85 21-22 19.38 36.50 53.63 70.75 105.00 139.25 173.50 207.75 71 109.95 72 20.20 38.15 56.10 74.05 145.85 181.75 217.65 23 24-25 39.25 76.25 113.25 150.25 187.25 224.25 20.75 57.75 71 21.30 40.35 116.55154.65 192.75 72 26 59.40 78.45230.8527 - 2821.8541.4561.0580.65 119.85159.05 198.25 237.457129 22.13 42.00 61.88 81.75 121.50161.25 201.00 240.75 71 30-31 24.88 47.50 70.13 92.75 138.00 183.25 228.50 273.75 72 32 25.70 49.1572.60 96.05 142.95 189.85 236.75283.65 72 33 25.98 49.70 73.43 97.15144.60 192.05 239.50 286.95 72 34 26.25 50.25 74.25 98.25 146.25194.25 242.25 290.25 71 157.80 72 35 28 18 54.10 80.03 105.95 209.65 261.50 313.35 162.75 36 29.00 55.7582.50 109.25 216.25269.75 323.2572 231.6537 30.93 59.60 88.28 116.95 174.30 289.00 346.35 73 38 31.75 61.2590.75 120.25179.25238.25297.25356.25 73 39 33.95 65.6597.35 129.05 192.45 255.85 319.25 382.65 74 16.14 106.43 141.15 210.60 76 40 36.98 71.70280.05349.50 418.95 41 17.13 39.45 76.65 113.85 151.05 225.45299.85 374.25 448.65 77 42 18.34 42.48 82.70 122.93 163.15 243.60 324.05 404.50 484.95 78 43 134.48 178.55 80 19.88 46.33 90.40 266.70 354.85 443.00 531.15 186.25278.25 80 20.65 48.25 94.25140.25 370.25 462.25 554.25 44 148.50 197.25 294.75 392.25 489.75587.25 81 45 21.7551.00 99.75 46 22.6353.20104.15 155.10206.05 307.95409.85511.75613.6581 47 23.73 55.95 109.65 163.35 217.05 324.45 431.85 539.25 646.65 82 48 24.7258.43114.60 170.78 226.95339.30451.65 564.00 676.3582 49 241.25 360.75 599.75 719.25 83 26.15 62.00 121.75 181.50 480.25 50 27.3665.03127.80 190.58 253.3583 51 28.57 68.05 133.85 199.65 265.4583 142.65 212.85 84 52 30.33 72.45 283.05 224.40 31.87 76.30 150.35 298.4585 53 157.50235.13312.7554 33.30 79.88 85 55 34.84 83.73 165.20246.68328.1585 174.00259.88 85 56 36.60 88.13 345.75 38.36 92.53182.80 273.08 363.35 86 57 287.1058 40.23 97.20 192.15 382.05 86 59 42.10 101.88 201.50 301.13 400.75 86 60 43.28 104.83 207.40 309.98 412.55 86 61 45.81 111.15 220.05 328.95 437.85 86 87 62 48.23117.20232.15347.10 462.0563 50.65 123.25 486.25244.25365.2587 **CHILDREN AND** 64 53.07 129.30 256.35 383.40 510.45 87 **GRANDCHILDREN** 65 135.90 269.55 403.20 536.85 87 55.71 (TOBACCO) 88 66 58.57 with Accidental Death Rider 67 61.65 88 68 64.84 88 Grandchild coverage available

PureLife-plus is permanent life insurance to Attained Age 121 that can never be cancelled as long as you pay the necessary premiums. After the Guaranteed Period, the premiums can be lower, the same, or higher than the Table Premium. See the brochure under "Permanent Coverage".

Form ICC18-PRFNG-NI-18, Form Series PRFNG-NI-18 or PRFNG-NI-20-OHIO

Accelerated Death Benefit for Chronic Illness Rider Form ICC15-ULABR-CI-15, ULABR-CI-15 or CA-ULABR-CI-18

Accidental Death Benefit Form ICC 07-ULCL-ADB-07 or Form Series ULCL-ADB-07

Issue	Pren	Guaranteed Period	
Age	ge \$25,000 \$5		
17-20	17.25	32.25	71
21-22	18.00	33.75	71
23	18.75	35.25	72
24-25	19.25	36.25	71
26	19.75	37.25	72

through age 18.

**Indicates Spouse** Coverage Available

88

89

68.25

71.88

69

70

# **Disability Insurance**

American Fidelity www.americanfidelity.com | 800-654-8489

## Why Do I Need Disability Insurance?

Have you ever wondered what would happen to your income if you had an accidental injury, sickness, or pregnancy? That is why you need disability coverage. It replaces a portion of income for the period you are unable to work due to those reasons. You can choose the benefit amount, which is the amount of your income to replace, and the waiting period that you begin receiving payments.

How do you decide if you need disability insurance? Consider these questions when making your decision:

- How much employer leave do you have?
- Do you have savings?
- Do you have other income you can rely on, such as from your spouse or from child support?
- How close are you to retirement?
- Could you go on Social Security Disability or take a Disability Retirement?
- What are your other sources of income?





## AF™ Long-Term Disability Income Insurance

ESC Regions 1, 2 & 3

Marketed by:





EMPLOYER BENEFIT SOLUTIONS FOR YOUR INDUSTRY

## Focus on Recovery, Not Expenses

How would you cover your everyday expenses if you experienced an Injury or Sickness and couldn't work for a period of time? AF™ **Long-Term Disability Income Insurance** provides a steady benefit to cover everyday expenses while you are unable to work due to a covered Disability.

## **Plan Highlights**



#### Benefits are Payable Directly to You

You have the freedom to use the funds for your daily expenses such as: groceries, mortgage, daycare, etc.



#### **Customized to Meet Your Individual Needs**

You can select a benefit amount and elimination period that best meets your financial needs.



#### Return-to-Work Benefit

Employees may receive a partial benefit for going back to work parttime while still on Disability.

## **Choose the Right Plan for You**

BENEF	BENEFITS BEGIN				
Plan I	On the 1st day of Disability requiring hospitalization and on the 8th day of Disability due to a covered Injury or Sickness				
Plan II	On the 1st day of Disability requiring hospitalization and on the 15th day of Disability due to a covered Injury or Sickness				
Plan III	On the 1st day of Disability requiring hospitalization and on the 31st day of Disability due to a covered Injury or Sickness				
Plan IV	On the 61st day of Disability due to a covered Injury or Sickness.				
Plan V	On the 91st day of Disability due to a covered Injury or Sickness.				
Plan VI	On the 151st day of Disability due to a covered Injury or Sickness.				



*Injury* means physical harm or damage to the body you sustained which results directly from an accidental bodily Injury, is independent of disease or bodily infirmity; and takes place while your coverage is active.



*Sickness* means a disease or illness (including pregnancy). Disability must begin while your coverage is active.



Hospital - the term "Hospital" shall not include an institution used by you as a place for rehabilitation; a place for rest or for the aged; a nursing or convalescent home; a long-term nursing unit or geriatrics ward; or an extended care facility for the care of convalescent, rehabilitative, or ambulatory patients.



*Disability* or disabled for the first 24 months of Disability means that you are unable to perform the material and substantial duties of your regular occupation. After that, Disability means you are unable to perform the material and substantial duties of any gainful occupation for wage or profit for which you are reasonably qualified by training, education, or experience.

## Benefit Policy Schedule

Several benefit options are available to you. You may participate in the plan under any one of the benefit levels outlined below, provided the Monthly Disability Benefit level selected does not exceed  $66^{2/3}\%$  of your monthly compensation.

			Monthly Premiums					
Monthly Salary	Monthly Disability Benefit	Accidental Death Benefit	Plan I (8th)	Plan II (15th)	Plan III (31st)	Plan IV (61st)	Plan V (91st)	Plan VI (151st)
\$300.00 - \$449.99	\$200.00	\$20,000.00	\$6.56	\$5.60	\$5.16	\$2.84	\$2.12	\$1.36
\$450.00 - \$599.99	\$300.00	\$20,000.00	\$9.84	\$8.40	\$7.74	\$4.26	\$3.18	\$2.04
\$600.00 - \$749.99	\$400.00	\$20,000.00	\$13.12	\$11.20	\$10.32	\$5.68	\$4.24	\$2.72
\$750.00 - \$899.99	\$500.00	\$20,000.00	\$16.40	\$14.00	\$12.90	\$7.10	\$5.30	\$3.40
\$900.00 - \$1,049.99	\$600.00	\$20,000.00	\$19.68	\$16.80	\$15.48	\$8.52	\$6.36	\$4.08
\$1,050.00 - \$1,199.99	\$700.00	\$20,000.00	\$22.96	\$19.60	\$18.06	\$9.94	\$7.42	\$4.76
\$1,200.00 - \$1,349.99	\$800.00	\$20,000.00	\$26.24	\$22.40	\$20.64	\$11.36	\$8.48	\$5.44
\$1,350.00 - \$1,499.99	\$900.00	\$20,000.00	\$29.52	\$25.20	\$23.22	\$12.78	\$9.54	\$6.12
\$1,500.00 - \$1,649.99	\$1,000.00	\$20,000.00	\$32.80	\$28.00	\$25.80	\$14.20	\$10.60	\$6.80
\$1,650.00 - \$1,799.99	\$1,100.00	\$20,000.00	\$36.08	\$30.80	\$28.38	\$15.62	\$11.66	\$7.48
\$1,800.00 - \$1,949.99	\$1,200.00	\$20,000.00	\$39.36	\$33.60	\$30.96	\$17.04	\$12.72	\$8.16
\$1,950.00 - \$2,099.99	\$1,300.00	\$20,000.00	\$42.64	\$36.40	\$33.54	\$18.46	\$13.78	\$8.84
\$2,100.00 - \$2,249.99	\$1,400.00	\$20,000.00	\$45.92	\$39.20	\$36.12	\$19.88	\$14.84	\$9.52
\$2,250.00 - \$2,399.99	\$1,500.00	\$20,000.00	\$49.20	\$42.00	\$38.70	\$21.30	\$15.90	\$10.20
\$2,400.00 - \$2,549.99	\$1,600.00	\$20,000.00	\$52.48	\$44.80	\$41.28	\$22.72	\$16.96	\$10.88
\$2,550.00 - \$2,699.99	\$1,700.00	\$20,000.00	\$55.76	\$47.60	\$43.86	\$24.14	\$18.02	\$11.56
\$2,700.00 - \$2,849.99	\$1,800.00	\$20,000.00	\$59.04	\$50.40	\$46.44	\$25.56	\$19.08	\$12.24
\$2,850.00 - \$2,999.99	\$1,900.00	\$20,000.00	\$62.32	\$53.20	\$49.02	\$26.98	\$20.14	\$12.92
\$3,000.00 - \$3,149.99	\$2,000.00	\$20,000.00	\$65.60	\$56.00	\$51.60	\$28.40	\$21.20	\$13.60
\$3,150.00 - \$3,299.99	\$2,100.00	\$20,000.00	\$68.88	\$58.80	\$54.18	\$29.82	\$22.26	\$14.28
\$3,300.00 - \$3,449.99	\$2,200.00	\$20,000.00	\$72.16	\$61.60	\$56.76	\$31.24	\$23.32	\$14.96
\$3,450.00 - \$3,599.99	\$2,300.00	\$20,000.00	\$75.44	\$64.40	\$59.34	\$32.66	\$24.38	\$15.64
\$3,600.00 - \$3,749.99	\$2,400.00	\$20,000.00	\$78.72	\$67.20	\$61.92	\$34.08	\$25.44	\$16.32
\$3,750.00 - \$3,899.99	\$2,500.00	\$20,000.00	\$82.00	\$70.00	\$64.50	\$35.50	\$26.50	\$17.00
\$3,900.00 - \$4,049.99	\$2,600.00	\$20,000.00	\$85.28	\$72.80	\$67.08	\$36.92	\$27.56	\$17.68
\$4,050.00 - \$4,199.99	\$2,700.00	\$20,000.00	\$88.56	\$75.60	\$69.66	\$38.34	\$28.62	\$18.36
\$4,200.00 - \$4,349.99	\$2,800.00	\$20,000.00	\$91.84	\$78.40	\$72.24	\$39.76	\$29.68	\$19.04
\$4,350.00 - \$4,499.99	\$2,900.00	\$20,000.00	\$95.12	\$81.20	\$74.82	\$41.18	\$30.74	\$19.72
\$4,500.00 - \$4,649.99	\$3,000.00	\$20,000.00	\$98.40	\$84.00	\$77.40	\$42.60	\$31.80	\$20.40
\$4,650.00 - \$4,799.99	\$3,100.00	\$20,000.00	\$101.68	\$86.80	\$79.98	\$44.02	\$32.86	\$21.08
\$4,800.00 - \$4,949.99	\$3,200.00	\$20,000.00	\$104.96	\$89.60	\$82.56	\$45.44	\$33.92	\$21.76
\$4,950.00 - \$5,099.99	\$3,300.00	\$20,000.00	\$108.24	\$92.40	\$85.14	\$46.86	\$34.98	\$22.44
\$5,100.00 - \$5,249.99	\$3,400.00	\$20,000.00	\$111.52	\$95.20	\$87.72	\$48.28	\$36.04	\$23.12
\$5,250.00 - \$5,399.99	\$3,500.00	\$20,000.00	\$114.80	\$98.00	\$90.30	\$49.70	\$37.10	\$23.80
\$5,400.00 - \$5,549.99	\$3,600.00	\$20,000.00	\$118.08	\$100.80	\$92.88	\$51.12	\$38.16	\$24.48
\$5,550.00 - \$5,699.99	\$3,700.00	\$20,000.00	\$121.36	\$103.60	\$95.46	\$52.54	\$39.22	\$25.16
\$5,700.00 - \$5,849.99	\$3,800.00	\$20,000.00	\$124.64	\$106.40	\$98.04	\$53.96	\$40.28	\$25.84

