

Module 1: School Health and Safety Policies and Environment Score Card

Instructions

- Carefully read and discuss the Module 1 Discussion Questions (pages 5-21), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 1 Planning Questions located at the end of this module (pages 23-24).

	Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1 Representative school health committee	3	2	1	0
CC.2 Written school health and safety policies	3	2	1	0
CC.3 Communicate school health and safety policies to students, parents, staff, and visitors	3	2	1	0
CC.4 Connectedness to school	3	2	1	0
CC.5 Overcome barriers to learning	2	2	1	0
CC.6 Enrichment experiences	3	2	1	0
S.1 Safe physical environment	3	2	1	0
S.2 Maintain safe physical environment	3	2	1	0
S.3 No tolerance for harassment or bullying	3	2	1	0
S.4 Active supervision to promote safety	3	2	1	0
S.5 Written crisis response plan	3	2	1	0
S.6 Staff development on unintentional injuries, violence, and suicide	3	2	1	0
PA.1 Recess	3	2	1	0
PA.2 Access to physical activity facilities outside school hours	3	2	1	0
PA.3 Adequate physical activity facilities	3	2	1	0
PA.4 Prohibit using physical activity as punishment	3	2	1	0
N.1 Prohibit using food as reward or punishment	3	2	1	0
N.2 Fundraising efforts supportive of healthy eating	3	2	1	0
N.3 Restrict access to foods of minimal nutritional value	3	2	1	0
N.4 Restrict access to other foods of low nutritive value	3	2	1	0
N.5 Hands washed before meals and snacks	3	2	1	0
T.1 Prohibit tobacco use among students	3	2	1	0
T.2 Prohibit tobacco use among staff and visitors	3	2	1	0
T.3 Enforce tobacco-use policies	3	2	1	0
T.4 Prohibit tobacco advertising	3	2	1	0
A.1 Written policies for self-carry and self-administration of medications	3	2	1	0
A.2 Professional development on asthma	3	2	1	0
A.3 Implement indoor air quality practices	3	2	1	0
A.4 Implement integrated pest management practices	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

84	2		
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(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (87) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.

MODULE SCORE =
(Total Points / 87) X 100

86
99 %

Module 2: Health Education

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 2 Discussion Questions (pages 5-13), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 2 Planning Questions located at the end of this module (pages 15-16).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Health education taught in all grades	3	2	1	0
CC.2	Sequential health education curriculum consistent with standards	3	2	1	0
CC.3	Active learning strategies	3	2	1	0
CC.4	Opportunities to practice skills	3	2	1	0
CC.5	Culturally appropriate examples and activities	3	2	1	0
CC.6	Assignments encourage student interaction with family and community	3	2	1	0
CC.7	Professional development in health education	3	2	1	0
CC.8	Professional development in delivering curriculum	3	2	1	0
CC.9	Professional development in classroom management techniques	3	2	1	0
S.1	Essential topics on preventing unintentional injuries, violence, and suicide	3	2	1	0
PA.1	Essential topics on physical activity	3	2	1	0
N.1	Essential topics on healthy eating	3	2	1	0
T.1	Essential topics on preventing tobacco use	3	2	1	0
A.1	Essential topics on asthma awareness	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (42) by subtracting 3 for each question eliminated).

100 42			
TOTAL POINTS: Add the four sums above and enter the total to the right.			42
MODULE SCORE = (Total Points / 42) X 100			100 %

