

# Frankston ISD Breakfast Menu

## MONDAY

## TUESDAY

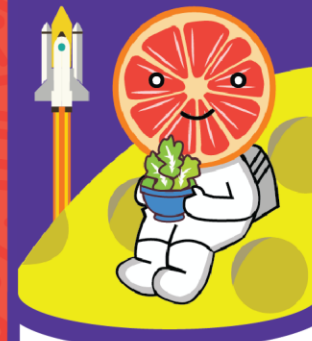
## WEDNESDAY

## THURSDAY

## FRIDAY

**FEB**  
**MENU 2024**

**JOHNSON  
SPACE  
CENTER**



**ANNOUNCEMENTS:**  
Menus are subject to change

Students account may be pre-paid at the school or online for ala carte items

Choice of milk served daily

**\*GREAT NEWS\***

Breakfast and Lunch is **FREE** to **ALL** students

Every breakfast is served with at least 1/2c fruit and/or 1/2c vegetable

5<sup>TH</sup>

6<sup>TH</sup>

Mini Pancakes  
Juice  
Oranges  
Milk

7<sup>TH</sup>

Breakfast Burrito  
Juice  
Dried Cranberries  
Milk

8<sup>TH</sup>

Biscuit & Sausage  
Juice  
Bananas  
Milk

9<sup>TH</sup>

Pancake on a Stick  
Juice  
Apple Slices  
Milk

12<sup>TH</sup>

13<sup>TH</sup>

Waffles  
Juice  
Oranges  
Milk

14<sup>TH</sup>

Blueberry Muffin  
Juice  
Dried Cranberries  
Milk

15<sup>TH</sup>

Biscuit & Sausage  
Juice  
Apple Slices  
Milk

16<sup>TH</sup>

Cereal  
Juice  
Fresh Pears  
Milk

19<sup>TH</sup>

20<sup>TH</sup>

Mini Pancakes  
Juice  
Oranges  
Milk

21<sup>ST</sup>

Breakfast Burrito  
Juice  
Dried Cranberries  
Milk

22<sup>ND</sup>

Biscuit & Sausage  
Juice  
Bananas  
Milk

23<sup>RD</sup>

Pancake on a Stick  
Juice  
Apple Slices  
Milk

26<sup>TH</sup>

27<sup>TH</sup>

Waffles  
Juice  
Oranges  
Milk

28<sup>TH</sup>

Blueberry Muffin  
Juice  
Dried Cranberries  
Milk

29<sup>TH</sup>

Biscuit & Sausage  
Juice  
Apple Slices  
Milk



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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Updated 2/1/2024  
[www.SquareMeals.org](http://www.SquareMeals.org)

# Frankston ISD Lunch Menu

## MONDAY

## TUESDAY

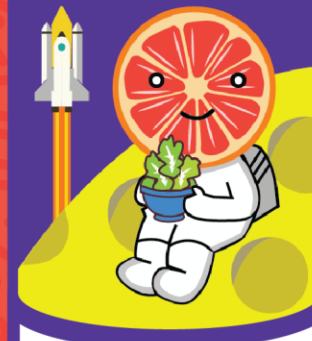
## WEDNESDAY

## THURSDAY

## FRIDAY

**FEB**  
**MENU 2024**

**JOHNSON  
SPACE  
CENTER**



### ANNOUNCEMENTS:

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Students account may be pre-paid at the school or online for ala carte items

Choice of milk served daily

### \*GREAT NEWS\*

Breakfast and Lunch is **FREE** to **ALL** students

Every lunch is served with at least 1/2c fruit and/or 1/2c vegetable

5<sup>TH</sup>

6<sup>TH</sup>

Steak Fingers w/Roll or Orange Chicken w/Asian Rice & **HS**-Egg Roll  
Baby Bakers  
Black-eyed Peas  
Applesauce Cup & Diced Peaches / Milk

7<sup>TH</sup>

Pepperoni Pizza or Boneless Chicken Wings  
Breadsticks w/Wings  
Broccoli Bites w/Dip  
Seasoned Yellow Squash-**HS**-3/4c  
Raisins & Mandarin Oranges  
Milk

8<sup>TH</sup>

Chicken Fajita w/Spanish Rice or Taco Salad w/Spanish Rice  
Cherry Tomatoes-**HS**-3/4c  
Refried Beans  
Fresh Pears & Cranberries  
Milk

9<sup>TH</sup>

Hamburger or Chicken Sandwich  
**MS/HS**-Spicy Chicken  
HB Trimmings  
Tator Tots & Baby Carrots  
Grapefruit & Sidekicks  
Milk

12<sup>TH</sup>

13<sup>TH</sup>

Chicken Tenders w/ Roll or Meatball Sub  
Mashed Potatoes  
Cucumber w/Dip  
Diced Peaches & Mixed Fruit  
Milk

14<sup>TH</sup>

Pepperoni Pizza or Grilled Cheese  
Navy Beans  
Broccoli Bites w/Dip  
Red Apples & Frozen Fruit Juice  
Milk

15<sup>TH</sup>

Spaghetti w/Meat Sauce & Garlic Toast or Soft Tacos-**HS**-Cilantro Lime Rice  
Steamed Carrots-**HS**-3/4c  
Fresh Salad  
Blueberries & Oranges  
Milk