## Benefit Policy Schedule (continued)

			Monthly Premiums					
Monthly Salary	Monthly Disability Benefit	Accidental Death Benefit	Plan I (8th)	Plan II (15th)	Plan III (31st)	Plan IV (61st)	Plan V (91st)	Plan V (151st
\$5,850.00 - \$5,999.99	\$3,900.00	\$20,000.00	\$127.92	\$109.20	\$100.62	\$55.38	\$41.34	\$26.52
\$6,000.00 - \$6,149.99	\$4,000.00	\$20,000.00	\$131.20	\$112.00	\$103.20	\$56.80	\$42.40	\$27.2
\$6,150.00 - \$6,299.99	\$4,100.00	\$20,000.00	\$134.48	\$114.80	\$105.78	\$58.22	\$43.46	\$27.8
\$6,300.00 - \$6,449.99	\$4,200.00	\$20,000.00	\$137.76	\$117.60	\$108.36	\$59.64	\$44.52	\$28.5
\$6,450.00 - \$6,599.99	\$4,300.00	\$20,000.00	\$141.04	\$120.40	\$110.94	\$61.06	\$45.58	\$29.2
\$6,600.00 - \$6,749.99	\$4,400.00	\$20,000.00	\$144.32	\$123.20	\$113.52	\$62.48	\$46.64	\$29.9
\$6,750.00 - \$6,899.99	\$4,500.00	\$20,000.00	\$147.60	\$126.00	\$116.10	\$63.90	\$47.70	\$30.6
\$6,900.00 - \$7,049.99	\$4,600.00	\$20,000.00	\$150.88	\$128.80	\$118.68	\$65.32	\$48.76	\$31.2
\$7,050.00 - \$7,199.99	\$4,700.00	\$20,000.00	\$154.16	\$131.60	\$121.26	\$66.74	\$49.82	\$31.9
\$7,200.00 - \$7,349.99	\$4,800.00	\$20,000.00	\$157.44	\$134.40	\$123.84	\$68.16	\$50.88	\$32.6
\$7,350.00 - \$7,499.99	\$4,900.00	\$20,000.00	\$160.72	\$137.20	\$126.42	\$69.58	\$51.94	\$33.3
\$7,500.00 - \$7,649.99	\$5,000.00	\$20,000.00	\$164.00	\$140.00	\$129.00	\$71.00	\$53.00	\$34.0
\$7,650.00 - \$7,799.99	\$5,100.00	\$20,000.00	\$167.28	\$142.80	\$131.58	\$72.42	\$54.06	\$34.6
\$7,800.00 - \$7,949.99	\$5,200.00	\$20,000.00	\$170.56	\$145.60	\$134.16	\$73.84	\$55.12	\$35.3
\$7,950.00 - \$8,099.99	\$5,300.00	\$20,000.00	\$173.84	\$148.40	\$136.74	\$75.26	\$56.18	\$36.0
\$8,100.00 - \$8,249.99	\$5,400.00	\$20,000.00	\$177.12	\$151.20	\$139.32	\$76.68	\$57.24	\$36.7
\$8,250.00 - \$8,399.99	\$5,500.00	\$20,000.00	\$180.40	\$154.00	\$141.90	\$78.10	\$58.30	\$37.4
\$8,400.00 - \$8,549.99	\$5,600.00	\$20,000.00	\$183.68	\$156.80	\$144.48	\$79.52	\$59.36	\$38.0
\$8,550.00 - \$8,699.99	\$5,700.00	\$20,000.00	\$186.96	\$159.60	\$147.06	\$80.94	\$60.42	\$38.7
\$8,700.00 - \$8,849.99	\$5,800.00	\$20,000.00	\$190.24	\$162.40	\$149.64	\$82.36	\$61.48	\$39.4
\$8,850.00 - \$8,999.99	\$5,900.00	\$20,000.00	\$193.52	\$165.20	\$152.22	\$83.78	\$62.54	\$40.1
\$9,000.00 - \$9,149.99	\$6,000.00	\$20,000.00	\$196.80	\$168.00	\$154.80	\$85.20	\$63.60	\$40.8
\$9,150.00 - \$9,299.99	\$6,100.00	\$20,000.00	\$200.08	\$170.80	\$157.38	\$86.62	\$64.66	\$41.4
\$9,300.00 - \$9,449.99	\$6,200.00	\$20,000.00	\$203.36	\$173.60	\$159.96	\$88.04	\$65.72	\$42.1
\$9,450.00 - \$9,599.99	\$6,300.00	\$20,000.00	\$206.64	\$176.40	\$162.54	\$89.46	\$66.78	\$42.8
\$9,600.00 - \$9,749.99	\$6,400.00	\$20,000.00	\$209.92	\$179.20	\$165.12	\$90.88	\$67.84	\$43.5
\$9,750.00 - \$9,899.99	\$6,500.00	\$20,000.00	\$213.20	\$182.00	\$167.70	\$92.30	\$68.90	\$44.2
\$9,900.00 - \$10,049.99	\$6,600.00	\$20,000.00	\$216.48	\$184.80	\$170.28	\$93.72	\$69.96	\$44.8
\$10,050.00 - \$10,199.99	\$6,700.00	\$20,000.00	\$219.76	\$187.60	\$172.86	\$95.14	\$71.02	\$45.5
\$10,200.00 - \$10,349.99	\$6,800.00	\$20,000.00	\$223.04	\$190.40	\$175.44	\$96.56	\$72.08	\$46.2
\$10,350.00 - \$10,499.99	\$6,900.00	\$20,000.00	\$226.32	\$193.20	\$178.02	\$97.98	\$73.14	\$46.9
\$10,500.00 - \$10,649.99	\$7,000.00	\$20,000.00	\$229.60	\$196.00	\$180.60	\$99.40	\$74.20	\$47.6
\$10,650.00 - \$10,799.99	\$7,100.00	\$20,000.00	\$232.88	\$198.80	\$183.18	\$100.82	\$75.26	\$48.2
\$10,800.00 - \$10,949.99	\$7,200.00	\$20,000.00	\$236.16	\$201.60	\$185.76	\$102.24	\$76.32	\$48.9
\$10,950.00 - \$11,099.99	\$7,300.00	\$20,000.00	\$239.44	\$204.40	\$188.34	\$103.66	\$77.38	\$49.6
\$11,100.00 - \$11,249.99	\$7,400.00	\$20,000.00	\$242.72	\$207.20	\$190.92	\$105.08	\$78.44	\$50.3
\$11,250.00 - \$11,399.99	\$7,500.00	\$20,000.00	\$246.00	\$210.00	\$193.50	\$106.50	\$79.50	\$51.0

 $<sup>{\</sup>it *Higher benefit amounts available up to a maximum Monthly Disability Benefit of \$10,000.}$ 

## Plan Benefit Highlights

#### **Maximum Benefit Period**

Benefits are payable up to the period of time shown in the charts below, based on your age as of the Disability date for when a covered Injury or Sickness begins.

#### For Injury

Age	Maximum Benefit Period
Less than age 60	To Social Security Normal Retirement Age (SSNRA)*
60	60 months, or to SSNRA*, whichever is greater
61	48 months, or to SSNRA*, whichever is greater
62	42 months, or to SSNRA*, whichever is greater
63	36 months, or to SSNRA*, whichever is greater
64	30 months, or to SSNRA*, whichever is greater
65	24 months, or to SSNRA*, whichever is greater
66	21 months, or to SSNRA*, whichever is greater
67	18 months, or to SSNRA*, whichever is greater
68	15 months, or to SSNRA*, whichever is greater
Age 69 or older	12 months, or to SSNRA*, whichever is greater

<sup>\*</sup>Age at which you are entitled to unreduced Social Security benefits based on current Social Security Amendments.

#### For Sickness

Age	Maximum Benefit Period
Under 65	5 years
65 through 68	To age 70
69 or older	1 year

#### **Social Security Filing Assistance**

If you are a candidate for social security Disability benefits, we can assist you with the application and appeal process.

#### When Coverage Begins

Certificates will become effective on the requested effective date following the date we approve the application, provided you are on active employment and premium has been paid.

#### **Accidental Death Benefit**

A lump sum of \$20,000 will be paid to your designated beneficiary if you die as the direct result of an Injury within 90 days after the Injury.

#### **Hospital Confinement Benefit**

A Hospital Confinement Benefit will be paid each day you are confined as a patient in a Hospital due to an Injury or Sickness, for up to 60 days. The amount payable is 1 times the Disability Benefit which will be pro-rated on a daily basis. This benefit will not be reduced by Deductible Sources of Income. The Hospital confinement must be at least 18 continuous hours in duration.

*Plans I-III:* This benefit will begin on your first day of Hospital confinement. The remainder of your elimination period will be waived. If you are hospital confined due to a covered Injury or Sickness, your Hospital Confinement Benefit will be paid for any days of that confinement occurring before the day your Monthly Disability Benefit would otherwise begin.

*Plans IV-VI:* This benefit will begin after you've met your elimination period.

#### **Waiver of Premium**

No premium payments are required while you are receiving payments under the plan after Disability payments have been received for 180 consecutive days. We will require proof annually that you remain Disabled during that time.

#### **Donor Benefit**

If you are Disabled as a result of being an organ or tissue donor, we will pay your benefit as any other Sickness under the terms of the plan.



## Plan Benefit Highlights

#### Offsets With Other Sources of Income

Deductible Sources of Income include:

- · Other group Disability income.
- Governmental or other retirement system, whether due to Disability, normal retirement or voluntary election of retirement benefits.
- United States Social Security Act or similar plan or act, including any amounts due your dependent(s) on account of your Disability.
- · State Disability.
- · Unemployment compensation.
- Sick leave or other salary or wage continuance plans provided by the employer which extend beyond 180 calendar days from the date of Disability.

We reserve the right to estimate these Deductible Sources of Income that you may receive as defined in your certificate.

#### **Minimum Disability Benefit**

The Minimum Disability Benefit is 10% of the Monthly Disability Benefit or \$100.00, whichever is greater.

## If You Are Disabled Due to a Covered Disability and Not Working

For the first 6 months you are disabled due to a covered disability and not working, we will pay the disability benefit described in the benefit schedule. After 6 months, your disability payment will be the disability benefit described in the benefit schedule less any deductible sources of income you receive or are entitled to receive. No Disability payment will be provided for any period in which you are not under the regular and appropriate care of a physician.

### **Return To Work Incentives: Disabled and Working**

If you are Disabled and working, you may be eligible to continue to receive a percentage of your Disability payment in addition to your Disability earnings. If your Disability earnings exceed 80% of your monthly compensation, payments will stop and your claim will end.

#### · Family Care Benefit

If you are Disabled and working and have one or more eligible family members, you may be eligible for a Family Care Benefit. This benefit is for expenses incurred up to 25% of your Monthly Disability Benefit. Your Disability earnings, gross Disability Benefit, and Family Care Benefit cannot exceed 100% of your monthly compensation. Payment of this benefit ends when you cease to be eligible for benefits under the Disabled and working provision of the policy.

#### Worksite Accommodation

As a part of our claims evaluation process, if worksite modifications may assist your return to work, we will evaluate your claim for appropriate action.

#### **Mental Illness Limited Benefit**

If you are Disabled due to a mental illness, benefits will be provided for up to 2 years, not to exceed the maximum Disability period.

#### **Alcoholism and Drug Addiction Limited Benefit**

If you are Disabled due to alcoholism or drug addiction, a limited benefit of up to 15 days for each Disability will be paid. Benefits will not be paid beyond the maximum benefit period. If drug addiction is sustained at the hands of, or while under the regular and appropriate care of a physician in the course of treatment for Injury or Sickness, it will be covered the same as any other Sickness.

#### **Special Conditions Limited Benefit**

If you are Disabled due to Special Conditions and under the regular and appropriate care of a physician, benefits will be provided for up to 2 years. Special Conditions means: chronic fatigue syndrome; fibromyalgia; any disease, disorder, accident or Injury of the neck or back not resulting in hemiplegia, paraplegia, or quadriplegia; environmental allergic illness including, but not limited to sick building syndrome and multiple chemical sensitivity; and Self-Reported Symptoms. Self-Reported Symptoms are symptoms that the insured tells their physician that are not verifiable using tests, procedures or clinical examinations. Examples include: headaches, pain, fatigue, stiffness, soreness, ringing in ears, dizziness, numbness, or loss of energy.

#### **Pre-Existing Condition Limitation**

No Disability Benefit will be payable if Disability is caused by or resulting from a Pre-Existing Condition and begins before you have been continuously covered under the policy for 24 months. This provision will not apply if you have: gone treatment-free; incurred no expense; taken no medication; and received no diagnosis or advice from a physician, for 12 consecutive months for such condition(s).

This limitation will not apply to a Disability resulting from a Pre-Existing Condition that begins after you have been continuously covered under the policy for 24 months.

Any increase in benefits will be subject to this Pre-Existing Condition limitation. A new Pre-Existing Condition period must be met with respect to any increase applied for and approved by us.

**Pre-Existing Condition** means a disease, Injury, Sickness, physical condition or mental illness for which you: had treatment; incurred expense; took medication; received care or services including diagnostic testing or related measures; or received a diagnosis or advice from a physician, during the 12 month period immediately before your effective date of coverage. The term Pre-Existing Condition will also include conditions which are related to such disease, Injury, Sickness, physical condition, or mental illness.

## Benefit Riders and Limitations

## **Hospital Indemnity Limited Benefit Rider**

This rider is designed to pay a daily benefit amount for a Hospital Confinement, up to a maximum of 90 days, if you are confined to a Hospital.

Benefits are not payable for Injury or Sickness incurred in the first 12 months of coverage due to a Pre-Existing Condition as defined in the base policy. Patient must be confined to a Hospital for a minimum of 18 hours and charged room and board.

Daily Benefit	Monthly Premium
\$100.00	\$6.00
\$150.00	\$9.00



## Spousal Accident Only Disability Benefit Rider

This rider is designed to provide a monthly benefit if your Spouse suffers a Disability due to a non-occupational accident.

Pays a monthly benefit amount to you for your Spouse who is Disabled as a result of a non-occupational accident. Benefits begin on the 31st consecutive day after the Injury and will continue for up to two years.

Monthly Benefit Amount	Annual Salary	Monthly Premium
\$500.00	up to \$10,000.00	\$4.00
\$1,000.00	\$10,001.00 - \$20,000.00	\$8.00
\$1,500.00	\$20,001.00 - \$30,000.00	\$12.00
\$2,000.00	\$30,001.00 and over	\$16.00

## **COBRA Funding Rider**

This rider is designed to help cover the cost of COBRA premiums if you elect COBRA coverage while you are receiving Disability Benefits.

In order to receive benefits under this rider, you must: be receiving benefits under your Disability base plan; elect medical COBRA coverage; and be paying medical COBRA premiums. This benefit will pay up to the end of the Disability benefit period or to the end of your medical COBRA benefit period, whichever occurs first.