Module 3: Physical Education and Other Physical Activity Programs

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 3 Discussion Questions (pages 5-12), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 3 Planning Questions located at the end of this module (pages 13-14).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
PA.1	150 minutes of physical education per week	3	2	1	0
PA.2	Adequate teacher/student ratio	3	2	1	0
PA.3	Sequential physical education curriculum consistent with standards	3	2	1	0
PA.4	Health-related physical fitness	3	2	1	0
PA.5	Students active at least 50% of class time	3	2	1	0
PA.6	Teachers avoid practices that result in student inactivity	3	2	1	0
PA.7	Physical education is enjoyable	3	2	1	0
PA.8	Promote community physical activities	3	2	1	0
PA.9	Credentialed physical education teachers	3	2	1	0
PA.10	Professional development for teachers	3	2	1	0
PA.11/A.1	Address special health care needs	3	2	1	0
PA.12/ S.1/A.2	Physical education safety practices	3	2	1	0
PA.13/S.2	Playgrounds meet safety standards	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (39) by subtracting 3 for each question eliminated).

33	4		
TOTAL POINTS: Add the four sums above and enter the total to the right.			37
MODULE SCORE = (Total Points / 39) X 100			95 %

Module 4: Nutrition Services

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 4 Discussion Questions (pages 5-12), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 4 Planning Questions located at the end of this module (pages 13-14).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
N.1	Breakfast and lunch programs	3	2	1	0
N.2	Variety of foods in school meals	3	2	1	0
N.3	Low-fat and skim milk available	3	2	1	0
N.4	Meals include appealing, low-fat items	3	2	1	0
N.5	Food purchasing and preparation practices to reduce fat content				
N.6	A la carte offerings include appealing, low-fat items	3	2	1	0
N.7	Sites outside cafeteria offer appealing, low-fat items	3	2	1	0
N.8	Promote healthy food and beverage choices	3	2	1	0
N.9	Adequate time to eat school meals	3	2	1	0
N.10	Collaboration between food service staff and teachers	3	2	1	0
N.11	Degree and certification of food service manager	3	2	1	0
N.12	Professional development for food service manager	3	2	1	0
N.13/ S.1	Clean, safe, pleasant cafeteria	3	2	1	0
N.14/ S.2	Preparedness for food emergencies	3	2	1	0

① N/A to students

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (42) by subtracting 3 for each question eliminated).

33	2		
TOTAL POINTS: Add the four sums above and enter the total to the right.			
			35
MODULE SCORE = (Total Points / 42) X 100			83 %

Module 5: School Health Services

Score Card

Instructions

- Carefully read and discuss the Module 5 Discussion Questions (pages 5-15), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 5 Planning Questions located at the end of this module (pages 17-18).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Health services provided by a full-time school nurse	3	2	1	0
CC.2	Health and safety promotion for students and families	3	2	1	0
CC.3	Collaborate with staff	3	2	1	0
CC.4	Establish strong community links for referral	3	2	1	0
CC.5	Student medical information	3	2	1	0
CC.6	Consulting school health physician	3	2	1	0
S.1	Identify and refer students who are victims or perpetrators of violence	3	2	1	0
S.2	Assess extent of injuries on school property	3	2	1	0
S.3/ A.1	Emergency response plans	3	2	1	0
PA.1	Identify and refer students with health problems affected by physical activity	3	2	1	0
N.1	Identify and refer students with health problems affected by nutrition	3	2	1	0
A.2	Identify and refer students with asthma	3	2	1	0
A.3	Track students with known asthma	3	2	1	0
A.4	Provide or facilitate case management for students with poorly controlled asthma	3	2	1	0
A.5	Ensure immediate and reliable access to medications for students with asthma	3	2	1	0
A.6	Offer asthma management education to all students with asthma	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

45	0	0	0
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(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (48) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.

MODULE SCORE =
(Total Points / 48) X 100

45
93.7%

Module 6: School Counseling, Psychological, and Social Services

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 6 Discussion Questions (pages 5-9), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 6 Planning Questions located at the end of this module (pages 11-12).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Health and safety promotion for students and families	3	2	1	0
CC.2	Collaborate with staff	3	2	1	0
CC.3	Establish strong links with community resources	3	2	1	0
S.1	Identify and refer students who are victims or perpetrators of violence	3	2	1	0
PA.1	Identify and refer students with health problems affected by physical activity	3	2	1	0
N.1	Identify and refer students with health problems affected by nutrition	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (18) by subtracting 3 for each question eliminated).

