

Adult Meal Price - \$4.75

Milk Offered Daily:
Fat Free or 1%

Monday	Tuesday	Wednesday	Thursday	Friday
		No School/ Christmas Break	Mustang Hoagie Steamed Green Beans Cucumber/Tomato Salad Fresh Apple Slices Dried Apple Crisps Dried Cherries Choice of Milk	Breaded Mozzarella Sticks California Vegetable Blend Fresh Broccoli Diced Peaches Dried Apple Crisps Dried Cherries Fruit Punch Juice Choice of Milk
Deli Turkey & Cheese Croissant Emoticon Fries Fresh Sliced Celery Fresh Banana Dried Apple Crisps Dried Cherries Grape Juice Choice of Milk	Taco Dip with Tostitos Mixed Vegetables Fresh Veggie Boat Cinnamon Applesauce Cup Dried Apple Crisps Dried Cherries Choice of Milk	General Tso Chicken with Vegetable Fried Rice Vegetable Egg Roll Steamed Broccoli Fresh Sliced Red Peppers Chilled Pineapple Chunks Dried Apple Crisps/Dried Cherries Cherry Star Juice Choice of Milk	Italian Meatball Bowl With Dinner Roll Sweet Potato Waffle Fries Apple/Zucchini Salad Strawberry Cup Dried Apple Crisps Dried Cherries Choice of Milk	Popcorn Chicken with Garlic Breadstick Steamed Peas Cool Ranch Chickpeas Diced Peas Dried Apple Crisps/Dried Cherries Fruit Punch Juice Choice of Milk Strawberry Ice Cream Cup
Cheeseburger/Bun French Fries Fresh Baby Carrots Chilled Mixed Fruit Dried Apple Crisps Dried Cherries Grape Juice Choice of Milk	Chicken Fajitas Baked Beans Fresh Veggie Boat Whole Apple Dried Apple Crisps Dried Cherries Choice of Milk	Tomato Soup with Toasted Cheese Sandwich Steamed Peas & Carrots Fresh Sliced Cucumbers Chilled Mandarin Oranges Dried Apple Crisps Dried Cherries Cherry Star Juice Choice of Milk	Popcorn Chicken Bowl With Dinner Roll California Vegetable Blend Broccoli Salad Fresh Apple Slices Dried Apple Crisps Dried Cherries Choice of Milk	Scrambled Eggs with Funnel Cake Sticks Hash Brown Rounds Fresh Broccoli Diced Peaches Dried Apple Crisps/Dried Cherries Fruit Punch Juice/Choice of Milk Vanilla Pudding EARLY DISMISSAL
No School MARTIN LUTHER KING JR. DAY	Taco In a Bag Steamed Carrots Fresh Veggie Boat Cinnamon Applesauce Cup Dried Apple Crisps Dried Cherries Choice of Milk	Chicken & Waffles with Gravy Hash Brown Rounds Fresh Sliced Red Peppers Chilled Pineapple Chunks Dried Apple Crisps Dried Cherries Cherry Star Juice Choice of Milk	Pierogi's, Sausage Patty & Garlic Breadstick Steamed Green Beans Cucumber/Tomato Salad Strawberry Cup Dried Apple Crisps Dried Cherries Choice of Milk	Fish Nuggets with Cheez-its Sweet Potato Waffle Fries Cool Ranch Chickpeas Diced Peas Dried Apple Crisps Dried Cherries Fruit Punch Juice Choice of Milk
Deli Ham & Cheese on Pretzel Bun Mixed Vegetables Fresh Baby Carrots Chocolate Brownie Batter Hummus Chilled Mixed Fruit Dried Apple Crisps/Dried Cherries Grape Juice Choice of Milk	Chicken Quesadilla Steamed Vegetables Fresh Veggie Boat Chocolate Brownie Batter Hummus Whole Apple Dried Apple Crisps Dried Cherries Choice of Milk	Philly Cheese Steak Sandwich Potato Wedges Fresh Sliced Cucumbers Chilled Mandarin Oranges Dried Apple Crisps Dried Cherries Cherry Star Juice Choice of Milk	Chicken Puff Pastry With Garlic Knot Mashed Potatoes Apple/Zucchini Salad Fresh Apple Slices Dried Apple Crisps Dried Cherries Choice of Milk	Breaded Ravioli Steamed Peas Fresh Broccoli Diced Peaches Dried Apple Crisps Dried Cherries Fruit Punch Juice Choice of Milk

To qualify as a free lunch, students must take 3 (minimum) components, Meat/Meat Alternate, Grain/Bread, Vegetable, Fruit, Milk, of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect. Extra food/beverage items available for purchase by check or cash.

Our menus meet USDA Requirements
Menu items are subject to change

A copy of the menu with the nutritional and allergy information is available at:
<https://www.schoolcafe.com/PortageASD>