Monthly Benefit Amount	Monthly Premium
\$300.00	\$4.50
\$400.00	\$6.00
\$500.00	\$7.50
\$600.00	\$9.00

#### **Survivor Benefit Rider**

This rider is designed to provide a benefit to your beneficiary or estate, if you die while receiving Disability Benefits.

Benefits are payable if you have been Disabled and not working for at least 90 days, and die while receiving Disability Benefits. Pays a monthly benefit up to one year or until the maximum Disability period is exhausted, whichever occurs first.

Monthly Benefit Amount	Monthly Premium
\$2,000.00	\$6.80

### **Critical Illness Benefit Rider**

This rider is designed to provide a lump sum benefit based on diagnosis of a certain Critical Illness.

Benefits are payable at a one-time lump sum benefit amount based on diagnosis of the following conditions heart attack, stroke, kidney failure, paralysis, or major organ failure. In the case of heart attack, a physician must make the diagnosis and treatment must occur within 72 hours of the onset of symptoms.

Benefit Amount	Monthly Premium
\$10,000.00	\$9.80
\$15,000.00	\$13.18
\$20,000.00	\$16.56
\$25,000.00	\$19.94

## **Cancer Insurance**

## **Plan Options**



American Fidelity | www.americanfidelity.com | 800-654-8489

Thousands of Americans are diagnosed with cancer each day. No doubt, the news is devastating, both personally and financially. It's impossible to anticipate a cancer diagnosis, but it is possible to prepare for it with a cancer insurance plan.

It is likely that your major medical coverage will not cover all the costs associated with a cancer diagnosis. Supplementing your major medical with cancer insurance may help you pay for related expenses, such as copays and deductibles, specialists, experimental treatment, specialty hospitals, travel expenses, in-home care and more.

Premiums are paid through convenient payroll deduction to ensure your policy remains in force if you should need it. Benefits are paid directly to you, so you can choose how to spend the money. Visit the Employee Benefits Center and view policy for more details.

Cancer Insurance		
Monthly Premium	Basic	Enhanced Plus
Individual	\$15.80	\$31.62
Family	\$26.86	\$53.80



## AF<sup>™</sup> Group Cancer Insurance

## Focus on the fight.

A cancer diagnosis may be both a physical and emotional drain. But thanks to advances in medicine and procedures to treat cancer, more and more people are beating the disease. However, with the arrival of these advances also comes the continuing rise in the cost of cancer treatment.

 $AF^{TM}$  Limited Benefit Group Cancer Insurance offers a solution to help you and your family focus on fighting the disease.

#### **Did You Know?**

New cancer cases in America are diagnosed at the rate of about 4,626 per day.

American Cancer Society: Cancer Facts and Figures 2017, pg. 4.

## Plan Highlights

Helps cover expenses

for the treatment of cancer, transportation, hospitalization, and more.

- Benefits paid directly to you to be used however you see fit.
- Portable to take with you even if you leave employment.
- Coverage options available for you, your spouse, and your children under age 26.

## Cancer Insurance Benefits

With over 25 benefits specifically designed to help with the financial impact of being diagnosed, AF™ **Group Cancer Insurance** may help pay for expenses not covered by your major medical insurance.

**Example cancer insurance benefits include:** 



#### Diagnostic and Prevention

Annual benefit to help pay for covered diagnostic testing or screening. This benefit also qualifies for our AFQuickClaims\*.



#### Travel Expenses

This benefit may help pay for qualified transportation and lodging for the patient and family.

## **Choose Your Coverage**

TREATMENT BENEFITS	BASIC	ENHANCED PLUS
Radiation Therapy/Chemotherapy/ Immunotherapy Benefit (per 12-month period) (actual charges)	\$10,000	\$15,000
Administrative/Lab Work Benefit (per calendar month)	\$50	\$75
Hormone Therapy Benefit (per treatment - max 1 treatment/ calendar month)	\$50	\$50
Experimental Treatment Benefit	manner and	he same d under the simums as treatment
Blood, Plasma, and Platelets Benefit (\$10,000 Basic, \$15,000 Enhanced Plus per calendar year max)	\$200/day	\$300/day
Medical Imaging Benefit (per image - max 2 per calendar year)	\$200	\$300
Surgical Benefit	\$20 surgical unit/ Max per operation: \$2,000	\$40 surgical unit/ Max per operation: \$4,000
Anesthesia Benefit		mount paid d surgery
Second and Third Surgical Opinion Benefit(per diagnosis)	\$300	\$300
Outpatient Hospital or Ambulatory Surgical Center Benefit	\$200/day of surgery	\$600/day of surgery
Bone Marrow or Stem Cell Transplant Benefit Patient Provided (per calendar year) Donor Provided (per calendar year)	\$500 \$1,500	\$1,500 \$4,500
Prosthesis and Orthotic Benefit and Related Services Surgical (1/site; lifetime max 2/ covered person) Non-surgical (1/site; lifetime max 3/ covered person) Hair Prosthesis (once per life)	\$1,000 \$100 \$100	\$2,000 \$200 \$200
Hospital Confinement Benefit Day 1-30 Day 31+	\$100/day \$200/day	\$300/day \$600/day
U.S. Government/Charity Hospital Benefit (paid in lieu of most benefits) (inpatient and outpatient)	\$100/day	\$300/day
Extended Care Facility Benefit (up to the same number of days of paid hospital confinement)	\$100/day	\$300/day
Home Health Care (up to the same number of days of paid hospital confinement)	\$100/day	\$300/day
Hospice Care Benefit (\$18,000 lifetime max for Basic; \$54,000 lifetime max for Enhanced Plus)	\$100/day	\$300/day
Inpatient Special Nursing Services Benefit	\$100/day	\$300/day
Dread Disease Benefit (paid per day while hospital confined) Day 1-30 Day 31+	\$100/day \$200/day	\$300/day \$600/day

TREATMENT BENEFITS	BASIC	ENHANCED PLUS
Donor Benefit	\$1,000/donation	
Drugs and Medicine Benefit Inpatient (payable per confinement) Outpatient (\$50/prescription/ calendar month up to max shown)	\$50 \$50	\$200 \$100
Attending Physician Benefit (while hospital confined)	\$50/day	\$50/day
Transportation & Lodging Benefit (Patient & Family Member) Transportation (\$1,500 max per round trip; max 12 trips/calendar year)  Lodging (per day up to 90 days per calendar year)	Coach fare or \$.50/ mile by car \$50	Coach fare or \$.50/ mile by car \$75
Ambulance Benefit Ground (per trip, up to 2 per confinement) Air (per trip, up to 2 per confinement)	\$200 \$2,000	\$200 \$2,000
Physical or Speech Therapy Benefit (per visit up to 4 per calendar month - lifetime max of \$1,000)	\$50	\$50
Diagnostic and Prevention Benefit (one per calendar year)	\$25	\$75
Cancer Screening Follow-Up Benefit (one per calendar year)	\$25	\$75
Waiver of Premium (employee only)	After 90 days of continuous disability	
Internal Cancer Diagnosis Benefit (paid once/Covered Person/Lifetime; Benefits reduce 50% at age 70)	\$2,500	\$5,000
Heart Attack or Stroke Diagnosis Benefit (paid once/covered person/lifetime; benefits reduce 50% at age 70)	N/A	\$5,000
Hospital Intensive Care Unit Benefit (per day; max 30 days/confinement; benefits reduce 50% at age 70) Ambulance	-	00

Unless otherwise indicated, benefits are for a specified indemnity amount listed in the above schedule and are subject to applicable maximums. Refer to Plan Benefit Highlights for more complete Benefit Descriptions and limits on the Cancer Insurance Plan.

## **Monthly Premium**

	BASIC	ENHANCED PLUS
Individual	\$15.80	\$31.62
Family	\$26.86	\$53.80

The premium and amount of benefits provided vary depending upon the plan selected.

## **Critical Illness Insurance**

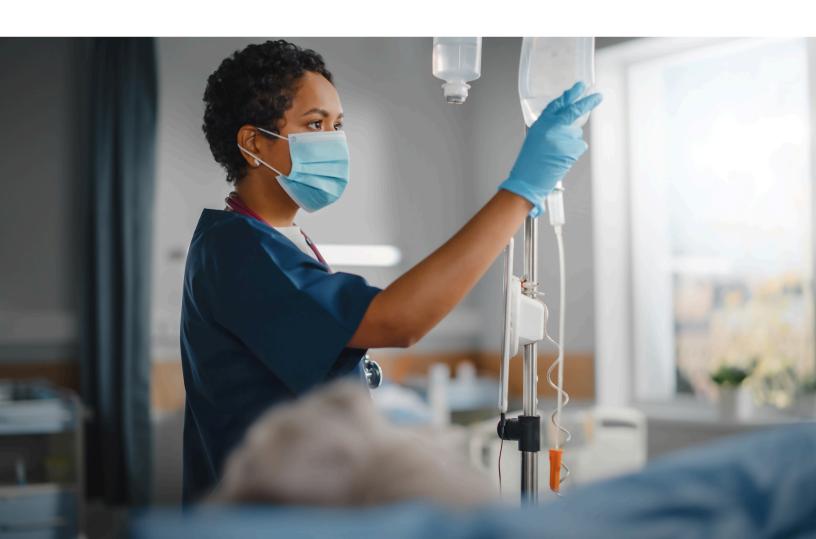
Guardian | www.guardianlife.com | 800-600-1600

## **Prepare For the Unexpected**

If you've heard of heart attacks, strokes, organ transplants or paralysis, then you're familiar with critical illness. It's likely you or someone you know has experienced one of these life-altering events. Often times, a critical illness has a powerful impact on people's lives, affecting their livelihood and finances.

A critical illness plan can help with the treatment costs of covered illnesses. Benefits are paid directly to you, unless otherwise assigned, giving you the choice of how to spend the money. Plus, there are plans available to provide coverage for you, your spouse and dependent children.

Prepare now for the unexpected with a critical illness insurance plan. The plan helps you focus on getting well rather than worrying about finances. Visit the Employee Benefits Center and view policy for more details.









## Welcome to

# Workplace benefits

## **Everyone deserves a Guardian**

Every day, Guardian gives 26 million Americans the security they deserve through our insurance and wealth management products and services.

We've partnered with your organization to offer you a range of employee benefits. Inside this pack, you'll find the plans your employer thinks you might benefit from.

## **Know your benefits**

Your benefits support your physical and financial wellbeing, to help keep you and your loved ones protected.

With Guardian, you're in good hands. We've been delivering on our promises for over 150 years, and we're looking forward to doing the same for you too.

- 1 Read through this information.
- Find out more about your benefits.
- Talk to your employer if you need help or have any questions.

## Your coverage options



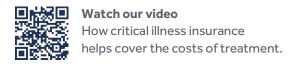
Critical illness insurance

Taking care of the expenses if you're critically ill

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This document is a summary of the major features of the insurance coverage that's been agreed to with your employer – it isn't your contract.





# **Critical** illness **insurance**

Critical illness insurance may help you cover expenses not covered by your health insurance.

It's a cash payment you receive if you ever experience a serious illness like cancer, a heart attack, or a stroke, giving you the financial support to focus on recovery.

### Who is it for?

Critical illness insurance is a supplemental policy for people who already have health insurance. It provides you with an additional payment to cover expenses like deductibles, treatments, and living costs.

#### What does it cover?

Critical illnesses include strokes, heart attacks, Parkinson's disease and cancer. Our policies can cover over 30 major illnesses, helping you stay financially stable by paying you a lump sum if you're diagnosed with one of them.

## Why should I consider it?

Health coverage is becoming more expensive, with higher co-pays, premiums, and deductibles. Critical illness insurance is an affordable way to supplement and pay for additional expenses that your health insurance doesn't cover. Our policies typically provide payments for the first and second time you're diagnosed with a covered illness.

Plus, critical illness insurance is portable and payments are made directly to you.

You will receive these benefits if you meet the conditions listed in the policy.



## Critical costs

John is hospitalized after a heart attack, and has to cover the cost of five days as an inpatient.

Average heart attack hospitalization expense: \$53,000

Average Major Medical deductible: \$1,500

Major Medical covers 80% of the cost after the deductible is met, but John's still responsible for 20%: \$10,300.

Total out-of-pocket amount for John (deductible + coinsurance): \$11,800.

John has a \$10,000 Guardian Critical Illness policy, which covers the majority of these out-of-pocket expenses.

This example is for illustrative purposes only. Your plan's coverage may vary. See your plan's information on the following pages for specific amounts and details.





## Your critical illness coverage

#### **CRITICAL ILLNESS**

	CRITICAL ILLNESS		
Benefit Amount(s)	Employee may choose a lump sum benefit of \$10,000 to \$30,000 in \$10,000 increments.		
CONDITIONS			
Cancer	Ist OCCURRENCE	2nd OCCURRENCE	
Invasive Cancer	100%	100%	
Carcinoma In Situ	30%	30%	
Benign Brain or Spinal Tumor	100%	100%	
Skin Cancer	\$500	\$0	
BRCA I & BRCA 2	30%	Not Covered	
Bone Marrow Failure (including Stem Cells)	100%	100%	
Lung and Vascular Disorder			
Aneurysm	10%	10%	
Pulmonary Embolism	30%	30%	
Stroke – Moderate	50%	50%	
Stroke – Severe	100%	100%	
Transient Ischemic Attack (TIA)	10%	10%	
<b>Heart Conditions</b>			
Coronary Artery Disease	10%	10%	
Coronary Artery Disease – bypass needed	50%	50%	
Heart Attack	100%	100%	
Heart Failure	100%	100%	
Pacemaker	10%	10%	
Additional Conditions			
Kidney Failure	100%	100%	
Major Organ Failure	100%	100%	
	Ist OCCURRENCE ONLY		
Addison's Disease	30	0%	
Coma	10	00%	
Loss of Hearing	100%		
Loss of Sight	100%		
Loss of Speech	100%		
Permanent Paralysis	100% for 1 or more limbs		
Severe Burns	100%		
Chronic Disorders			
Crohn's Disease	30	0%	
Epilepsy	10	0%	
Lupus	30	0%	
Ulcerative Colitis	30	0%	

**Neurological Disorders** 





## Your critical illness coverage

	CRITICAL ILLNESS
Alzheimer's Disease – Early	50%
Alzheimer's Disease – Advanced	100%
ALS (Lou Gehrig's Disease)	100%
Dementia – other causes	100%
Huntington's Disease	30%
Multiple Sclerosis – Early	50%
Multiple Sclerosis – Advanced	100%
Myasthenia Gravis	30%
Parkinson's Disease – Early	50%
Parkinson's Disease – Advanced	100%
Childhood Illnesses and Disorders	
Autism Spectrum Disorder	100%
Cerebral Palsy	100%
Cleft Lip/Cleft Palate	100%
Club Foot	100%
Congenital Heart Defect	100%
Cystic Fibrosis	100%
Diabetes – Type I	100%
Down Syndrome	100%
Hemophilia	100%
Multisystem Inflammatory Disease (MLS)	100%
Muscular Dystrophy	100%
Spina Bifida	100%
Spouse Benefit	May choose a lump sum benefit of \$10,000 to \$30,000 in \$10,000 increments up to 100% of the employee's lump sum benefit.
Child Benefit- children age Birth to 26 years	50% of employee's lump sum benefit
Guarantee Issue: The 'guarantee' means you are not required to answer health questions to qualify for coverage up to and including the specified amount, when you sign up for coverage during the initial	We Guarantee Issue up to: \$30,000
enrollment period or the annual open enrollment period.	For a spouse: \$30,000
	For a child: All Amounts
	Health questions are required if the elected amount exceeds the Guarantee Issue.
<b>Pre-Existing Condition Limitation:</b> A pre-existing condition includes any condition for which you, in the specified time period prior to coverage in this plan, consulted with a physician, received treatment, or took prescribed drugs.	Not Applicable





## Your critical illness coverage

#### **CRITICAL ILLNESS**

Waiver of Premium: If you become disabled due to a covered critical illness that is diagnosed after the employee's effective date, and you remain disabled for 90 days, we will waive the premium due after such 90 days for as long as you remain disabled.