18	0	0	0
<p>TOTAL POINTS: Add the four sums above and enter the total to the right.</p>			
<p>MODULE SCORE = (Total Points / 18) X 100</p>			
			100 %

Module 7: Health Promotion for Staff

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 7 Discussion Questions (pages 5-11), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 7 Planning Questions located at the end of this module (pages 13-14).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Health screening for staff	3	2	1	0
CC.2	Stress management programs for staff	3	2	1	0
CC.3	Promote staff participation	3	2	1	0
S.1	Training for staff on conflict resolution	3	2	1	0
S.2	Training for staff on first aid and CPR	3	2	1	0
PA.1	Programs for staff on physical activity/fitness	3	2	1	0
N.1	Programs for staff on healthy eating/weight management	3	2	1	0
T.1	Programs for staff on tobacco-use cessation	3	2	1	0
A.1	Programs for staff on asthma management and/or education	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (27) by subtracting 3 for each question eliminated).

12	10		
TOTAL POINTS: Add the four sums above and enter the total to the right.			22
MODULE SCORE = (Total Points / 27) X 100			81%

Module 8: Family and Community Involvement

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 8 Discussion Questions (pages 5-8), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 8 Planning Questions located at the end of this module (pages 9-10). Be sure to keep your documentation from the small groups to support your recommendations.

	Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1 Educate families	3	2	1	0
CC.2 Effective parenting strategies	3	2	1	0
CC.3 Parent and community involvement in programs	3	2	1	0
CC.4 Promote community-based programs	3	2	1	0
CC.5 Community access to school facilities	3	2	1	0
N.1 Student and family involvement in planning meals	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (18) by subtracting 3 for each question eliminated).

18			
TOTAL POINTS: Add the four sums above and enter the total to the right.			18
MODULE SCORE = (Total Points / 18) X 100			100 %

Module 1: School Health and Safety Policies and Environment Score Card

Instructions

- Carefully read and discuss the Module 1 Discussion Questions (pages 5-22), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 1 Planning Questions located at the end of this module (pages 23-24).

	Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1 Representative school health committee	3	2	1	0
CC.2 Written school health and safety policies	3	2	1	0
CC.3 Communicate school health and safety policies to students, parents, staff, and visitors	3	2	1	0
CC.4 Connectedness to school	3	2	1	0
CC.5 Overcome barriers to learning	3	2	1	0
CC.6 Enrichment experiences	3	2	1	0
S.1 Safe physical environment	3	2	1	0
S.2 Maintain safe physical environment	3	2	1	0
S.3 No tolerance for harassment or bullying	3	2	1	0
S.4 Active supervision to promote safety	3	2	1	0
S.5 Written crisis response plan	3	2	1	0
S.6 Staff development on unintentional injuries, violence, and suicide	3	2	1	0
PA.1 Access to physical activity facilities outside school hours	3	2	1	0
PA.2 Adequate physical activity facilities	3	2	1	0
PA.3 Prohibit using physical activity as punishment	3	2	1	0
N.1 Prohibit using food as reward or punishment	3	2	1	0
N.2 Fundraising efforts supportive of healthy eating	3	2	1	0
N.3 Restrict access to foods of minimal nutritional value	3	2	1	0
N.4 Restrict access to other foods of low nutritive value	3	2	1	0
T.1 Prohibit tobacco use among students	3	2	1	0
T.2 Prohibit tobacco use among staff and visitors	3	2	1	0
T.3 Enforce tobacco-use policies	3	2	1	0
T.4 Prohibit tobacco advertising	3	2	1	0
T.5 Tobacco-use cessation services	3	2	1	0
A.1 Written policies for self-carry and self-administration of medications	3	2	1	0
A.2 Professional development on asthma	3	2	1	0
A.3 Implement indoor air quality practices	3	2	1	0
A.4 Implement integrated pest management practices	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

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(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (84) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.

