

Menus for February 2026

FES GES
RCES RMS
SCES SCMS

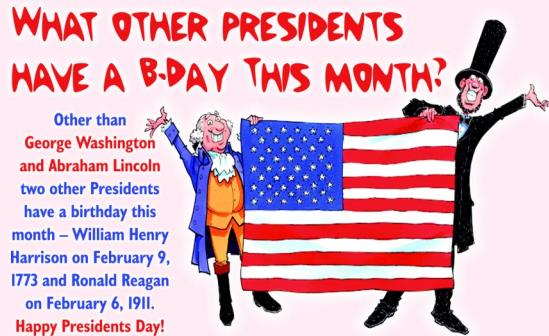


This institution is an equal opportunity provider.
Menus are subject to change.

Grab-N-Go

- 1) PB&J
- 2) Spicy Chicken Sandwich
- 3) Pizza
- 4) Pretzel
- 5) Hot Pocket
- 6) Salad
- 7) Deli Sandwich
- 8) Taco Crispups
- 9) Yogurt & Cheese stick
- 10) Taco Hummus
- 11. Fish
- 12. Nacho
- 13. Breakfast for Lunch

Random Acts of Kindness Week
February 14-20



Monday, February 2

Breakfast

Raspberry Danish

Lunch Choice of One

Pizza
Toasted Cheese Sandwich
Grab-N-Go #1 or #8
~~~~~  
French Fries, Corn, Baby Carrots  
Fruit  
Choice of Milk



Tuesday, February 3

### Breakfast

Apple Frudel

### Lunch Choice of One

Pork Chop  
Grab-N-Go #5 or #9  
~~~~~  
Roll
Mashed Potatoes
Peas & Carrots
Fruit
Choice of Milk

Wednesday, February 4

Breakfast

Chicken Biscuit

Lunch Choice of One

Chicken Teriyaki
Ramen Bowl
Grab-N-Go #7 or #10
~~~~~  
Roll  
Steamed Carrots  
Steamed Broccoli  
Fruit  
Choice of Milk

Thursday, February 5

### Breakfast

Pancake on Stick

### Lunch Choice of One

~~~~~  
Roll
Mashed Potatoes
Green Beans
Turnip Greens
Fruit Slush
Choice of Milk

Friday, February 6

Breakfast

Churro Bites

Lunch Choice of One

Hamburger
Cheeseburger
Breaded Chicken Sandwich
Grab-N-Go #4 & #13
~~~~~  
Leafy Green Trimmings Dill Pickle Slices Baked Beans French Fries, Fruit Choice of Milk

Monday, February 9

### Breakfast

Mini Waffles

### Lunch Choice of One

Hot Dog  
Grab-N-Go #6 or #11  
~~~~~  
Baked Beans
Garlic Roasted Potatoes
Fruit
Choice of Milk

Tuesday, February 10

Breakfast

Cinnamon Roll

Lunch Choice of One

Pizza
Grab-N-Go #1 or #2
~~~~~  
Corn  
Tater Tots  
Fruit  
Choice of Milk

Wednesday, February 11

### Breakfast

Sausage Biscuit

### Lunch Choice of One

Toasted Cheese Sandwich  
Grab-N-Go #1 or #3  
~~~~~  
Tomato Soup
Baby Carrots
Fruit
Choice of Milk

Thursday, February 12

Breakfast

Cheese Omelet

Lunch Choice of One

~~~~~  
Roll  
Mashed Potatoes  
Green Beans  
Fruit  
Choice of Milk

Friday, February 13

### Breakfast

Cereal & Assorted Graham

### Lunch Choice of One

Hamburger  
Cheeseburger  
Breaded Chicken Sandwich  
Grab-N-Go #9 or #12  
~~~~~  
Leafy Green Trimmings Dill Pickle Slices, French Fries Broccoli Cup, Fruit Choice of Milk

Monday, February 16



NO SCHOOL
TODAY

Tuesday, February 17

Breakfast

Donut

Lunch Choice of One

Pizza
Toasted Cheese Sandwich
Grab-N-Go #5 or #8
~~~~~  
Corn  
Roasted Carrots  
Fruit  
Choice of Milk

Wednesday, February 18

### Breakfast

Chicken Biscuit

### Lunch Choice of One

Street Tacos  
Grab-N-Go #2 or #7  
~~~~~  
Mexican Street Corn
Refried Beans
Salsa
Fruit
Choice of Milk