Included

**Health Screening Benefit** 

\$50 Employee, \$50 Spouse, \$50 Child per year limit.

#### **Condition Definitions**

- BRCA1 or BRCA2 Mutation: occurs the date you're scheduled to undergo a mastectomy, or ovary or fallopian tube removal prior to a
  breast or ovarian cancer diagnosis as a preventive measure.
- Stroke Moderate: requires clinical evidence of infarction of brain tissue, or intracranial or subarachnoid hemorrhage.
- Stroke Severe: a permanent neurological deficit which persists at least 30 days after the event.
- Coronary Artery Disease: requires a diagnosis and severity level that requires one or more of the following procedures: atherectomy
  (rotation or laser), balloon angioplasty, laser angioplasty, stent implantation, thrombectomy (angiojet).
- Coronary Artery Disease requiring a bypass: requires a diagnosis to be of such a severity that it requires one or more coronary artery bypass grafts.
- · Heart Failure: requires a heart valve replacement or acceptance into the heart transplant waiting list.
- Kidney Failure: occurs on the earlier date of when renal or peritoneal dialysis begins, or the date you're accepted onto the kidney transplant waiting list of a recognized kidney transplant program in the United States.
- Major Organ Failure: occurs on the date you're accepted onto the liver, pancreas or lung transplant waiting list of a recognized transplant program in the United States.
- Crohn's Disease: benefit is available for the initial diagnosis of the disease, not the periodic flare-ups that may occur after the initial diagnosis.
- Epilepsy: requires initial diagnosis after at least two seizures, which are 24 hours apart and have no known trigger.
- Lupus: requires at least four symptoms be present at time of diagnosis. The benefit is available for initial diagnosis of the disease, not for periodic flare-ups that may occur after the initial diagnosis.
- Ulcerative Colitis: benefit is available for the initial diagnosis based on the results of a colonoscopy, not for periodic flare-ups that may occur after the initial diagnosis.
- Early-Stage Alzheimer's Disease: occurs on the date a physician diagnoses the progression which causes a loss of cognitive ability and functioning.
- Advanced Alzheimer's Disease: occurs on the date a physician diagnoses the cognitive decline to have progressed to the point that there's
  permanent inability to perform 2 or more Activities of Daily Living.
- Early-Stage Multiple Sclerosis (MS): must be diagnosed by a physician and confirmed by neurological exams, imaging studies, and analysis of cerebrospinal fluid.
- Advanced Stage Multiple Sclerosis (MS): requires neurological deficits for at least six months and confirmed by neurological exams, imaging studies, and analysis of cerebrospinal fluid.
- Early-Stage Parkinson's Disease: occurs on the date diagnosed by a physician with at least I symptom(s) affecting movement and the central nervous system.
- Advanced Parkinson's Disease: occurs on the date diagnosed by a physician and requires at least 3 or more symptom(s) affecting movement and the central nervous system.

#### **Critical Illness Cost Illustration**

To determine the most appropriate level of coverage, you should consider your current basic monthly expenses and expected financial needs during a Critical Illness.

Spouse coverage premium is based on Employee age

Child cost is included with employee election.

Monthly	Premiums Displayed
Election	Cost Per Age Bracket

	2000011 0000101 180 21 00100											
	< 25	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70+	
\$10,000 Non-tobacco	\$1.80	\$2.50	\$3.20	\$4.20	\$5.90	\$8.60	\$13.50	\$19.90	\$29.50	\$41.20	\$53.60	
Tobacco	\$2.60	\$4.00	\$5.00	\$6.80	\$9.60	\$14.10	\$22.30	\$33.00	\$49.40	\$69.00	\$90.00	
Non-tobacco	\$3.60	\$5.00	\$6.40	\$8.40	\$11.80	\$17.20	\$27.00	\$39.80	\$59.00	\$82.40	\$107.20	
Tobacco	\$5.20	\$8.00	\$10.00	\$13.60	\$19.20	\$28.20	\$44.60	\$66.00	\$98.80	\$138.00	\$180.00	
Non-tobacco	\$5.40	\$7.50	\$9.60	\$12.60	\$17.70	\$25.80	\$40.50	\$59.70	\$88.50	\$123.60	\$160.80	
Tobacco	\$7.80	\$12.00	\$15.00	\$20.40	\$28.80	\$42.30	\$66.90	\$99.00	\$148.20	\$207.00	\$270.00	
p To 100% of Employ	yee Amou	nt to a Ma	ximum o	f \$30,000								
Non-tobacco	\$1.80	\$2.50	\$3.20	\$4.20	\$5.90	\$8.60	\$13.50	\$19.90	\$29.50	\$41.20	\$53.60	
Tobacco	\$2.60	\$4.00	\$5.00	\$6.80	\$9.60	\$14.10	\$22.30	\$33.00	\$49.40	\$69.00	\$90.00	
Non-tobacco	\$3.60	\$5.00	\$6.40	\$8.40	\$11.80	\$17.20	\$27.00	\$39.80	\$59.00	\$82.40	\$107.20	
Tobacco	\$5.20	\$8.00	\$10.00	\$13.60	\$19.20	\$28.20	\$44.60	\$66.00	\$98.80	\$138.00	\$180.00	
Non-tobacco	\$5.40	\$7.50	\$9.60	\$12.60	\$17.70	\$25.80	\$40.50	\$59.70	\$88.50	\$123.60	\$160.80	
Tobacco	\$7.80	\$12.00	\$15.00	\$20.40	\$28.80	\$42.30	\$66.90	\$99.00	\$148.20	\$207.00	\$270.00	
	Tobacco Non-tobacco Tobacco Tobacco Tobacco Tobacco Tobacco Tobacco Tobacco Tobacco Non-tobacco Tobacco Tobacco Non-tobacco Tobacco	Non-tobacco	Non-tobacco         \$1.80         \$2.50           Tobacco         \$2.60         \$4.00           Non-tobacco         \$3.60         \$5.00           Tobacco         \$5.20         \$8.00           Non-tobacco         \$5.40         \$7.50           Tobacco         \$7.80         \$12.00           P To 100% of Employee         Amount to a Ma           Non-tobacco         \$1.80         \$2.50           Tobacco         \$2.60         \$4.00           Non-tobacco         \$3.60         \$5.00           Tobacco         \$5.20         \$8.00           Non-tobacco         \$5.40         \$7.50	Non-tobacco	Non-tobacco         \$1.80         \$2.50         \$3.20         \$4.20           Tobacco         \$2.60         \$4.00         \$5.00         \$6.80           Non-tobacco         \$3.60         \$5.00         \$6.40         \$8.40           Tobacco         \$5.20         \$8.00         \$10.00         \$13.60           Non-tobacco         \$5.40         \$7.50         \$9.60         \$12.60           Tobacco         \$7.80         \$12.00         \$15.00         \$20.40           P To 100% of Employee         Amount to a Maximum of \$30,000           Non-tobacco         \$1.80         \$2.50         \$3.20         \$4.20           Tobacco         \$2.60         \$4.00         \$5.00         \$6.80           Non-tobacco         \$3.60         \$5.00         \$6.40         \$8.40           Tobacco         \$5.20         \$8.00         \$10.00         \$13.60           Non-tobacco         \$5.40         \$7.50         \$9.60         \$12.60	Non-tobacco         \$1.80         \$2.50         \$3.20         \$4.20         \$5.90           Tobacco         \$2.60         \$4.00         \$5.00         \$6.80         \$9.60           Non-tobacco         \$3.60         \$5.00         \$6.40         \$8.40         \$11.80           Tobacco         \$5.20         \$8.00         \$10.00         \$13.60         \$19.20           Non-tobacco         \$5.40         \$7.50         \$9.60         \$12.60         \$17.70           Tobacco         \$7.80         \$12.00         \$15.00         \$20.40         \$28.80           P To 100% of Employee         Amount to a Maximum of \$30,000           Non-tobacco         \$1.80         \$2.50         \$3.20         \$4.20         \$5.90           Tobacco         \$2.60         \$4.00         \$5.00         \$6.80         \$9.60           Non-tobacco         \$3.60         \$5.00         \$6.40         \$8.40         \$11.80           Tobacco         \$5.20         \$8.00         \$10.00         \$13.60         \$19.20           Non-tobacco         \$5.40         \$7.50         \$9.60         \$12.60         \$17.70	Non-tobacco         \$1.80         \$2.50         \$3.20         \$4.20         \$5.90         \$8.60           Tobacco         \$2.60         \$4.00         \$5.00         \$6.80         \$9.60         \$14.10           Non-tobacco         \$3.60         \$5.00         \$6.40         \$8.40         \$11.80         \$17.20           Tobacco         \$5.20         \$8.00         \$10.00         \$13.60         \$19.20         \$28.20           Non-tobacco         \$5.40         \$7.50         \$9.60         \$12.60         \$17.70         \$25.80           Tobacco         \$7.80         \$12.00         \$15.00         \$20.40         \$28.80         \$42.30           P To 100% of Employee         Amount to a Maximum of \$30,000           Non-tobacco         \$1.80         \$2.50         \$3.20         \$4.20         \$5.90         \$8.60           Tobacco         \$2.60         \$4.00         \$5.00         \$6.80         \$9.60         \$14.10           Non-tobacco         \$3.60         \$5.00         \$6.40         \$8.40         \$11.80         \$17.20           Tobacco         \$5.20         \$8.00         \$10.00         \$13.60         \$19.20         \$28.20           Non-tobacco         \$5.40         \$7.	Non-tobacco         \$1.80         \$2.50         \$3.20         \$4.20         \$5.90         \$8.60         \$13.50           Tobacco         \$2.60         \$4.00         \$5.00         \$6.80         \$9.60         \$14.10         \$22.30           Non-tobacco         \$3.60         \$5.00         \$6.40         \$8.40         \$11.80         \$17.20         \$27.00           Tobacco         \$5.20         \$8.00         \$10.00         \$13.60         \$19.20         \$28.20         \$44.60           Non-tobacco         \$5.40         \$7.50         \$9.60         \$12.60         \$17.70         \$25.80         \$40.50           Tobacco         \$7.80         \$12.00         \$15.00         \$20.40         \$28.80         \$42.30         \$66.90           P To 100% of Employee         Amount to a Maximum of \$30,000         \$30,000         \$5.00         \$6.80         \$9.60         \$14.10         \$22.30           Non-tobacco         \$1.80         \$2.50         \$3.20        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        \$12.00         \$15.00         \$20.40         \$28.80         \$42.30         \$66.90         \$99.00           P To 100% of Employee         Amount to a Maximum of \$30,000         \$30,000         \$20.40         \$28.80         \$42.30         \$66.90         \$99.00           Non-tobacco         \$1.80         \$2.50         \$3.20         \$4.20         \$5.90         \$8.60         \$13.50         \$19.90           Tobacco         \$2.60         \$4.00         \$5.00         \$6.80         \$9.60	Non-tobacco         \$1.80         \$2.50         \$3.20         \$4.20         \$5.90         \$8.60         \$13.50         \$19.90         \$29.50           Tobacco         \$2.60         \$4.00         \$5.00         \$6.80         \$9.60         \$14.10         \$22.30         \$33.00         \$49.40           Non-tobacco         \$3.60         \$5.00         \$6.40         \$8.40         \$11.80         \$17.20         \$27.00         \$39.80         \$59.00           Tobacco         \$5.20         \$8.00         \$10.00         \$13.60         \$19.20         \$28.20         \$44.60         \$66.00         \$98.80           Non-tobacco         \$5.40         \$7.50         \$9.60         \$12.60         \$17.70         \$25.80         \$40.50         \$59.70         \$88.50           Tobacco         \$7.80         \$12.00         \$15.00         \$20.40         \$28.80         \$42.30         \$66.90         \$99.00         \$148.20           P To 100% of Employee         Amount to a Maximum of \$30,000         \$30,000         \$5.90         \$8.60         \$13.50         \$19.90         \$29.50           Tobacco         \$1.80         \$2.50         \$3.20         \$4.20         \$5.90         \$8.60         \$13.50         \$19.90         \$29.50	Non-tobacco         \$1.80         \$2.50         \$3.20         \$4.20         \$5.90         \$8.60         \$13.50         \$19.90         \$29.50         \$41.20           Tobacco         \$2.60         \$4.00         \$5.00         \$6.80         \$9.60         \$14.10         \$22.30         \$33.00         \$49.40         \$69.00           Non-tobacco         \$3.60         \$5.00         \$6.40         \$8.40         \$11.80         \$17.20         \$27.00         \$39.80         \$59.00         \$82.40           Tobacco         \$5.20         \$8.00         \$10.00         \$13.60         \$19.20         \$28.20         \$44.60         \$66.00         \$98.80         \$138.00           Non-tobacco         \$5.40         \$7.50         \$9.60         \$12.60         \$17.70         \$25.80         \$40.50         \$59.70         \$88.50         \$123.60           Tobacco         \$7.80         \$12.00         \$15.00         \$20.40         \$28.80         \$42.30         \$66.90         \$99.00         \$148.20         \$207.00           P To 100% of Employee         Amount to a Maximum of \$30,000         \$5.90         \$8.60         \$13.50         \$19.90         \$29.50         \$41.20           Tobacco         \$1.80         \$2.50         \$3.20	

#### **EXCLUSIONS AND LIMITATIONS**

A SUMMARY OF PLAN LIMITATIONS AND EXCLUSIONS FOR CRITICAL ILLNESS:

We will not pay benefits for a Second occurrence (recurrence) of a Critical Illness unless the Covered Person has not exhibited symptoms or received care or treatment for that Critical Illness for at least 6 months in a row prior to the recurrence. For purposes of this exclusion, care or treatment does not include: (1) preventive medications in the absence of disease: and (2) routine scheduled follow-up visits to a doctor. If one illness causes or contributes to another illness, we'll pay benefits for only one of these illnesses. We'll pay for the illness that has the larger benefit. If the benefit amounts for the illness are the same, we'll let you choose which one we pay.