MODULE SCORE = (Total Points / 84) X 100

%

Module 2: Health Education

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 2 Discussion Questions (pages 5-14), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 2 Planning Questions located at the end of this module (pages 15-16).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Required health education course	3	2	1	0
CC.2	Health education grading	3	2	1	0
CC.3	Sequential health education curriculum consistent with standards	3	2	1	0
CC.4	Active learning strategies	3	2	1	0
CC.5	Opportunities to practice skills	3	2	1	0
CC.6	Culturally appropriate examples and activities	3	2	1	0
CC.7	Assignments encourage student interaction with family and community	3	2	1	0
CC.8	Credentialed health education teachers	3	2	1	0
CC.9	Professional development in health education	3	2	1	0
CC.10	Professional development in delivering curriculum	3	2	1	0
CC.11	Professional development in classroom management techniques	3	2	1	0
S.1	Essential topics on preventing unintentional injuries, violence, and suicide	3	2	1	0
PA.1	Essential topics on physical activity	3	2	1	0
N.1	Essential topics on healthy eating	3	2	1	0
T.1	Essential topics on preventing tobacco use	3	2	1	0
A.1	Essential topics on asthma awareness	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (48) by subtracting 3 for each question eliminated).

<p>TOTAL POINTS: Add the four sums above and enter the total to the right.</p>			
<p>MODULE SCORE = (Total Points / 48) X 100</p>			%

Module 3: Physical Education and Other Physical Activity Programs

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 3 Discussion Questions (pages 5-15), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 3 Planning Questions located at the end of this module (pages 17-18).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
PA.1	225 minutes of physical education per week	3	2	1	0
PA.2	Adequate teacher/student ratio	3	2	1	0
PA.3	Sequential physical education curriculum consistent with standards	3	2	1	0
PA.4	Physical education grading	3	2	1	0
PA.5	Prohibit substitution for physical education	3	2	1	0
PA.6	Individualized physical activity/fitness plans	3	2	1	0
PA.7	Health-related physical fitness	3	2	1	0
PA.8	Students active at least 50% of class time	3	2	1	0
PA.9	Teachers avoid practices that result in student inactivity	3	2	1	0
PA.10	Physical education is enjoyable	3	2	1	0
PA.11	Promote community physical activities	3	2	1	0
PA.12	Credentialed physical education teachers	3	2	1	0
PA.13	Professional development for teachers	3	2	1	0
PA.14	Participation in extracurricular physical activity programs	3	2	1	0
PA.15	Training requirements for coaches	3	2	1	0
PA.16/ A.1	Address special health care needs	3	2	1	0
PA.17/ S.1/ A.2	Physical education safety practices	3	2	1	0
PA.18/ S.2	Physical activity facilities meet safety standards	3	2	1	0
PA.19/ S.3	Athletics safety requirements	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (57) by subtracting 3 for each question eliminated).

54	2		
<p>TOTAL POINTS: Add the four sums above and enter the total to the right.</p>			
56			
<p>MODULE SCORE = (Total Points / 57) X 100</p>			
98 %			

Module 4: Nutrition Services

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 4 Discussion Questions (pages 5-11), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 4 Planning Questions located at the end of this module (pages 13-14).

