



# October Breakfast Menu 2021

Verndale School District #818  
[www.verndaleschool.org](http://www.verndaleschool.org)

**Verndale School  
 Breakfast Menu**

## Breakfast

Menu Subject to change

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--|--|---|---|---|
|  |  |   |   | <b>1</b>  |
|  |  |   |   | Sausage Link,<br>Long John, Mandarin<br>Oranges, Berry Juice,<br>Milk |
| <b>4</b>   | <b>5</b>   | <b>Two Hour Late start 6</b>  | <b>7</b>  | <b>8</b>  |
| Sausage<br>Pattie/biscuit, Pears,<br>Applesauce Milk       | Breakfast Pizza,<br>Peaches,<br>Strawberries, Milk                           | Blueberry Muffin,<br>Cheese Stick, Pears,<br>Kiwi, Milk                 | Sausage Link,<br>Breakfast Bun, Fruit<br>Cocktail Mandrian<br>Oranges, Milk | Cereal, Cheese Stick,<br>Banana, Orange<br>Juice, Milk                |
| <b>11</b>  | <b>12</b>  | <b>13</b>   | <b>14</b>   | <b>15</b>   |
| Benefit Bar, Orange<br>Juice, Craisins, Milk               | Ham Pattie/English<br>Muffin, Pineapple<br>Slices, Mandarin<br>Oranges, Milk | Cereal, Cheese Stick,<br>Strawberries, Banana,<br>Milk                  | Blueberry Waffle,<br>Pears, Berry Juice,<br>Milk                            | Apple Frudel, Orange<br>Juice, Peaches, Milk                          |
| <b>18</b>  | <b>19</b>  | <b>20</b>   | <b>21</b>   | <b>22</b>   |
| Pancake Sausage<br>Wrap, Tator tots,<br>Orange Juice, Milk | Sausage<br>Pattie/biscuit,<br>Cheese Stick, Orange<br>Juice, Peaches, Milk   | UBR Bar, Pears, Berry<br>Juice, milk                                    | Breakfast Pizza,<br>Orange, Banana, Milk                                    | Poptart, Cheese Stick,<br>Peaches, Apple, Milk                        |
| <b>25</b>  | <b>26</b>  | <b>27</b>   | <b>28</b>   | <b>29</b>   |
| Benefit Bar, Pears,<br>Orange Juice, Milk                  | Ham Pattie/English<br>Muffin, Pineapple<br>Slices, Berry Juice, Milk         | Dutch Waffle, Cheese<br>Stick, Mandarin<br>Oranges, Applesauce,<br>Milk | Pancake Sausage<br>Wrap/syrup, Tator tots,<br>Peaches, Milk                 | Cereal, Cheese Stick,<br>Banana, Orange Juice, Milk                   |

**This institution is an equal opportunity provider**



# October Lunch Menu 2021

**Verndale School  
Lunch Menu**

Verndale School District #818  
www.verndaleschool.org

## Lunch

Menu Subject to Change

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |
|---|---|---|--|--|
| 3   | 7   | 8   | 9  | 1  |
|   |   |   |  | Chicken Fillet/Bun, Baked Beans, Fruit, Milk<br>Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait  |
| 4   | 5   | 6   | 7  | 8  |
| Bosco Sticks, Cooked Carrots, Fruit, Milk Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait                   | Chicken Alfredo, Dinner Roll, Green Beans, Fruit, Milk<br>Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait   | Tator Tot Casserole, Cottage Cheese, Cornbread, Lettuce, Fruit, milk<br>Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait | Popcorn chicken Bowl, includes Mashed Potatos Corn, Gravy, Dinner roll, Fruit, Milk<br>Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait | Hot Dog/Bun, Baked Beans, Fruit, Milk Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait  |
| 11  | 12  | 13  | 14   | 15   |
| Beef Spaghetti, Lettuce, Grape tomato, Fruit, Milk<br>Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait       | Meatballs/gravy, Mashed Potato, Dinner roll, Fruit, Milk<br>Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait | Sausage Patty, French Toast, Fresh Carrots, Fruit, Milk Grades 7-12 Options: Salad Bar Vegetables or Chef Salad or Choice - Bento Boxes or Parfait                  | Popcorn Shrimp Wrap, Shredded Cheese, Baked Beans, Fruit, Milk<br>Grades 7-12 Options: Salad Bar Vegetables or Chef Salad or Choice - Bento Boxes or Parfait                       | Chili/shredded cheese, Corn Bread, Celery, Fruit, Milk<br>Grades 7-12 Options: Salad Bar Vegetables or Chef Salad or Choice - Bento Boxes or Parfait                                 |
| 18  | 19  | 20  | 21   | 22   |
| Pulled Pork/Bun, Barbeque Sauce, Green Beans, Fruit, Milk<br>Grades 7-12 Options: Salad Bar Vegetables or Chef Salad or Choice - Bento Boxes or Parfait | Lasagna, Dinner roll, Cooked Broccoli, Fruit, Milk Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait          | Pizza, Fresh carrots, Fruit, Milk Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait                                       | <b>NO SCHOOL MEA</b>   | <b>NO SCHOOL MEA</b>   |
| 25  | 26  | 27  | 28   | 29   |
| Cheeseburger/Bun, French Fries, Fruit, Milk<br>Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait              | Corn Dog, Green Beans, Fruit, Milk<br>Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait                       | Madarian Orange Chicken/Rice, Stir fry Veggies, Fruit, milk<br>Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait          | Creamed Chicken/biscuit, Fresh carrots, Fruit, Milk<br>Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait                                 | Elementary PK-6- Hot Dog/Bun<br>HS 7th-12th Philly Chicken/sub, Baked Beans, Fruit, Milk Grades 7-12 Options: Salad Bar Vegetables or Chef Salad, or Choice - Bento Boxes or Parfait |

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