We do not pay benefits for claims relating to a covered person: taking part in any war or act of war (including service in the armed forces) committing a felony or taking part in any riot or other civil disorder or intentionally injuring themselves or attempting suicide while sane or insane.

Employees must be legally working in the United States in order to be eligible for coverage. Underwriting must approve coverage for employees on temporary assignment: (a) exceeding I year; or (b) in an area under travel warning by the US Department of State, subject to state specific variations.

Guardian's Critical Illness plan does not provide comprehensive medical coverage. It is a basic or limited benefit and is not intended to cover all medical expenses. It does not provide "basic hospital," "basic medical," or "medical" insurance as defined by the New York State Insurance Department.

Health questions are required on late enrollees. This coverage will not be effective until approved by a Guardian underwriter.

This policy will not pay for a diagnosis of a listed critical illness that is made before the insured's Critical Illness effective date with Guardian.

The policy has exclusions and limitations that may impact the eligibility for or entitlement to benefits under each covered condition. See your certificate booklet for a full listing of exclusions & limitations..

If Critical Illness insurance premium is paid for on a pre tax basis, the benefit may be taxable. Please contact your tax or legal advisor regarding the tax treatment of your policy benefits..

Contract # CI - 23 - P

## **Accident Insurance**

Aetna | www.aetna.com | 800-607-3366

The costs associated with an injury can add up. Between hospital visits, exams and treatment, out-of-pocket costs could put you in a financial hardship. An accident plan pays benefits directly to you so you can determine where to spend the money. It's comforting to know that an accident insurance policy can be there through all stages of your care, from initial treatment to follow-up care. Accident coverage is available to you through payroll deduction and may provide a benefit for costs associated with:

- Concussions
- Lacerations
- Broken teeth

- Emergency room visits
- Ambulance, ground or air
- Intensive care unit





### Be prepared for the unexpected

Accidents are just that — accidents. You can't plan for them. But, you can protect yourself financially as much as possible.

#### An Aetna Accident Plan can help

The Aetna Accident Plan pays benefits when you get treatment for an accidental injury. The plan pays for a long list of covered minor and more serious injuries. You can use the benefits to help pay out-of-pocket medical costs or personal expenses.

### How is this different from a major medical plan?

Medical plans help pay providers for services and treatment. But, they don't cover the unexpected costs that might come with an accidental injury.

The Aetna Accident Plan pays benefits directly to **you**, giving you extra cash when you need it most. It can help fill in the gaps, making it a great companion to your major medical plan.

### How can you use the cash benefits?

It's completely up to you. You can use the money any way you want. It can help you pay your:

- Deductibles or copays
- Mortgage or rent
- Groceries or utility bills

...or anything else you choose.

#### Easy to use

Online tools make it easy to manage your plan on our app or member portal. You can file a claim in about 90 seconds or less if you or a family member experience a covered injury or treatment. And, benefits get paid directly to you by check or direct deposit.

The Aetna Accident Plan is underwritten by Aetna Life Insurance Company (Aetna).



### "What ifs" are everywhere

The average cost of all non-fatal injuries per person initially treated in an emergency department was approximately **\$6,620**<sup>1</sup>. Home accidents injure **one person every four seconds** in the U.S.<sup>2</sup>



### Because you never know

Miguel\* didn't expect to get rear-ended in the middle of rush hour on his drive home. But it happened, and now his back and his car need some work.

Luckily, he had the Aetna Accident Plan and filed his claim online. Because Miguel is an Aetna Medical member, he didn't need to submit any medical bills.

His benefits were deposited directly into his bank account. He used some of the money to pay out-of-pocket medical costs. The rest went towards getting his car back into shape.

### A Simplified Claims Experience™

Just register on the **My Aetna Supplemental** app or the member portal at **MyAetnaSupplemental.com** to view plan documents, submit and track claims, and sign up for direct deposit. Aetna Medical members can also visit **Aetna.com** access the member portal.

Filing a claim is easy! Click "Report New Claim" and answer a few quick questions. Filing claims is even easier for Aetna Medical Plan members. **Aetna Easy File™** uses information from your medical claim to process your accident plan claim. That's less paperwork for you. Don't have Aetna Medical? No problem- just upload a picture of your medical bill

You can also print and mail a paper claim form to Aetna Voluntary Plans.



<sup>&</sup>lt;sup>1</sup>Average medical cost of fatal and non-fatal injuries by type in the USA. National Library of Medicine. February 27, 2021. Available at: <a href="https://pubmed.ncbi.nlm.nih.gov/31888976/">https://pubmed.ncbi.nlm.nih.gov/31888976/</a>. Accessed June 17, 2022.

### THIS PLAN DOES NOT COUNT AS MINIMUM ESSENTIAL COVERAGE UNDER THE AFFORDABLE CARE ACT. THIS IS A SUPPLEMENT TO HEALTH INSURANCE AND IS NOT A SUBSTITUTE FOR MAJOR MEDICAL COVERAGE.

This insurance plan provides limited benefits. It pays fixed dollar benefits for covered services without regard to the health care provider's actual charges. The benefits payments are not intended to cover the full cost of medical care. You are responsible for making sure the provider's bills get paid. These benefits are paid in addition to any other health coverage you may have. This material is for information only. Insurance plans contain exclusions and limitations. Not all health services are covered, and coverage is subject to applicable laws and regulations, including economic and trade sanctions. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features, rates, eligibility and availability may vary by location and are subject to change. For more information about Aetna plans, refer to **Aetna.com**.

**Policy forms issued Oklahoma include:** GR-96841, AL HPOL-VOL Acc 01, AL HCOC-VOL Acc 01 **Policy forms issued in Missouri include:** GR-96842 01, AL HPOL-VOL Acc 01, AL HCOC-VOL Acc 01.



<sup>&</sup>lt;sup>2</sup>About Home Safety. U.S. Department of Housing and Urban Development. 2022. Available at: https://www.hud.gov/program\_offices/healthy\_homes/healthyhomes/homesafety. Accessed June 17, 2022.

<sup>\*</sup>This is a fictional example of how the plan could work.



### ESC Region 3 Cooperative 802632

### Aetna Off/On Job Accident Plan

THIS IS NOT A MEDICARE SUPPLEMENT (MEDIGAP) PLAN. If you are or will become eligible for Medicare, review the free Guide to Health Insurance for People with Medicare available at www.medicare.gov.

Insurance plans are underwritten by Aetna Life Insurance Company.

The benefits in the table below will be paid when you receive covered treatment for a covered Accident. Unless otherwise indicated, all benefits and limitations are per covered person.

Note: Certain benefits are payable once per covered accident; while others are once per plan year. If a service or injury falls in more than one category, the plan will pay the greater of. Refer to the Certificate for more details.

### **Initial Care**

initial Care		
Covered Benefit	Low	High
Ambulance		
Ground ambulance	\$300	\$300
Pays a benefit for when you are transported by a licensed		
professional ambulance company by a Ground ambulance to		
or from a hospital, or between medical facilities, where		
treatment for an accidental injury is received. Transportation		
to or from a hospital within 24 hours after an accidental		
injury.		
Air ambulance	\$1,500	\$1,500
Pays a benefit for when you are transported by a licensed		
professional ambulance company by an Air ambulance to or		
from a hospital, or between medical facilities, where		
treatment for an accidental injury is received. Transportation		
to or from a hospital within 48 hours after an accidental		
injury.		
Maximum trips per accident, air and ground combined	1	1
Initial Treatment		
Emergency room/Hospital	\$250	\$300
Pays a benefit if an insured person requires initial		
examination and treatment in an emergency room as the		
result of an accidental injury. The initial examination and		
treatment must be received within 72 hours after the		
accidental injury.		

Covered Benefit	Low	High
Physician's office/Urgent care facility	\$250	\$300
Pays a benefit if an insured person requires initial		
examination and treatment in a physician's office or urgent		
care center as the result of an accidental injury. The initial		
examination and treatment must be received within 72 hours		
after the accidental injury.		
Walk-in clinic/Telemedicine	\$50	\$50
Maximum visits per accident, combined for all places of service	1	1
Maximum visits per plan year, combined for all places of service	3	3
X-ray/Lab	\$150	\$225
Pays if an insured person receives an X-ray due to an accidental		
injury. The X-ray(s) must be prescribed by a physician and		
performed by a licensed facility within 30 days after the		
accidental injury.		
Medical imaging	\$100	\$200
Pays a benefit if an insured person receives a medical imaging		
test due to an accidental injury. Medical imaging tests include		
only the following:		
1. Positron Emission Tomography (PET)		

1. Positron Emission Tomography (PET)

- 2. Computed Tomography Scan (CT)
- 3. Computed Axial Tomography (CAT)
- 4. Magnetic Resonance (MR) or Magnetic Resonance Imaging (MRI)
- 5. Electroencephalogram (EEG)

The test must be ordered by a physician and performed in a medical facility on an outpatient basis within 180 days after the accidental injury.

### Follow-up Care

Covered Benefit	Low	High
Accident follow-up		
Emergency room/Hospital	\$75	\$125
Pays a benefit if an insured person receives follow-up		
treatment in emergency room or hospital for an accidental		
injury within one year of the accident.		
Physician's office/Urgent care facility	\$75	\$125
Pays a benefit if an insured person receives follow-up		
treatment in a physician's office or urgent care center for an		
accidental injury within one year of the accident.		
Walk-in clinic/Telemedicine	\$25	\$25
Maximum visits per accident, combined for all places of service	3	4
Maximum visits per plan year, combined for all places of service	9	12
Appliances		
Major: Back brace, body jacket, knee scooter, wheelchair,	\$250	\$300
motorized scooter or wheelchair		
Minor: Brace, cane, crutches, walker, walking boot, other	\$200	\$250
medical devices to aid in your physical movement		
Chiropractic treatment and alternative therapy	\$25	\$35
Maximum visits per accident	10	10
Maximum visits per plan year	30	30
Pain management (epidural anesthesia)	\$100	\$150
Pays a benefit if an insured person receives epidural anesthesia		
as the result of an accidental injury. The epidural anesthesia		
must be administered within 60 days after the accidental injury.		
Prescription drugs	\$10	\$10
Prosthetic device/Artificial limb		
One limb	\$750	\$1,500
Multiple limbs	\$1,500	\$3,000
Maximum benefit per accident	1	1
Repair or replace	25%	25%
Maximum benefit per plan year	1	1
Therapy services - Speech, occupational, or physical therapy	, \$45	\$65
or cognitive rehabilitation	Ŧ . <b>5</b>	
Maximum visits per accident	10	10

**Hospital Care** 

1105pitui Cui C		
Covered Benefit	Low	High
Hospital stay – admission (initial day)		
Non-ICU admission	\$1,250	\$1,500
Pays a benefit if an insured person is admitted into the		
hospital due to an accidental injury. We will not pay this		
benefit if you're admitted into an observation unit, treated in		
an emergency room or outpatient surgery. The stay must		
begin within 180 days after an accidental injury.		
ICU admission	\$2,500	\$3,000
Pays a benefit if an insured person is admitted directly to ICU		
due to an accidental injury. The stay must begin within 30		
days after an accidental injury.		
Hospital stay – daily*		
Non-ICU daily	\$250	\$350
Pays a benefit if an insured person has a stay in a hospital due		
to an accidental injury.		
ICU daily	\$500	\$700
Pays a benefit if an insured person has a stay in an ICU due to		
an accidental injury. The stay must begin within 30 days after		
an accidental injury.		
Step down intensive care unit daily	\$300	\$450
Maximum days per accident (combined for all stays due to the	365	365
same accident)		
Rehabilitation unit stay – daily	\$150	\$225
Pays a benefit if an insured person is transferred to a		
rehabilitation unit immediately after a stay in a hospital due to		
an accidental injury.		
Maximum days per accident	30	30
Observation unit	\$100	\$100
Pays a benefit if an insured person requires services in an		
observation unit as the result of an accidental injury. The		
Hospital Stay Admission Benefit will not be payable if the		
Observation Unit Benefit is payable. Observation services must		
begin within 72 hours after the accidental injury.		

<sup>\*</sup> Important Note: All Hospital stay – daily benefits begin on day two.