16<sup>TH</sup>

Cheeseburger or Mini Corn Dogs  
Sweet Potato Tots  
Cauliflower w/Cheese  
HB Trimmings  
Strawberries & Raisins / Milk

19<sup>TH</sup>

20<sup>TH</sup>

Chicken Fries w/Mac & Cheese or Steak Fingers w/Mac & Cheese  
Seasoned Corn  
Celery w/Dip  
Applesauce Cup & Mixed Berries / Milk

21<sup>ST</sup>

Personal Pan Pizza  
**HS**-Buffalo Pizza or Cheese Sticks w/Marinara  
Roasted Sweet Potatoes-**HS**-3/4c  
Broccoli & Cheese  
Sliced Pears & Oranges  
Milk

22<sup>ND</sup>

Nachos w/Meat  
**HS**-w/Spanish Rice or BBQ Sandwich  
Pinto Beans  
Garden Salad  
Mixed Fruit & Sliced Peaches  
Milk

23<sup>RD</sup>

Hamburger or Fiestada  
HB Trimmings  
Baby Carrots & Curly Fries  
Cranberries & Frozen Fruit Juice  
Milk

26<sup>TH</sup>

27<sup>TH</sup>

Popcorn Chicken w/Dinner Roll or Pizza Crunchers  
Mashed Potatoes  
Broccoli w/Dip  
Grapefruit & Diced Pears  
Milk

28<sup>TH</sup>

Cheese Pizza  
**HS**-French Bread Pizza or BBQ Fries w/Garlic Toast  
Carrot Sticks w/Dip- **HS**-3/4c  
Navy Beans  
Red Apples & Mixed Fruit  
Milk

29<sup>TH</sup>

Crispitos-**HS** w/Spanish Rice or Hot Dogs / **HS**-w/Chips  
Fresh Salad  
Green Beans  
Cranberries & Mandarin Oranges / Milk



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# Frankston ISD Pre-K Lunch Menu

## MONDAY

## TUESDAY

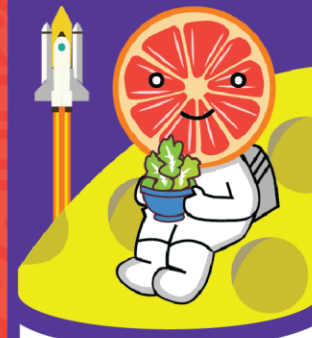
## WEDNESDAY

## THURSDAY

## FRIDAY

**FEB**  
**MENU 2024**

**JOHNSON  
SPACE  
CENTER**



### ANNOUNCEMENTS:

**Menus are subject to change**

Students account may be pre-paid at the school or online for ala carte items

Non Flavored milk served daily to Pre-K for lunch.

### \*GREAT NEWS\*

Breakfast and Lunch is **FREE** to **ALL** students

Every lunch is served with at least 1/2c fruit and 1/2c vegetable

5<sup>TH</sup>

6<sup>TH</sup>

Steak Fingers w/Roll  
Baby Bakers  
Black-eyed Peas  
Applesauce Cup  
Milk

7<sup>TH</sup>

Pepperoni Pizza  
Broccoli Bites w/Dip  
Seasoned Yellow Squash  
Raisins  
Milk

8<sup>TH</sup>

Taco Salad w/Spanish Rice  
Cherry Tomatoes  
Refried Beans  
Fresh Pears  
Milk

9<sup>TH</sup>

Hamburger  
Tator Tots  
Baby Carrots  
Grapefruit  
Milk

12<sup>TH</sup>

13<sup>TH</sup>

Chicken Tenders w/ Roll  
Mashed Potatoes  
Cucumber w/Dip  
Diced Peaches  
Milk

14<sup>TH</sup>

Pepperoni Pizza  
Navy Beans  
Broccoli Bites w/Dip  
Red Apples  
Milk

15<sup>TH</sup>

Spaghetti w/Meat Sauce &  
Garlic Toast  
Steamed Carrots  
Fresh Salad  
Oranges  
Milk

16<sup>TH</sup>

Cheeseburger  
Sweet Potato Tots  
Cauliflower w/Cheese  
Strawberries  
Milk

19<sup>TH</sup>

20<sup>TH</sup>

Chicken Fries  
w/Mac & Cheese  
Seasoned Corn  
Celery w/Dip  
Applesauce Cup  
Milk

21<sup>ST</sup>

Personal Pan Pizza  
Roasted Sweet Potatoes  
Broccoli & Cheese  
Sliced Pears  
Milk

22<sup>ND</sup>

Nachos w/Meat  
Pinto Beans  
Garden Salad  
Mixed Fruit  
Milk

23<sup>RD</sup>

Hamburger  
Baby Carrots  
Curly Fries  
Cranberries  
Milk

26<sup>TH</sup>

27<sup>TH</sup>

Popcorn Chicken  
w/Dinner Roll  
Mashed Potatoes  
Broccoli w/Dip  
Grapefruit  
Milk

28<sup>TH</sup>

Cheese Pizza  
Carrot Sticks w/Dip  
Navy Beans  
Red Apples  
Milk

29<sup>TH</sup>

Hot Dogs  
Fresh Salad  
Green Beans  
Cranberries  
Milk



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