	Fully in Place	Partially in Place	Under Develop- ment	Not in Place
N.1 Breakfast and lunch programs	3	2	1	0
N.2 Variety of foods in school meals	3	2	1	0
N.3 Low-fat and skim milk available	3	2	1	0
N.4 Meals include appealing, low-fat items	3	2	1	0
N.5 Food purchasing and preparation practices to reduce fat content	3	2	1	0
N.6 A la carte offerings include appealing, low-fat items	3	2	1	0
N.7 Sites outside cafeteria offer appealing, low-fat items	3	2	1	0
N.8 Promote healthy food and beverage choices	3	2	1	0
N.9 Adequate time to eat school meals	3	2	1	0
N.10 Collaboration between food service staff and teachers	3	2	1	0
N.11 Degree and certification of food service manager	3	2	1	0
N.12 Professional development for food service manager	3	2	1	0
N.13/ S.1 Clean, safe, pleasant cafeteria	3	2	1	0
N.14/ S.2 Preparedness for food emergencies	3	2	1	0

N/A to students

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (42) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.			
MODULE SCORE = (Total Points / 42) X 100			%

Module 5: School Health Services

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 5 Discussion Questions (pages 5-16), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 5 Planning Questions located at the end of this module (pages 17-18).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Health services provided by a full-time school nurse	3	2	1	0
CC.2	Health and safety promotion for students and families	3	2	1	0
CC.3	Collaborate with staff	3	2	1	0
CC.4	Establish strong links with community resources	3	2	1	0
CC.5	Student medical information	3	2	1	0
CC.6	Consulting school health physician	3	2	1	0
S.1	Identify and refer students who are victims or perpetrators of violence	3	2	1	0
S.2	Assess extent of injuries on school property	3	2	1	0
S.3/ A.1	Emergency response plans	3	2	1	0
PA.1	Identify and refer students with health problems affected by physical activity	3	2	1	0
N.1	Identify and refer students with health problems affected by nutrition	3	2	1	0
T.1	Screen for tobacco use	3	2	1	0
A.2	Identify and refer students with asthma	3	2	1	0
A.3	Track students with known asthma	3	2	1	0
A.4	Provide or facilitate case management for students with poorly controlled asthma	3	2	1	0
A.5	Ensure immediate and reliable access to medications for students with asthma	3	2	1	0
A.6	Offer asthma management education to all students with asthma	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (51) by subtracting 3 for each question eliminated).

<p>TOTAL POINTS: Add the four sums above and enter the total to the right.</p>			
<p>MODULE SCORE = (Total Points / 51) X 100</p>			%

Module 6: School Counseling, Psychological, and Social Services

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 6 Discussion Questions (pages 5-10), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 6 Planning Questions located at the end of this module (pages 11-12).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Health and safety promotion for students and families	3	2	1	0
CC.2	Collaborate with staff	3	2	1	0
CC.3	Establish strong links with community resources	3	2	1	0
S.1	Identify and refer students who are victims or perpetrators of violence	3	2	1	0
PA.1	Identify and refer students with health problems affected by physical activity	3	2	1	0
N.1	Identify and refer students with health problems affected by nutrition	3	2	1	0
T.1	Screen for tobacco use	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (21) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.			
MODULE SCORE = (Total Points / 21) X 100			%

Module 7: Health Promotion for Staff

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 7 Discussion Questions (pages 5-11), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 7 Planning Questions located at the end of this module (pages 12-13).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Health screening for staff	3	(2)	1	0
CC.2	Stress management programs for staff	3	2	1	(0)
CC.3	Promote staff participation	3	2	(1)	0
S.1	Training for staff on conflict resolution	(3)	2	1	0
S.2	Training for staff on first aid and CPR	(3)	2	1	0
PA.1	Programs for staff on physical activity/fitness	(3)	2	1	0
N.1	Programs for staff on healthy eating/weight management	3	(2)	1	0
T.1	Programs for staff on tobacco-use cessation	(3)	2	1	0
A.1	Programs for staff on asthma management and/or education	(3)	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (27) by subtracting 3 for each question eliminated).

<p>TOTAL POINTS: Add the four sums above and enter the total to the right.</p>			
<p>MODULE SCORE = (Total Points / 27) X 100</p>			%

Module 8: Family and Community Involvement

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 8 Discussion Questions (pages 5-8), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 8 Planning Questions located at the end of this module (pages 9-10).

	Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1 Educate families	3	2	1	0
CC.2 Effective parenting strategies	3	2	1	0
CC.3 Parent and community involvement in programs	3	2	1	0
CC.4 Promote community-based programs	3	2	1	0
CC.5 Community access to school facilities	3	2	1	0
N.1 Student and family involvement in school meals	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (18) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.			
MODULE SCORE = (Total Points / 18) X 100			%

Module 1: School Health and Safety Policies and Environment Score Card

Instructions

- Carefully read and discuss the Module 1 Discussion Questions (pages 5-22), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 1 Planning Questions located at the end of this module (pages 23-24).

	Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1 Representative school health committee	3	2	1	0
CC.2 Written school health and safety policies	3	2	1	0
CC.3 Communicate school health and safety policies to students, parents, staff, and visitors	3	2	1	0
CC.4 Connectedness to school	3	2	1	0
CC.5 Overcome barriers to learning	3	2	1	0
CC.6 Enrichment experiences	3	2	1	0
S.1 Safe physical environment	3	2	1	0
S.2 Maintain safe physical environment	3	2	1	0
S.3 No tolerance for harassment or bullying	3	2	1	0
S.4 Active supervision to promote safety	3	2	1	0
S.5 Written crisis response plan	3	2	1	0
S.6 Staff development on unintentional injuries, violence, and suicide	3	2	1	0
PA.1 Access to physical activity facilities outside school hours	3	2	1	0
PA.2 Adequate physical activity facilities	3	2	1	0
PA.3 Prohibit using physical activity as punishment	3	2	1	0
N.1 Prohibit using food as reward or punishment	3	2	1	0
N.2 Fundraising efforts supportive of healthy eating	3	2	1	0
N.3 Restrict access to foods of minimal nutritional value	3	2	1	0
N.4 Restrict access to other foods of low nutritive value	3	2	1	0
T.1 Prohibit tobacco use among students	3	2	1	0
T.2 Prohibit tobacco use among staff and visitors	3	2	1	0
T.3 Enforce tobacco-use policies	3	2	1	0
T.4 Prohibit tobacco advertising	3	2	1	0
T.5 Tobacco-use cessation services	3	2	1	0
A.1 Written policies for self-carry and self-administration of medications	3	2	1	0
A.2 Professional development on asthma	3	2	1	0
A.3 Implement indoor air quality practices	3	2	1	0
A.4 Implement integrated pest management practices	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

48	18		
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(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (84) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.

MODULE SCORE = (Total Points / 84) X 100

66
78%

Module 2: Health Education

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 2 Discussion Questions (pages 5-14), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 2 Planning Questions located at the end of this module (pages 15-16).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Required health education course	3	2	1	0
CC.2	Health education grading	3	2	1	0
CC.3	Sequential health education curriculum consistent with standards	3	2	1	0
CC.4	Active learning strategies	3	2	1	0
CC.5	Opportunities to practice skills	3	2	1	0
CC.6	Culturally appropriate examples and activities	3	2	1	0
CC.7	Assignments encourage student interaction with family and community	3	2	1	0
CC.8	Credentialed health education teachers	3	2	1	0
CC.9	Professional development in health education	3	2	1	0
CC.10	Professional development in delivering curriculum	3	2	1	0
CC.11	Professional development in classroom management techniques	3	2	1	0
S.1	Essential topics on preventing unintentional injuries, violence, and suicide	3	2	1	0
PA.1	Essential topics on physical activity	3	2	1	0
N.1	Essential topics on healthy eating	3	2	1	0
T.1	Essential topics on preventing tobacco use	3	2	1	0
A.1	Essential topics on asthma awareness	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (48) by subtracting 3 for each question eliminated).