### **Surgical Care**

Covered Benefit   Low   High
Pays a benefit if an insured person receives the transfusion of blood, plasma and/or platelets due to an accidental injury. The transfusion must take place within 90 days after the accidental injury  Eye Injury  Surgical repair \$300 \$400 Removal of foreign object \$150 \$200  Surgery (without repair)  Arthroscopic or exploratory \$150 \$350  Pays a benefit if an insured person undergoes exploratory or arthroscopic surgery, and no repair is done, within 60 days of the accidental injury.  Surgery (with repair)  Cranial, open abdominal or thoracic \$1,500 \$2,000  Pays a benefit if an insured person undergoes cranial, open abdominal or thoracic surgery, and repair is done, within 72 hours of the accidental injury.  Hernia \$250 \$300  Pays a benefit if an insured person undergoes hernia surgery as the result of an accidental injury. A physician must diagnose the hernia within 30 days after the accidental injury; and perform surgery within 60 days after the accidental injury.  Ruptured disc \$750 \$1,000  Pays a benefit if an insured person sustains a ruptured disc in the spine as the result of an accidental injury. A physician must treat the ruptured disc within 60 days after the
blood, plasma and/or platelets due to an accidental injury. The transfusion must take place within 90 days after the accidental injury  Eye Injury  Surgical repair \$300 \$400 Removal of foreign object \$150 \$200 Surgery (without repair)  Arthroscopic or exploratory \$150 \$350 Pays a benefit if an insured person undergoes exploratory or arthroscopic surgery, and no repair is done, within 60 days of the accidental injury.  Surgery (with repair)  Cranial, open abdominal or thoracic \$1,500 \$2,000 Pays a benefit if an insured person undergoes cranial, open abdominal or thoracic surgery, and repair is done, within 72 hours of the accidental injury.  Hernia \$250 \$300 Pays a benefit if an insured person undergoes hernia surgery as the result of an accidental injury. A physician must diagnose the hernia within 30 days after the accidental injury; and perform surgery within 60 days after the accidental injury.  Ruptured disc \$750 \$1,000 Pays a benefit if an insured person sustains a ruptured disc in the spine as the result of an accidental injury. A physician must treat the ruptured disc within 60 days after the
transfusion must take place within 90 days after the accidental injury  Eye Injury  Surgical repair \$300 \$400 \$200 \$200 \$300 \$400 \$400 \$400 \$400 \$400 \$400 \$4
injury  Fye Injury  Surgical repair Surgical repair Surgery (without repair)  Arthroscopic or exploratory Pays a benefit if an insured person undergoes exploratory or arthroscopic surgery, and no repair is done, within 60 days of the accidental injury.  Surgery (with repair)  Cranial, open abdominal or thoracic Pays a benefit if an insured person undergoes cranial, open abdominal or thoracic surgery, and repair is done, within 72 hours of the accidental injury.  Hernia Pays a benefit if an insured person undergoes hernia surgery as the result of an accidental injury. A physician must diagnose the hernia within 30 days after the accidental injury; and perform surgery within 60 days after the accidental injury.  Ruptured disc Pays a benefit if an insured person sustains a ruptured disc in the spine as the result of an accidental injury. A physician must treat the ruptured disc within 60 days after the
Eye Injury  Surgical repair \$300 \$400 Removal of foreign object \$150 \$200  Surgery (without repair)  Arthroscopic or exploratory \$150 \$350  Pays a benefit if an insured person undergoes exploratory or arthroscopic surgery, and no repair is done, within 60 days of the accidental injury.  Surgery (with repair)  Cranial, open abdominal or thoracic \$1,500 \$2,000  Pays a benefit if an insured person undergoes cranial, open abdominal or thoracic surgery, and repair is done, within 72 hours of the accidental injury.  Hernia \$250 \$300  Pays a benefit if an insured person undergoes hernia surgery as the result of an accidental injury. A physician must diagnose the hernia within 30 days after the accidental injury; and perform surgery within 60 days after the accidental injury.  Ruptured disc  Pays a benefit if an insured person sustains a ruptured disc in the spine as the result of an accidental injury. A physician must treat the ruptured disc within 60 days after the
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accidental injury; and repair it through surgery within one
year after the accidental injury.
Tendon/Ligament/Rotator cuff
<b>Single repair</b> \$750 \$1,000
Multiple repairs \$1,500 \$2,000
Torn knee cartilage \$750 \$1,000
Pays a benefit if an insured person sustains a torn knee
cartilage (meniscus) as the result of an accidental injury. A
physician must treat the torn knee cartilage within 60 days
after the accidental injury; and repair it through surgery
within 180 days after the accidental injury.
Non-Specified
<b>Inpatient</b> \$250 \$400
<b>Outpatient</b> \$250 \$400
Maximum benefits per accident, combined for all Surgery (without 2 2
repair) and Surgery (with repair) benefits

**Transportation/Lodging Assistance** 

Covered Benefit	Low	High
Lodging	\$200	\$200
Pays for one motel/hotel room for a companion to accompany		
you for each day of a stay due to an accidental injury. Your stay		
must be more than 50 miles from your home.		
Maximum days per accident	30	30
Transportation	\$375	\$600

We will pay the Transportation Benefit shown in the Schedule of Benefits for an insured person who must travel from his or her residence more than 50 miles one way on physician's advice for treatment of a payable Accidental injury.

### **Dislocations and Fractures**

#### **Dislocations - Closed Reduction**

Pays a benefit if an insured person sustains a dislocation as the result of an accidental injury.

A physician must diagnose the dislocation within 90 days after the accidental injury and correct it by **closed reduction (non-surgical repair).** 

### **Open reduction**

Pays a benefit if an insured person sustains a dislocation as the result of an accidental injury.

A physician must diagnose the dislocation within 90 days after the accidental injury and correct it by open reduction (surgical repair).

Covered Benefit	Low	High
Dislocations – Closed Reduction*		
Hip	\$3,000	\$6,000
Knee	\$1,500	\$3,000
Ankle – bone or bones of the foot (other than toes)	\$750	\$1,500
Collarbone (sternoclavicular)	\$600	\$1,200
Lower jaw	\$600	\$1,200
Shoulder (glenohumeral)	\$600	\$1,200
Elbow	\$600	\$1,200
Wrist	\$600	\$1,200
Bone or bones of the hand (other than fingers)	\$600	\$1,200
Collarbone (acromioclavicular and separation)	\$150	\$300
Rib	\$150	\$300
One toe or one finger	\$150	\$300
Partial dislocation	25%	25%
Maximum dislocations per accident	3	3

<sup>\*</sup>Open reduction pays 2.0 times the closed reduction benefit value

Covered Benefit Low High

### Fractures - Closed Reduction\*

Pays a benefit if an insured person sustains a fracture as the result of an accidental injury.

A physician must diagnose the fracture within 90 days after the accidental injury and co	rrect it by <b>closed r</b>	eduction.
Skull (except bones of the face or nose), depressed	\$4,125	\$8,250
Skull (except bones of the face or nose), non-depressed	\$4,125	\$8,250
Hip, thigh (femur)	\$3,000	\$4,000
Vertebrae, body of (excluding vertebral processes)	\$2,000	\$4,000
Pelvis (inc. ilium, ischium, pubis, acetabulum except coccyx)	\$3,000	\$4,000
Leg (tibia and/or fibula malleolus)	\$2,000	\$4,000
Bones of the face or nose (except mandible or maxilla)	\$1,700	\$2,200
Upper jaw, maxilla (except alveolar process)	\$1,700	\$2,200
Upper arm between elbow and shoulder (humerus)	\$1,700	\$2,200
Lower jaw, mandible (except alveolar process)	\$1,700	\$2,200
Collarbone (clavicle, sternum)	\$1,700	\$2,200
Shoulder blade (scapula)	\$1,700	\$2,200
Vertebral process	\$1,700	\$2,200
Forearm (radius and/or ulna)	\$1,200	\$1,600
Kneecap (patella)	\$1,200	\$1,600
Hand/foot (except fingers/toes)	\$1,200	\$1,600
Ankle/wrist	\$1,200	\$1,600
Rib	\$225	\$450
Coccyx	\$225	\$450
Finger, toe	\$225	\$450
Chip fracture	25%	25%
Maximum fractures per accident	3	3

<sup>\*</sup>Open reduction pays 2.0 times the closed reduction benefit value

### **Accidental Death & Dismemberment and Paralysis Benefits**

Covered Benefit Low High

#### **Accidental death**

Pays a benefit if an insured person sustains an accidental injury which causes the insured person's death within 90 days after an accident.

Employee	\$50,000	\$100,000
Covered dependent spouse	\$25,000	\$50,000
Covered dependent children	\$25,000	\$50,000

#### Accidental death common carrier

Pays a benefit if an insured person sustains an accidental injury while the insured person is a fare paying passenger on a common carrier and the accidental injury causes the insured person's death within 90 days after an accident.

Employee	\$100,000	\$200,000
Covered dependent spouse	\$50,000	\$100,000
Covered dependent children	\$50,000	\$100,000

#### **Accidental dismemberment**

Pays a benefit if an insured person sustains one or more limbs due to an accidental injury as classified below and in the schedule of benefits. The loss must occur within 90 days after an accidental injury.

Loss of arm	\$30,000	\$30,000
Loss of hand	\$30,000	\$30,000
Loss of leg	\$30,000	\$30,000
Loss of foot	\$30,000	\$30,000
Loss of sight	\$30,000	\$30,000
Loss of ability to speak	\$30,000	\$30,000
Loss of hearing	\$30,000	\$30,000
Maximum dismemberments per accident (non-finger, toe)	2	2
Loss of finger	\$4,000	\$4,000
Loss of toe	\$4,000	\$4,000
Maximum dismemberments per accident (finger, toe)	4	4
Home and vehicle alteration	\$1,000	\$1,500

### Paralysis (complete, total and permanent loss)

Pays a benefit if an insured person sustains paralysis as a result of an accidental injury. A physician must diagnose paralysis within 60 days after the accidental injury; and confirm the paralysis continued for a period of 90 consecutive days.

Quadriplegia	\$22,500	\$30,000
Triplegia	\$11,250	\$15,000
Paraplegia	\$11,250	\$15,000
Hemiplegia	\$11,250	\$15,000
Diplegia	\$11,250	\$15,000
Monoplegia	\$2,500	\$5,000

Maximum service dogs per your lifetime

Covered Benefit	Low	High
Animal bite treatment		
Tetanus shot	\$100	\$100
Anti-venom shot	\$200	\$200
Rabies shot	\$300	\$300
Brain injury		
Concussion/Mild traumatic brain injury	\$450	\$600
Moderate/Severe traumatic brain injury	\$500	\$800
Burn		
Pays a benefit if an insured person receives a second degree burn or thi	ird degree burn as a result of an ac	ccidental
injury. Treatment must be received by a physician within 72 hours after	the accidental injury.	
Second degree burn, greater than 5% of total body surface	\$1,000	\$1,500
Third degree burn, less than 5% of total body surface	\$1,500	\$2,250
Third degree burn, 5-10% of total body surface	\$6,000	\$9,000
Third degree burn, greater than 10% of total body surface	\$18,000	\$27,000
Burn skin graft	50% of Burn	50% of Bur
Pays a benefit if an insured person receives a skin graft for a burn as a re	esult of an accidental injury. Treat	ment must
be received by a physician within 72 hours after the accidental injury.		
Coma/Persistent vegetative state (PVS)		
Coma (non-induced)	\$15,000	\$20,000
PVS	\$15,000	\$20,000
Coma (induced)	\$250	\$250
Maximum days per accident	10	10
Dental treatment		
Pays a benefit if an insured person sustains a broken tooth as the result	of an accidental injury and the to	oth is
repaired by a dental crown and/or dental extraction. The dental service	s must begin within 60 days after	the accident
njury.		
Maximum 1 per accident		
Extractions	\$150	\$200
Crown	\$225	\$300
Gunshot wound	\$1,500	\$2,000
Laceration		
Pays a benefit if an insured person receives a laceration as the result of	an accidental injury. The laceratio	n must be
repaired by a physician within 72 hours after the accidental injury.		
Without stitches	\$50	\$50
With stitches, less than 7.5 centimeters	\$75	\$75
With stitches, 7.6 - 20.0 centimeters	\$300	\$300
With stitches, greater than 20.0 centimeters	\$600	\$600
Posttraumatic stress disorder (PTSD)	\$500	\$500
Maximum diagnoses per lifetime	1	1
Service dog	\$1,500	\$1,500
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### **Waiver of Premium**

Covered Benefit Low High

If, as a result of an accidental injury you miss 30 continuous Included Included

days of work we will waive the premium beginning on the first premium due date that occurs after the 30<sup>th</sup> day of your absence, through the next 6 months of coverage. During such absence, you must remain employed with the policyholder. The premium waiver does not apply to your covered dependents.

**Organized Sports Rider** 

Covered Benefit	Low	High
If while you are playing as a registered member of an organized	25%	25%
sporting activity, you sustain an accidental injury, benefits		
payable under the certificate will be increased by the		
percentage shown, except for the excluded benefits below:		

### **Excluded benefits for Organized Sports Rider**

- Accidental death
- Accidental death common carrier
- Animal bite
- Burn

- Burn skin graft
- Gunshot wound
- Service Dog



Rates shown are based on monthly deductions. Your payroll deductions will be taken after taxes are taken.

Accident Plan  You may enroll in one option only.			
Low	Cost	<u>High</u>	<u>Cost</u>
Yourself only	\$6.88	Yourself only	\$10.88
Yourself & spouse	\$11.95	Yourself & spouse	\$21.77
Yourself plus child(ren)	\$12.85	Yourself plus child(ren)	\$22.86
Yourself and family	\$16.98	Yourself and family	\$33.74

## THESE PLANS DO NOT COUNT AS MINIMUM ESSENTIAL COVERAGE UNDER THE AFFORDABLE CARE ACT. THESE ARE A SUPPLEMENT TO HEALTH INSURANCE AND NOT A SUBSTITUTE FOR MAJOR MEDICAL COVERAGE.

**Plans are underwritten by Aetna Life Insurance Company (Aetna)**. Insurance plans contain exclusions and limitations. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Policies may not be available in all states, and rates and benefits may vary by location. Supplemental health plans provide limited benefits. The benefit payments are not intended to cover the full cost of medical care. Providers are independent contractors and are not agents of Aetna. This material is for information only and is not an offer or invitation to contract. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to **www.aetna.com**.

**Financial Sanctions Exclusions Clause:** If coverage provided by this policy violates or will violate any US economic or trade sanctions, the coverage is immediately considered invalid. For example, Aetna companies cannot make payments or reimburse for health care or other claims or services if it violates a financial sanction regulation. This includes sanctions related to a blocked person or entity, or a country under sanction by the United States, unless permitted under a valid written Office of Foreign Assets Control (OFAC) license. For more information on OFAC, visit

http://www.treasury.gov/resource-center/sanctions/Pages/default.aspx.

**Policy forms issued in Oklahoma and Idaho include**: GR-96841, AL HPOL-VOL Acc 01, AL HCOC-VOL Acc 01; GR-96842.



### **Identity Theft Protection**

ILock 360 | www.ilock360.com | 855-287-8888

Millions of Americans report having their identity stolen each year. People are online and mobile more than any time in history, so it's no surprise that identity theft is on the rise. And it goes far beyond simply having your credit card number stolen. While credit card fraud is one of the highest reported types of identity theft, it also includes bank, loan, phone and tax-related fraud.

