



JANUARY 2026

INGRAM TOM MOORE HIGH & MIDDLE SCHOOLS

Menus Are Subject To Change
**THIS INSTITUTION IS AN EQUAL
OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday

SCHOOL
HOLIDAY

SCHOOL
HOLIDAY

WG Bean Cheese Burrito
w/Cheese Sauce
Spanish Rice
Pinto Beans
Baby Carrots
Fruit
Milk

Mandarin Orange Chicken
Steamed Rice
Egg Roll
Broccoli Florets
Mixed Vegetables
Fruit
Milk

Cheeseburger
Or Hamburger
Tater Tots
Baked Beans
Burger Salad
Fruit
WG Brownie & Milk

Salsbury Steak
Mashed Potatoes
Green Beans
Carrot Slices
Hot Dinner Roll
Fruit
Milk

Hot & Spicy Chicken Strips
Seasoned Wedge Fries
Broccoli
Hot Dinner Roll
Fruit
Milk

Frito Pie
Cornbread
Pinto Beans
Tossed Salad
Fruit
Milk

Chicken Spaghetti
Garlic Bread Stick
Steamed Corn
Green Peas
Fruit
Milk

Cheeseburger, Hamburger
Or Chili Hot Dog
Tater Tots
Burger Salad
Fruit
Milk

SCHOOL
HOLIDAY

Pulled Pork on WG Bun
Or
Corn Dog
Crinkle Fries
Baked Beans
Pickles
Fruit & Milk

Chicken Fajita Tacos (2)
Cheese Cup
Refried Beans
Lettuce & Tomato
Fruit
Milk

Fish
Or Chicken Strips
Macaroni & Cheese
Broccoli Florets
Carrot Slices
Hot Dinner Roll
Fruit & Milk

Cheeseburger
Or
Hamburger
Tater Tots
Burger Salad
Fruit
Milk

Chicken Nuggets
Mashed Potatoes/gravy
Green Beans
Carrots
Hot Dinner Roll
Fruit
Milk

Spicy Chicken Burger
Seasoned Fries
Baked Beans
Burger Salad
Fruit
Milk

Beefy Nachos
Cornbread
Pinto Beans
Tossed Salad
Fruit
Milk

WG Mozzarella Cheese Stix
w/Marinara
or
Corn Dog
Broccoli Florets
Sweet Potato Fries
Fruit & Milk

Cheeseburger
Or
Hamburger
Tater Tots
Burger Salad
Fruit
Milk

Available Daily: Pizza, Chef Salad, Peanut Butter & Jelly Sandwich
Ham & Turkey Sub Sandwich (Monday, Wednesday and Friday)
Turkey Bacon Wrap (Tuesday and Thursday)

Fresh, Canned or Frozen Fruit (daily), 100% Fruit Juice (Wednesday & Friday), Fat Free Chocolate Milk, 1% White Milk (daily)