<p>TOTAL POINTS: Add the four sums above and enter the total to the right.</p>			
<p>MODULE SCORE = (Total Points / 48) X 100</p>			%

Module 3: Physical Education and Other Physical Activity Programs

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 3 Discussion Questions (pages 5-15), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 3 Planning Questions located at the end of this module (pages 17-18).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
PA.1	225 minutes of physical education per week	3	2	1	0
PA.2	Adequate teacher/student ratio	3	2	1	0
PA.3	Sequential physical education curriculum consistent with standards	3	2	1	0
PA.4	Physical education grading	3	2	1	0
PA.5	Prohibit substitution for physical education	3	2	1	0
PA.6	Individualized physical activity/fitness plans	3	2	1	0
PA.7	Health-related physical fitness	3	2	1	0
PA.8	Students active at least 50% of class time	3	2	1	0
PA.9	Teachers avoid practices that result in student inactivity	3	2	1	0
PA.10	Physical education is enjoyable	3	2	1	0
PA.11	Promote community physical activities	3	2	1	0
PA.12	Credentialed physical education teachers	3	2	1	0
PA.13	Professional development for teachers	3	2	1	0
PA.14	Participation in extracurricular physical activity programs	3	2	1	0
PA.15	Training requirements for coaches	3	2	1	0
PA.16/ A.1	Address special health care needs	3	2	1	0
PA.17/ S.1/ A.2	Physical education safety practices	3	2	1	0
PA.18/ S.2	Physical activity facilities meet safety standards	3	2	1	0
PA.19/ S.3	Athletics safety requirements	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (57) by subtracting 3 for each question eliminated).

<p>TOTAL POINTS: Add the four sums above and enter the total to the right.</p>			
<p>MODULE SCORE = (Total Points / 57) X 100</p>			%

Module 4: Nutrition Services

Score Card (photocopy before using)

Instructions

1. Carefully read and discuss the Module 4 Discussion Questions (pages 5-11), which contains questions and scoring descriptions for each item listed on this Score Card.
2. Circle the most appropriate score for each item.
3. After all questions have been scored, calculate the overall Module Score and complete the Module 4 Planning Questions located at the end of this module (pages 13-14).

	Fully in Place	Partially in Place	Under Develop- ment	Not in Place
N.1 Breakfast and lunch programs	3	2	1	0
N.2 Variety of foods in school meals	3	2	1	0
N.3 Low-fat and skim milk available	3	2	1	0
N.4 Meals include appealing, low-fat items	3	2	1	0
N.5 Food purchasing and preparation practices to reduce fat content	3	2	1	0
N.6 A la carte offerings include appealing, low-fat items	3	2	1	0
N.7 Sites outside cafeteria offer appealing, low-fat items	3	2	1	0
N.8 Promote healthy food and beverage choices	3	2	1	0
N.9 Adequate time to eat school meals	3	2	1	0
N.10 Collaboration between food service staff and teachers	3	2	1	0
N.11 Degree and certification of food service manager	3	2	1	0
N.12 Professional development for food service manager	3	2	1	0
N.13/ S.1 Clean, safe, pleasant cafeteria	3	2	1	0
N.14/ S.2 Preparedness for food emergencies	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (42) by subtracting 3 for each question eliminated).

<p>TOTAL POINTS: Add the four sums above and enter the total to the right.</p>			
<p>MODULE SCORE = (Total Points / 42) X 100</p>			%

Module 5: School Health Services

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 5 Discussion Questions (pages 5-16), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 5 Planning Questions located at the end of this module (pages 17-18).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Health services provided by a full-time school nurse	3	2	1	0
CC.2	Health and safety promotion for students and families	3	2	1	0
CC.3	Collaborate with staff	3	2	1	0
CC.4	Establish strong links with community resources	3	2	1	0
CC.5	Student medical information	3	2	1	0
CC.6	Consulting school health physician	3	2	1	0
S.1	Identify and refer students who are victims or perpetrators of violence	3	2	1	0
S.2	Assess extent of injuries on school property	3	2	1	0
S.3/ A.1	Emergency response plans	3	2	1	0
PA.1	Identify and refer students with health problems affected by physical activity	3	2	1	0
N.1	Identify and refer students with health problems affected by nutrition	3	2	1	0
T.1	Screen for tobacco use	3	2	1	0
A.2	Identify and refer students with asthma	3	2	1	0
A.3	Track students with known asthma	3	2	1	0
A.4	Provide or facilitate case management for students with poorly controlled asthma	3	2	1	0
A.5	Ensure immediate and reliable access to medications for students with asthma	3	2	1	0
A.6	Offer asthma management education to all students with asthma	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (51) by subtracting 3 for each question eliminated).

