

October 2026

Monday

5
FALL BREAK

12

Entree:
Cheesy Garlic French Bread Pizza
Fruit/Yogurt Plate
Tuna Salad Sandwiches
Tuna Salad w/ Crackers

Vegetables:
Broccoli Salad
Steamed Carrots
Veggie Juice

Fruit:
Chilled Fruit
Fresh Fruit
Fruit Juice

Dessert:
Assorted Pudding

Tuesday

6
FALL BREAK

13

Entree:
Chicken Fajitas
Chicken Fajita Salad
Fruit/Yogurt Plate
Grilled Chicken Sandwich

Grain:
Spanish Rice

Vegetables:
Corn
Cucumber Slices w/ Dip
Garden Salad
Veggie Juice

Fruit:
Chilled Fruit
Fresh Fruit
Fruit Juice

Dessert:
Assorted Pudding

Wednesday

7
FALL BREAK

14

Entree:
Cheesy Chicken over Rice
Hamburger
Chef Salad
Fruit/Yogurt Plate

Grain:
Roll

Vegetables:
Glazed Carrots
Steamed Broccoli
Veggie Juice

Fruit:
Chilled Fruit
Fresh Fruit
Fruit Juice

Dessert:
Brownies

Thursday

1

WAVE WEEK

Entree:
Ham and Cheese on Bun
Turkey and Cheese on Bun

Grain:
Chips

Vegetables:
Veggies w/ Dip
Veggie Juice

Fruit:
Chilled Fruit
Fresh Fruit

8
FALL BREAK

15

Entree:
Spaghetti
Corn Dog
Chef Salad
Fruit/Yogurt Plate

Grain:
Garlic Knot

Vegetables:
Lima Beans
Mixed Vegetables
Veggie Juice

Fruit:
Chilled Fruit
Fresh Fruit
Fruit Juice

Dessert:
Assorted Pudding

Friday

2

WAVE WEEK

Entree:
Ham and Cheese on Bun
Turkey and Cheese on Bun

Grain:
Chips

Vegetables:
Veggies w/ Dip
Veggie Juice

Fruit:
Chilled Fruit
Fresh Fruit

9
FALL BREAK

16

Entree:
Nachos Grande
Chef Salad
Chicken Patty Sandwich
Fruit/Yogurt Plate

Vegetables:
Corn
Garden Salad
Refried Beans
Veggie Juice

Fruit:
Fresh Fruit
Chilled Fruit
Fruit Juice

Dessert:
Assorted Jell-O

WPHS-N and
WPHS-S Lunch

Milk Served Daily

This institution is an
equal opportunity
provider.

October 2026

Monday

19

Entree:
Hot Dog
Bacon Cheeseburger
Chef Salad
Fruit/Yogurt Plate

Vegetables:
Baked Beans
French Fries
Veggie Juice

Fruit:
Chilled Fruit
Fresh Fruit
Fruit Juice

Dessert:
Snack Cookies

Tuesday

20

Entree:
Pepperoni Calzone
Hamburger
Fruit/Yogurt Plate
Chef Salad

Vegetables:
Steamed Broccoli
Veggies w/ Dip
Veggie Juice

Fruit:
Chilled Fruit
Fresh Fruit
Fruit Juice

Dessert:
Assorted Pudding

Wednesday

21

Entree:
Chicken Spaghetti
Hamburger
Chef Salad

Grain:
Garlic Toast

Vegetables:
Garden Salad
Green Peas
Steamed Carrots
Veggie Juice

Fruit:
Fresh Fruit
Chilled Fruit
Fruit Juice

Dessert:
Brownies

Thursday

22

Entree:
Domino's Pizza
Fruit/Yogurt Plate
Grilled Chicken Salad
Grilled Chicken Sandwich

Vegetables:
Green Beans
Tater Tots
Veggie Juice

Fruit:
Chilled Fruit
Fresh Fruit
Fruit Juice

Dessert:
Cake

Friday

23

Entree:
Walking Tacos
Chef Salad
Fruit/Yogurt Plate
Turkey and Cheese on Bun

Grain:
Spanish Rice

Vegetables:
Broccoli w/ Dip
Corn
Veggie Juice

Fruit:
Chilled Fruit
Fresh Fruit
Fruit Juice

Dessert:
Fruited Jell-O

26

Entree:
Chicken Quesadilla
Hamburger
Chef Salad
Fruit/Yogurt Plate

Grain:
Spanish Rice

Vegetables:
California Vegetables
Spicy Fries
Veggie Juice

Fruit:
Rosey Applesauce
Fresh Fruit
Fruit Juice

27

Entree:
American Sub Sandwich
Fruit/Yogurt Plate
Grilled Chicken Salad
Grilled Chicken Sandwich

Vegetables:
Black -Eyed Peas
Green Beans
Veggie Juice

Fruit:
Chilled Fruit
Fresh Fruit
Fruit Juice

Dessert:
Brownies

28

Entree:
Mandarin Chicken
Ham and Cheese on Bun
Fruit/Yogurt Plate
Chef Salad

Grain:
Steamed Rice
Chicken Egg Roll

Vegetables:
Baby Carrots w/ Dip
Mixed Vegetables
Veggie Juice

Fruit:
Chilled Fruit
Fresh Fruit
Fruit Juice

Dessert:
Assorted Pudding

29

Entree:
Roasted Chicken Wings
Spicy Chicken Sandwich
Chef Salad
Fruit/Yogurt Plate

Grain:
Roll

Vegetables:
Cheesy Mashed Potatoes
Green Beans
Veggie Juice

Fruit:
Chilled Fruit
Fresh Fruit
Fruit Juice

Dessert:
Assorted Pudding

30

Entree:
Chicken Tender
Chicken Tender Salad
Hamburger
Fruit/Yogurt Plate

Grain:
Roll

Vegetables:
California Veggies
French Fries
Veggie Juice

Fruit:
Chilled Fruit
Fresh Fruit
Fruit Juice

Dessert:
Brownies

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WPHS-S Lunch

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