Identity theft insurance won't prevent your identity from being stolen. But it will be there to alert you if any suspicious activity is noticed under your name. The plan includes credit bureau monitoring, social security number usage and lost wallet protection. Accounts are monitored daily so you can rest easy knowing your identity is being protected even while you sleep. The sooner you can take action to close your accounts, the quicker you can recover your identity.

It takes years to establish a good reputation with credit lenders and employers. Make sure it remains yours by taking advantage of the identity theft insurance offered through your employer.



### iLOCK360

Your identity is your most valuable asset. Is yours protected?

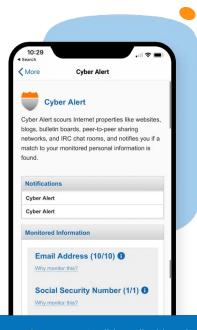


39 seconds is how often cyber-attacks to occur

25% of kids are projected to be affected by identity theft before turning 18

17% increase in data breaches 2020 to 2021

Identity theft is the **fastest growing crime.** With iLOCK360, you can rest easier knowing you have experienced professionals in your corner restoring your identity. Your identity is more than simply reviewing your credit card charges. That's why we offer a comprehensive monitoring service of online activity, financial affairs, and immediate resolution.





#### **Defend**

Your personal information is monitored 24 / 7 / 365



#### **Protect**

Alerts inform you of potential threats for immediate action



#### Restore

iLOCK360 does the work to restore your identity

### Sign up during enrollment

For educator pricing

Coverage plan	Plus	Premium
Employee	\$8	\$15
Employee + Spouse	\$15	\$22
Employee + Children	\$13	\$20
Employee + Family	\$20	\$27



### Learn more about the protections that iLOCK360 offers:

		Plus	Premium
Plan features	Service description		
dentity theft resolution services			
ull-Service Identity Theft Restoration	If your identity is compromised, a U.Sbased certified Identity Theft Restoration Specialist will work with you and on your behalf to restore your good name, so that you can get on with your life. All restoration		
Lost Wallet Protection	activities can be completed for you, and your case will be managed until your identity is fully restored.		
OST VALUABLE SERVICE. Dependable help that's just a phone call	Even pre-existing conditions can be dealt with. Restoration Specialists offer robust case knowledge in both credit and non-credit fraud situations and can help you with closing accounts,		
way!	re-ordering cards, placing a fraud alert with each of the three credit bureaus, and removing fraudulent activity from your credit report.		
	If you incur expenses associated with your identity theft recovery, you will be covered up to \$1M		
	reimbursement (\$0 deductible). Covered costs include:		
IM Identity Theft Insurance	Lost wages or income     Attorney and legal fees		
	Expenses incurred for refiling of loans, grants and other lines of credit		
	Costs of childcare and/or elderly care incurred as a result of identity restoration		
Comprehensive identity monitoring			
CyberAlert™ monitors:  one Social Security Number		_	
two Phone Numbers			
two Email Addresses	We scour Internet properties, including the Dark Web, as well as hacker websites, blogs, bulletin boards, peer-to-peer sharing networks and chat rooms to identify the illegal trading and selling of		
five Credit/Debit Cards two Medical ID Numbers	your personal information.		
five Bank Accounts			
one Drivers License Number one Passport			
Change of Address Monitoring	A thief may try to establish "your" new identity by changing your address. Receive an alert if your mail is		
	redirected through the USPS National Change of Address (NCOA) Registry.		
Court/Criminal Records Monitoring	Tracks municipal court systems and notifies you if a crime has been committed under your name and date of birth.		
	Keep your family safe with awareness of where registered sex offenders live in your immediate		
Sex Offender Alerts	area. You'll also be notified when a new one moves to your area. As well as notifying you if someone registers as a sex offender in your name.		
Payday Loan Monitoring	Often times, these types of loans don't show up on your credit report until they have gone through collections which will be damaging to your credit report. High-interest, easy-to-obtain payday loans can		
ayday Loan Montoning	negatively impact your credit score. We alert you if a non-credit loan been opened using your identity at a		
	payday or quick cash loan provider.		
	Provides you with a report of all names and/or aliases as well as current and reported addresses		
ocial Security Number Trace	associated with your Social Security number. If there are findings that you don't recognize, this could		
	be a sign of possible identity theft.		
redit monitoring services			
Daily Monitoring of Experian Credit Bureau	Provides credit protection with monitoring from Experian. Provides you with notifications for changes in a credit report such as loan data, inquiries, new accounts, judgments, liens and more.		
Daily Monitoring of Three	Provides higher-level credit protection with monitoring from all three credit bureaus: Experian, Equifax		
Credit Bureaus	& TransUnion. Receive notifications for changes in your credit report such as loan data, inquiries, new accounts, judgments, liens and more.		
	Receive a monthly report that helps you understand how your credit score has trended over time and		
/antageScoreTracker	what is impacting it with credit score insight.		

### **Legal Plan**



Legalease | www.legaeaseplan.com/esc3 | 800-248-9000

Have you ever found yourself in need of legal advice, but aren't sure where to go? A voluntary group legal plan helps fill that need. It provides you with access to professional lawyers at a low monthly rate. For just a few dollars a month, you can consult with a lawyer about having your will prepared, reviewing documents, contesting a traffic ticket, lawsuits, divorce and so much more. Expert legal advice is available at your fingertips.



### We've Got You Covered

With the LegalEASE Plan, you're covered when you run into life's challenges with paid in full benefits for personal legal matters. LegalEASE has the largest and most highly qualified Attorney Provider Network, with attorneys in all 50 states focusing in over 60 areas of law. We've got you covered no matter your situation or location.

### What's Included?



FAMILY LAW



ESTATE PLANNING & WILLS



AUTO & TRAFFIC



HOME & RESIDENTIAL



FINANCIAL & CONSUMER



GENERAL COVERAGE

#### Plan Details:

**\$18.71** Monthly via payroll deduction

#### Who's Covered:

Employee, Spouse,
Dependent Children
up to age 26, Parents
– Elder benefits
designed for Plan
member's and
spouse's parents

### **Enroll Today!**

Offered only during Open Enrollment, don't miss this opportunity to sign up for the LegalEASE Plan for paid in full legal coverage in 2024. Visit legaleaseplan.com/esc3 or give us a call at 1(800) 248-9000 to learn more about enrolling in the LegalEASE Plan.

Enroll in the LegalEASE Plan Visit: www.legaleaseplan.com/esc3

Call: 1(800) 248-9000

LegalEASE has over 50 years of experience in Legal Plans. With over 21,500 attorneys in network and 13 million members served, we know we can help no matter what's going on in your life. Here's what LegalEASE members are saying about the plan:



"My Member Advocate, Tamara, helped me through a litany of questions. She was well prepared, had answers to my questions, and went above and beyond to explain my benefits."

- DAN, MEMBER



"Member Advocate, Benton, made using my benefits the first time easy. I got the help I needed with great customer service."

- JACQUELYN, MEMBER



"Needing to reach out for legal services is stressful enough, so it's VERY comforting to speak with someone who will walk you through the process and answer all questions thoroughly and with patience."

- RANNISHA, MEMBER

### **How it Compares:**

	ATTORNEY FEES AT LEGALEASE	ATTORNEY FEES ON YOUR OWN
Attorney prepared Estate Plan	\$0	\$400/hr or up to \$2,000
Debt Collection Defense	<b>\$</b> 0	\$400/hr or up to \$4,000
Auto & Traffic Matters	<b>\$</b> 0	Up to \$2000
Buying or Selling a Home	<b>\$</b> 0	Up to \$2000



**50+** 

**Years of Experience** 



**13 Million**Members Served



4.8/5
Google Review

For more information:

Visit: www.legaleaseplan.com/esc3

Call: 1(800) 248-9000 and reference "Region 3 Cooperative"

(Monday - Friday 7am - 7:30pm CST)

### **Medical Transport**

MASA | www.masamts.com | 954-334-8261

Americans today suffer from a false sense of security that their medical coverage will pay for all costs associated with emergency or critical care transport. The reality is that a majority of Americans are only partially covered for these high costs.

Most medical plans will only pay a portion of costs leaving you with the remainder of the bill. There is also the possibility of your medical provider denying your claim altogether, which means you would be responsible for paying the entire bill.

With medical transport protection, you will have zero out-of-pocket expenses for any emergent air or ground transport from anywhere in the United States, regardless of who transports you. You will receive medical emergency transportation solutions to help cover your out-of-pocket medical transport costs when your insurance falls short.









#### **EMERGENCY TRANSPORTATION COSTS**

MASA MTS is here to protect its members and their families from the shortcomings of healthinsurance coverage by providing them with comprehensive financial protection for lifesaving emergency transportation services, both at home and away from home.

Many American employers and employees believe that their health insurance policies cover most, if notall ambulance expenses. The truth is, they DO NOT!

Even after insurance payments for emergency transportation, you could receive a bill up to \$5,000 for ground ambulance and as high as \$70,000 for air ambulance. The financial burdens for medical transportation costs are very real.



#### **HOW MASA IS DIFFERENT**

Across the US there are thousands of ground ambulance providers and hundreds of air ambulance carriers. ONLY MASA offers comprehensive coverage since MASA is a PAYER and not a PROVIDER!

ONLY MASA provides over 1.6 million members with coverage for BOTH ground ambulance and air ambulance transport, REGARDLESS of which provider transports them.

Members are covered ANYWHERE in all 50 states and Canada!

Worldwide coverage is also available with our Platinum Membership.

Additionally, MASA provides a repatriation benefit: if a member is hospitalized more than 100 miles from home, MASA can arrange and pay to have them transported to a hospital closer to their place of residence.



### Any Ground. Any Air. Anywhere.™

### **OUR BENEFITS**

Benefit*	Platinum \$39/Month	Emergent Plus\$14/Month
Emergent Ground Transportation	U.S./Canada	U.S./Canada
Emergent Air Transportation	U.S./Canada	U.S./Canada
Non-Emergent Air Transportation	Worldwide	U.S./Canada
Repatriation	Worldwide	U.S./Canada
Es cort Trans portation	Worldwide	
Mortal Remains Transportation	Worldwide	
Visitor Transportation	BCA**	
Minor Children/Grandchildren Return	BCA**	
Vehicle Return	BCA**	
Pet Ret∪rn	BCA**	
Organ Retrieval	U.S./Canada	
Organ Recipient Transportation ***Rices refer to the MSA for a control of the material of the MSA for a control of the control of the material of the material of the material of the control of the material of the material of the material of the m	U.S./Canada	

<sup>\*</sup> Please refer to the MSA for a detailed explanation of benefits and eligibility,



A MASA Membership prepares you for the unexpected and gives you the peace of mind to access vital emergency medical transportation no matter where you live, for aminimal monthly fee.

- One low fee for the entire family
- NO deductibles
- NO health questions
- Easy claimprocess

For more information, please contact Cindy McClure / First Financial Group of America

800-672-9666 or 210-812-9195

**EVERY FAMILY DESERVES A MASA MEMBERSHIP** 

<sup>\*\*</sup> Basic Coverage Area (BCA) includes U.S., Canada, Mexico, and Caribbean (excluding Cuba).

### 403(b) Retirement Plans

First Financial Administrators, Inc. | www.ffga.com 800-523-8422, option 2 | retirement@ffga.com

The 403(b) can be an excellent way to save money for retirement. It can serve as a supplement to a traditional pension plan or other retirement plan(s), or as a stand-alone plan. The 403(b) is a tax deferred retirement plan available to employees of educational institutions and certain non-profit organizations as determined by section 501(c)(3) of the Internal Revenue Code. Contributions and investment earnings in a 403(b) grow tax deferred until withdrawal (assumed to be retirement), at which time they are taxed as ordinary income. The 403(b) is named after the section of the IRS code governing it.

### How a 403(b) Works

Employees enroll and participate through their employer. Contributions to a 403(b) are made on a pre-tax basis through a Salary Reduction Agreement. This is an arrangement where the participating employee agrees to take a reduction in salary. The amount by which the salary is reduced is directed to investments offered through the employer and selected by the employee. These contributions are called elective deferrals and are excluded from the employee's taxable income. Contributions grow tax-deferred until the time of retirement when withdrawals are taxed as ordinary income.

#### **Benefits**

- Tax deferred growth: no annual taxation on earnings
- Investment options: fixed annuities, variable annuities, or mutual funds
- Competitive interest rates
- Flexibility: start, stop, and adjust your contributions as allowed by your employer's plan.
- Receive periodic account statements

Contribution Limits			
2023 2024			
\$22,500	\$23,000		

Participants aged 50 and older at any time during the calendar year are permitted to contribute an additional \$7,500.

### 457(b) Retirement Plans



First Financial Administrators, Inc. | www.ffga.com | 800-523-8422, option 2 | retirement@ffga.com

A 457(b) plan is a Tax Deferred Retirement Plan available to employees of state and local governmental agencies, including public school employees. They are similar to 401(k) plans because they allow you to place a percentage of your salary into an employer-sponsored plan that helps you save for retirement. You will not have to pay taxes on what you contribute or your earnings made until you withdraw the money.

### **Benefits**

- Investment options: fixed annuities, variable annuities, or mutual funds
- Flexibility: start, stop, and adjust your contributions as allowed by your employer's plan
- Receive periodic account statements
- No 10% federal penalty on interest or earnings for early withdrawal
- No current federal income taxes on the money you put into the plan until it is time to take withdrawals

Contribution Limits			
2023 2024			
\$22,500	\$23,000		

Participants aged 50 and older at any time during the calendar year are permitted to contribute an additional \$7,500.



The FFinvest Retirement Plan is a comprehensive plan, funded by Net Asset Value Mutual Funds. It is a competitive & simple, yet flexible plan with a 401(k) type of approach.

### PLAN HIGHLIGHTS

### **Multiple Investment Options**

 The plan provides 30+ different investment options, for savers and investors of all risk tolerances

### **ROTH (After-Tax) Option**

Loan availability (subject to balance)

#### **Rollovers/Transfers**

 Rollovers and Transfers are accepted into the plan from other retirement plans

**No Front-End or Deferred Sales Charges** 



### **ENROLL ONLINE**

### Go to www.tcgservices.com

- Click Enroll (upper right-hand corner)
- Search for your Employer
- Click Enroll in the 457(b) Savings Plan

If you have questions, please contact TCG Administrators at (800) 943-9179 Monday - Friday, 8:00 a.m. - 7:00 p.m.