45			0
TOTAL POINTS: Add the four sums above and enter the total to the right.			45
MODULE SCORE = (Total Points / 51) X 100			%

SCHOOL HEALTH INDEX - MIDDLE SCHOOL/HIGH SCHOOL

Module 6: School Counseling, Psychological, and Social Services

Score Card
(photocopy before using)

Instructions

- Carefully read and discuss the Module 6 Discussion Questions (pages 5-10), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 6 Planning Questions located at the end of this module (pages 11-12).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Health and safety promotion for students and families	3	2	1	0
CC.2	Collaborate with staff	3	2	1	0
CC.3	Establish strong links with community resources	3	2	1	0
S.1	Identify and refer students who are victims or perpetrators of violence	3	2	1	0
PA.1	Identify and refer students with health problems affected by physical activity	3	2	1	0
N.1	Identify and refer students with health problems affected by nutrition	3	2	1	0
T.1	Screen for tobacco use	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (21) by subtracting 3 for each question eliminated).

9	8		
TOTAL POINTS: Add the four sums above and enter the total to the right.			17
MODULE SCORE ~ (Total Points / 21) X 100			80 %

Module 7: Health Promotion for Staff

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 7 Discussion Questions (pages 5-11), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 7 Planning Questions located at the end of this module (pages 12-13).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Health screening for staff	3	(2)	1	0
CC.2	Stress management programs for staff	3	(2)	1	0
CC.3	Promote staff participation	3	(2)	1	0
S.1	Training for staff on conflict resolution	3	(2)	1	0
S.2	Training for staff on first aid and CPR	(3)	2	1	0
PA.1	Programs for staff on physical activity/fitness	3	(2)	1	0
N.1	Programs for staff on healthy eating/weight management	3	(2)	1	0
T.1	Programs for staff on tobacco-use cessation	3	2	(1)	0
A.1	Programs for staff on asthma management and/or education	(3)	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (27) by subtracting 3 for each question eliminated).

TOTAL POINTS: Add the four sums above and enter the total to the right.			
MODULE SCORE = (Total Points / 27) X 100			%

Module 8: Family and Community Involvement

Score Card (photocopy before using)

Instructions

- Carefully read and discuss the Module 8 Discussion Questions (pages 5-8), which contains questions and scoring descriptions for each item listed on this Score Card.
- Circle the most appropriate score for each item.
- After all questions have been scored, calculate the overall Module Score and complete the Module 8 Planning Questions located at the end of this module (pages 9-10).

		Fully in Place	Partially in Place	Under Develop- ment	Not in Place
CC.1	Educate families	3	2	1	0
CC.2	Effective parenting strategies	3	2	1	0
CC.3	Parent and community involvement in programs	3	2	1	0
CC.4	Promote community-based programs	3	2	1	0
CC.5	Community access to school facilities	3	2	1	0
N.1	Student and family involvement in school meals	3	2	1	0

COLUMN TOTALS: For each column, add up the numbers that are circled and enter the sum in this row.

(If you decide to skip any of the topic areas, make sure you adjust the denominator for the Module Score (18) by subtracting 3 for each question eliminated).

9	2		
TOTAL POINTS: Add the four sums above and enter the total to the right.			11
MODULE SCORE = (Total Points / 18) X 100			61%