Thursday, February 19

Breakfast



Lunch Choice of One

~~~~~  
Roll  
Mashed Potatoes  
Green Beans  
Fruit  
Choice of Milk

Friday, February 20

### Breakfast

Muffin & String Cheese  
Celebrate National Muffin Day

### Lunch Choice of One

Hamburger  
Cheeseburger  
Breaded Chicken Sandwich  
Grab-N-Go #10 or #13  
~~~~~  
Leafy Green Trimmings Dill Pickle Slices Broccoli Cup French Fries, Fruit Juice Choice of Milk



Available daily @ breakfast: Choice of Milk, Juice, & or Fruit. We offer Cereal & Graham or Pop Tart Daily.



Wellness Tip:
Managing stress and staying active helps support heart health and emotional well being.

Challenge:
Take a 5-10 minute walk or stretch break at least 3 days a week.

Monday, February 23

Breakfast



Lunch Choice of One
Stuffed Breadstick
Grab-N-Go #6 or #11
~~~~~  
Marinara Sauce  
Corn  
Side Salad  
Fruit  
Choice of Milk

Tuesday, February 24

**Breakfast**

Raspberry Danish

**Lunch Choice of One**  
Fish Nuggets  
Grilled Chicken Nuggets  
Grab-N-Go #5 or #9  
~~~~~  
Hush Puppies
Cole Slaw
Pinto Beans
Baked Mac N Cheese
Fruit
Choice of Milk

Wednesday, February 25

Breakfast

Chicken Biscuit

Lunch Choice of One
Walking Beef Taco
Grab-N-Go #1 or #12
~~~~~  
Queso Cheese  
Refried Beans  
Corn  
Taco Trimming, Salsa  
Fruit  
Choice of Milk

Thursday, February 26

**Breakfast**

Cereal & Graham

**Lunch**  
Popcorn Chicken  
~~~~~  
Roll
Mashed Potatoes
Green Beans
Fruit
Choice of Milk

Friday, February 27

Breakfast

Apple Frudel

Lunch Choice of One
Hamburger
Cheeseburger
Breaded Chicken Sandwich
Grab-N-Go #10 or #13
~~~~~  
Leafy Green Trimmings  
Dill Pickle Slices  
Baked Beans  
French Fries, Fruit Juice  
Choice of Milk

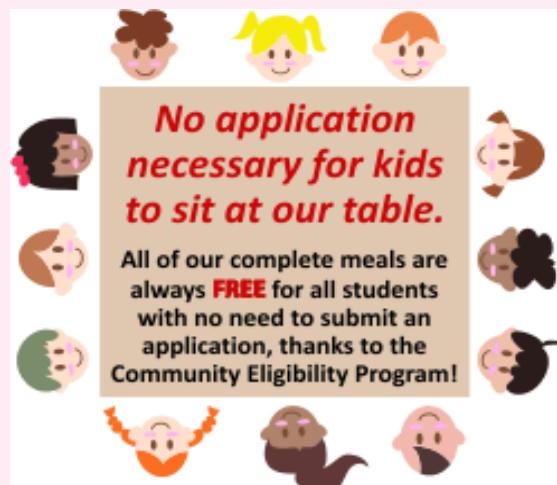


What's on  
**YOUR**  
plate?

**Q:** Why is fish often prepared and served with lemon?



**A:** Nowadays, it's mostly for flavor. But legend has it that people first served lemon with fish because they believed it would dissolve any fish bones they might swallow! With or without lemon, salmon fillets like these are high in heart-healthy omega-3 fatty acids. Not to mention that they're also scrumptious!



**No application necessary for kids to sit at our table.**

All of our complete meals are always **FREE** for all students with no need to submit an application, thanks to the Community Eligibility Program!

**Word of Month**  
**Citizenship**  
Being law abiding, admitting wrongdoing. Being trustworthy & acting with integrity.



Every complete meal we serve comes with your choice of milk!

Learn more at [www.CHOOSEMYPLATE.gov](http://www.CHOOSEMYPLATE.gov) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)