### 24/7, 365 ONLINE ACCESS VIA WEB OR MOBILE APP

Vast Learning Center located at www.tcgservices.com

- Video Library
- Retirement Rundown & Market Commentary
- Financial Calculators

**Service from your FFGA Account Rep** 

Dedicated email address: FFInvest@ffga.com

### **TeleHealth**



Recuro Health | www.recurohealth.com | 855-6RECURO

Studies show that more than 50 percent of doctor's office visits can be handled over the phone. With the Telehealth program, you can get a diagnosis quicker and spend less time in the waiting room.

Board Certified physicians will diagnose your illness, recommend treatment, and prescribe medication via telephone or video. You can contact them from anywhere – home, work, school, even while on vacation. They can treat common health issues like acid reflux, allergies, asthma, cold and flu, sinus infections, rashes, sore throat and more.

It's like having a doctor on call whenever you need medical advice. Access is only a call or click away!

### **Hospital Indemnity Insurance**

Guardian | www.guardian.com | 800-600-1600

Hospital stays are costly. If you or a family member find yourself in the hospital due to a sudden accident or illness, you may struggle financially, even if you have a good medical plan. With a hospital indemnity plan, you can rest assured those extra expenses won't be a financial burden.

Unlike medical plans, there are no deductibles to meet with a hospital indemnity plan. As soon as you incur a qualified event, you can file a claim and start receiving benefits.

The plan pays a lump sum benefit in a previously specified amount. The money can be used for medical costs, insurance deductibles, groceries, transportation, childcare – the choice is up to you!









### Welcome to

### Workplace benefits

### **Everyone deserves a Guardian**

Every day, Guardian gives 26 million Americans the security they deserve through our insurance and wealth management products and services.

We've partnered with your organization to offer you a range of employee benefits. Inside this pack, you'll find the plans your employer thinks you might benefit from.

### **Know your benefits**

Your benefits support your physical and financial wellbeing, to help keep you and your loved ones protected.

With Guardian, you're in good hands. We've been delivering on our promises for over 150 years, and we're looking forward to doing the same for you too.

- 1 Read through this information.
- Find out more about your benefits.
- Talk to your employer if you need help or have any questions.

### Your coverage options



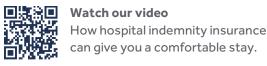
Hospital indemnity insurance

Covering some of your hospital stay costs

© Copyright 2020 The Guardian Life Insurance Company of America

This document is a summary of the major features of the insurance coverage that's been agreed to with your employer – it isn't your contract.





# Hospital indemnity insurance

Hospital indemnity insurance can cover some of the cost associated with a hospital stay, letting you focus on recovery.

Being hospitalized for illness or injury can happen to anyone, at any time. While medical insurance may cover hospital bills, it may not cover all the costs associated with a hospital stay. That's where hospital indemnity coverage can help.

### Who is it for?

Hospital indemnity insurance is for people who need help covering the costs associated with a hospital stay if they suddenly become sick or injured.

### What does it cover?

If you are admitted to a hospital for a covered sickness or injury, you'll receive payments that can be used to cover all sorts of costs, including:

- Deductibles and co-pays.
- Travel to and from the hospital for treatment.
- · Childcare service assistance while recovering.

### Why should I consider it?

Health coverage is becoming more expensive, with higher co-pays, premiums, and deductibles. Hospital indemnity insurance can help pay for out-of-pocket costs associated with being hospitalized, giving you more of a financial safety net for unplanned expenses brought on by a hospital stay.

Plus, hospital indemnity insurance is portable and payments are made directly to you – even if you didn't incur any out-of-pocket expenses.

You will receive these benefits if you meet the conditions listed in the policy.



### Be prepared

John is hospitalized after a heart attack, and has to cover the cost of five days as an inpatient.

Average heart attack hospitalization expense: \$53,000

Average Major Medical deductible:

\$1,500

Major Medical covers 80% of the cost after the deductible is met, but John's still responsible for 20%: **\$10,300**.

Total out-of-pocket amount for John (deductible + coinsurance): \$11,800.

John's Guardian Hospital Indemnity policy pays him **\$1,000** for hospital admission.

The policy gives him a total payment of **\$1,000** to help cover the out-of-pocket amount.

This example is for illustrative purposes only. Your plan's coverage may vary. See your plan's information on the following pages for specific amounts and details.





### Your hospital indemnity coverage

	Hospital Indemnity	
	Option I	Option 2
Coverage Details		
Your Monthly premium	\$15.49	\$29.68
You and Spouse	\$32.73	\$62.87
You and Child(ren)	\$21.36	\$40.61
You, Spouse and Child(ren)	\$35.09	\$66.52
Benefits		
Hospital/ICU Admission	\$1,000 per admission, limited to 2 admission(s) per insured.	\$2,000 per admission, limited to 2 admission(s) per insured.
Hospital/ICU Confinement	\$100/\$100 per day, limited to 30 day(s) per insured per benefit year.	\$200/\$200 per day, limited to 30 day(s) per insured per benefit year.
Health Screening	\$50 per day, limited to I day(s) per insured per benefit year.	\$50 per day, limited to I day(s) per insured per benefit year.
<b>Pre-Existing Conditions Limitation</b> - A pre-existing condition includes any condition for which you, in the specified time period prior to coverage in this plan, consulted with a physician, received treatment, or took prescribed drugs.	Not Applicable	Not Applicable
<b>Portability</b> - Allows you to take your Hospital Indemnity coverage with you if you terminate employment.	Included	Not Applicable
Child(ren) Age Limits	Children age birth to 26 years	Children age birth to 26 years

#### **UNDERSTANDING YOUR BENEFITS - HOSPITAL INDEMNITY**

Hospital Admission & Hospital ICU Admission benefits are not payable on the same day.

Premium will be waived if you are hospitalized for more than 30 days.

Hospital admission or confinement benefits are not payable for a newborn unless the child is admitted to the Neonatal ICU.

Hospital/ICU confinement benefits are not payable on the same day as Hospital/ICU admission benefit.

After initial enrollment, Hospital Indemnity coverage will continue as long as an insured is actively at work.

The Health screening benefit is paid for the completion of specified routine wellness screenings such as annual well visits, immunizations, mammography, chest x-ray, and many more.





### Your hospital indemnity coverage

#### LIMITATIONS AND EXCLUSIONS:

In order to be eligible for coverage: Employees must be legally working: (a) in the United States or (b) outside the United States, for a US based employer, in a country or region approved by Guardian.

An applicant must enroll within 31 days of the coverage effective date. An open enrollment will occur each year during a 30 day time period specified by the policyholder. If an applicant does not enroll during their initial enrollment period, he/she may not enroll until the next open enrollment period.

This Plan will not pay benefits for:

- Treatment relating to a covered person: taking part in any war or act of war (including service in the armed forces), commission of or attempt to commit a felony, an act of terrorism, or participating in an illegal occupation, riot or insurrection.
- .. Suicide or any intentionally self-inflicted injury

Elective surgery;

Surgery to correct vision or hearing, unless medically necessary surgery for glaucoma, cataracts or other sickness or injury;

Dental care, dental xrays, or dental treatment;

Gastric or intestinal bypass services including lap banding, gastric stapling, and other similar procedures to facilitate weight loss; the reversal, or revision of such procedures; or services required for the treatment of complications from such procedures. This exclusion does not apply to completion of a weight reduction program that may be payable under the Health Screening benefit;

Rest cures or custodial care, or treatment of sleep disorders;

Cosmetic surgery. This Exclusion does not apply to reconstructive surgery:

- (a) on an injured part of the body following infection or disease of the involved part;
- (b) of a congenital disease or anomaly of a covered dependent newborn or adopted infant; or
- (c) on a nondiseased breast to restore and achieve symmetry between two breasts following a covered Mastectomy;

Treatment or removal of warts, moles, boils, skin blemishes or birthmarks, bunions, acne, corns, calluses, the cutting and trimming of toenails, care for flat feet, fallen arches or chronic foot strain:

Service, treatment or loss related to alcoholism or drug addiction, except for drugs prescribed by the Covered Person's Doctor and taken as prescribed;

Care or treatment for mental or nervous disorders;

Services, treatment or loss rendered in any Veterans Administration or Federal Hospital, except if there is a legal obligation to pay;

Services or treatment Provided by a Doctor, Nurse or any other person who is employed or retained by a Covered Person or who is a Covered Person's Spouse, parent, brother, sister, child, Domestic Partner or partner in a civil union.

Surgery and treatment, procedures, products or services that are experimental or investigative.

Treatment of a Covered Dependent Child's Children;

Sickness or Injury sustained while on active duty in the armed forces of any country. This does not include Reserve or National Guard duty for training. GP-1-HI-15

Guardian Hospital Indemnity Insurance is underwritten by The Guardian Life Insurance Company of America, New York, NY and will not be effective until approved by a Guardian underwriter. Products are not available in all states. Policy limitations and exclusions apply. Optional riders and/or features may incur additional costs. Plan documents are the final arbiter of coverage. This policy provides limited hospital insurance only. It does not provide basic medical or major medical insurance as defined by the New York State Department of Financial Services.

Policy Form # GP-1-HI-15, GP-1-LAH-12R





### Our commitment to you

Please read the documentation referenced below carefully. The notices are intended to provide you important information about our insurance offerings and to protect your interests. Certain ones are required by law.

### Important information



### Notice Informing Individuals about Nondiscrimination and Accessibility Requirements

Guardian notice stating that it complies with applicable Federal civil rights laws and does not discriminate based on race, color, national origin, age, disability, sex, or actual or perceived gender identity. The notice provides contact information for filing a nondiscrimination grievance. It also provides contact information for access to free aids and services by disabled people to assist in communications with Guardian.

Visit https://www.guardiananytime.com/notice48 to read more.

### No Cost Language Services

Guardian provides language assistance in multiple languages for members who have limited English proficiency. Visit https://www.guardiananytime.com/notice46 to read more.

### **COBRA**

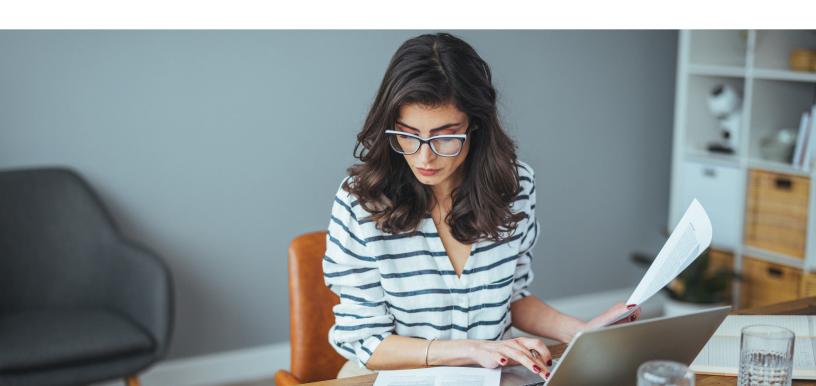
First Financial Administrators, Inc. | www.ffga.com | 800-523-8422, option 4

Life is full of unexpected events that may impact your health insurance coverage. Under the Consolidated Omnibus Budget Reconciliation Act, better known as COBRA, you have the right to continue your group health coverage such as medical, dental, vision insurance and flexible spending accounts for a limited period of time.

### COBRA Highlights

- Temporary continuation of coverage that generally lasts for 18 months due to
  employment termination or reduction of hours of work, divorce, death or a child
  no longer qualifying as a dependent. Certain qualifying events, or a second
  qualifying event during the initial period of coverage, may permit a beneficiary
  to receive a maximum of 36 months of coverage.
- Either you or your family member are responsible for notifying your employer of a divorce, legal separation or child losing dependent status within 60 days of the event. In the case of termination, death or reduction in hours, your employer will be responsible for letting the provider know that you have the right to continue coverage under COBRA.
- Benefits will remain identical to what you had while employed. However, you will be responsible for paying the full premium, plus any applicable fees.

First Financial Administrators, Inc. provides COBRA administration services for the following plans: Dental, Vision, FSA, HRA, Group Cancer



### **Clever RX**

Clever RX | https://partner.cleverrx.com/ffga | 800-873-1195

Clever RX helps you save money by using a prescription drug savings card. They partner with the healthcare community to bring state-of-the-art, money-savings tools to participants. It helps you save up to 80% off prescriptions drugs and often beats the average copay. Plus, it's completely free. Thanks to Clever RX, you will never overpay for prescriptions again!

### Use Clever RX every time you pay for a medication for instant savings!





Download the app or visit the site to price a drug: https://partner.cleverrx.com/ffga.

### **Clever RX Highlights**

- 100% FREE to use.
- Unlock discounts on thousands of medications.
- Save up to 80% on prescription medication Often beats your copay!
- Download the Clever RX app by using the information on your card to unlock exclusive savings at over 60,000 pharmacies nationwide.
- Available to use now!

### **Contact Information**

Recuro

MASA

LegalShield

iLock360

Aetna

Telemed

Medical Transport

Legal

**ID** Protection

Hospital Idemnity

Product	Carrier	Website	Phone
Medical	BCBS	www.bcbstx.com/trsactivecare	866-355-5999
Dental	Sun Life	www.sunlife.com/us	800-247-6875
Vision	Sun Life	www.sunlife.com/us	800-247-6875
Medical Reim Flex	FFGA	www.ffga.com	866-853-3539
Dependent Care	FFGA	www.ffga.com	866-853-3539
Health Saving Account	FFGA	www.ffga.com	866-853-3539
Disability	American Fidelity	www.americanfidelity.com	800-654-8489
Cancer	American Fidelity	www.americanfidelity.com	800-654-8489
Critical Illness	Aetna	www.aetna.com	800-607-3366
Permanent Life	Texas Life	www.texaslife.com	800-283-9233
Group Life	BCBS	www.bcbstx.com/ancillary	877-442-4207
Vol Life	BCBS	www.bcbstx.com/ancillary	877-442-4207

www.recurohealth.com

www.masamts.com

www,legaeaseplan/esc3

www.ilock360.com

www.aetna.com

855-6RECURO

954-334-8261

800-248-9000

855-287-888

800-607-3366